

July 1, 2011

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The deadline for the August newsletter is July 10th, 2011.
Please send submissions to area48newsletter@gmail.com.

Don't forget that the Area Election Assembly is coming up in September. If you are thinking about standing for a service position, you may want to send a service resume in, as Pat L and Tad J have done (p. 14).

Also, read the exciting news about YPAA (p.15). Great job to everyone at the EACYPAA Bid Committee.

If you aren't yet involved with 2012 NERAASA, why not (p. 16)?

-Area 48 Newsletter Editor

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.

AA Principles of the Month

Step 7 - Humbly asked Him to remove our shortcomings.

Tradition 7 – Every A.A. group ought to be fully self-supporting, declining outside contributions.

Concept 7 - The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Seventh Tradition Checklist

- Honestly now, do I do all I can to help AA (my group, my central office, my GSO) remain self-supporting? Could I put a little more into the basket on behalf of the new guy who can't afford it yet? How generous was I when tanked in a barroom?
- Should the Grapevine sell advertising space to book publishers and drug companies, so it could make a big profit and become a bigger magazine, in full color, at a cheaper price per copy?
- If GSO runs short of funds some year, wouldn't it be okay to let the government subsidize AA groups in hospitals and prisons?
- Is it more important to get a big AA collection from a few people, or a smaller collection in which more members participate?
- Is a group treasurer's report unimportant AA business? How does the treasurer feel about it?
- How important in my recovery is the feeling of self-respect, rather than the feeling of being always under obligation for charity received?

Concept VII Checklist

- Do we act responsibly regarding the "power of the purse?"
- Do we realize that the practical and spiritual power of the Conference will nearly always be superior to the legal power of the G.S.B.?

Area Calendar

July	NY State Convention	SENY (Tarrytown)	July 29-31
August	NYS Informational Workshop	Latham	August 19-21
September	Election Assembly	Eastern Cluster (District 18 Host)	September 10
October	Area Assembly	Central Cluster (District 14 Host)	October 15
November	HMB Convention	Hudson Valley Cluster (Fishkill)	November 4-6
	Fellowship Day	Western (TBA)	November 20

June 21, 2011 7:00 p.m. The Capital District Central Office (CDCO) asks all groups interested in participating in 12th Step work to attend our monthly business meetings held on the 3rd Tuesday of every month at 7:00 PM in Rooms 128-130 of the Schuyler Inn, 575 Broadway in Menands. Groups sending representatives will have a voice in how CDCO carries A.A.'s message of hope to the suffering alcoholic. Volunteers are especially needed to answer phones in the office or at home overnight, and to get on the 12th Step lists.

October 22, 2011 Serenity of the Catskills in the City of the Hills Banquet. 5pm meet & greet. 6 pm dinner. 7 pm speaker. Northeast Regional Trustee. Holiday Inn. 5206 State Highway 23, Oneonta, NY. Rob B (607)441-3004.

Ongoing in Area 48 EACYPAA Committee Needs You Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service *or* for those who are interested in increasing the involvement of YPAA in Area 48 **Contacts:** Maria (518)441-5511; Will (419)215-2907; Tori (518)701-5070, or e-mail saratogaecypaabid@gmail.com.

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Area Delegate's Conference Report

When I started on this journey last year, I was told that the time will fly by before I know it. They were not kidding. I cannot believe I have returned home from my second conference. I have many mixed emotions regarding that. The opportunity to serve at this level is beyond anything I could have imagined. Had I wrote the plans, I would have sold myself short. I am thankful that God is in charge. To have the trust of all of you to carry your conscience of the Area is beyond anything I can put in words. Thank you to you all. To only be able to do it for a two year term, which is nearing its end is somewhat saddening. There is a part of me that does not want it to end. However, the gratitude that I have is that others will take the baton and continue the work. And surely, AA will continue to be safe from me ☺

In looking back, I can say that there were large differences between being a First Year Delegate versus a Second Year Delegate. As a First Year Delegate, I was new and while engaged in the process was learning a lot from the experience. As a Second Year Delegate, I felt greater responsibility to ensure that we had integrity to our service structure and to also teach the First Year Delegates on how things work.

In preparation for Conference, it was much the same as last year. The one additional thing that occurred for me as a Delegate Chair for the Cooperation with the Professional Community Committee is that I had the opportunity to attend the Board Weekend in January. This was an opportunity to see the Trustees and the Board members truly in action. I think the biggest awareness I had throughout the weekend is the incredible amount of dedication and work our Board members have for our Fellowship. Additionally, it was a good opportunity to understand more about the agenda topics that were to come before the actual Conference.

I was able to arrive in New York City early to get my head cleared from my job and all the other stuff going on in my personal life. One thing that stayed at the forefront throughout the week was tending to my personal recovery. I attended my first meeting ever in the City. It was the Alanon House Group. The meeting was great. I took a few pictures of the room. There hung the bat that was referred to as the "peace keeper" by Bill Wilson and the can opener that opened thousands of coffee cans.

On Sunday, I attended the 1728 meeting. This group was formed to help Class A trustees and other interested non-alcoholics to learn more about the Alcoholics Anonymous program of recovery. It is an open meeting. The name of the meeting is after the three legacies of A.A. (Steps, Traditions, and Concepts) 12x12x12. The topic of this meeting would Tradition Four and Concept Four.

Monday through Friday I attended the Serenity Group meeting that meets during Conference Week. It is open to all A.A. members. The topics for the meetings were (M) Rejoicing, (T) Truth, (W) True Independence, (Th) A Thankful Heart, and (F) Prudence. It was a great way to start each morning and reflect on our primary purpose.

To momentarily reflect on the General Service Structure, as Delegate I am at the lower part of the triangle and my responsibility is to represent the conscience of Our Area as well as A.A. on a whole at the conference.

The make-up of the conference includes 93 Delegates for the United States and Canada (one per Area), 27 General Service Board of Trustees, Alcoholics Anonymous World Services and A A Grapevine Directors, and 15 General Service Office Staff, the General Service Manager and Staff from the AA Grapevine. This totals 135 voting members.

While Conference starts officially on Sunday, there are a couple of meetings on Saturday. The first is a Remote Communities meeting. The history of the Remote Communities meeting is interesting. The seeds were planted at the 50th Anniversary of A.A. in Toronto in 1985. A handful of Canadian Delegates met to discuss the problem of carrying the meeting to remote Canadian communities. Not long after, the Canadian Delegates met informally at the Conference. The Alaskan Delegate was invited to join them in 1996. Plans were made and a Northern Remote Communities Meeting was held July 19th through 21st, 1996 in Toronto. The 3-day meeting was a success and has continued with the most recent one taking place July 14-16, 2006 in Timmons, Ontario. By 1998, there was a Remote Communities Meeting taking place prior to the opening of the Conference. The meeting is open to all delegates and by 1999 the Remote Communicator was being produced and distributed. It is a forum for sharing ideas on overcoming barriers of culture, language, and geography. Most recently some discussion has taken place as to the definition of a remote community. Do you need all three – culture, language and geography – to be remote? If anyone is interested in a copy of the Remote Communicator, please see me later today.

