

# HMB AREA 48

# NEWSLETTER

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

### AA Principles of the Month

**Step 3** - Made a decision to turn our will and our lives over to the care of God as we understood Him.

**Tradition 3** – The only requirement for A.A. membership is a desire to stop drinking.

**Concept 3** - To insure effective leadership, we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision."

### Third Tradition Checklist

**Third Tradition** — The only requirement for A.A. membership is a desire to stop drinking.

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he has been to AA before? What his other problems are? Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

### Concept III Checklist

Concept III—To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

1. Do we understand what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"?
2. Do we trust our trusted servants — G.S.R., D.C.M., area delegate, the Conference itself?

# AREA 48 EVENT SCHEDULE - 2012

<b>Date</b>	<b>Event</b>	<b>Host, Location</b>
Fri.-Sun., March 2-4	Northeast Regional AA Service Assembly (NERAASA)	HMB Area 48 Albany, NY
Fri.-Sun., March 16-18	Northeast Regional Delegates Reunion (NERD) (Delegates/Alts)	Sturbridge, MA
Sat., March 24	Delegate's Day of Sharing	Hudson Valley Cluster
Sat., April 14	Fellowship Day	Adirondack Cluster
Sun., May 20	Area Assembly	Central Cluster/ District 4
Sat., June 16	Fellowship Day	TBD
Fri.-Sun., July 20-22	New York State Convention	HMB Area 48 Albany, NY
Fri.-Sun., Aug. 17-19	New York State Informational Workshop	Western NY Lewiston, NY
Sat., September 15	Fellowship Day	Eastern Cluster/ District 2
Sat., October 13	Area Assembly	Central Cluster/ District 14
Sunday, Nov. 18	Fellowship Day	Western Cluster/ Districts 9 & 12

**Ongoing in Area 48 Eastern Area Convention of Young People in AA (EACYPAA) Bid Committee Needs You.** Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48 **Contacts:** Maria (518) 441-5511; Will (419) 215-2907; Tori (518) 701-5070, or e-mail [saratogaecypaabid@gmail.com](mailto:saratogaecypaabid@gmail.com).

**Tuesday, March 20, 2012 Capital District Central Office (CDCO) Business Meeting** 7:00 pm in Room 128-130 at the Schuyler Inn, 575 Broadway, Menands, NY 12204. The CDCO asks all groups interested in participating in 12th Step work to attend our monthly business meetings; held on the 3rd Tuesday of every month.

**Friday, April 27, 2012 "Spring Fling 2012" Sober Dance in District 18** A.A. and Al-Anon. 9:00 pm to 12:00 am at Greenbush Reformed Church., 688 Columbia Turnpike, East Greenbush, NY 12061. A.A. meeting at 8:00 pm in church lounge. \$5.00 suggested donation. Pizza, snacks and beverages provided. **Contact:** Howard H. E-mail: [Xylanthian@aol.com](mailto:Xylanthian@aol.com).

**Friday-Sunday, March 30-April 1, 2012 Eastern Area Convention of Young People in AA (EACYPAA),** Saratoga Springs, NY.

**Friday, April 20, 2012 Southeastern New York (SENY) Area 49** will host the Corrections Connection at Sing Sing Prison in Ossining, NY from 9:00 am to 3:30 pm.

**Have an article for the HMB Area newsletter?**

**By mail:** HMB Area Newsletter, 118 Polar Plaza #114, Amsterdam, NY 12010

**By email:** [newsletter@aahmbny.org](mailto:newsletter@aahmbny.org)

**Deadline for April 2012 issue: Monday, March 5, 2012**

## **HMB AREA COMMITTEE REPORTS**

### **HMB AREA 48 Delegate Report**

Dear Fellow Members,

I am writing to you from the latest stop on my service journey (Delegate). Thus far most of my duties have consisted of “waiting” for information on this year’s Conference, which is April 22<sup>nd</sup> – 28<sup>th</sup> in Rye, NY. I am extremely thrilled to inform you that I have been assigned to be on the “GRAPEVINE Conference Committee” for the next two years. Needless to say the color “Purple” will be dominant in my life from now on. What a wonderful committee to be asked to serve on; I am so honored and grateful for what HP has in store for me in my journey ahead. You may also have heard that there are coincidences in AA; once again that has been proven to me. My all around sponsor served on the Grapevine Committee way back when and eventually ended up serving as a Grapevine Trustee & Director. So I have much background at my disposal and hopefully will tap some it from him. Are you wearing ‘purple’ yet? If not, time to gear up!

