

HMB AREA 48 Newsletter

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

AA Principles of the Month

Step 10 - Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10 – Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

Concept 10 - Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Tenth Tradition Checklist

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Freudianism? Catholicism? Judaism? Agnosticism? Jails? Alcohol? Drinking? Psychiatrists? Other alcoholism agencies? Jungianism? Protestantism? Or...
2. The Federal or state government? Alcohol education? Legalizing marijuana? Vitamins? Theories of alcoholism? Detoxification centers? Missions? Research into alcohol problems? Paraldehyde? Teen-age drinking? Tax-supported alcoholism programs? Al-Anon? Alateen? The alcoholic beverage industry? Nonalcoholics?
3. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"? How?
4. What in AA history gave rise to our Tenth Tradition?
5. Have I had a similar experience in my own AA life?
6. What would AA be like if this Tradition were not in effect? Where would I be?
7. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
8. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

Concept X Checklist

Concept X: Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

- Do we understand "authority" and "responsibility" as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?
- Why is delegation of "authority" so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of "authority?"

HMB Area 48 -- Northeastern New York -- Event Schedule

Friday, October 11: The Original Leeds Group is having its 51-year group anniversary, 6:30 to 9:00 p.m. Food and fellowship starts at 6:30 p.m., with a double speaker meeting at 8:00 p.m. Please bring a dish to share; coffee, soda and water will be provided. St. Luke's Church, 50 William Street, Catskill, NY 12414.

Tuesday, October 15: Capital District Central Office (CDCO) Business Meeting 7:00 p.m. in Room 128-130 at the Schuyler Inn, 575 Broadway, Menands, NY 12204. The CDCO asks all groups interested in participating in 12th Step work to attend our monthly business meetings, held every 3rd Tuesday of the month.

Saturday, October 19: HMB Area Assembly. Hosted by Central Cluster (Districts 4, 8, and 14). **(Details: See flyer page 13.)**

Saturday, October 19: HMB District 5 hosts its **2nd Annual Halloween Dance**, at Saratoga Springs United Methodist Church, 5th & Henning streets, Saratoga Springs. Doors open at 6:00 p.m.; pizza and wings at 7:00 p.m.; speaker at 8:00 p.m.; and dancing from 9:00 p.m. to 12:00 midnight. Costume contests, door prizes, raffle, & plenty of fellowship! Suggested donation \$5.00.

Saturday, October 26: The Greenville 12 Steps Up Group hosts a ghoulishly fun sober Halloween party, Gallagers Banquet Hall, Main Street, Cairo. Doors open at 6:00 p.m., with a meeting at 7:00 p.m. Food and fun! There will be a 50-50 drawing and a prize for best costume. Please bring a dish to share; coffee, soda and water will be provided. Suggested donation \$5.00 (no one will be turned away).

Friday - Sunday, November 1-3: HMB Area 48 Convention, Utica. Hosted by Western Cluster (Districts 9 and 12). **(See flyer and registration form, page 14.)**

Saturday, November 9: District 9 Annual Spiritual Dinner, Roselawn Restaurant, 446 Main Street, New York Mills, NY. Coffee at 5:30 p.m.; deluxe buffet dinner at 6:30 p.m.; speaker (Dave S.) at 8:00 p.m. Cost is \$17. Raffle of A.A. literature, sobriety countdown, 50-50 raffle, fun & fellowship! Please bring dessert if you wish.

Friday, November 15: The Original Colonie Group (District 1) celebrates its 52nd group anniversary, at Pine Grove Methodist Church, 1580 Central Avenue, Albany, NY. Buffet from 7:00 to 8:00 p.m.; speaker meeting starts at 8:00 p.m. There'll be a raffle of Grapevine subscriptions & books. Bring a dish to share. Come help us celebrate!