Then in the evening, there was a Delegates only meeting. The purpose of the meeting was for the 2nd Year Delegates (Panel 60s) to

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share their experiences on the conference and answer questions that the 1st Year Delegates (Panel 61s) might have.

Sunday morning started with the 1728 Group AA meeting as I already talked about. Immediately following that was registration for the Conference, which meant picking up our Conference Books. Starting at 10am was the opening session. Included in that session is Roll Call. In my experience, this is one of the most spiritual moments when your name is called and you acknowledge your presence by saying “here” or “present”. We additionally talked about the logistics of the week ahead. Lunch was held by region. The Afternoon session started with a presentation on “Diversity in A.A.”. We then went into Joint Trustee and Conference Committee meetings. My experience last was repeated again this year with amazement of what our Trustees do throughout the year for us. In particular is the sharing from the Class A (non-alcoholic) trustees. They truly love our program! The day ended with the opening dinner and a 5 speaker A.A. meeting. The speakers included 2 delegates, a GSO staff worker, a Class B trustee and A.A.W.S director.

Monday morning we held our first conference committee meetings. These meetings are attended by Delegates assigned to those committees and the GSO staff person responsible for that desk. We immediately got right down to business by debriefing on the Joint meeting from the day before noting things we wanted to discuss after going through the agenda for our committee. We then went right into committee discussions on the agenda topics. We can discuss later the outcome of the CPC committee as well as the rest of the committees. At the end of the meeting, we discussed meeting an hour earlier on Tuesday to ensure we completed all our work on time.

In the afternoon on Monday, we listened to Area Service Highlights from some of the Panel 61s and we went through the General Service Board, A.A. World Services, Grapevine and Finance Reports, had a presentation on “An Informed Group Conscience: The Voice of A.A.” and the day ended with a Sharing Session called “What’s on Your Mind?”

The highlights from the Board Reports include the following:

General Service Board Report

- ▶ Celebration of 75th Anniversary of our Fellowship
 - 53,000 in attendance
 - Financial report for the convention showed a profit of \$844,545
- ▶ 21st World Service Meeting
 - October, 2010
 - Mexico City
 - 53 Delegates from 32 Countries shared their experience, strength and hope with each other
- ▶ Big Book Translations – approaching 61
 - Tibetan, Amheric (Ethopia), Saami (Laplanders), Twi (Ghana – Africa), Luganda (Uganda – Africa), Xhosa (South Africa)

A.A. World Services Board Report

- ▶ International Convention Souvenir -
 - Soft Edition of *Alcoholics Anonymous Comes of Age*
 - Approximately 25,000 sold
 - DCM and GSR Kit Contents
 - The board approved posting the content lists for the kits on the websites with links to the materials online
 - Group Services
 - Net total of 1,896 new A.A. groups were listed
 - Each new group’s general service representative (G.S.R.) or contact receives information from GSO.
 - Most cases, the information is delivered with 21 days
- ▶ Regional Forums and other events
 - Staff participated in 5 Regional Forums last year
 - FYI: Northeast Regional Forum will be held May 20-22, 2011 in Sturbridge, MA
 - These trips help staff to gather local experience to add to other collected experience available from the G.S.O.

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- Contributions Online
- Started in June, 2010
- By end of 2010, > \$82,000 had been received via this mechanism
- ▶ Publications
 - Total units sold in 2010 was less than 2009
 - 2009 figures reflect large orders received in anticipation of the July, 2009 price increases.
 - English
 - ▶ Books – 1,501,033
 - ▶ Booklets – 232,388
 - ▶ Pamphlets – 3,500,263
 - ▶ Miscellaneous – 440,351
 - ▶ Total – 5,674,035
- ▶ eBook
 - Budget approval granted by the General Service Board in January, 2011
 - Budget including infrastructure required will be \$400,000 over two years
 - Outlook for Big Book and 12/12 to be available on Apple technology around October 2011. Android will follow soon after. Blackberry version is TBD
- ▶ G.S.O.
 - Visited by 2,114 members and friends in 2010
 - At year end 2010, there were 77 full-time employees and 5 part-time employees

A.A. Grapevine Board Report

- ▶ Grapevine realized a loss of \$399,037 against a budget loss of \$245,743
- ▶ Total draw downs for 2010 - \$588,000
- ▶ Market penetration in U.S. and Canada is 26% of membership
- ▶ Grapevine's majority reader profile: 50 year old, white male with 20 plus years of sobriety
 - There is a need to grow and serve a wider and more diverse membership
- ▶ Grapevine Subscriptions - April 2010 – 88,092; April 2011 – 85,614; Difference – (2,478)
 - In New York - April 2010 – 4,959; April 2011 – 4,905; Difference – (54)
 - La Vina Subscriptions - April 2010 - 6,623; April 2011 – 6,165; Difference – (458)

The GSO has only two sources of money to pay the bills: contributions and literature sales. At the end of each year, any cash more than that necessary to pay bills on time is transferred to the Reserve Fund. In 2010, contributions made up 43% of the income and literature made up 57% of the income.

The Grapevine also has only two sources of money to pay the bills: subscriptions and literature sales. At the end of each year, any cash more than that necessary to pay bills on time is transferred to the Reserve Fund. In 2010, subscriptions made up 76% of the income and literature made up 24% of the income.

We all know the dollar total does not equal the dollar of many years ago. An annual contribution of only \$6.29 per member or \$137.45 per group in 2010 would have allowed the Services to be fully self-supporting from contributions. Additionally, you can see the comparison over the last several years. This information can be useful when discussing the 7th tradition.

Tuesday was the last meeting for our conference committee. There was a presentation on "Sponsorship", additional Area Service Highlights and another Sharing Session called "What's on Your Mind?" Later in the day, there was a trip to the GSO and Grapevine Offices. Many Delegates attended that. There were a number of us that had already been to the Offices and opted to go to Ground Zero. What an emotional experience. The day ended with another Delegate's Only Meeting where we shared on giving our reports back to our Areas.

