

The Broken Bottle

HMB Area 48 District 2

Newsletter

April 2019



Responsibility Pledge

I am responsible when anyone, anywhere reaches out for help. I want the hand of AA always to be there, and for that, I am responsible.

LET GO LET GOD

Easy.
Does
It...

Step Four

Made a searching and fearless moral inventory of ourselves.

But for the
Grace
of God.
Live
and Let
Live..

Think
Think
Think

Concept IV:

We serve through our "Right of Participation" in life and we respect this right in others.

Tradition Four
Each group should be autonomous except in matters affecting other groups or AA as a whole.

First
Things
First.

Prepared by Dawn P.,
Newsletter Editor

district2newsletter@aaahmbny.org

EVENTS

Date	Event	Host
April 27, 2019	HMB Delegate's Day of Sharing	Central Oneonta, NY
May 11, 2019	HMB Area Assembly	Eastern Greenbush, NY
May 31-June 2, 2019	NERF	Area 49 Tarrytown, NY
June 23, 2019	HMB Joy of Service Day	Western Utica, NY
August 2-4, 2019	NYS Informational Workshop	Area 49 SENY Garrison, NY
Sept 8, 2019	HMB Election Assembly	Hudson Valley Rosendale, NY
Oct 5, 2019	HMB Area Assembly	Adirondack Plattsburg, NY
November 1-3, 2019	HMB Area Convention	Eastern Cluster Albany, NY
Nov 16, 2019	HMB Fellowship Day	Central Schenectady, NY

The 2019 Regional Forum season is upon us!

We look forward to the upcoming forums:

Northeast Regional Forum: Tarrytown, New York: May 31- June 2

East Central Regional Forum: Detroit, Michigan: July 12-14

West Central Regional Forum: Grand Forks, North Dakota: August 16-18

Southwest Regional Forum: Houston, Texas: October 11-13

https://www.aa.org/pages/en_US/regional-and-local-forums

MAY 19 - 25 General Service Conference New York City, NY

**2020 International Convention of Alcoholics Anonymous
July 2-5, 2020 Detroit, Michigan**

The 2020 International Convention of Alcoholics Anonymous will be held July 2-5, 2020 in Detroit, Michigan with the theme "Love and Tolerance is our Code."

A.A. members and guests from around the world will celebrate A.A.'s 85th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Ford Field Stadium. Other meetings, scheduled or informal, will take place throughout the weekend in the COBO Center in downtown Detroit.

https://www.aa.org/pages/en_US/international-convention-2020

Out of the Dark

Self-searching is the means by which we bring new vision, action, and grace to bear upon the dark and negative side of our natures. With it comes the development of that kind of humility that makes it possible for us to receive God's help. Yet it is only a step. We will want to go further.

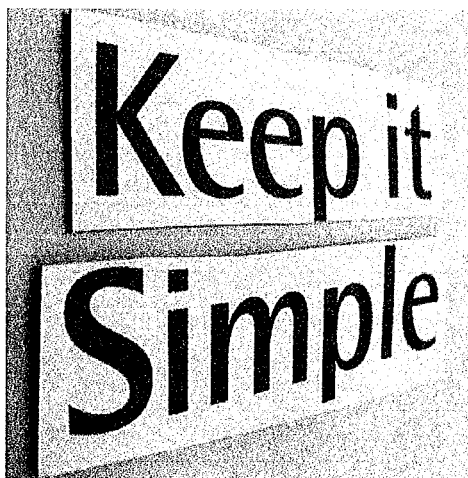
— AS BILL SEES IT, p. 115

April 10

Sometimes when I've become willing to do what I should have been doing all along, I want praise and recognition. I don't realize that the more I'm willing to act differently, the more exciting my life is. The more I am willing to help others, the more rewards I receive. That's what practicing the principles means to me. Fun and benefits for me are in the willingness to do the actions, not to get immediate results. Being a little kinder, a little slower to anger, a little more loving makes my life better day by day.

From the book Daily Reflections

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Step Four

...Therefore, thoroughness ought to be the watchword when taking inventory. In this connection, it is wise to write out our questions and answers. It will be an aid to clear thinking and honest appraisal. It will be the first tangible evidence of our complete willingness to move forward.

Twelve Steps and Twelve Traditions page 54

Trying the Twelve Steps

“When all else fails,” says the old country doctor, “follow directions.” ... They wrote the passway to recovery they had followed up to then consisted of twelve steps, and they believed anyone who followed that pathway would reach the same destination.