Saturday, November 16: HMB Area Fellowship Day, Plattsburgh. Hosted by Adirondack Cluster (Districts 5, 10, 13 and 19). **(Details: See flyer page 15.)**

HMB Area 48 Monthly Treasury Report August 2013	
Beginning Balance	\$11,536.57
Income	
Area Contributions	\$3,110.14
Total Income	\$3,110.14
Expense	
Treasurer	116.24
Cooperation with Prof Community	64.00
Newsletter Editor	8.99
NYS Info Workshop	190.00
Archive Storage Fees	76.50
Insurance Costs	397.00
Mail Box Service	35.60
Newsletter Postage	46.00
Newsletter Printing	148.63
Stop payment check	20.00
Bank fee	20.00
Total Expense	\$1,122.96
Net Income	\$1,987.18
Balance	
Prudent Reserve	-\$7,000.00
Available Funds	\$6,523.75

Area 48 Service Positions Open for 2014-15

There are several key Area service positions open for the upcoming two-year term:

- HMB Area Newsletter Editor
- HMB Area Webmaster

These positions have specific responsibilities and follow guidelines established in our Area. These guidelines can be found in the Area Service Manual, or on the Area Web site.

If interested, please contact:
hmbchairelect@aahmbny.org

Prepared by Pat C.
treasurer@aahmbny.org

HMB Area Chair Report

Hi all,

It has been a whirlwind September!! At the Election Assembly on September 14 we had a Third Legacy procedure for Area Alternate Chair, with three candidates standing. After several rounds of voting, Jeannie S., currently outgoing District 15 DCM emerged as the new Alternate Chair-elect. Bill W., District 16 DCM, will be our next Area Chair; Thea H-B was elected to continue as Area Secretary; and Pat C. was elected Area Treasurer, a position she has held since January to fill out the unexpired term of Chris S. All of the officers will serve two-year terms, starting in January 2014. We also filled several key committee chair positions, including Public Information (Stephanie G., District 2), and Alternate PI (Jim C., District 9); Cooperation with the Professional Community (Don S.), and Alternated CPC (Pat R.); and Treatment (Guy K.).

In service, Pat L.
 HMB Area Chair (and incoming Area Delegate)

HMB Area Corrections Report

Hi Folks,

We were unable to select a new Area 48 Corrections Chair last month so that position may be vacant come January 1st. I hope that we can find someone to fill this vacancy soon as there are a couple of projects underway that will require attention. DOCCS is reviewing the Area 48 HMB Meeting List. Volunteer Services and Transitional Services have expressed an interest in having our meeting list available in every facility in the New York State corrections

system. The idea is that any inmate being released to a community within Area 48, who has participated in some level of alcohol treatment while incarcerated, will have access to our meeting list upon release as a resource.

We still have volunteer vacancies at several facilities. I received a specific request for volunteers for Upstate Correctional Facilities in Malone, Washington, Greatmeadow, Marcy, and Mohawk CFs also have had requests from inmates for AA volunteers.

We may have two volunteers in District 19 going through the application process for occasional entry into Franklin CF and Bare Hill CF. If all goes well with their application process, I will start going into Upstate at least once a month. This way at least once a month there will be an AA Volunteer going in to each of the three facilities in District 19.

Terry F from SENY contacted me this month. He is on a trustees committee looking in to how we can attract more people into AA Corrections Service. Terry is looking for input on this issue from standing Corrections Committees. I am hopeful that this discussion can be the focus of upcoming Corrections Committee meetings for at least the rest of this year.

Volunteers are needed everywhere, even those facilities that have active AA Volunteers could always use more. An AA volunteer simply goes to an AA meeting being held on site at the Correctional Facility. The meetings are usually held in a Chapel or an Activity Room or Library. Attendees may have 1 hour to several years of continuous sobriety. In fact, the ONLY differences between meetings inside and meetings outside are 1) the application process, 2) the entry into the facility. Please consider volunteering within the walls.

I spent many years firmly attached to the common belief that all I had to do was "Don't Drink and Go to Meetings." While recovery is never possible by continuing to drink and not going to meetings, I began to feel that I was not on the beam. By being involved in service, by carrying the message of hope to anyone, anywhere, I have begun to see a glimmer of the fourth dimension of existence promised in the Big Book.

In service,
Don S.

HMB Area Archives Report

Looking forward to the Area Convention In Utica, at which the full HMB Archives will be displayed. The October Assembly will also have a display. Make plans to travel to the events; it's not all business, you just might enjoy the yourself and the fellowship.

Work has been progressing slowly over the summer. Pictures and cataloging are next. New displays are in the works and will debut at the convention. Some of the old displays are remaining unchanged they have a charm all their own.