Wednesday started with a Workshop on "How to Increase Participation in A.A. – Striving for Self-Support in All our Affairs." We were broken up into groups where we shared on the topic. Each group had a recorder that summarized the discussions. The final

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report will be included in the Final Conference Report. We had a third Sharing Session called “What’s on Your Mind?” Elections for Northeast Regional Trustees, Southwest Regional Trustees and Trustee-at-Large/Canada were held using the Third Legacy Procedure. I am pleased to announce our new trustees: J. Gary L, Clayton V, and Barbara K respectively. Finally we started the Committee reports and discussions.

Thursday included Committee reports and discussions as well as a Presentation on “Alcoholics Anonymous in a Digital Age”.

Friday completed the Committee reports and discussions, followed by Farewells from the Rotating Delegates, closing remarks by Ward Ewing. Last but not least, another I had the opportunity to close the conference with by leading the English version of the Serenity Prayer. What a magical moment that was!

Saturday was a post-conference brunch and tearful farewells from our rotating trustees. By 10am on Saturday, the feeling of doing a thorough job; that we had talked through all the topics that needed discussing was truly felt. And it was time to go home. This would be the last time that this group would ever be together again.

The Northeast Regional Delegates or NERDS as we are affectionately referred to are an includable group. I was told by my sponsor that when you get to a certain level of service in our service structure, that you will meet people that you will create special bonds with because of the time and experiences you share together. I know this to be true. The camaraderie, love and support is and was beyond anything one can describe.

During one of our regional lunches, we voted on the 2014 NERAASA which will be held in Rhode Island. An additional NERF will also be held in 2014 in Maryland.

Throughout the week and during the farewell talks, there were a number of shared thoughts. I think the ones that really spoke to my heart include:

- ▶ Thank you to my family & friends
- ▶ Life changing experience
- ▶ I could have never dreamed this big
- ▶ I got to walk in Bill and Bob’s shoes for 2 years
- ▶ What an honor and a privilege to be with the best of the best. The only thing better is working with the still suffering alcoholic.
- ▶ Thank you for teaching me to get sober and to work with others.
- ▶ Never saw a group work so hard to get to the right solution
- ▶ Honored to the Nth degree
- ▶ Will be going home with a good feeling (and tired)
- ▶ We do not rotate out, we rotate on
- ▶ I suited up and showed up
- ▶ We all love A.A. so much
- ▶ Humbly thank the delegates that went before me

If you would like to see a summary of what occurred with the various agenda items, I would refer you to the Summer Edition of BOX 459 at the following link: http://aa.org/lang/en/en_pdfs/en_box459_summer11.pdf . Additionally, towards the end of summer, a full Conference Report will be available from the General Service Office.

I would like to thank all of Area 48 for allowing me to serve all of you. Your trust, love and guidance have been a gift from God. I feel very blessed.

In love and service,

Deb D

Panel 60 Area 48 Hudson-Mohawk-Berkshire Delegate

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Area Chair Report

Dear Fellow Members,

Many thanks to all who attended Fellowship Day in Lake George on Saturday June 18th. Our hosts for the event were Districts 9 & 12 who traveled a long way to accomplish their task. This was a newly added event to our schedule featuring a shorter than normal event. The attendance was 39 which all things considered was a good showing especially with it being father's day weekend.

With it being summer the service schedule for Area 48 is light with State wide events taking over. The next big event will be the NYS Convention July 29- 31st in Tarrytown. After that there will be the NYS Informational Workshop hosted by HMB Area 48, August 19- 21st.

Our next event will be the Election Assembly scheduled for Saturday September 10th. It will be time to elect our Panel 62 Officers and Committee Chair and Alternates. These individuals will be elected by the gathered Assembly. Those positions available will be Area Chair / Alt. Delegate. This service job is a 4 year commitment because you serve 2 years both for Area Chair & Area Delegate. We will also vote an Alternate Chair, Area Secretary and Treasurer. All these positions follow the traditional rotation of 2 years. Also being selected this day will be the Committee Chairs and their Alternates. This procedure will be done by the process of the Committees meeting and selected by their respective members.

This is your chance to take that next step in your own service journey and commitment to our 3rd Legacy of Service work and filling in the 3rd side of our Triangle. Please give thought to making yourself available to serve at the Area level. Requirements for all of these positions are available in the HMB Area Service Manual. If you do not have one and are interested and need access to this information, you can contact me or any Area Officer or your own DCM.

In the meantime I hope to see all at the State Convention the last weekend in July. I will be attending District 19's business meeting up in Massena, August 2nd. Am very much looking forward to visit our friends way up in the North Country. I continue to feel very grateful for the privilege of serving HMB Area 48. I sincerely hope you all have a wonderful summer.

In Love & Service, Keith D Panel 60 Area Chair / Alt. Delegate

Area Alternate Chair Report

This has been a busy time of year for many of the Districts, which are hosting service workshops for their members.

I was privileged to attend the monthly business meeting of Districts 1, 2, 4 and 18 within the past month and have a great appreciation for the service work going on in our Area. I also was invited to District 3 to participate in a Service Workshop on June 11, 2011 in Cairo, and this was a very comprehensive workshop covering the service positions available in that District.

Update on the New York State Informational Workshop 2011, which will be held in Latham NY on August 19, 20 and 21, 2011. Reservations are coming in steadily. The event is being listed in the July Grapevine Calendar of events as well as the next Box 459. Our Saturday night speaker will be Mary C from GSO, whose staff assignment is CPC. We will have panels on the service committees, as well as displays, and we will have roundtables Friday and Saturday nights.

Please get your registrations in soon for this event.

Reminder: New York State Convention will be in SENY in Tarrytown July 29, 30 and 31 2011, and our HMB Area Convention will be November 4,5,6 2011 in Fishkill New York.

Respectfully submitted, Pat L. Area 48 Alternate Chair

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Area Secretary Report

HMB Area 48 Fellowship Day

Saturday, June 18, 2011, Sacred Heart Church Parish Hall, Lake George, NY 12845

Agenda **attached**.

Draft minutes of May 15, 2011 Assembly and May 2011 Treasurers Report **attached**.

Total attendance: 39. Sign-in sheet **attached**.

Keith D., Area Chairperson, opened the meeting at 9:32 a.m. with the Serenity Prayer. The group then broke into Committee Roundtables; plus a DCM meeting chaired by Pat L., Alternate Area Chairperson.

The service committees were charged with revisiting the Area Inventory of December 22, 2011, and reviewing progress to date.

11:10 a.m. – 12:15 p.m.

Workshop **“Service Work Beyond the Group Level”** Moderator **Tammie E., DCM, District 9**

Tammie E. introduced the workshop panelists, each speaking the subtopics listed.