As of this writing I am awaiting my the Conference background material from which I put together a questionnaire to be distributed the members of HMB Area 48 for your feedback on issues that affect AA as a whole. Please be looking for these and when you receive them, fill them out and send them back to me. Instructions on returning them will accompany the document. You can also take part in direct conversation on these issues at the Area’s Day of Sharing, aka as Delegate’s Day. The event is being held on Saturday, March 24<sup>th</sup> in Saugerties (**see flyer, p. 6**). Please plan on attending and make your voice heard.

My schedule so far has been rather quiet but starting in March things will pick up dramatically. As you probably know we (HMB Area 48) are hosting this year’s Northeast Regional AA Service Assembly (NERAASA) at the Hotel Albany in Albany March 2-4<sup>th</sup>. Two weeks later I will be attending the NERD (Northeast Regional Delegate) in Sturbridge, MA. The weekend after that will be Day of Sharing (mentioned above) and the weekend after that I will be participating at the EACYPAA convention. This is another event that Area 48 is hosting in particular our very own TOGYPA. The Saratoga bunch won the bid for this year’s regional event and I could not be prouder of them for their enthusiasm and support of our Fellowship.

Well that is all for now, I look forward to seeing all of you at these events and at your Districts. My life continues to be filled with gratitude for the opportunities that you have bestowed upon me. Remember, “Service is the Secret.” GO PURPLE!!!

In Love & Service,

Keith D

Panel 62 Area 48 Delegate

Conference Committee GRAPEVINE

### **HMB AREA 48 Chair Report**

Thanks to all who participated in the HMB Area Inventory Day on January 14, 2012.

A special thanks to districts 1, 2 and 18 for the hard work they put into setting up, feeding us and cleaning up!

During the “inventory report-back” portion of the day, responsibility, accountability and participation were the recurring themes as we discussed issues related to how we as an Area are carrying the message to the alcoholic who still suffers.

Congratulations to District 4 for an outstanding Spiritual Breakfast on January 21... 247 brave souls slogged through a little snow to get to Johnstown for this annual event.

District 14 hosted a workshop on January 28 on the topic of sponsorship; Thanks go to Tammy D. and her District 14 "crew" for hosting this.

Upcoming events: NERAASA , March 2-4, will kick off a busy March, followed by Delegate's Day on the 24<sup>th</sup>. And the Eastern Area Conference of Young People in A.A. (EACYPAAX) will be in Saratoga March 30-April 1.

One date change to be mindful of...for the May Assembly in District 4 the date will be Sunday, May 20 rather than the May 19 date listed in the earlier tentative schedule for the year.

Pat L, HMB Area 48 Chairperson/Alternate Delegate

[hmbchair@aahmbny.org](mailto:hmbchair@aahmbny.org) [latimerpat@gmail.com](mailto:latimerpat@gmail.com)

518-463-5221 518-301-7488

<b>HMB Area 48</b> <b>Monthly Treasury Report</b> January 2012	
<b>Beginning Balance</b>	<b>\$11,242.73</b>
Area Contributions	\$3,188.55
<b>Income</b>	
<b>Total Income</b>	<b>\$3,188.55</b>
<b>Expense</b>	
Delegate	\$2,375.00
Area Inventory Day	\$310.03
GSO Conference Contribution	\$2,000.00
Mail Box Service	\$31.06
Prior Year Expenses	\$209.01
AA World Services	\$98.00
Allocation Advance	\$250.00
<b>Total Expense</b>	<b>\$5,273.10</b>
<b>Net Income</b>	<b>-\$2,084.55</b>
<b>Balance</b>	<b>\$9,158.18</b>
Prudent Reserve	-\$7,000.00
<b>Available Funds</b>	<b>\$2,158.18</b>
Prepared by Chris S. <a href="mailto:treasurer@aahmbny.org">treasurer@aahmbny.org</a>	

<b>2011 HMB Area Convention</b> <b>Treasury Report</b>	
<b>Income:</b>	\$16,492.57 (includes \$2,000 seed money from Area)
<b>Expenses:</b>	\$14,795.52
<b>Profit:</b>	\$1,697.05***
<b>Checkbook balance:</b>	\$0.00
***Note: The checkbook is in the process of being closed out. There are additional T-shirts and mugs that are being sold from the Convention. Those monies will be distributed back to the Area as well.	
<b>Registration Numbers:</b>	
Pre-registrations — Full weekend:	180
Pre-registrations—Sat. evening only:	3
Onsite registrations—	152
<b>Total:</b>	335
Respectfully submitted, Deb D., 2011 HMB Convention Treasurer	

*DISTRICT AND GROUP TREASURERS— Below are the addresses to send contributions*

**General Service Office**  
 PO Box 459  
 Grand Central Station  
 New York, NY 10163

**HMB Area Association**  
 Rte. 30, #114  
 118 Polar Plaza  
 Amsterdam, NY 12010

## HMB Day of Sharing – Delegate’s Day

**When:** Saturday, March 24, 2012

**Where:** Saugerties Senior Center

207 Market Street, Saugerties, NY

(At the intersection of Market St. & Robinson St.)