On display at the Election Assembly for the first time was a collection of early pamphlets from the Akron and Chicago Intergroups. One of the collection is titled "So you can't stop drinking?- Here's how to get a permanent seat on the Wagon."

As always, a service position in AA is a great joy for me. Thanks for letting me serve you.

Charlie C
HMB Archivist
archives@aahmbny.org

HMB Area Registrar Report

Hi Folks!

We are well underway in making updates to the 2014 HMB Meeting Books. Pages were distributed by email, and in hard copy at the September Assembly, and to be distributed at the October Assembly as well. Please send me updates if you see any discrepancies in the pages, or on ny-aa.org.

There is another website from Staten Island, which posts meeting data all over the US. Please don't confuse this with our Area 48 website. We are not responsible for the data posted on their site. Our meetings are found at: <http://meetings.aahmbny.org/> or for statewide: <http://ny-aa.org/>

For anyone wanting to start a new group, please use the form downloaded at: <http://aahmbny.org/Forms/NewGroupForm.rtf>

If you are starting a new group, please consider other group's meetings in the vicinity, and if there is redundancy. Sometimes there are so many meetings on a night, that some groups are hurt by lower participation when a new group starts. Especially if the format, and times are the same.

Also, please consider the following when starting a new group:

A.A.'s Traditions suggest that a group not be named after a facility or member (living or deceased), and that the name of a group not imply affiliation with any sect, religion, organization or institution.

The use of any of the following words or phrases in the naming of a group will cause the new group to be referred to a GSO Staff member:

- Treatment Facility, Institution, Church or Group meeting place.
- AA/AI-Anon affiliation (Implied affiliation)
- An Individual (This includes groups names after Bill W. and Dr. Bob)
- A "Double Trouble" name
- Use of the words "Christianity", "Family" or "Recovery"
- Use of the phrases "Clean and Dry" or "Clean and Sober" or "Alcohol and Pill"
- Use of profanity, recognizable acronyms to express profane phrases.
- Acronyms without explanation.
- Chapter Nine
- When a group no longer wants to be listed as a "group" but wants to change their status to a "meeting."

Also:

- A Group name should be different from other groups in that city.
- Group name, location, primary contact and meeting information are required to create a group.

- Group names should end with the word "Group ."

If you get your new group registered before December 15th, there will be a good chance we can have it listed in the 2014 HMB Area Meeting Schedules.

Thanks for the honor and privilege of serving you!

Kevin H-B
Area 48 Registrar/Alt. Secretary
records@aahmbny.org

HMB Area Secretary Report

AA HMB AREA 48 FELLOWSHIP DAY June 22, 2013, New Paltz, NY

MINUTES

Meeting called to order at 9:30 am by the Chair with the Responsibility Pledge

I. Welcome newcomers and first timers

II. Committee, GSR, and DCM breakout meetings

III. Area Business Meeting:

Reports:

Delegate – has GSO donation reports for each district. It's a good way to double check that the donations you think you are making are actually getting to GSO. Conference reports will arrive late August. Although sometimes dry, there is interesting reading in it. Terry Bedient, Class A trustee, is new chair of the AAWS board. NYS Informational Workshop in Canandagua, Aug. 16-18. At the upcoming election assembly, September 14 in Albany, the Area officers will be rotating. Treasurer, Secretary, and Alt. Chair are two year terms. Chair/Alt. Delegate is a 4 year commitment because the chair automatically becomes the delegate in the second term. Voting members: area officers including alt. delegate and alt. secy., area committee chairs, past delegates, DCMs, and GSRs or their alternate. The HMB service manual is on our website with job descriptions.

Officers

Chair – Keep in mind that workshops for the NYS informational workshop start on Friday night. Attended NERF and two district meetings last month. Will be appointing an ad hoc committee to take a look at service sponsorship.

Alt. Chair – Convention – **please register early**. HMB will be hosting NERF in 2015, so will be hosting NYS Informational Workshop in 2014.

Secretary – motion to accept the minutes for May Fellowship Day as written passed.

Treasurer – see attached. Approved.