- God does not call the qualified; he qualifies the called

Ken H, District 12: When I came in, I thought, what could I possibly share? It's easier to talk once I'd been in the program a while, but even at the beginning we all have a lot to share. The more I learn about something the better I can do it. If you only have six months, don't feel you don't have anything to share. I may feel I don't have much to offer, but you'd be surprised. I'm still learning and I like it.

- Our leaders do not drive by mandate, they lead by example

Jim C., District 9: My first sponsor told me how service kept him sober. As I was feeling better about myself, it was helping me as I was helping others. Just cannot get enough of service work. April 19, 1999 is my sobriety date. I still have a coffee commitment. Home group is in Whitesboro. I do not say no to service work. This is what I was taught. I cannot give enough back to AA. I have a sponsee. I tell him this is what helped me stay sober. It's such an unbelievable feeling I get when I do service work. I even go overboard. When I do the service work it's for me. I tell all the newcomers the same thing: make sobriety your number one priority. Get a hope group & take a commitment.

- The spiritual principle of rotation and keeping the ego in check

Dawn M., Area Special Needs Chair: Got into service at about six month's sobriety. Importance of leaving out ego and not being so attached to outcomes. I have learned that when it's time for me to leave, then I know. I've done special needs at the Group Level; helped start a meeting at a Hospice. The longer a person stays in position the more they feel they have control over everyone else's service position. Don't be afraid to step down. People will step up. If I want to stay in control, I stay sick. The spirit of rotation is incredible. I thoroughly have enjoyed service work. To do service outside the Group is to help the alcoholic I may never see.

Keith D., Area Chairperson: Area 48 Panel 62 positions. Pl, Grapevine and BTG are **NOT** rotating out Dec. 31, 2011. All other are rotating. Think about standing for service.

Wally M., DCM District 5: EACYPAA (Eastern Area Conf of Young People in A.A.) will be hosted in late March 2012 in Saratoga Springs. Bid Committee went to Memorial Day in Romulus, MI to makes its bid and was rewarded it. The host committee is going to meet this Wednesday, June 22. Request your help and support in putting on this conference (late March 2012).

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Please note that the Northeast Regional Alcoholics Anonymous Service Assembly (NERASSA), which HMB Area 48 is hosting in Albany, will take place March 2-4, 2012 in Albany. (Flyer **attached**)

Committee report-backs:

Dawn M. Special Needs: District 9 was represented. Contacting newsletter to let know who the reps are (Tom B. and Carl B.) Talked about creating a workshop for District 9 for professionals (hosp. psych centers, doctor's offices, etc.) to help professionals understand what Special Needs/AA is or isn't. Not every district has SN chairs. I am hoping to get to more District meetings. Nursing home in Ilion may need a meeting brought in. (Report **attached**.)

Pat L. DCM meeting: Facilitate DCM meeting. I like the fact that we had an hour and a half. This June Fellowship Day fills the need of May-September gap. At the January Inventory Day we ID'd some issues for improvement:

- District One reaching out to four other districts, planning a service workshop in October.
- District Two is doing a District Inventory. A 12-question questionnaire distributed.
- District Three had a service workshop last week. (I got to talk about SN) Rob (Dist. 8) brought up that there is very little participation in the District. Very large geographically. Too far to go to District meetings? Could some of those groups get organized and join ANOTHER District? There is a precedent: Groups in Latham & Westerlo have joined neighboring Districts.
- District 9 sends email questionnaires and updates. Increase attendance by serving food.
- District 11 has LCMs for manageability.
- District 18 distributed copies of District guidelines from District 9 that have gone out to GSRs.

Some Districts are going to have elections in September (as a result of Area Inventory) with nominations in August. We also discussed renaming "Special Needs" to "Special Needs and Accessibility." (Report **attached**)

Tad J., Alternate Treasurer:

All the extra 2011 Area meeting schedules stockpiled by the Area have been sold/distributed. Meeting Schedules returned \$741.76 to the Area (Report **attached**.) Joan R. presented the proposed 2012 Area budget at the May 15 Assembly. There will be copies in next newsletter. Also, a reminder to the group that Area service positions are funded **up to \$250** per person for the July 29-31 NYS convention in Tarrytown. Any reimbursements over that amount will be made only at the discretion of the Area Finance Committee.

Don S., Alternate Corrections Chair:

Reporting back today for Corrections, Bridging the Gap and Treatment committees. We all Identified the same problem: communication within the Area. Difficult because of large geographic area, and difficulty of getting out to meet people who are in service. We have a new meeting going into the Corrections facility at Chateaugay, Franklin County. If you have Corrections chairs in your Districts, or people bringing meetings into jails and prisons, please send names/information to Don S.

District 19 is hosting a summer barbeque on Tuesday, August 2 at 1 p.m. at the Church of Christ in Massena, followed by a speaker meeting at 6:30 p.m. Area Chairperson Keith D. is the speaker. Flyer **attached**.

John Donovan, Chair, Area Cooperation with the Professional Community Committee:

CPC/PI met together today. Good turnout. Main issue identified in January: Communication. People not knowing or having a good handle on what Cooperation with the Professional Community is. We've started visits to individual Districts. We would welcome the chance to come visit your District. As people find more information about what can be done, the enthusiasm level goes up. It's not so much that people don't want to do it, but they just don't know. We issue a periodic report on CPC activity in Area 48 and its Districts. Let us know if you want to receive a copy or add information to it. We have not yet added a CPC page to the Area 48 Website.

John M., Area Web Site Chair

Site went down Memorial Day weekend, because registration on domain name had lapsed. I re-registered the domain name

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for two years and everything is back to normal. Please send updates. We are taking inventory of the site, what to include, what to take away. Is there anything that you need. CPC page, e.g.? If there's anything on your committee that you'd like to see on the site, let me know. To make it easier to contact. I can't do it if I don't know it needs to be done.

Dan J., Newsletter Editor:

Still working on improving routine/deadlines and getting out newsletter in a timely fashion. August newsletter submissions due July 5. We'll be sending newsletter primarily by email, if we have your email on the Area and GSO lists. (Report **attached**.)

In closing, Keith D. thanks the Districts that did the work to organize and host today's Fellowship Day.

Fellowship Day **adjourned** at 12:45 p.m.

Respectfully submitted,

William T., Area Secretary

Area Alternate Treasurer Report

This is just a brief report to catch everyone up. All of the extra 2012 meeting schedules have been sold. If you are in need of more, you will have to search out groups that may have purchased more than they needed and are willing to part with some.

