

# HMB AREA 48 NEWSLETTER

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.  
And for that: I am responsible.

## AA Principles of the Month

**Step 5** - Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

**Tradition 5** – Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

**Concept 5** – Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

## Fifth Tradition Checklist

- Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- Am I willing to explain firmly to a newcomer the *limitations* of AA help, even if he gets mad at me for not giving him a loan?
- Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- Am I willing to twelfth-step the next newcomer without regard to who he is or what is in it for me?
- Do I help my group in every way I can to fulfill our primary purpose? Does my group *carry* the message, or do we expect people to come get it?
- Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

## Concept V Checklist

- Do we encourage the minority opinion, the "Right of Appeal", to be heard at our home group, district committee meetings, area assemblies and the Conference?
- What does our group accept as "substantial unanimity"?
- Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?
- Does our group understand the importance of all points of view being heard before a vote is taken?

# AREA 48 EVENT SCHEDULE - 2011

May	Area Assembly	Central Cluster	May 15
	Northeast Regional Forum	Sturbridge, MA	May 20-22
June	Fellowship Day	Western Cluster	June 18
July	NY State Convention	SENY (Tarrytown)	July 29-31
August	NYS Informational Workshop	HMB (TBA)	August 19-21
September	Election Assembly	Eastern Cluster (District 18 Host)	September 10
October	Area Assembly	Central Cluster (District 14 Host)	October 15
November	HMB Convention	Hudson Valley Cluster (Fishkill)	November 4-6
	Fellowship Day	Western (TBA)	November 20

## Area 48 Assembly

### May 15, 2011

9:00 AM to 3:00 PM

Carondelet Family Health Center

380 Guy Park Ave. Amsterdam, NY 12010

Directions- From Exit 27 NYS Thruway. Follow Blue Hospital Signs. Turn Right on NY - 30N. Turn Left on NY- 5W. Turn Right at Steadwell Ave. Turn Left at Guy Park Ave. Carondelet will be on Left parking will be on left just past building.

Contact Information- Les B (518)378-2417

**May 14, 2011 6:00-8:30 p.m.** Albany Young People in AA Second Saturday Speaker Jam. Featuring speakers from Montreal. First Presbyterian Church, corner of State St. and Willett St., Albany, NY.

**May 17, 2011 7:00 p.m.** The Capital District Central Office (CDCO) asks all groups interested in participating in 12th Step work to attend our monthly business meetings; held on the 3rd Tuesday of every month at 7:00 PM in Rooms 128-130 of the Schuyler Inn, 575 Broadway in Menands. Groups sending representatives will have a voice in how CDCO carries A.A.'s message of hope to the suffering alcoholic. Volunteers are especially needed to answer phones in the office or at home overnight, and to get on the 12th Step lists.

**June 3-5, 2011** Center Square Promises Group Twelve Step Workshop Experience. First Presbyterian Church, corner of State St. and Willett St. This workshop is for AA members who wish to enhance their understanding of the 12 steps as a simple and concise plan for sober living as envisioned by the authors of the text *Alcoholics Anonymous*. Limited to thirty participants. No fees are involved for attendance. Snacks and drinks will be provided. Contact Taury S. for further information (518)369-6431 or smithstrat@hotmail.com

**June 11, 2011 11:00 a.m.-4:00 p.m.** District 14's annual Unity Day. Schenectady Central Park Pavilion, Ashmore Ave., Schenectady. Meetings at 1:00 p.m. and 3:00 p.m. Fellowship, speakers, picnic, volleyball, music, play area for kids, fishing, FUN! \$5 donation appreciated, but not required. Contact Fred C. (518)368-7375, or fclark4@nycap.rr.com

**October 22, 2011 Serenity of the Catskills in the City of the Hills Banquet.** 5pm meet & greet. 6 pm dinner. 7 pm speaker. Northeast Regional Trustee. Holiday Inn. 5206 State Highway 23, Oneonta, NY. Rob B. (607)441-3004.

**Ongoing in Area 48 EACYPAA Bid Committee Needs You** Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48 **Contacts:** Maria (518)441-5511; Will (419)215-2907; Tori (518)701-5070, or e-mail [saratogaecypaaabid@gmail.com](mailto:saratogaecypaaabid@gmail.com).