Registrar/Alt. Secy – Attending NERF – the workshops are very useful for registrars. Based on our discussion last month, asked how they determine how many AA members there are. It is calculated in

part on the FNV database. So, please update the number of members in your group when you update other information. Any group or district that need updated records, please let him know. Working on the 2014 meeting book now. Please keep the records up to date, either through district records keeper or DCM.

Committee Chairs

Had a committee meeting of treatment, corrections, bridging the gap, and special needs today, chaired by the Area treatment chair. Lots of new people attending the meeting. Many committee chairs at the district level are feeling like they are struggling with communication, etc. Considering holding a workshop. Also discussed getting meeting lists more accurate for all of us to be better able to carry the message. Suggest that anyone interested in service attend an informational workshop.

Archives – The archives are stored in a climate controlled 5x8 storage unit. There are historical documents, books, maps, etc. going back to 1918.

Cooperating with the Professional Community (CPC) – If there is anyone doing CPC make sure she has your contact info. She has DVDs and other materials to hand out.

Grapevine – Written report submitted. grapevine@aahmbny.org

Newsletter – Submissions for July issue need to be in by Friday, June 28. Elections for committee positions will be in September. If you want to run for office in September, please get your resume to the newsletter also by June 28. Submissions should be sent to newsletter@aahmbny.org

DCMs

5 – Annual picnic at Hawthorne Pavilion Saratoga July 14. Now have an alt. BtG position filled.

7 – Labor Day picnic in Kingston, working on a movie night in Stone Ridge. Used suggestion to bring a friend to the district meeting and attendance is up.

8 – Nov. 9 annual banquet, Deb D. will be the speaker.

11 – Have new alt DCM who is in attendance today. HVYPAA Burning Desire bonfire at Rip Van Winkle campground in Saugerties, Aug. Putting together a district service manual, to be used as a base for future service workshops.

15 – Thanks to the Hudson Valley cluster for all the help for today's event. Made sizable contributions to Area and GSO this month. Have a regular meeting going into women's county jail.

16 – About half of groups are attending district meetings. Spiritual breakfast was a success. Developing a district budget for the first time.

17 – District picnic August 18, Hillsdale. Increased call for AA meetings in jails, and district has responded. Also reaching out to dark groups.

18 – July 7 picnic, Skoda State Park. Big Book workshop in September. New BB study meeting at 130 Middlesex Rd Saturday's at noon. Filled treatment and BTG. Would like to have a YPAA liaison and a GV rep.

IV. Workshop on the Group – three members shared their experience, strength, and hope on groups and meetings.

Meeting closed with the Serenity Prayer.

Respectfully submitted, Thea H-B, Area Secretary

From your Newsletter editor**District meeting lists**

In these pages over the last couple of months we've put out a call for submissions from Districts on how they prepare, print and pay for local meeting lists for their Districts (separate from the annual meeting book put out by the HMB Area that covers all 18 Districts).

We received two responses. We are publishing the first one, from John D., District 13 newsletter editor, in this month's issue. For space reasons, subsequent submissions will go into future issues of the HMB Area Newsletter. I hope you find them useful! And I want to thank the correspondents who spent time and effort to share their experience, strength and hope with the Area on this important topic. —*William T., newsletter editor*

Information on District 13 Meeting Lists

Response to HMB Area 48 "Request for Information" article published May - Sept. 2013 in the Area 48 Newsletter

1. Overview:

- a. District 13 prints and provides updated District meeting lists three times a year: March, July & November.
- b. A copy of the current March 2013 list is attached.
- c. The District initially prints 1,500 copies each issue: with subsequent printing/copying as noted below.
- d. District 13 has a long-standing practice of providing its District meeting lists free to all AA Groups in the District and to AA members who request them.
- e. We also provide substantial additional quantities to non-AA entities such as in annual mailings to hotels/motels (Three meeting lists and a cover note in each #10 envelope to 114 hotels/motels.) and to guidance directors of jr. high schools and high schools in the District (Three meeting lists plus other AA literature for teenagers and a cover note in each #10 envelope to 43 jr. high & high schools in District).
- f. We also provide quantities to entities such as treatment facilities, ministries, libraries, medical offices (e.g. Hudson Headwaters Health Network), etc. Some of these are mailed and some are hand-delivered.
- g. All of these District meeting lists are provided at no cost to the recipients (See information below on cost of providing District 13 meeting lists).