-----Living Sober

If we have been thorough about our personal inventory, we have written down a lot. We have listed and analyzed our resentments. We have begun to comprehend their futility and their fatality. We have commenced to see their terrible destructiveness. We have begun to learn tolerance, patience and good will toward all men, even our enemies, for we look on them as sick people. We have listed the people we have hurt by our conduct, and are willing to straighten out the past if we can. Alcoholics Anonymous, How It Works, Page 70

alcoholismkills

**first the person takes the drink
then the drink takes the person**

The AA Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

We are going to know a new freedom and a new happiness.

We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace.

No matter how far down the scale we have gone, we will see how our Experience can benefit others.

That feeling of uselessness and self-pity will disappear.

We will lose interest in selfish things and gain interest in our fellows.

Self-seeking will slip away.

Our whole attitude and outlook upon life will change.

Fear of people and of economic insecurity will leave us.

We will intuitively know how to handle situations which used to baffle us.

We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us - sometimes quickly, sometimes slowly. They will always materialize if we work for them.

Alcoholics Anonymous p83-84

DISTRICT 2
MEMORIAL DAY
WEEKEND PICNIC
SUNDAY, MAY 26, 2019

PROSPECT PARK, TOP OF CONGRESS ST, TROY, NY

12-5 PM (OPEN AA SPEAKER MEETING 4-5 PM)

**HOT DOGS, HAMBURGERS, ICE TEA, LEMONADE,
WATER**

SUGGESTED DONATION-\$5.00

**PLEASE BRING A SALAD OR DESSERT TO SHARE, IF
YOU CAN**

***Volunteers to help clean up at the end would be
greatly appreciated.***

District 2 Meeting Minutes

Thursday, February 14, 2019 - 7:00pm

Our Lady of Victory, 55 North Lake Avenue, Troy, NY 12180

<http://district2.aahmbny.org>

21 attendees - Shiela V (Coffee Maker), Amanda G (CPC), Keith V (DCM), Victor A (Grapevine), Valerie S (LCM), Dawn P (Newsletter Editor), Bill A (Secretary, Webmaster), Helen F (Treasurer), Colleen W (Alt Treasurer) and 9 GSR's

Committee Chair Reports:

Accessibility (Bill W), Archives (Fran), Cluster Rep (Gene S), Alt LCM (Bill M) and Treatment (Mark P) chairs were not present.

BTG (Sara H) and Men's Corrections (Paul D) chairs were not present but emailed notes to DCM for the meeting. CDCO Rep (Leslie M) was not present but passed notes to Terry B for the meeting. Alt DCM/Functions chair was not present but texted notes to DCM.

Grapevine (Victor A), LCM (Valerie S) and Alt Treasurer (Colleen W) chairs had nothing to report.

BTG (Sara H): Not present but emailed the following to DCM (Keith V) - "I have received a Bridging the Gap workbook from the Area BTG chair that I am reading and learning all the ins and outs of BTG. One of the things I will be doing soon is making copies of volunteer temporary contact sign-up sheets for men and women of AA in district 2 that will be given to each GSR in district 2. I will need emails/phone numbers of GSRs in district 2 so I can distribute the sign-up sheets. Do we have a current list of contact info for district 2 GRSs? People coming out of treatment/jail will be connected by me to the temporary contacts to take/meet them at meetings, etc. I have reached out to Marke P and Paul D to discuss treatment and correction in connection with BTG. Do we have contact info for the district 1 person who does female correction?" Sara also shared the new District 2 BTG email address: district2btg@aahmbny.org

CDCO (Leslie M): Not present but passed CDCO reports to Terry B to distribute at the meeting. Central Office reports are available on the CDCO website: <https://aaalbanyny.org/reports/>

Coffee Maker (Shiela V): Made decaf coffee instead of regular.

Corrections (Men) (Paul D): Not present but emailed the following to DCM (Keith V) - "We are making a strong, consistent showing, every Friday at Rensselaer County Jail (RCJ). AA volunteers have been outstanding! Our greatest current need is for additional male volunteers, all new volunteers; who have their notarized application approved and complete their RCJ volunteer orientation (on the first Saturday of each month), will go with a mentor, until they feel comfortable doing a solo.

To help increase communication with potential AA volunteers and newly approved volunteers, I have created a new email address: AAmeeting4RCJ@yahoo.com

Thank you to all the volunteers that have been helping!"

forms are available at the District Meeting and on the District 2 website:

<http://district2.aahmbny.org/forms>

CPC (Amanda G): Proposed combining PI & CPC positions. Group voted (passed unanimously) to add 2 new positions instead – Alt PI & Alt CPC. Isabelle volunteered to fill both positions (passed unanimously).