**New Meeting in District 1:** Center Square Promises Group has started a new "came to Believe" meeting, Wednesdays, 5:30 p.m., First Presbyterian Church, corner of State and Willett St.

**New Meeting in District 14:** "Young and in AA." Monday nights, 7:45-8:45 p.m. St. Joseph's Church, 600 State St., corner of State and Lafayette, use Lafayette entrance.

**Service Opportunity:** Women are needed to carry the message into Albany County Jail. To get involved, please contact Terry H (518)437-9854

**May 2011 Area Delegate Report**

Dear Fellow Trusted Servants,

It is hard to believe that I am days away from heading to New York City for the 61<sup>st</sup> General Service Conference. This year's theme is "We Are Responsible for A.A.'s Future – Let it Begin With Us." Since the beginning of this year, the fellowship on a whole has been engaged in various discussions on this theme and we will continue that throughout the year. In preparation for Conference, I have participated in the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA), the Northeast Regional Delegates' Reunion (NERD) and our Area's "Day of Sharing", also known as "Delegate's Day." These three events have all built upon each other in terms of preparing me for the 61<sup>st</sup> General Service Conference.

I was incredibly moved by the level of sharing this past weekend with many of you at the April Day of Sharing. Similar to how the Conference is conducted, we held nine different roundtables to discuss the agenda topics for conference in the morning. (like the committees at the Conference). In the afternoon, report backs from the roundtables were provided. Then members from the entire assembly were given an opportunity to provide more input. Afterwards, depending on the topic, a consensus of the group was asked for. In short, the day was remarkable! To see us in thought and action was beyond words and I am very appreciative to those that participate. The Concept of Right of Participation came alive! As special thanks to those that read the background material and participated as facilitators for the roundtables.

Thank you to those members, groups and Districts that took the time to respond to the Delegate's Questionnaire. I had a large response and that further helped it inform me with additional views and information.

At the May 15<sup>th</sup> HMB Area Assembly, I will be providing a report back on what occurred at Conference. I encourage all AA Members to attend to hear the outcome of discussions and topics that are affecting A.A. as a whole. As an incentive, I will be doing a free raffle various AA and Grapevine Literature and service material. ]

In closing, I would like to share one of my favorite passages in the Big Book, that articulates my feelings over the past few years as I've heard your voices – and you've heard mine – on carrying the A.A. message in our service commitments:

*"Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless and keep you until then."*

In love and service,

Deb D.

Panel 60 – HMB Area 48 Delegate  
[HMBArea48Delegate@hvc.rr.com](mailto:HMBArea48Delegate@hvc.rr.com)

## **May 2011 Area Chair Report**

### **Dear Fellow Members,**

Recently HMB Area 48 held its Day of Sharing April 16<sup>th</sup> in Saratoga Springs hosted by District 5. The event is designed for our Delegate to receive feedback or more commonly known as the Area conscience on matters to be discussed at this year's General Service Conference in New York City the first week in May. The attendance was a bit down from last year but the participation was intense with several members attending for the first time and fully involved with the issues. At the May 15<sup>th</sup> Assembly our delegate Deb D will give her report back of what transpired at this year's Conference.

As I reported on the 16<sup>th</sup>, our Public Information Chair, Bill B, had to step down from his position due to health reasons. Bill sent me a letter that I read to the assembly explaining what is transpiring in his life. Bill has been a wonderful trusted servant and we send our prayers out to him and his family. Many thanks, my friend, and a speedy recovery.

By the time you get this newsletter our May Assembly will just around the corner. The day will consist of the usual items and a couple of proposals to be voted on. As is the case the Area Budget for next year will be read only, the Conference report will be given by our Delegate and after the proposals are taken care of we will have an Area Business meeting with the time that is left. All eligible voters should attend so the Area's conscience will be heard.

This year we have a new event which is scheduled on June 18<sup>th</sup>. The event is a Fellowship Day and will be shorter than our normal events in as it will be from 9am to 1pm. There will be coffee and pastry available; we will not be having lunch at this event. The agenda for this event will start off with report backs from the Committee Chairs on this last January's Inventory Day. We will see how and if we are making any progress and if we are not we will discuss possibilities on what we can try different. The rest of the day will consist of either one long workshop about service work/sponsorship/GSR's/ Traditions. Details will announced at the May Assembly.