2. Physical aspects of District 13 Meeting List:

- h. Our meeting list, covering over 55 AA groups—currently with 79 meetings each week—fits on one 8.5" by 14" legal-sized sheet of 20# paper, printed on both sides, and folded to a 3.5" by 8.5" finished size.
- i. (Note: Three copies of the folded meeting list and one 20# sheet (e.g. a cover note or letter) "fit" into a #10 business envelope - at just under one ounce (\$0.46) first-class postage.)

3. Distribution Methods for District 13 Meeting List

- j. District 13 currently meets every other odd month, and, since the meeting lists are updated every four months: March, July and November, the new meeting lists are first made available at the corresponding March, July and November District meetings.
- k. District AA Groups each receive a quantity (about 25) of the meeting list at the corresponding District meeting.
- l. Each group GSR/representative attending the District meetings picks up the supply for its group and, since many groups in our District do not attend District meetings, some attendees pick up a supply for neighboring groups as well.

- m. We do not bulk-mail quantities to the groups. (This saves the District cost of postage and encourages group GSRs/representatives to attend the District's bi-monthly meetings.)
- n. We encourage groups and members to make additional copies using their own printer/copy machines.
- o. The current District 13 meeting list (non-editable PDF) also may be viewed, downloaded or printed from the District 13 website: <http://district13.aahmbny.org> (made available to us through Area 48).
- p. District 13 meeting information also is available at District 13 and Area 48 websites or by calling District 13's telephone hotline 518-793-1113 and pressing option 1 to hear a recorded list of meetings by day of week.
- q. Distribution to non-AA entities occurs by mail and/or by hand delivery as noted in the overview above. Some non-AA entities (such as libraries and ministries) receive our meeting lists on an irregular basis; in part due to vacancies in District service Chair positions/individuals available to perform these AA tasks.

4. Information on District 13 Meeting Lists

r. Content of District 13 Meeting List

Like many Districts, District 13 "packs" a great deal of information onto the single 8.5 x 14 sheet as follows:

- 1) All meetings (currently 79) are listed sequentially by day of week, then sequentially by time of day, and then alphabetically.
- 2) Meeting descriptions (per AA GNV protocols) included name of group/meeting; meeting type (codes); meeting location (e.g. "XXX Church," street and town address); and handicap access marker.
- 3) On front "cover" (as shown in attached current March 2013 printing), our meeting list also states:
 - i. District 13's affiliation with HMB Area 48
 - ii. AA Preamble
 - iii. Tradition Three
 - iv. Description of meeting types and attendees
 - v. Text about "what happens at meetings"
 - vi. District 13 hotline telephone number: 518-793-1113

"Inside" the meeting list are:

- 4) District 13, Area 48 and GSO mailing addresses for correspondence or contributions;
- 5) District 13 website address: <http://district13.aahmbny.org> and text encouraging use of that website for "new group or group change information"; finding meetings; purchasing conference-approved literature; contributing to District 13, Area 48 and GSO; viewing District 13 and Area 48 newsletters, and more.
- 6) An anonymity-protected e-mail address (District 13's Records Keeper: district13@nycap.rr.com) for use, e.g. "to report meeting changes or to volunteer to take calls on the District 13 AA Hotline"
- 7) AI-Anon text as follows: "Find AI-Anon meetings at 866-425-2666 (Not affiliated with AA)"
- 8) Blank space to write AA members' phone numbers.

5. Ensuring District 13 meeting lists contain accurate meeting information

Of course, any meeting list is only as good as the accuracy of its data.

- s. The "key" is our District 13 Records Keeper. Our current District 13 Records Keeper works hard with Group GSRs/contacts and with Area 48's Registrar to achieve high accuracy - at the District, Area and GSO levels. Using GNV data including all new group or group change information reported, the Records Keeper updates the "master" meeting list and works directly with a competitively-selected printing firm to obtain the initial 1,500 updated copies produced for each four-month District meeting list.

- t. The Records Keeper times this process to match the upcoming applicable District meeting (March, July and November) at which the lists will be distributed.
- u. Each monthly District 13 Newsletter “announces” the need to get all new and change information to the Records Keeper, and we emphasize this in the newsletter preceding the deadline date set by Records Keeper.

