

HMB AREA 48 NEWSLETTER

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.
And for that: I am responsible.

AA Principles of the Month

Step 1 - We admitted we were powerless over alcohol - that our lives had become unmanageable.

Tradition 1 - Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept 1 - Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our fellowship.

First Tradition Checklist

1. Am I in my group a healing, mending, integrating person, or am I divisive? What about gossip and taking other members' inventories?
2. Am I a peacemaker? Or do I, with pious preludes such as "just for the sake of discussion," plunge into arguments?
3. Am I gentle with alcoholics who rub me the wrong way, or am I abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I put down some AA activities as if I were superior for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support, in every way I can, AA as a whole or just the parts I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?
9. Do I go to enough AA meetings or read enough AA literature to really keep in touch?
10. Do I share with AA all of me, the bad and the good, accepting as well as giving the help of fellowship?

Concept 1 Checklist

1. Do I criticize or do I trust and support my group officers, AA committees, and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with any AA Twelfth Step job or other AA responsibility?
3. Do I look for credit in my AA jobs? Praise for my AA ideas?
4. Do I have to save face in group discussions, or can I yield in good spirit to the group consensus and work cheerfully along with it?

AREA 48 EVENT SCHEDULE - 2012

Date	Event	Host, Location
Sat., January 14	Area Inventory Day/ Day of Sharing	Eastern Cluster/ District 1
Fri.-Sun., March 2-4	Northeast Regional AA Service Assembly (NERAASA)	HMB Area 48 Albany, NY
Fri.-Sun., March 16-18	Northeast Regional Delegates Reunion (NERD) (Delegates/Alts)	Sturbridge, MA
Sat., March 24	Delegate's Day of Sharing	Hudson Valley Cluster
Sat., April 14	Fellowship Day	Adirondack Cluster
Sat., May 19	Area Assembly	Central Cluster/ District 4
Sat., June 16	Fellowship Day	TBD
Fri.-Sun., July 20-22	New York State Convention	HMB Area 48 Albany, NY
Fri.-Sun., Aug. 17-19	New York State Informational Workshop	Western NY Lewiston, NY
Sat., September 15	Fellowship Day	Eastern Cluster/ District 2
Sat., October 13	Area Assembly	Central Cluster/ District 14
Sunday, Nov. 18	Fellowship Day	Western Cluster/ Districts 9 & 12

Ongoing in Area 48 Eastern Area Convention of Young People in AA (EACYPAA) Bid Committee Needs You. Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48
Contacts: Maria (518) 441-5511; Will (419) 215-2907; Tori (518) 701-5070, or e-mail saratogaecypaabid@gmail.com.

Friday-Sunday, March 30-April 1, 2012 Eastern Area Convention of Young People in AA (EACYPAA), Saratoga Springs, NY.

Tuesday, Jan. 17, 2012 Capital District Central Office (CDCO) Business Meeting 7:00 p.m. in Room 128-130 at the Schuyler Inn, 575 Broadway, Menands, NY 12204. The CDCO asks all groups interested in participating in 12th Step work to attend our monthly business meetings; held on the 3rd Tuesday of every month.

Friday, April 20, 2012 Southeastern New York (SENY) Area 49 will host the Corrections Connection at Sing Sing Prison in Ossining, NY from 9:00 a.m. to 3:30 p.m.

January 2012 Area Chair Report

Warm wishes for a Happy New Year to all!

This is my first report as your Area Chair, and I am looking forward excitedly to the upcoming 2 years. Once we complete Area Inventory Day, we'll have a breather until all of the activity in March. Kicking off the month will be NERAASA March 2-4 2012, our Delegate's Day of sharing will be March 24, and the end of the month will see the EACYCAA Conference in Saratoga.

We are very fortunate that our new Newsletter editor, William T, was ready to jump right in and put together this January newsletter.

I look forward to working with each and every one of you!

Pat L.

HMB Area Chair/Alternate Delegate

518-463-5221 (H) 518-331-8903 (C)

HMB Area 48 Fellowship Day

Sunday, November 20, 2011

Utica, NY

DRAFT minutes

Total attendance: 65. Sign-in sheet (**attached**)

Regular business meeting called to order at 12:35 p.m. by Keith D, Area Chair.