The "Spirit of Rotation" is a vital tool for Alcoholics Anonymous and its future. With that being said it is time to start thinking about the Area 48 Election Assembly in September on Saturday the 10<sup>th</sup>. As is the custom (but not written in stone) those making themselves available for an elected position put their service resumes in the Area Newsletter 3 months in advance. That means that you should get them in the Newsletter (area48newsletter@gmail.com) for the June or July editions and have them run in to the September edition.

The following positions will be filled for Panel 62 (2012-13): Area Chairperson/ Alt. Delegate who serves 2 years as Chair then is automatically rotated to the Delegate's position for an additional 2 years. Also open are Alt. Chairperson, Area Secretary & Area Treasurer. The Alternates for both the Secretary and Treasurers position along with the Newsletter are appointed by the incoming Chairperson. All of these are like most of our service positions as they are 2 year terms. Also this year the following Area Committees will elect their own Chairs & Alternates: Corrections, CPC, Special Needs & Treatment.

So if you are ready to take the next step in your service career of giving back, please talk to your sponsor and those already serving to see if you might be interested. I strongly suggest you read both the Area and the A.A. Service Manuals to see what these jobs consist of and the time that goes with it not to mention the qualifications for these.

As usual it is an honor and privilege to serve HMB Area 48 and Alcoholics Anonymous.

In Love & Service, Keith D. Panel 60 Area Chair / Alt. Delegate

**HMB Area 48 Day of Sharing****Saturday, April 16, 2011 Salvation Army, Saratoga Springs, NY**

DRAFT minutes

Any item marked "**attached**" is part of the record; copies are freely available upon request.

Meeting **called to order** 10:03 a.m. by Area Chair Keith D., with a moment of silence followed by the Serenity Prayer.

Agenda **attached**. (Includes 2011 General Service Conference Committees Agenda Items, to be discussed at Roundtables below.

**Area Business:**

**Secretary's Report:** Area Secretary William T. presented the draft minutes of the March 19, 2011 Area Fellowship Day (**attached**). The reading of the minutes was waived. Motion made and seconded to accept the minutes as presented. Motion approved unanimously.

**Treasurer's Report:** Chris S., Area Treasurer, presented the Area Financial Report for March 2011 (**attached**). Also **attached** are Area Quarterly Contributions; Quarterly District Report By Month; Income/Expense Report; and March 2011 Area Monthly Transaction Report. Income for the month of March 2011 was \$4,374.00; expenses were \$5,688.69, leaving an ending balance on March 31 in the Area checkbook of \$8,400.09. Subtracting the \$7,000 prudent reserve, total available cash is \$1,409.09. Motion made and seconded to accept the financial report. Motion approved unanimously.

**Area Chair Report:** Keith D., Area Chair, read an e-mail from Bill B. announcing his stepping down from the Public Information Committee chairmanship for health reasons (**attached**).

**61<sup>st</sup> General Service Conference Roundtables:** Keith D. recognized Deb D., Area Delegate, who the Roundtables to discuss agenda items (**attached**) for the 61<sup>st</sup> General Service Conference, and give feedback to Deb D., who will represent the Area when the conference meets May 1-7 in New York City.

The following Roundtables were assembled. They were: Corrections; Cooperation with the Professional Community; Finance; Grapevine; Literature – agenda items A – E; Literature – agenda items F – I); Special Needs; and Treatment.

Roundtables met from 10:20 a.m. until 12 noon. Lunch was taken from 12 noon to 12:45 p.m. Joan R., NERAASA 2012 Chair, announced that the Crowne Plaza Hotel in Albany is taking reservations for the next NERAASA, in Albany March 2-4, 2012. Contact information for the hotel: [www.cpalbany.com](http://www.cpalbany.com); 877-462-4441 (mention code "DNI" when reserving guest room. For other inquiries, email [neraasa2012@gmail.com](mailto:neraasa2012@gmail.com)

**Roundtable Report-backs:** (See **attached** reports from Roundtable secretaries.)

Motion to adjourn was made and seconded at 3:10 p.m. and the Area Day of Sharing closed with the Responsibility Pledge.