I have returned the overage in the schedule account of \$741.76 to the Area in addition to returning the seed money of \$900 for extra schedules for the Area and provided an accounting to the Finance Committee. This overage is due in part to the fact that the printer did not charge us for the four extra pages beyond the contract number of pages because of the collation error on their part. We did undercharge for shipping based on the estimate versus real cost provided by our printer and that will likely result in a small increase in shipping charges for next year.

The 2012 proposed budget was presented in May by Joan R. and should be published in the newsletter starting this month. Thanks to Joan for stepping up in my absence. If anyone would like to provide us with input for consideration prior to the October Assembly, please send it to me at the email address below or call me (518 366-5631). Or you can speak with any of the other Finance Committee members – Chris S, George B, Joan R, or William T. We will be happy to consider your input.

Yours in service,

Tad J.

Alternate Area Treasurer

hmbalttreasurer@nycap.rr.com

By this time in all probability we have gained some measure of release from our more devastating handicaps. We enjoy moments in which there is something like real peace of mind. To those of us who have hitherto known only excitement, depression, or anxiety—in other words, to all of us—this newfound peace is a priceless gift. Something new indeed has been added. Where humility had formerly stood for a forced feeding on humble pie, it now begins to mean the nourishing ingredient which can give us serenity.

-Twelve Steps and Twelve Traditions, Step Seven

AREA 48 NEWSLETTER

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Hudson Mohawk Berkshire Area 48 2012 Proposed Budget May 2011

Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Finance Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only when an accounting of the previous allocation has been made. Eligible expenses include mileage at \$0.35 per mile, tolls, postage, supplies, telephone, printing, copies and other. Receipts and mileage details are required.

The funded amount for various events is based on hotel costs, registration costs, and mileage to the 2011 event and estimated costs to the 2012 event. It is hoped that this method will help bring the budget closer to the actual expenses and give all those who want to serve the HMB Area an equal opportunity. Allocations are for the specific event only and cannot be utilized for another event. **As always, those funded are asked to share expenses whenever possible.**

<u>Expenses:</u>	<u>Position Total</u>	<u>Expense Allocation</u>	<u>NERAASA-Albany</u>	<u>NERF (Not Held in 2012)</u>	<u>NYS Convention - HMB</u>	<u>NYSIW-Western</u>	<u>HMB CONV (Not Held in 2012)</u>
Area Officer Allocations:							
Area Delegate	\$ 4,750.00	\$ 4,750.00		Event costs are included in allocation			
Area Chairperson	\$ 3,750.00	\$ 3,750.00		Event costs are included in allocation			
Alternate Area Chairperson	\$ 1,550.00	\$ 600.00	\$350.00		\$300.00	\$300.00	\$0.00
Secretary	\$ 1,350.00	\$ 400.00	\$350.00		\$300.00	\$300.00	\$0.00
Alternate Treasurer	\$ 1,050.00	\$ 400.00	\$350.00		\$300.00		\$0.00
Registrar/Alt. Secretary	\$ 1,450.00	\$ 800.00	\$350.00		\$300.00		\$0.00
Treasurer	\$ 1,750.00	\$ 800.00	\$350.00		\$300.00	\$300.00	\$0.00
Committee Chairs and Others Allocations:							
TF Committee Chair	\$ 1,450.00	\$ 500.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
CF Committee Chair	\$ 1,450.00	\$ 500.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
BTG Committee Chair	\$ 1,450.00	\$ 500.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
PI Committee Chair	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
CPC Committee Chair	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
SN Committee Chair	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
Grapevine Chair	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
Archivist	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
Newsletter Editor	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
Website Committee Chair	\$ 1,350.00	\$ 400.00	\$350.00	\$0.00	\$300.00	\$300.00	\$0.00
HMB Convention Chair	\$ -	\$ -					
Sub-Totals	\$ 29,450.00	\$ 15,800.00	\$5,250.00	\$0.00	\$4,500.00	\$3,900.00	\$0.00

Other Expenses

GSO Conference Contribution	\$ 2,000.00
Newsletter Printing	\$ 2,500.00
Newsletter Postage	\$ 3,500.00
Area Inventory Day	\$ 450.00
Day of Sharing/Delegates Day	\$ 450.00
Area Assemblies (2)	\$ 900.00
Fellowship Days (4)	\$ 1,800.00
Insurance Costs	\$ 500.00
Website Expenses	\$ 400.00
Grapevine Materials, AA Service Manuals (Seed Money)	\$ 400.00
HMB Service Manual Updates	\$ 200.00
HMB Meeting Books for Committee Chairs	\$ 400.00
HMB Convention 2012 (Seed Money)	\$ -
NYS Info Workshop 2012 (Seed Money)	\$ -

Allocations to clusters for Area functions will be \$450 per function. Amount allocated should be sufficient to cover event costs— if clusters need assistance staying within budget, they should contact the Alternate Area Chair and/or seek guidance from experienced members. If the cost of the event should exceed the amount allocated, plus the 7th Tradition contributions, Districts within the host Cluster should arrange to divide costs over the allocated amount. The reimbursement of expenses exceeding the allocated amount will be considered by the Finance Committee if requested. Any 7th Tradition donations collected in excess of the expenses shall be returned to the Area. There are two Area Assemblies in even-numbered years (May and October). There are three Area Assemblies in odd-number years including the Area Election Assembly held in September.

www.ny-aa.org and www.aahmbny.org

Committees receiving HMB Meeting Schedules are PI, CPC, TF, BTG, and SN.

There is no HMB Convention in 2012. HMB hosts the NYS Convention in July 2012

The 2012 NYS Informational Workshop will be hosted by Western New York

July 1, 2011

Hudson Mohawk Berkshire Area 48 2012 Proposed Budget May 2011

Other Expenses (cont)

3000 Additional HMB Meeting Schedule Books (Seed Money)	\$ 1,000.00
HMB Corrections Connection Workshop	\$ 300.00
Mail Box Service	\$ 600.00
Computer Costs	\$ 400.00
Archive Storage Fees	\$ 800.00
Tax Preparation	\$ 600.00
Prior Year Expenses	\$ 500.00
Sub-Total	\$ 17,700.00

\$1,000.00 is allocated as seed money for additional HMB meeting books to fulfill orders received after approved deadline; books are to be distributed as needed by the Alternate Area Treasurer. HMB Area will pay cost of shipping and recover the cost of the schedules if all books are sold. (Estimated at \$900.00)

Total Expenses: \$ 47,150.00

Income:

HMB 2011 Convention (Seed Money Returned)	\$ 2,000.00
HMB 2011 Convention (Overage)	-
NYSIW (Seed Money Returned)	\$ -
Grapevine Materials, AA Service Manuals (Seed Money Returned)	\$ 400.00
Projected Group Contributions	\$ 33,850.00
Estimated Checkbook Carryover on 1/1/12	\$ 10,000.00
Extra HMB Meeting Books (Seed Money Returned)	\$ 900.00
Total Income Needed:	\$ 47,150.00

Misc Information:

Prudent Reserve	\$ 7,000.00
Mileage Rate	\$ 0.35

Notes:

The Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is an assembly for GSR's, DCM's and Area Committee Members of the Northeast Region to discuss issues and concerns affecting AA as whole, as well as pertinent aspects of recovery, unity, and service common to the Northeast Region. The 2012 event will be held in Albany, NY.