Welcome and thanks to host districts 9 & 12.

Secretary's Report: William T., Area Secretary, presented draft of minutes of October 14, 2011 Area Budget Assembly (minutes taken by Thea H.) (**attached**). Motion made and seconded to accept the minutes as presented, approved unanimously.

Alternate Secretary/Area Registrar Report: Kevin B., Area Registrar, reported that any changes/corrections to meeting/group information are due to GSO on December 15. Report **attached**.

Treasurer's Report: Chris S., Area Treasurer, presented the (**attached**) monthly treasury report and transaction report for October 2011. Motion made and seconded to accept the Treasurer's Report as presented, approved unanimously.

Alternate Treasurer's Report: Tad J., Alt. Treasurer gave an update on the 2011 Area meeting book orders. Report **attached**. Fifteen thousand orders have been received so far. The contracted minimum for the printer is 25,000 copies. Tad asked that any last-minute corrections be returned to Kevin B., Area Registrar. Deadline for meeting book orders is December 1, 2011. Order form **attached**.

Committee Reports:

Web Site (John M.): Needs Area's tax-exempt information to continue e-mail service on web site.

Treatment (Bill C.): Elks Club event, success at HMB Area convention Nov. 4-6.

Grapevine (Maria E.): Grapevine publications are selling well, including \$300 in sales at Area Convention. Report **attached**.

DCM Reports:

District 1: Tom E., DCM, submitted the **attached** report.

District 4: Les B., DCM, announced the Fifth Annual District 4 Spiritual Breakfast (flyer **attached**) on January 21, 2012 at the Holiday Inn in Johnstown.

District 7: Ritch L., incoming DCM, announced a multi-district Thanksgiving Day dinner in Kingston.

Area Chair Report:

Keith D. spoke on how quickly the last two years of being Area Chair have flown by, and of the incredible awards of service. He thanked the Assembly, and the many people who have done service before him, for demonstrating how it can be done — the power of example. He then introduced Pat L., who will start as Area Chair in January 2012.

Incoming Area Chair Report:

Pat L. told the group of the rewards of service, specifically how her fears went away with service. After a period away from District and Area service, Pat said she returned in 2006 as District 1 Special Needs Chair, followed in 2008 at Area Special Needs Chair; then Alternate Chair in 2010. Pat said the following Area service positions, starting in January 2012, have been filled:

Delegate: Keith D.; Area Chair/Alt. Delegate: Pat L.; Area Secretary: Thea H.; Alternate Area Secretary/Registrar: Kevin B.; Area Treasurer: Chris S.; Area Alt. Treasurer: Pat C.; Treatment: Jetta I., Alt. Treatment: Guy; Web Site Committee: John M., Bill W.; Special Needs: Dawn M., Tom B.; Corrections: Don S., Gary; Bridging the Gap: Erin D.; Grapevine: Maria E.; Newsletter: William T., Public Information: vacant.

Pat also distributed the **attached** 2012 tentative schedule of events in HMB Area 48. (See p. 2 of newsletter).

Acknowledgment of outgoing Delegate:

Finally, Keith D. acknowledged and expressed the Area's enormous gratitude to outgoing HMB Area Delegate Deb. D., who has served the last two years in that position. On behalf of the Area, Keith D. presented a Lucite trophy, containing an etched hologram of the famous "Man on the Bed — AA Number 3" painting.

Meeting adjourned at 1:45 p.m.