DCM (Keith V): Reported attending the HMB Fellowship Day Sat. March 2, 2019. All HMB Secretary meeting minutes can be found on the HMB website: <https://aahmbny.org/area-secretary/>

Alt. DCM/Functions (Gary B): Not present but texted the DCM (Keith V) that the Super Bowl event went well, Treasurer has financial data of the event and wanted to thank everyone for their help.

LCM (Valerie S): Nothing to report.

Newsletter Editor (Dawn P): Looking for old newsletter to use as a template. February 2019 Broken Bottle Newsletter is complete; printed copies were made available. Will be posted to the District 2 website.

Treasurer (Helen F): January treasury report was reviewed and vote taken to accept (passed unanimously). Read financial data for Sober Super Bowl event. (Report is available on the District 2 website)

Alt Treasurer (Colleen W): Nothing to report.

Webmaster (Bill A): District 2 website link is now live on the HMB "District Websites" page. HMB website (including all district websites) are in the process of migrating to a new host. There may be brief interruptions during the site migration.

PI, Records and Alt. Treatment positions are open. (DCM) Keith V said he will continue filling the Records chair duties until someone is elected.

Upcoming events:

- Area 48 HMB Area Convention this November 1 - 3

Meeting closed at 8:00pm with the Serenity Prayer.

****Thank you to all who attended!****

	A	B	C	D	E	F	G	H
1	DISTRICT 2 HMB AREA 48							
2	TREASURER'S REPORT							
3					Feb-19			
4	Beginning Balance	\$5,557.12						
5								
6	INCOME:							
7								
8	7th Tradition - February		\$ 22.00					
9								
10	Group Donations							
11	Anonymous		12.5					
12	Cohoes Sunday Night		60					
13	Serenity Group Green Island - 50 mtg books		20					
14	Waterlvet Living Sober 30 mtg books		12					
15	Original Drs Group 120497		50					
16	Total Group Donations		\$ 176.50					
17								
18	Other Revenue							
19								
20	Super Bown Celebration							
21	AA mtg pre SB		\$36.00					
22	50/50		140					
23	Door Donations		331					
24	Total From Superbowl Event		\$507.00					
25								
26	Total Income		683.50					
27	EXPENSES:							
28	EVENTS:							
29	Superbowl Food Chk #1161				\$525.00			
30								
31	Other Expenses:							
32								
33	Meeting Cookies remb Sheila				\$ 3.00			
34	Reimb Petty Cash (cookies)				\$ 3.00			
35	Reim Keith/Gary to attend NERAASA - bus/regis Chk# 1164				\$283			
36	AA Mtg Books Chk # 1163				\$80.00			
37								
38	Total Expenses				\$894.00			
39								\$5,346.62
40								\$ (110.00)
41								\$ (2,250.00)
42								\$2,986.62
43	Checking Account	\$5,346.62						
44								
45	Petty Cash	25						
46								
47	TOTAL	\$5,371.62						
48	Prepared by Helen F.							
49								
50								
51								
52				3				

SAVE THE DATE

2019 HMB Area 48

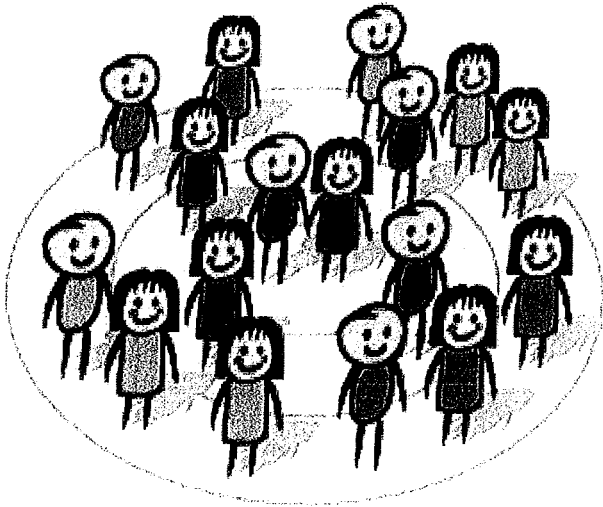
Spring Assembly

Saturday, May 11, 2018

First United Methodist Church of East Greenbush
1 Gilligan Rd, East Greenbush, NY