Additional items may be funded at the discretion of the HMB Finance Committee.

District and Group Treasurers

Send donations to these addresses:

HMB AREA ASSOCIATON
RTE. 30, #114
118 POLAR PLAZA
AMSTERDAM, NY 12010

GENERAL SERVICE OFFICE
PO BOX 459
GRAND CENTRAL STATION
NEW YORK, NY 10163

July 1, 2011

Cooperation With the Professional Community (CPC) – Each of Us Can Make a Difference!

In recent Area 48 Newsletters, we pointed out the increasing role the 'professional community' plays in helping those who suffer from 'problems with alcohol' find daily recovery through Alcoholics Anonymous.

Just who are these Professionals? The **free AA CPC Guideline** [MG11] cites, among others, those in: health care; education; members of the clergy; public and non-profit social services; and the Court System. In future Area Newsletters, we hope to focus on how each of these professional groups help folks find AA and how, each of us as sober AA members, can help in these important efforts.

This month, let's look at **Doctors** – who can play a really key role. However, even if doctors know the value of AA, how does the doctor find an AA resource: an **AA meeting** or an **AA member** to offer to the patient? As part of the answer, Area 48 has offered, in our own Area and beyond, a **Medical Profession Proposal**.

It asks: **WHAT IF** - On the next visit to his or her doctor, each AA member whose doctor knows of his or her AA journey of sobriety: brings a supply of local [District] AA meeting lists and tells the doctor of the 24-hour, 7 days a week Hot Line phone # printed on the meeting list? The lists could be placed in the waiting room.

And **WHAT IF** - Each AA member also tells the doctor of a willingness to let the doctor give that AA member's first name and telephone number to any patient **whom the doctor believe really wants help and if the patient expresses receptiveness to the doctor's offer of a local AA first name and phone#?** (Of course, it would be **solely** up to each AA member to decide whether he or she wished to do this.)

Several Districts in our Area already are offering to their Groups a simple 'card' AA members can use in this effort. Shown below is a sample of this 3" by 5" card [District 12 uses 'business card' size]. (If Districts want electronic printable copies - with District hotline phone # pre-printed, just let us know.)

Front side of AA Member's Card for Doctors

Dear Doctor _____

As my physician, you know of my medical history and my journey of sober living through Alcoholics Anonymous (AA).

Many AA members, including me, are willing to be contacted by individuals whom a physician believes could benefit from telephone or personal contact with a sober alcoholic and if the individual expresses a desire for such a contact.

You may give my 1st name and phone # to such persons.

My Name ***My phone #*** ***My Date of Birth***

(This information is confidential and not for any use except as stated above)

Rear side of AA Member's Card for Doctors

Additional Help is available from AA - Telephone Hotlines

Did you know:
Alcoholics Anonymous maintains 24 hours per day, 7 days per week, Telephone 'Hotlines' providing the locations, days and times of AA meeting and providing an opportunity for anyone struggling with alcohol to talk directly and anonymously with a recovering sober member of AA.

The local Hotline Number is _____

Feel free to offer this Hotline Number to anyone.

Want to know more about HMB Area 48 CPC? Just e-mail hmb48cpc@sprynet.com or call 518 494 7432.

July 1, 2011

Area Treatment Chair Report

Yes welcome summer.

So far it has been a pretty uneventful summer. I keep hearing from Tully Hill and I keep informing them that they need to be getting in touch with Erin. I guess it's hard for them to grasp the concept that we have a separate Bridging the Gap chair as theirs goes through their Treatment or Corrections chair. I am just in hopes that we get to the alcoholic in time.

I went to the Area Assembly yesterday and it was different to say the least. It would be nice if all our events were handled that way. We started at 9 am and ended at 1 pm. We were out two hours earlier and it cost the Area maybe \$300 less. We could save about \$3000 per year that way. We wouldn't be struggling to cover the State Convention expenses.

The Salvation Army in Albany got in touch with me and Jetta is handling that. CDCO also called me a couple of times and I gave them the information they needed.

Well, in 5 short months I will be turning my position over to the new Chair. I'm sorry that I don't have more individual districts to give to him that reported to me. It would make his job so much simpler. But there again, when one person really doesn't care about the next, it shows. We say that we are a WE outfit, but then ignore what is asked of us so the next person can have his job easier, we turn a deaf ear. When I took this position, I struggled real hard because no one let me know what has been happening in the position before me. I want to thank all those who did cooperate and send me reports. At least that much will help the new comer. Remember, we still have 5 months left. Won't you please look out for the next Treatment Chair. What kind of a message do you want to send?

Love in Service-Bill Crowe

Service Resumes

I respectfully make myself available for the position of HMB Area Chairperson/Alternate delegate. My sobriety date is January 8, 1981, and I have had a home group and a sponsor throughout my sobriety. My home group is the Original Colonie Group. I have a service sponsor. I have held every position in my home group over the years. After serving as GSR of my group, I was elected DCM of District 1. As Area 48's first Area Treatment Chair, I traveled throughout the entire Area visiting treatment facilities and I currently bring a meeting into the Capital District Psychiatric Center weekly. I have been involved in Corrections facilities, Treatment facilities, and CPC and PI events. In 2006 I became District 1 Special Needs chair and was elected Area Special Needs Chair and served in that position until January 2010. At that time I became Area 48 Alternate Chairperson serving until the present. In this position as Functions chair I am chairperson of the NYS Informational Workshop 2011 and I support districts in scheduling Fellowship Days and Assemblies, as well as facilitating DCM workshops at Fellowship Days. I have served as Chairperson of two HMB Area Conventions as well as the NYSIW 2011. I sponsor women in recovery and also am a service sponsor. I am most grateful for the spiritual benefits of doing service in HMB Area 48.
Respectfully submitted on May 15, 2011
Pat L