Respectfully submitted,

William T., Secretary, HMB Area 48

HMB Area 48
Monthly Treasury Report
 December 2011

Beginning Balance	\$9,329.02
Income	
Area Contributions	\$4,116.82
Total Income	\$4,116.82
Expense	
Delegate	\$103.47
Chairperson	\$479.62
Alternate Chairperson	\$74.70
Secretary	\$18.50
Alternate Secretary/Registrar	\$114.11
Treasurer	\$173.29
Cooperation with Prof Community	\$22.65
HMB Convention	\$30.33
Area Assemblies	\$400.00
Mail Box Service	\$36.44
AA World Services	\$750.00
Total Expense	\$2,203.11
Net Income	\$1,913.71
Balance	\$11,242.73
Prudent Reserve	-\$7,000.00
Available Funds	\$4,242.73

Prepared by Chris S.
treasurer@aahmbny.org

HMB Area 48 Year-End Treasury Report January - December 2011	
Beginning Balance	\$9,891.60
Income	
Area Contributions	\$34,129.00
Checkbook Carryover	\$9,891.60
Seed Money Returned	\$5,900.00
Advances Ret	-\$9.35
Checking Account Adjustments	\$86.76
Literature Sales	\$9.00
Meeting Schedules	\$741.76
Refunds	\$324.75
Total Income	\$51,073.52
Expense	
Delegate	\$4,353.47
Chairperson	\$1,979.62
Alternate Chairperson	\$429.18
Secretary	\$194.18
Alternate Secretary/Registrar	\$496.44
Treasurer	\$526.57
Alternate Treasurer	\$249.12
Archivist	\$374.00
Bridging The Gap	\$509.24
Corrections Facility	\$697.24
Cooperation with Prof Community	\$54.58
Grapevine	\$378.65
Newsletter Editor	\$46.14
Special Needs	\$5.84
Treatment Facilities	\$302.20
Website Chair	\$309.60
HMB Convention	\$3,199.96
NERAASA	\$3,915.21
NERF	\$530.90
NYS Convention	\$2,226.86
NYS Info Workwshop	\$666.90
Area Assemblies	\$998.27
Area Delegates Day	\$400.00
Area Inventory Day	\$293.29
Area Fellowship Days	\$1,057.40
Corrections Connection	\$116.20
Additional HMB Mtg. Books	\$1,396.00
Archive Storage Fees	\$1,012.06
GSO Conference Contribution	\$2,000.00
Insurance Costs	\$298.00
Mail Box Service	\$482.32
NYS Info Workshop Seed Money	\$999.96
Newsletter Postage	\$2,392.56
Newsletter Printing	\$2,887.43
Prior Year Expenses	\$280.67
Tax Preparation	\$550.00
Website	\$391.94
AA World Services	\$1,950.00
Allocation Advance	\$300.00
Computer & Software	\$192.19
Finance Committee	\$21.60
NYS Convention Seed Money	\$365.00
Total Expense	\$39,830.79
Net Income	\$11,242.73
Balance	\$11,242.73
Prudent Reserve	-\$7,000.00
Available Funds	\$4,242.73

DISTRICT AND GROUP
TREASURERS—
Below are the addresses to which
to send contributions

HMB Area Association

Rte. 30, #114

118 Polar Plaza

Amsterdam, NY 12010

General Service Office

PO Box 459

Grand Central Station

New York, NY 10163

NERAASA 2012~March 2-March 4

CROWNE PLAZA Albany www.cpalbany.com

Group Code: DNI

Toll free number: 877-462-4441

Rate \$115 plus tax

**Hosted by HMB-Hudson-Mohawk-Berkshire
Area 48**

Questions: NERAASA2012@gmail.com

Interested in NERAASA 2012 service? Please contact the following:

REGISTRATION

Tammie E. tamster1962@roadrunner.com

Don S. dstrachan@twcny.rr.com

HOSPITALITY

Smoking

Faye F. fallonfaye@yahoo.com

Non-smoking

Fred F. neraasa2012@gmail.com

GREETERS

Keith D. & Debbie D neraasa2012greeters@hvc.rr.com

NERAASA 2012 March 2 - March 4, 2012

I have been asked by several members "what is NERAASA"?

The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for GSRs, DCMs, Area Committee members and Intergroup and Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting AA as a whole, as well as pertinent aspects of recovery, unity and service common to the Areas of the Northeast Region.