9:00am – 3:00pm

**Hosted by Eastern Cluster
Districts 1, 2 & 18**



Agenda may include, but not limited to panels, workshops, proposals to be voted on, 2020 budget presentation and general area business

Coffee hour and 7th Tradition lunch to be served
Come find out what your Area is doing for you

****Please note: Absolutely no smoking anywhere on church grounds****

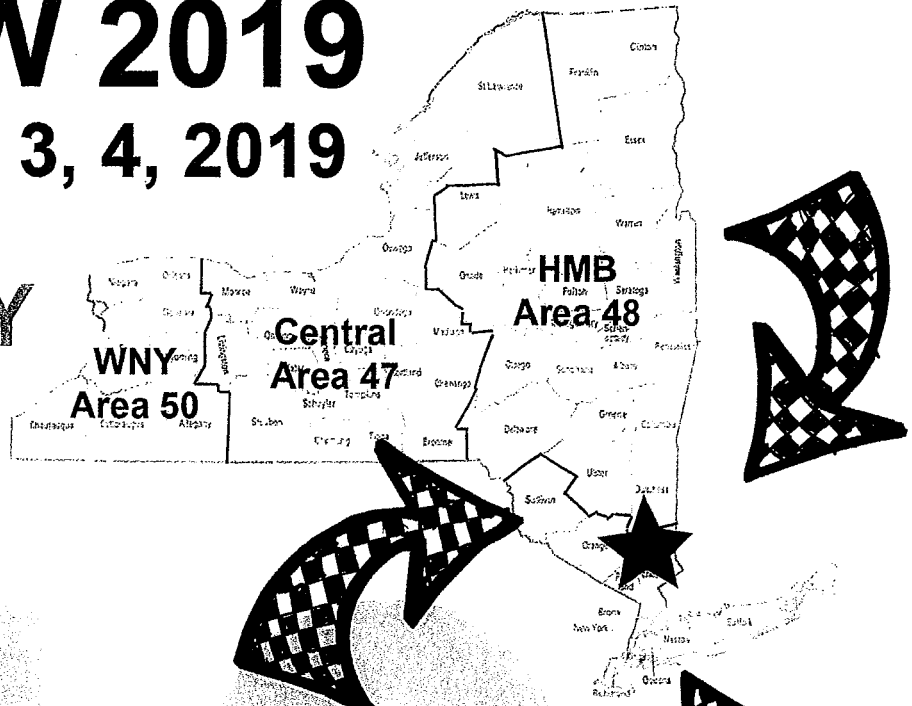
Questions? Contact: district18dcm@aahmbny.org or althmbchair@aahmbny.org

NYSIW 2019

August 2, 3, 4, 2019

AA SENY

Area 49



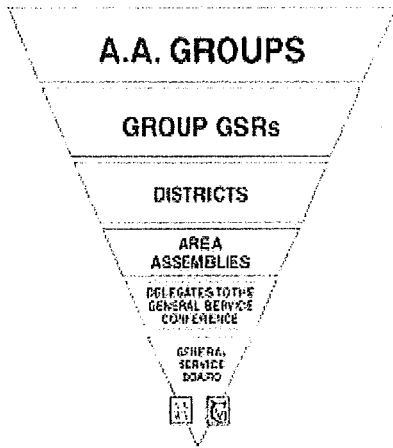
40th
ANNIVERSARY

Graymoor Spiritual Life Center

Route 9, Garrison, NY

Email nysiw@aaseny.org for more information

STRUCTURE OF THE CONFERENCE
(U.S. and Canada)



HMB Area

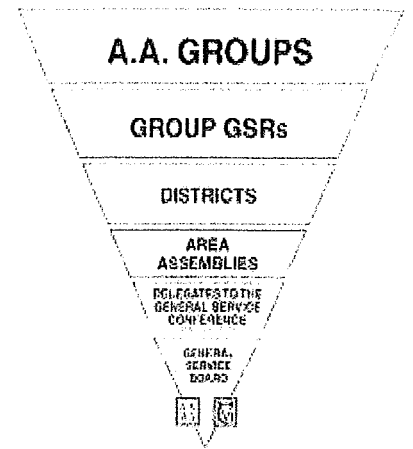
48

Delegates Day of Sharing

Hosted by Central
Cluster

Districts 4, 8, & 14

STRUCTURE OF THE CONFERENCE
(U.S. and Canada)



Saturday, April 27, 2019

9:00 am – 3:00 pm

9am-10am: *Meet & Greet Coffee Hour*

10am-3pm: *Let your voice be heard at Conference*

The day will focus around sharing and discussion
of this year's conference agenda items.