*Respectfully submitted, William T., HMB Area Secretary*

## **May 2011 Area Registrar's Report**

My name is Jim L and my email is Area48Records@gmail.com. I will be fulfilling the balance of the previous Area 48 Registrars commitment.

I learned at NERAASA 2011 from a staff member of the Records Dept at GSO that they have a several month backlog of updates to process. The Area Registrars present were asked to remind members that Area Registrars can process updates much faster than GSO. Area Registrars can also register new groups electronically. The sending of updates to both the Area Registrar and GSO is believed to be the primary contributor to incorrect data in the database. Only the Area Registrar or the Records Dept. at GSO may modify the data in the database. Please help and reduce the burden at GSO and communicate changes to your District Registrar or myself. I will do my very best to process all updates within 24 hours of receiving them.

I am excited and encouraged by the enthusiasm shown by many of the District Registrars of Area 48. What they, the District Registrars, do is critical to helping the next sick and suffering Alcoholic. Please help us keep the database as up to date as possible so we may provide the best data to those who do Twelfth Step Work.

We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with the Spirit of the Universe.

Alcoholics Anonymous, p. 75

## Cooperation With the Professional Community (CPC)

### A Brief Report and A Request For Feedback

AA's membership surveys over the years show, for better or worse, a pattern of **decline** in the percent of newcomers who first came to AA through another AA member – and a great **increase** in the percent of such newcomers who first came to AA through medical or other 'professional' sources.

**One thing is clear: the professional community can play, and is playing, an ever-greater role in helping the still sick and suffering alcoholic find recovery from active alcoholism through the AA program!**

That's why AA members doing CPC service work can be of such help to the still sick and suffering alcoholic. That's also why Area 48 and its Districts are striving to do more effective and smarter CPC work. These efforts are somewhat constrained by limited funding but, perhaps more often, by a lack of AA members willing to do CPC service work.

**Do you know:** The more that AA members know about CPC service work, the more willing they are to serve! That's why the Area is increasing its outreach information efforts to Districts and why some Districts are taking similar steps at Groups in their Districts. The Area had a good CPC visit at District 14's recent business meeting. **Area 48 can share CPC information at one of your District meetings. Just ask; we'll match your timing!**

The Area CPC Committee has prepared an **updated report giving many examples of CPC service work** already underway in Area 48 and the Districts - and giving examples of some work yet to be considered. The report was e-mailed by CPC Chair John D. and Alternate CPC Chair Brenda O. to District CPC Chairs and DCMs. If you haven't received a copy, or for anyone interested in possible CPC work and wanting a copy, just contact John D by phone or e-mail: [hmb48cpc@sprynet.com](mailto:hmb48cpc@sprynet.com). **We'll gladly share the report with you.**

**Just who are these Professionals?** The **free AA CPC Guideline** [MG11] cites, among others, those in: health care; educators; members of the clergy; social workers; the Courts [separate from Corrections Committee work in bringing AA meetings into correctional facilities] and others. Doctors can play a key role.

**Do you know:** AA provides a '**CPC Workbook**' [M-41] **free** to members serving as CPC Chairs in District and Area work. The Workbook contains great sample letters to doctors, courts, police, schools, and others. A complete **CPC 'Kit,'** containing the Workbook and a wealth of other CPC tools such as AA pamphlets and DVD videos, also is available at modest cost.

**Do you know:** **Anyone** can receive the **free** periodical '**About AA - Newsletter for Professionals**' [F-13] just by asking for it? How about a copy for **your** doctor? Just ask the General Service Office (GSO); They'll mail it!