NERAASA is a weekend of panel presentations and floor discussions on issues affecting Alcoholics Anonymous today. There is also the Northeast Regional Trustee's Report, and a Saturday dinner followed by a A.A. Speaker Meeting. In addition, there are several Round Table Sharing Sessions throughout the weekend. They include, but are not limited to: General Service Representatives (GSRs), District Committee Members (DCMs), Archives, Cooperation With The Professional Community (CPC), Public Information (PI), Correctional & Treatment Facilities (CTF), Grapevine, Area/Panel Officers, Central Office/Intergroups, Website, Alternate & Area Delegates.

There are 18 regions in the Northeast Region and we expect over 500 members will participate. ALL members are welcomed and encouraged to attend!!

We are members of HMB (Hudson-Mohawk-Berkshire) Area 48 and will host NERAASA the weekend of March 2 - March 4, 2012 at the Crowne Plaza in Albany. GREETERS, HOSPITALITY (smoking & non-smoking) and REGISTRATION have service positions available. If you have any questions and/or would be interested in service, please send email to NERAASA2012@gmail.com.

In the Sunlight of the Spirit,

Joan R.

NERAASA 2012 Chair
NERAASA2012@gmail.com
518-330-2800 Cell

HMB Day of Sharing – Delegate’s Day

When: Saturday, March 24, 2012

Where: Saugerties Senior Center

207 Market Street, Saugerties, NY

(At the intersection of Market St. & Robinson St.)

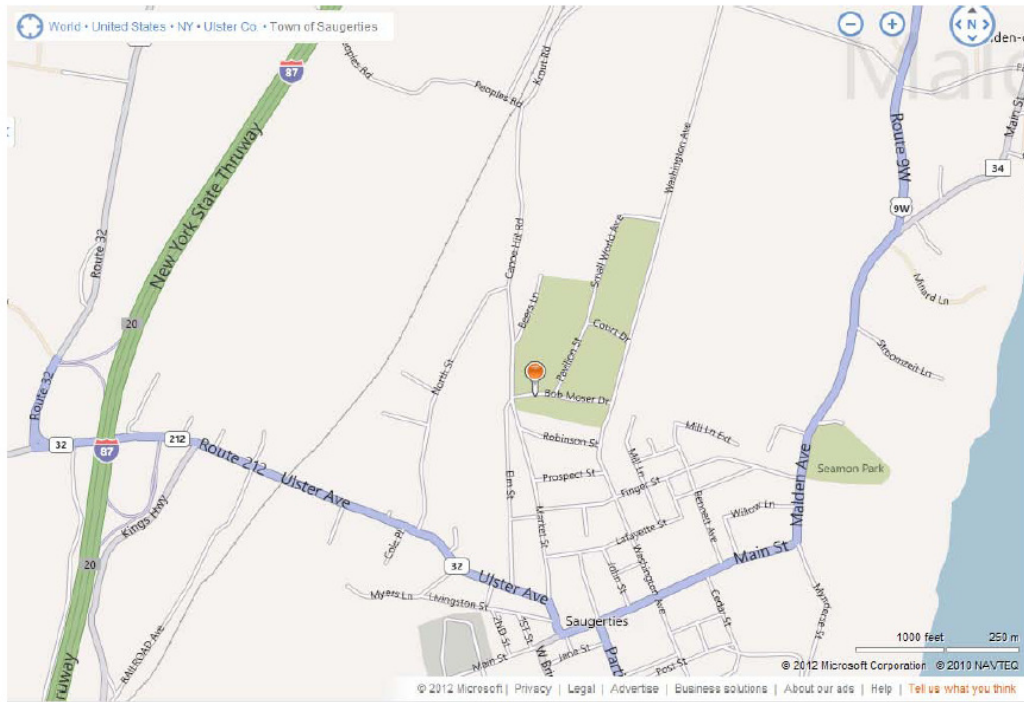
Hosted by District 16 - Hudson Valley Cluster

Registration, Coffee, and Treats @ 9 AM

Meeting from 10 AM until 3 PM

Lunch will be served

Please join HMB Area 48 in sharing an informed Area conscience with our Delegate for guidance at the 2012 General Service Conference.



Contact: Bill W. @ 609-577-1436

HMB Area Association

Route 30, #114

118 Polar Plaza

Amsterdam, NY 12010