

District 3 Serenity Times January 2019 Newsletter

A.A. Principles

Step 1: We admitted we were powerless over alcohol—that our lives had become unmanageable.

Tradition 1: Our common welfare should come first; personal recovery depends upon A.A. unity.

Words from Bill W.

When we refuse air, light, or food, the body suffers. And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions, and our intuition of vitally needed support. Page-93

Service News

District 3 needs the following committee chairpersons: Accessibilities, CPC, and Activities. To quote Bill W., “Eager hearts and hands have lifted the spire of our cathedral into its place. That spire bears the name of Service. May it ever point straight upward toward God. “As Bill Sees It, page 155.

Upcoming Events

The next district meeting will be **Tuesday, January 8, at 7:00pm**, at the Cairo United Methodist Church, Main St, Cairo. All GSR's, please attend. All are welcome.

Orientation Day

Saturday January 12, 2019 9:00 am – 3:00 pm The Reservoir United Methodist Church
3056 State Route 28 Shokan, NY

NERAASA (Northeast Regional AA Service Assembly)

Save the Date

February 22 – 24, 2019

Hunt Valley, MD

Anniversaries

Wednesday, January 16, Windham Mountain Top Serenity, 7pm. Jeff C. 28 yrs. Chris M. 38yrs.

Friday, January 18, Catskill Lunch Bunch, 12 noon. Lori J. announcing 8yrs. Pete M. 10yrs. Cathy T. 16yrs.

Friday, January 18, Westerlo Group, Westerlo Reformed Church, State Route 143, 8:30pm. Marty D. 23yrs.

Thursday, January 24, Just for Today, High Hill United Methodist Church, 7:30pm. Mike M. 8yrs.

Thursday January 24, Greenville Higher Power, 12 noon. Elise M. 14yrs. Jo C. 24yrs. Geoffrey F. 39yrs.

Friday, January 25, Women's Candlelight Reflection Group, 7pm. Ramona 35yrs. Meeting with food to follow.

Friday, January 25, Keep It Simple Group, St. Mary's Church, Coxsackie, 7:30pm. Charlie B. 4yrs.

Friday, January 25, Youth Enjoying Sobriety (YES!) Group at the Leeds Firehouse, 7pm. Danielle H. 9 yrs.

Friday, January 25, East Durham AA Group, 8:30pm. Michelle M. 18yrs.

Saturday, January 26, Greenville 12 Steps Up Group, 5pm. Katie R. 2yrs.

Sunday, January 27, Windham Sunday Night Group, 8pm. Pat M. 16yrs.

Monday, January 28, Original Greenville Group @ Norton Hill, 7pm. Dave C. 28yrs.

Monday, January 28, Palenville Step Group, 8pm. Anthony M. 6yrs. Roman D. 27yrs.

Wednesday, January 30, Cairo Second Chance Group, 8:30pm. Jason S. 23yrs.

District 3 AA Hotline (518)625-2002

Mailing address for District 3 donations and correspondence: District 3 PO Box 205
Cairo, NY 12413

Target date for February anniversary submissions is January 25, 2019. Please send to Michelle M., newsletter editor, at district3newsletter@aahmbny.org.