6. The printing/production process

- v. Methods of updating, preparing and printing the District 13 meeting lists have evolved over time. In earlier years, one group handled this for the District as a service commitment by the group to the District. Then, the District assumed the task directly: initially having the copies printed by a District member using his hi-speed laser printer (with reimbursement for ink and paper), but the quantity (1,500) became too great a burden; so, for a time, we started having copies printed at a nearby Staples, but the cost was very expensive (approximately 15 cents per copy unfolded). As a result, by District conscience vote in 2012, the District sought competitive price bids from multiple printers and awarded the bid to the lowest qualified printer (resulting in a cost of approximately 10 cents per copy unfolded) for the 1,500 copy print job.
- w. For a short time in 2012 (once a PDF copy was available for printing directly from the District website), the District considered updating the website PDF version more frequently than once every four months (with an “as of” date on the PDF version). However, this approach was soon abandoned because having different versions of the District 13 meeting list in circulation within the same four-month period had too great a potential for confusion.

7. Information about District 13 Meeting Lists

x. Cost of providing District 13 Meeting Lists:

- 9) Providing these meeting lists is a significant District 13 expense. An initial printing of 1,500 copies every four months costs \$450 per year (1,500 copies x 3 times per year = 4,500 copies at about 10 cents per copy).
- 10) Additional printing has occurred recently (for hotels/motels mailing).
- 11) Additional printing/copying is done by groups and individual AA members, but that cost is unknown.
- 12) We do not have the lists tri-folded, saving approximately \$135 per year (3 cents each for 4,500 copies). Each group “folds its own.” For some of the District’s major mailings, e.g. hotels (about 430 meeting lists) and schools (about 130), the AA member handling that task may choose to have the lists commercially folded but to date, the folding has been done personally as the AA member’s contribution to District 13.

The above is just about a full recap of our District 13 meeting lists - except that one is reminded of the duck calmly gliding on the water’s surface when, unseen below, its feet may be “paddling like crazy.”

It takes a good amount of dedicated AA service work on the part of our Records Keeper, with some assistance of our former Treasurer (now Secretary), with guidance from DCM.

District 13 hopes the above information is useful and responsive to HMB Area 48’s request to the District for information on “the meeting lists subject.”

Respectfully submitted, John D.

District 13 Newsletter Editor

Hudson Mohawk Berkshire Area 48 2014 Proposed Budget

Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Finance Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only when an accounting of the previous allocation has been made. Eligible expenses include mileage at \$0.35 per mile, tolls, postage, supplies, telephone, printing, copies and other. Receipts and mileage details are required.

The funded amount for various events is based on hotel costs, registration costs, and mileage to the 2013 event and estimated costs to the 2014 event. It is hoped that this method will help bring the budget closer to the actual expenses and give all those who want to serve the HMB Area an equal opportunity. Allocations are for the specific event only and cannot be utilized for another event. There will be no reimbursement for hotel costs if the participant lives within a 25 mile radius of the event. This will not apply if special accommodations are required. Stipend DOES NOT cover meal costs. **As always, those funded are asked to share expenses whenever possible.**

<u>Expenses:</u>	Position Total	Expense Allocation	NERAASA- Rhode Island	NERF (Not held in 2014)	NYSIW- HMB	HMB CONV 2014 Eastern Cluster
Area Officer Allocations:						
Area Delegate	\$4,750	\$4,750		Event costs are included in allocation		
Area Chairperson	\$3,750	\$3,750		Event costs are included in allocation		
Alternate Area Chairperson	\$1,650	\$600	\$450	\$0	\$300	\$300
Secretary	\$1,450	\$400	\$450	\$0	\$300	\$300
Alternate Treasurer	\$1,150	\$400	\$450	\$0		\$300
Registrar/Alt. Secretary	\$1,150	\$400	\$450	\$0		\$300
Treasurer	\$1,450	\$400	\$450	\$0	\$300	\$300
Committee Chairs and Others Allocations:						
TF Committee Chair	\$1,550	\$500	\$450	\$0	\$300	\$300
CF Committee Chair	\$1,550	\$500	\$450	\$0	\$300	\$300
BTG Committee Chair	\$1,550	\$500	\$450	\$0	\$300	\$300
PI Committee Chair	\$1,450	\$400	\$450	\$0	\$300	\$300
CPC Committee Chair	\$1,450	\$400	\$450	\$0	\$300	\$300
SN Committee Chair	\$1,450	\$400	\$450	\$0	\$300	\$300
Grapevine Chair	\$1,450	\$400	\$450	\$0	\$300	\$300
Archivist	\$1,450	\$400	\$450	\$0	\$300	\$300
Newsletter Editor	\$1,450	\$400	\$450	\$0	\$300	\$300
Website Committee Chair	\$1,450	\$400	\$450	\$0	\$300	\$300
HMB Convention Chair	\$300	\$300				
Sub-Totals	\$30,450	\$15,300	\$6,750	\$0	\$3,900	\$4,500