It is an honor and a privilege to make myself available for the position of HMB Alternate Area Chairperson. My home group is the East Greenbush Caring and Sharing Group. My sobriety date is 12/10/2001. Group and District Activities: 2001: Coffee maker – Castleton Step Group. 2001-2002: Alternate GSR - East Greenbush Caring & Sharing Group. 2002-2003: Nassau Tuesday Night Step Group Treasurer. 2003-2006: GSR - East Greenbush Caring & Sharing Group/Backup coffee maker. 2003-2004: District 18 Treasurer. 2005-2006: Alternate DCM - District 18. 2007-2008: DCM - District 18. 2009-2010: Treatment Chair - District 18. Additionally, I have always helped where needed in the groups I regularly attend and with District events. HMB Area 48 Activities: 2008 HMB Convention Committee Registration Co-Chair. 2009-2011 HMB Alternate Area Treasurer, Finance Committee Chair. 2010 Chaired ad-hoc Area committee to solicit bids for 2011-2013 HMB Meeting Schedule printing. 2012 NYS Convention Co-Chair. I have participated in numerous workshops and panels at HMB events on topics including the Traditions, the Steps, and Finance. I will be a panel participant at the 2011 NYS Convention. I have a sponsor and a service sponsor and sponsor other men. I am grateful to have served Alcoholics Anonymous thus far and hope to continue to be able to do so. Service has brought a dimension to my recovery that I never could have imagined.

Yours in service,

Tad J.

July 1, 2011

Area YPAA Report

To HMB Area 48 of Alcoholics Anonymous:

This last Memorial Day weekend, a group of roughly 35 members of the Saratoga EACYPAA bid committee traveled via train, en mass, to Detroit, MI to gain the host-ship for next year's conference. Our committee ranged in ages from late teens to fifties. The lengths of sobriety ranged from a few days to over two-and-a-half decades. And what started as a token bid over a year ago has culminated in the awesome responsibility we have been bestowed - WE WILL HOST EACYPAA X in 2012! It will be hosted in Saratoga Springs, the geographic center of our Area!

This story actually begins well before last year. Several of us YPAAs (pronounced Why-pahs) - Young People in Alcoholics Anonymous - were loosely joined throughout the Capitol-Saratoga portion of the Area. Then a really old member of AA (slightly older than I am now) invited us to a young people's conference. There we met sober alcoholics practicing the principals of AA just like any other conference we had been to (HMB, NY State, etc). The only difference was the place was full of younger alcoholics - people ranging in age from their teens to their 70's - all with a lasting, happy, and useful sobriety! We all came back with renewed energy and passion for, and service to Alcoholics Anonymous. Shortly thereafter we began to put together a bid for NYSCYPAA - the New York State Conference of Young People in AA. The following year, before we could get a proper bid committee together, the conference failed do to some financial mismanagement. Needles to say, we were upset but this did not stop our recoveries or our service efforts.

Fast forward about 12-14 years and all of us are still sober and still being of service to the newcomer and AA as a whole, though not all of us still live in this area anymore. Our crowd of YPAAs has grown. After attending the annual CAMPYPAA conference some of us thought it was time to bring a rotating conference to the area. EACYPAA - the Eastern Area Conference, which is everything East of the Mississippi River in the US and Canada - was to be in Burlington, VT the following spring. Some folks went, put in a token bid, and got a lot of info as well as made contacts with the advisory council.

A couple of weeks later, TOGYPAAs - the Saratoga YPAA Committee - formed a bid committee to bring EACYPAA to Saratoga. I'd love to tell you it was a straight shot of ever increasing Love and Service all the way to the actual bid. However, those of you involved in service, especially in putting on events, simply know that was not the case. We experienced the rush of excitement when we formed, the dejection of people leaving, the resentment of people not seeing it our-way (the right-way), and we did group inventory, and we remembered the newcomer and WHY we were going to all these meetings and putting on all these events. We created a Prayer Chair so someone could remind us (often) of our primary purpose and Who we really work for. We made amends. We sought to improve. We reached out to our friends in the Hudson Valley, and Albany, and Plattsburgh, and Canada, and Ohio, Pennsylvania, and many others. And we learned something about Unity. We have come together over this last year, and put in our bid.

When the advisory committee let us know that we were bringing home EACYPAA for the next year we erupted! We danced, we sang, we celebrated. And now, after dissolving the bid committee and taking a brief break, we are getting back to work. We now ask that every single one of you who has the time and the willingness to serve to please join us as we trudge this road to the conference in Spring 2012.

We are forming our host committee having started with the election of officers (chair, co-chair, treasurer, and secretary) and have moved onto committee chairs (outreach, registration, program chair and hotels). It should be noted that our Chair, secretary, and outreach chair are from District 1, our co-chair, treasurer, and hotels chair are from District 5, and our program chair and registration chair are from District 10. There are still several positions yet to be filled and we very much hope to see participation from around the entire Area. The current schedule, until sub-committees form, is 8:40PM on Wednesdays, following the AA meeting (7:30PM) at 36 Phila Street, Saratoga Springs, NY 12866.

Our hope is have the dates and location set before going to ICYPAA (international) in San Fransisco this year on Labor Day weekend. Keep an eye on togypaa.org or eacypaax.org for updates on information.

I would like to close with two thoughts: First, you all know that this story began long before where I started to tell it. We would like to thank everyone who has formed the chain from those earliest days of Alcoholics Anonymous to now. And finally, we, the grateful alcoholics who make up the Saratoga EACYPAA bid committee, would like to extend our deepest thanks to the HMB Area for your support of us and helping us to cross the finish line of the bid process. See you Wednesday nights as we continue to form the host committee and start preparing for EACYPAA X!

Yours in Love and Service,

Wally II, DCM District 5 Area 48

July 1, 2011

Proposal to change voting at Assemblies to include District Service Committee Chairs:

Whereas: Area 48 expects each District to elect/appoint one Service Committee Chair parallel to the Service Committees in the Area, (ie: TFC, CFC, BTG, PI, SNC, GvC, CPC.)

and Whereas: Area 48 expects each of these District Service Committee Chairs to attend the Area events, especially the NYS Informational Workshop, and NERAASA,

And Whereas: Each of these Service Committee Chairs, with their Committees are doing the grassroots work needed to help the next suffering Alcoholic for the Area, District and A.A.'s primary Purpose,

And Whereas: Only the Area Service Committee Chairs are allowed to vote at our Assemblies,

I propose that: Each District Service Committee Chair be given the Right to Participation and the Right to Voice in the Area General Service Assemblies, and Area Committee Meetings with a recognized vote in the Area Assembly meetings, just as the GSRs are allowed.