With the medical profession having such great potential to refer willing alcohol-troubled patients to AA, our updated CPC report discusses this aspect in detail and offers a **Medical Profession Proposal** to consider. It asks: **WHAT IF** - On the next visit to his or her doctor, each AA member whose doctor knows of his or her AA journey of sobriety, brings a supply of local AA meeting lists & tells the doctor of the 24-hour Hot Line phone # usually printed on the meeting list? And **WHAT IF** - Each AA member also tells the doctor of a willingness to let the doctor give the AA member's first name and phone number to any patient **whom the doctor believes really wants help and if the patient expresses receptiveness to the doctor's offer of a local AA first name and phone #?** (Of course, it would be **solely** up to each AA member to decide whether he or she wished to do this.) **Our updated report has a sample 'card' AA members might use with their doctors.** This subject and the 'card' already are being reviewed in several Districts and were discussed at NERAASA. Reaction to date has been positive.

All CPC efforts including medical and a school websites' proposal will be discussed in a major **CPC Roundtable at the 4/16 Delegate's Day/Day of Sharing in Saratoga.**

Since our **Delegate, Deb D** not only will participate in the annual General Service Conference in May but also **will Chair the Conference' CPC Panel,** we really can use and need your important CPC input and feedback. Respectfully, Deb, John D. and Brenda O. ask that you please review our updated CPC report [and available Conference CPC Agenda Items and Questionnaire] and **join with us in the 4/16 CPC discussions.**

**Proposal to change voting at Assemblies to include District Service Committee Chairs:**

Whereas: Area 48 expects each District to elect/appoint one Service Committee Chair parallel to the Service Committees in the Area, (ie: TFC, CFC, BTG, PI, SNC, GvC, CPC.)

and Whereas: Area 48 expects each of these District Service Committee Chairs to attend the Area events, especially the NYS Informational Workshop, and NERAASA,

And Whereas: Each of these Service Committee Chairs, with their Committees are doing the grassroots work needed to help the next suffering Alcoholic for the Area, District and A.A.'s primary Purpose,

And Whereas: Only the Area Service Committee Chairs are allowed to vote at our Assemblies,

I propose that: Each District Service Committee Chair be given the Right to Participation and the Right to Voice in the Area General Service Assemblies, and Area Committee Meetings with a recognized vote in the Area Assembly meetings, just as the GSRs are allowed.

Comments on the proposal:

Currently many of the District Service Committees are not structured, and often times not filled and not functioning. We, as an Area should encourage this work by allowing these Trusted Servants the Right to Vote and participate. They currently have no vote in our Assemblies. If someone serves in this capacity, policy is being set for their service work, and they have no right to vote on it. This is contrary to our 4th Concept: "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

Service at the Grassroots level through this Committee work in Area 48 has been long overshadowed by event planning and functions such as Conventions. Service Committee work is neglected as the result. We seem to cater to the A.A. members who have already found the solution, rather than to those whom are still in need of our help.

More time and focus should be put into this Service work, and less focus on picnics, parties and dances, and social events for fellowshiping. Our Assemblies often have more Past Delegates at the microphone, than new GSRs and people we need to step into Service. The Right to Participation is neglected when those who Served in the Past won't step aside. It may be better to listen to what someone has to say who has been doing the grassroots A.A. work lately, than from those who may have never done it at all, or some years ago in the past.

In other Areas, some of these Service jobs are being done by Central Offices and Intergroups. If our Area does not do the work, an actual Service void will necessitate the creation of Intergroups and Central Offices to fill these jobs in our Area. The alternative is that the void will not be filled, and the newcomer suffers. Allowing more participation in our Area to the Service Committees to function will allow for more of the work to be done in our Area.

Respectfully Submitted,

Kevin B.

TFC Dutchess County A.A.

treatment@dutchessaa.org

Cell: (845)240-4272

Home: (845)266-0174

<http://www.dutchessaa.org>

**Proposal: Electronic Distribution of Newsletter**

**Background:** Printing and shipping costs are a substantial burden to the Area. In addition to the financial considerations, it is becoming increasingly customary for organizations to move away from paper to an electronic format. Electronic media permit the transmission of a greater amount of information at minimal cost. The cost of printing and shipping the newsletter is a substantial cost to the area. Given the opportunity to direct our limited resources elsewhere, it seems wise to move in the direction of electronic distribution.

**Proposal:** That the area newsletter be delivered primarily via posting on the Area Website and through e-mail distribution, with postal delivery available upon request. E-mail distribution will be those e-mails listed for the GSRs or group contacts in Fellowship New Vision (FNV).