Other Expenses

GSO Conference Contribution	\$ 2,000.00
Newsletter Postage	\$ 1,200.00
Newsletter Printing	\$ 2,100.00
Area Inventory Day	\$ 450.00
Day of Sharing/Delegates Day	\$ 450.00
Area Assemblies (2)	\$ 900.00
Fellowship Days (3.5)	\$ 1,575.00
Insurance Costs	\$ 400.00
Website Expenses	\$ 400.00
Grapevine Materials, AA Service Manuals (Seed Money)	\$ 400.00
HMB Service Manual Updates	\$ 200.00
HMB Meeting Books for Committee Chairs	\$ 504.00
HMB Convention 2014 (Seed Money)	\$ 2,000.00
NYS Info Workshop 2014 (Seed Money)	\$ 1,000.00

Allocations to clusters for Area functions will be \$450 per function, except the June Fellowship day which is only a half day event and is therefore allocated \$225. Amount allocated should be sufficient to cover event costs- if clusters need assistance staying within budget, they should contact the Alternate Area Chair and/or seek guidance from experienced members. If the cost of the event should exceed the amount allocated, plus the 7th Tradition contributions, Districts within the host Cluster should arrange to divide costs over the allocated amount. The reimbursement of expenses exceeding the allocated amount will be considered by the Finance Committee if requested. Any 7th Tradition donations collected in excess of the expenses shall be returned to the Area. There are two Area Assemblies in even-numbered years (May and October). There are three Area Assemblies in odd-number years including the Area Election Assembly held in September.

www.aahmbny.org and www.ny-aa.org

Committees chairs receiving HMB Meeting Schedules are BTG, CPC, CF, PI, SN & TF.
HMB Eastern Cluster will host 2014 Convention
The 2014 NYS Informational Workshop will be hosted by HMB

Hudson Mohawk Berkshire Area 48 2014 Proposed Budget

Other Expenses (cont)

3000 Additional HMB Meeting Schedule Books (Seed Money)	\$ 1,050.00
Corrections Connection Workshop	-
Mail Box Service	\$ 600.00
Computer Costs	\$ 400.00
Archive Storage Fees	\$ 1,100.00
Tax Preparation	\$ 600.00
Prior Year Expenses	\$ 500.00
Sub-Total	\$ 17,829.00

\$1,050.00 is allocated as seed money for additional HMB meeting books to fulfill orders received after approved deadline; books are to be distributed as needed by the Alternate Area Treasurer. HMB Area will pay cost of shipping and recover the cost of the schedules if all books are sold. (Estimated at \$1050.00)

Hosted by SENY in 2014

Total Expenses: \$ 48,279.00

Income:

HMB 2013 Convention (Seed Money Returned)	\$ 2,000.00
HMB 2013 Convention (Overage)	-
NYSIW (Seed Money Returned)	-
Grapevine Materials, AA Service Manuals (Seed Money Returned)	\$ 400.00
Projected Group Contributions	\$ 34,829.00
Estimated Checkbook Carryover on 1/1/14	\$ 10,000.00
Extra HMB Meeting Books (Seed Money Returned)	\$ 1,050.00
Total Income Needed:	\$ 48,279.00

Misc Information:

Prudent Reserve	\$ 7,000.00
Mileage Rate	\$ 0.35

Notes:

The Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is an assembly for GSR's, DCM's and Area Committee Members of the Northeast Region to discuss issues and concerns affecting AA as whole, as well as pertinent aspects of recovery, unity, and service common to the Northeast Region. The 2013 event was held in Lancaster, PA. The 2014 event will be held in Rhode Island.