Highlights of some items are listed on the reverse of

this flyer or you may contact:

hmbdelegate@aaahmbny.org

for more specifics on all agenda items

2 Walling Ave, Oneonta, NY

First United Presbyterian Church
(The Red Door Church)

Parking is limited, please carpool

HMB Area 48
Monthly Treasury Report
Feb-19

Beginning Balance	\$35,110.24
Income	
Area Contributions	\$480.00
Total Income	\$480.00
Expense	
HMB Meeting Books Deficit	\$1,690.00
Archive Storage Fees	\$80.00
GSO Conference Contribution	\$2,400.00
Mail Box Service	\$23.47
Meeting Books For Com, Chairs	\$310.00
Total Expense	\$4,503.47
Net Income	-\$4,023.47
Balance	\$31,086.77
Prudent Reserve	-\$7,000.00
Available Funds	\$24,086.77

Prepared by Diane R
treasurer@aahmbny.org

HMB Area 48
Monthly Treasury Report
 Jan-19

Beginning Balance	\$39,115.27
Income	
Area Contributions	
Districts	\$400.00
Groups	\$4,714.58
7th Tradition Orientation Day	\$171.00
Seed Money Returned	
HMB Meeting Booklets	\$841.00
NYSIW	\$25.60
Total Income	\$6,152.18
Expense	
Delegate 1st Half Allocation	\$2,500.00
Area Chair 1st Half Allocation	\$2,000.00
Area Inventory Day Venue	\$300.00
Area Inventory Day Food	\$760.29
Air Table	\$104.00
Air Table 1 Year Payment	\$1,200.00
Treasurer	\$146.47
Archivist	\$71.60
BTG	\$72.10
CF	\$156.80
Newsletter Editor	\$16.17
BTG NERAASA	\$555.22
Additional HMB Meeting Booklets	\$790.00
HMB Mtg Books for Svc Committees	\$410.00
Archive Storage Fees	\$80.00
AA Service Manuals	\$359.12
HMB Service Manual Updates	\$306.47
Mail Box Service	\$27.88
Newsletter Postage	\$110.00
Newsletter Printing	\$191.09
Total Expense	\$10,157.21
Net Income	-\$4,005.03
Balance	\$35,110.24
Prudent Reserve	-\$7,000.00
Available Funds	\$28,110.24

Prepared by Diane R
treasurer@aahmbny.org

CAPITAL DISTRICT CENTRAL OFFICE, INC (CDCO)

Report of Phone Calls Received

And Other Data

February 2019

The office address is: 11 Computer Drive West, Suite 100, Albany, NY 12205. The hotline phone number is 518-463-0906. A daily log has been kept of all phone calls received since the Office's opening day, November 10, 2005. Following is the latest monthly report.

Telephone Calls

District 1 (Albany region)	52
District 2 (Troy-Cohoes region)	17
District 14 (Schenectady region)	14
District 17 (Hudson-Kinderhook region)	4
District 18 (Rensselaer-Nassau region)	2
	89
Calls for other New York State sites*	17
For out of state**	2
	19
CDCO information	25
TOTAL CALLS	133

Of the total calls received, 2 were for Al-Anon, 2 were for NA, 7 were first-time callers, 12 were for 12th-step action, and 16 were regarding literature. All other calls were for AA meeting information.

*Cambridge (2), Chenango County, Clifton Park (4), District 4, District 5, Jefferson County, New York City, Rochester (2), and Saratoga Springs (4).

**Georgia (2).

General office visits	16
Office visits to purchase literature	82
	98

The Office sold \$1,245 worth of AA literature, at list price, and \$184 worth of medallions.

The CDCO website received 1,137 visitors; 85 % were new visitors.

The Office received 23 emails at chair@aaalbanyny.org. All were resolved.

All CDCO reports are available at <http://aaalbanyny.org/reports>.

Respectfully Submitted, CDCO Data coordinator, Tom O.

HMB District 2 AA

Contribution Form

Print Please

Group Name _____

Amount of Contribution \$ _____ Date _____

Where to send acknowledgement (Treasurer's address, NOT meeting location)...

Name _____

Address _____

_____ Zip code _____

Mail to: HMB District 2 AA
PO Box 1463
Troy, New York 12180

Thank you for the contribution.

Any questions, contact District 2 Treasurer, Helen F. at 518 320 5486.