Comments on the proposal:

Currently many of the District Service Committees are not structured, and often times not filled and not functioning. We, as an Area should encourage this work by allowing these Trusted Servants the Right to Vote and participate. They currently have no vote in our Assemblies. If someone serves in this capacity, policy is being set for their service work, and they have no right to vote on it. This is contrary to our 4th Concept: "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

Service at the Grassroots level through this Committee work in Area 48 has been long overshadowed by event planning and functions such as Conventions. Service Committee work is neglected as the result. We seem to cater to the A.A. members who have already found the solution, rather than to those whom are still in need of our help.

More time and focus should be put into this Service work, and less focus on picnics, parties and dances, and social events for fellowshiping. Our Assemblies often have more Past Delegates at the microphone, than new GSRs and people we need to step into Service. The Right to Participation is neglected when those who Served in the Past won't step aside. It may be better to listen to what someone has to say who has been doing the grassroots A.A. work lately, than from those who may have never done it at all, or some years ago in the past.

In other Areas, some of these Service jobs are being done by Central Offices and Intergroups. If our Area does not do the work, an actual Service void will necessitate the creation of Intergroups and Central Offices to fill these jobs in our Area. The alternative is that the void will not be filled, and the newcomer suffers. Allowing more participation in our Area to the Service Committees to function will allow for more of the work to be done in our Area.

Respectfully Submitted,

Kevin B.

TFC Dutchess County A.A.

treatment@dutchessaa.org

Cell: (845)240-4272

Home: (845)266-0174

http://www.dutchessaa.org

Interested in NERAASA 2012 service? Please contact the following:

REGISTRATION Tammie E. tamster1962@roadrunner.com

Don S. dstrachan@twcny.rr.com

HOSPITALITY

Smoking Faye F. fallonfaye@yahoo.com

Non-smoking Fred F. neraasa2012@gmail.com

GREETERS

Keith D. & Debbie D neraasa2012greeters@hvc.rr.com

July 1, 2011

32nd ANNUAL NEWYORK STATE INFORMATIONAL WORKSHOP

August 19, 20, 21, 2011

Carondelet Hospitality Center

385 Watervliet Shaker Road

Latham, NY, 12110

“We are responsible for A.A.’s future: let it begin with us”

Panels, Workshops, Roundtables: P.I., CPC, Treatment, Corrections, Special Needs

Displays: Archives, Grapevine, Literature

Speaker meetings, Ask-it basket, Lots of coffee and fellowship; hospitality room

Friday August 19, 2011 4:00 PM ---- Sunday August 21, 2011 12:00

Full Weekend accommodations \$175.00. Includes 2 nights lodging and 5 meals (single occupancy only) and registration. Registration only \$15.00; no lodging or meals. Add \$8.50 for Saturday lunch. Please preregister for full weekend accommodations and registration plus Saturday lunch.

Directions: From Northway (I-87) exit 5 onto Watervliet-Shaker Road (Rt 155) go east, crossing Rt. 9 and Old Loudon Rd. Continue straight about 1.3 mi.. on left is St Joseph’s Provincial House Carondelet Hospitality Center. Turn in and proceed to farthest parking lot and follow signs “HMB/NYSIW”

Name _____

Address _____

City, State, Zip _____

Email _____

Amount enclosed: _____

Registration Onsite: \$20.00 no meals

Weekend lodging and 5 meals and registration: \$175.00

Commuter Special: \$15 registration plus \$8.50 for Saturday lunch

Registration cut-off: August 10, 2011

Checks payable to NYSIW2011. Send to NYSIW, 20 Twiller St., Albany, NY, 12209.

July 1, 2011

HMB AREA ELECTION ASSEMBLY

September 10, 2011

Blooming Grove Methodist Church

706 Blooming Grove Drive

Defreestville, NY

9:00 AM- 3:00 p.m.

From the North and West:

Get off the Thruway/Northway at Exit 24. Get on I-90 East (Albany-Boston).
Exit I-90 at Exit 8.

Turn right on Washington Ave at the first light.

Turn right on Blooming Grove Drive at the Stop sign.

The church is almost immediately on your right.

Parking is behind the church (limited) or across the street in the CDTA Park & Ride.

From the South:

Exit the Thruway at Exit 23. Get on I-787 North. Take Exit 5 for I-90 East.

Follow the directions above.

From the East:

West on I-90 to Exit 9, go north on Rt 4 past Home Depot about ¼ mile. The CDTA Park and Ride is on your left.

Contact: Joanne (518)674-1717

NERAASA 2012~March 2-March 4

CROWNE PLAZA Albany www.cpalbany.com

Group Code: DNI

Toll free number: 877-462-4441

Rate \$115 plus tax

Hosted by HMB-Hudson-Mohawk-Berkshire Area 48

Questions: NERAASA2012@gmail.com

July 1, 2011



HMB 2011 Convention

November 4-6, 2011

**“We are Responsible for A.A.’s Future
- Let it Begin With Us”**

Ramada Conference Center Fishkill

542 Route 9
Fishkill, NY 12524
(845) 896-6281

Single Rooms: \$89 per night (plus taxes) / Double Rooms: \$109 per night (plus taxes)

Hotel Reservations should be made directly with the hotel.

Please use Group Code "HMB".

Hotel Reservations MUST be secured by October 4, 2011

Friends • Fellowship • Meetings & Speakers • Panels & Workshops

*Pre-Registrations
will Receive an Extra
Free Bottle Thank You
on Arrival Night!*

Entertainment Friday & Saturday Night
Saturday Night Banquet
Hosted by the Hudson Valley Cluster
(Districts 3, 7, 11, 15, 16, 17)

*Pre-Registrations
will Receive an Extra
Free Bottle Thank You
on Arrival Night!*

For More Information: Lori W. (518)397-1985/ Deb D. (845)331-4213

Convention Registration Form

One Person Per Form

Name: _____

Address: _____

Phone: () _____

E-mail: _____

_____ Years In Program

_____ A. A. _____ Al Anon _____ Alateen

Special Needs? (Ex. Hearing...) _____

Detach & Mail with Check or Money Order Payable to:

HMB Convention 2011
385 Dewitt Mills Rd.
Kingston, NY 12401

Saturday Banquet: \$30.00 per plate
Includes: Salad, Beverage, & Dessert

Please Indicate Choice:

_____ Chicken

_____ Pork

_____ Vegetarian

_____ Dietary needs?

Banquet Reservations **MUST** be Received by:
October 25, 2011

\$27.00 Registration Fee

_____ Banquet

_____ Total Enclosed

Walk In Fee for Saturday Evening Activities
will be \$12.00 (including Banquet)

HMB AREA ASSOCIATION
RTE 30, #114
118 POLAR PLAZA
AMSTERDAM, NY 12010