

District 3 Serenity Times

April 2020

A.A. Principles

Step 4: Made a searching and fearless moral inventory of ourselves.

Tradition 4: Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

Words from Bill W.

Let's always remember that Meditation is in reality intensely practical. One of its first fruits is emotional balance. With it we can broaden and deepen the channel between ourselves and God as we understand Him.

Page 150 of As Bill Sees It.

From our Delegate:

With so much uncertainty surrounding the COVID-19 crisis, as well as the NYS Executive Order by the governor that there be no gatherings of any size, many groups have now closed their doors to face-to-face meetings and instead are hosting virtual meetings through various platforms.

(See online meeting list below.)

Those groups that have opted to stay open in real life have done so of their own accord, and Area 48, to be in compliance with the Governor's Executive Order, does not endorse this practice.

1 - Tradition 4 states that every group is autonomous except when affecting AA as a whole. Keeping the brick and mortar doors open puts our members health and safety at risk, which could reflect poorly on AA as a whole, and should a member become sick after attending such a meeting, it certainly would.

2 - Tradition 10 states that the AA name should never be drawn into public controversy. Reports are coming in from all over the country of members and groups being disbursed by police, some resulting in citations. These incidents could also raise issues with our 11th Tradition of anonymity at the level of press, radio and films.

Area 48 will continue to provide members with the most updated information as it is provided to us and we wish everyone to stay safe and healthy.

< Delegate's COVID -19 Statement2020

Upcoming Events:

The next district meeting is scheduled for Tuesday, March 14 at 7 pm. John Gallagher has offered his Banquet Hall, if the group wants to meet there OR Cathy P. has offered to set up a ZOOM meeting, but so far, no decision has been made.

April 18, 2020. District 3 "County Fair" at Gallagher's Banquet Hall, is cancelled.

Group News

Meetings that have moved and/or are still holding meetings:

- The Westerlo Group meets on Fridays at 8:00 PM at the Westerlo Reformed Church on State Route 143 in Westerlo, NY.

- Greenville Higher Power Meeting that was formerly at the Temple in Rensselaer at noon Mon-Fri is at St. John's Church on Route 81 in Greenville
- The Cairo 2nd Chance Group, formerly at the Lutheran Church in Cairo, Wednesdays & Sundays at 8pm, now meets at Gallagher's Banquet Hall 513 Main Street, Cairo.
- East Durham will be meeting Friday nights at 8 :30 pm, and coffee will be provided.

Catskill Lunch Bunch has been permanently closed.

Online Meetings

- <https://kqwbovkyvjf6ihu-dbthtechfree.adb.us-ashburn-1.oraclecloudapps.com/ords/f?p=122:7::::>
(this link is for telephone and online meetings all over the country)
- http://aa-intergroup.org/directory.php?goal=0_4d61d72b2e-1d9f0849bd-49728727&mc_cid=1d9f0849bd&mc_eid=433e44dfa4
- YES (Youth Enjoying Sobriety) Meeting, Monday, Wednesday and Friday at 07:00 pm Eastern Time (US and Canada) Join Zoom Meeting
<https://us04web.zoom.us/j/682296000>
Meeting ID: 682 296 000
- Sunday Morning Meditation Zoom Meeting Sundays and Thursdays at 7 am. Join Zoom Meeting
<https://us04web.zoom.us/j/8894904261>
Meeting ID: 889 490 4261
- AA NY(Bklyn)online mtgs:
https://docs.google.com/document/d/14s_0mZgAOy2RfKUPZKtBZj3WnPIDIELaeW6g41zf7GM/mobilebasic?fbclid=IwAR2EcBfwgGDsz54EA3auo2pStwv8chs_d6up_eiOyk2-RrwCikGkAuohAIE
- NYC online mtgs:
<https://www.nyintergroup.org/remote-meetings/list-of-remote-meetings-to-join/>
- Midnite Group of A.A.:
<https://www.midniteaagroup.com/zoom>

Phone Meeting:

- Dial 1-800-747-5150 and enter code 4314310# and say your name.
Meetings every night at 7 pm.

Anniversaries

These anniversaries are being *announced* not celebrated. My apologies if I get anything wrong or miss anyone—a lot of these are from last year's April newsletter. Some groups plan to celebrate April anniversaries in May.

- Westerlo Group, Route 143, Ellen S. 33 yrs.
- Wednesday Night Mountain Top Serenity Group, Eric E. 11 yrs.
- YES Youth Enjoying Sobriety Group, Kris R. 2 yrs.
- Sunday Morning Meditation Group, Angie S. 3 yrs. Kathy P. 4 yrs. Debby P. 7 yrs. Marie L. 10 yrs. Prudence P. 19 yrs, Guy P. 2 yrs, Nora N. 1 yr.
- Just for Today Group, Dave S. 4 yrs. Ray M. 35 yrs. Eric E. 11 yrs. Rich S. 11 yrs, Mary 20 yrs.
- Primary Purpose Group in Coxsackie, Anne B. 3 yrs.
- Windham Sunday Night Group, Hank G. 38 yrs.
- Windham Saturday night REBOS Margot S. 29 yrs.
- Original Greenville Group, Cheryl W. 35 yrs.
- Palenville Step Group, James M. 6 yrs. Jeff P. 22 yrs. Tracy M. 33 yrs. Frank G. 46 yrs.
- Greenville 12 Steps Up Group, Barry C. 11 yrs.
- East Durham Group Denise V. 10 yrs. East Durham Group

Anniversary celebration

Wednesday April 29, 8 pm, Cairo Second Chance at Gallagher's Banquet Hall, 513 Main Street, Cairo, Danny M. 41 yrs. Bob P. 32yrs



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Target date for all February news and anniversary submissions is April 25, 2020. Please send to Pat F., newsletter editor, at district3newsletter@aahmbny.org