Additional items may be funded at the discretion of the HMB Finance Committee.

Proposal for 2013 October Assembly

I propose to end Corrections Connection workshops and reallocate the funds to the Corrections Chair position for the purpose of covering travel expenses to each service cluster for service workshops.

Background: Over the past few years I have attended and assisted with Corrections Connection workshops. My observation is that they are becoming less well attended with each year we do them. In addition to that our "primary purpose" is failed because we have yet to produce ONE ADDITIONAL VOLUNTEER out of any of these according to the records of the Volunteer coordinators.

Instead of hosting Corrections Connection let's have the HMB Corrections Chair, HMB Alt Chair/ Functions Chair, assist with Corrections Connection service days in each service cluster cycling through each cluster over the course of 2 years. My thought is 1) this will more directly reach out to interested AA members who would not have to travel as far to get the information. and 2) Has the potential to be less expensive to the Area.

I have discussed this with the DOCCS people and they are interested and willing to participate in this kind of approach.

Respectfully submitted, Don S.

HMB Area 48 October Assembly

Saturday, October 19, 2013
9AM – 3PM

Hosted By Districts 4, 8, & 14

Scotia United Methodist Church
201 North Ten Broeck Street
Scotia, NY 12302

7th Tradition Lunch will be provided

Tentative Agenda:

- Area Business Meeting & Reports
- 2013 Final Budget Presentation & Vote
- Discussion and voting on any proposals

Contact: althmbchair@aahmbny.org

2013 HMB CONVENTION

November 1-3, 2013

"A DESIGN FOR LIVING"



Hotel Utica
102 Lafayette St
Utica, NY

315-724-7829 or 877-906-1912
hotelutica.com

You must phone the hotel direct to get
the special \$99 rate -
mention HMB Convention

Amenities include: complimentary continental breakfast, free wireless high speed internet access, oversized television, in room movies and cable TV, air conditioning, two phones with dual lines, plus a recharging station for your laptop, complete designer toiletries, full sized iron and ironing board, hair dryer, coffee maker and most with refrigerators.

Directions:

Thruway I90 to Utica Exit 31.
Take Genesee St South to
Lafayette St, Right on Lafayette,
hotel is on the left.

Optional Saturday Lunch Buffet:
Tucson Vegetable Soup, House Salad &
choice of turkey or egg salad sandwich - \$16

Optional Saturday Night Plated Dinner:
Sliced Roast Beef (B), Mediterranean Chicken (C)
or Eggplant Neopolitan (V) - \$28

Questions??

email hmbconvention@aahmbny.org

Registration (one person per form please)

Name _____
Address _____

Phone _____
Email _____
Home Group _____
Area _____ District _____
Years in Program _____
____AA____Alanon____Alateen
Special Needs (pls specify)

Name as you wish it to appear on badge:

Registrations postmarked:
by 9/30 - \$18
10/1 & after - \$20 \$ _____
Meals:
Saturday Lunch \$ _____
Saturday Banquet \$ _____
Circle one: B C V
Total Enclosed: \$ _____

Make checks payable to:
2013 HMB Convention

Mail to:
2013 HMB Convention
PO Box 13
New Hartford, NY 13413



HMB AREA 48

NOVEMBER NORTH COUNTRY FELLOWSHIP DAY GRILLIN' & CHILLIN'

11/16/2013 9:00 – 3:00

This is the last Area Event of 2013. Hosted by the Adirondack Cluster at the United Methodist Church 127 Beekman St. Plattsburgh, NY, 12901.

Tentative Agenda

Meet & Greet, Area Committee Meetings (PI-CPC, Treatment, Special Needs, Bridging the Gap, Corrections), End of Year Reports.

7th Tradition Lunch prepared on site.

Directions

From the South: I87 North to exit 38S. Follow the ramp onto N Catherine St to 1st traffic light and turn right onto Boynton Av. Drive past Mellissa Penfield Park and take 2nd left onto Beekman St. The United Methodist Church will be on the right.

From the North – Yah right.

Contact althmbchair@aahmbny.org

HMB Area Association
Route 30, # 114
118 Polar Plaza
Amsterdam, NY 12010