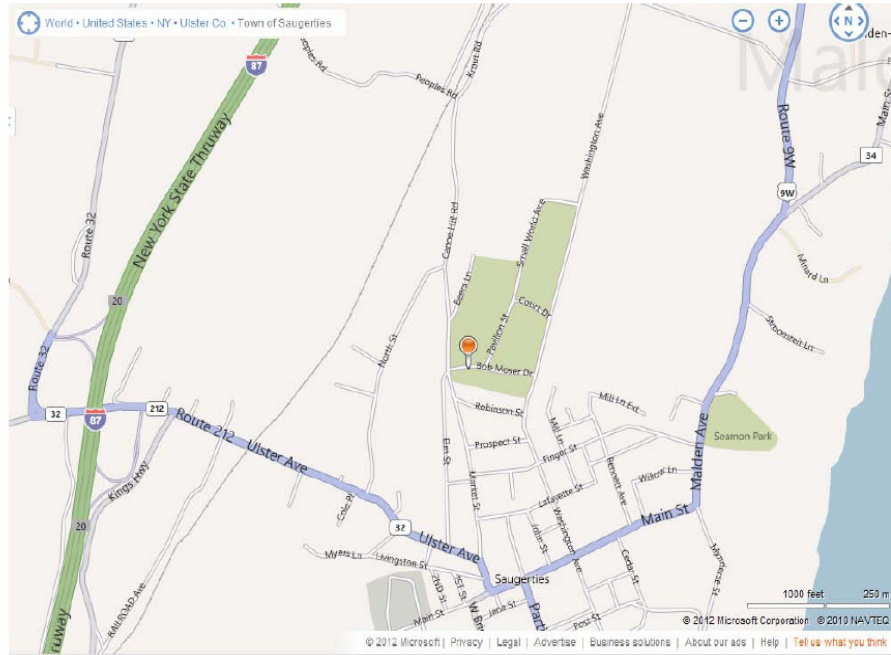
Hosted by District 16 - Hudson Valley Cluster

Registration, Coffee, and Treats @ 9 AM

Meeting from 10 AM until 3 PM

Lunch will be served

Please join HMB Area 48 in sharing an informed Area conscience with our Delegate for guidance at the 2012 General Service Conference.



Contact: Bill W. @ 609-577-1436

# The 43rd New York State Convention July 20th - 22nd, 2012

*"Anonymity: Our Spiritual Responsibility in the Digital Age"*



## The Albany Marriott

189 Wolf Road

Albany, NY 12205

Convention Room Rate: \$114.00 plus tax per night

**Deadline for room reservations: June 28, 2012**

*There is NO SMOKING anywhere within the hotel. Designated smoking areas are conveniently located near the exits on all sides of the hotel!*

### Hotel Reservations

Online: <http://www.marriott.com/hotels/travel/albny-albany-marriott/>

Direct Phone Number: (518) 458-8444

Toll Free: (800) 443-8952

When reserving rooms, use code "HAAHAAA" for Convention Rate.

### Friday - 7/20/12

- Early Bird Meeting (4:00pm)
- Speaker Meeting
- Entertainment

### Saturday - 7/21/12

- Panels and Workshops
- Old Timers Meeting
- Speaker Meeting
- Entertainment

### Sunday - 7/22/12

- Spiritual Speaker Meeting

**Note:** *Al-Anon Participation; Alcaathon Meetings throughout the weekend*

## Convention Registration Form - Pre-Registration Deadline, July 5, 2012

*(One Form Per Person)*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

AA \_\_\_\_\_ Al-Anon \_\_\_\_\_ Other \_\_\_\_\_

Old-timer with 25+ Years? (Circle One) Yes No

Special Needs:

Hearing Amplification Required? ..... Yes No

Spanish Translation? ..... Yes No

ASL? ..... Yes No

Other (Please Specify) \_\_\_\_\_

\_\_\_\_\_ Convention Only .....\$20.00

\_\_\_\_\_ Convention and Banquet .....\$55.00

### Banquet Choice (Please Select ONE)

\_\_\_\_\_ Chicken Mediterranean

\_\_\_\_\_ Flat Iron Steak

\_\_\_\_\_ Grilled Balsamic Vegetables

Special Dietary Needs (Please Specify):  
\_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

Checks Payable to: 2012 New York State Convention

Mail Registration Form and Check to:

HMB D14

Attn: 2012 New York State Convention

P.O. Box 494

Schenectady, NY 12301

HMB Area Association

Route 30, #114

118 Polar Plaza

Amsterdam, NY 12010