Respectfully Submitted,  
Dan J.

**Proposal: NYS Convention Seed Money Increase**

**Background:** At the New York State Convention planning meeting in December 2010, the committee decided to ask the participating Areas to increase the seed monies available from \$2000 to \$3000 due to increased costs associated with securing facilities and other convention planning expenses. The cost to each Area would be a onetime expense of \$250. This seed money is available to each host Area on a rotating basis.

**Proposal:** It is proposed that HMB Area 48 approve a onetime payment to the NYS Convention Committee of \$250 to share the cost of increasing the seed monies available to host Areas to \$3000 from \$2000.

Respectfully submitted,  
Keith D.

**NERAASA 2012: March 2 – March 4****CROWNE PLAZA**

State and Lodge Streets

Albany, NY 12207

**Hosted by Area 48 HMB****Hudson-Mohawk-Berkshire**[NERAASA2012@gmail.com](mailto:NERAASA2012@gmail.com)

## What is NERAASA?

NERAASA 2012

March 2 - March 4, 2012

<https://neraasa.org/Guidelines.html>

I have been asked by several members "what is NERAASA"?

The purpose of the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is for GSRs, DCMs, Area Committee members and Intergroup and Central Office Representatives of the Northeast Region to discuss General Service Conference related issues and concerns affecting AA as a whole, as well as pertinent aspects of recovery, unity and service common to the Areas of the Northeast Region.

NERAASA is a weekend of panel presentations and floor discussions on issues affecting Alcoholics Anonymous. Today, the Northeast Regional Trustee's Report, Saturday dinner followed by a A.A. Speaker Meeting. In addition, there are several Round Table Sharing Sessions throughout the weekend. They include (but are not limited to); General Service Representatives (GSR's), District Committee Members (DCM's), Archives, Cooperation With The Professional Community (CPC), Public Information (PI), Correctional & Treatment Facilities (CTF), Grapevine, Area/Panel Officers, Central Office/Intergroups, Website, Alternate & Area Delegates.

There are 18 regions in the Northeast Region. and we expect over 500 members from the 18 regions will participate. ALL members are welcomed and encouraged to attend!!

We are members of HMB (Hudson-Mohawk-Berkshire) Area 48 and will host NERAASA the weekend of March 2 - March 4, 2012 at the Crowne Plaza in Albany. GREETERS, HOSPITALITY (smoking & non-smoking) and REGISTRATION have service positions available. If you have any questions and/or would be interested in serving, please send email to [NERAASA2012@gmail.com](mailto:NERAASA2012@gmail.com).

I wish all HMB members continued blessings this New Year!!

In the Sunlight of the Spirit,  
Joan R.

NERAASA 2012 Chair  
[NERAASA2012@gmail.com](mailto:NERAASA2012@gmail.com)

### Interested in NERAASA 2012 service? Please contact the following:

#### REGISTRATION

Tammie E. [tamster1962@roadrunner.com](mailto:tamster1962@roadrunner.com)

Don S. [dstrachan@twcny.rr.com](mailto:dstrachan@twcny.rr.com)

#### HOSPITALITY

Smoking

Faye F. [fallonfaye@yahoo.com](mailto:fallonfaye@yahoo.com)

Non-smoking

Fred F. [neraasa2012@gmail.com](mailto:neraasa2012@gmail.com)

#### GREETERS

Keith D. & Debbie D [neraasa2012greeters@hvc.rr.com](mailto:neraasa2012greeters@hvc.rr.com)

*DISTRICT AND GROUP TREASURERS—below are the addresses in which to send contributions....*

HMB AREA ASSOCIATION RTE. 30, #114 118 POLAR PLAZA AMSTERDAM, NY 12010		GENERAL SERVICE OFFICE PO BOX 459 GRAND CENTRAL STATION NEW YORK, NY 10163
---	---	---

The unique ability of each A.A. to identify himself with, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the one aim that today animates A.A.'s all around the globe.

*Twelve Steps and Twelve Traditions, p. 150-151*

## HMB AREA 48 FELLOWSHIP DAY

**Saturday, June 18, 2011**

Sacred Heart Church Parish Hall

51 Mohican Street

Lake George, NY 12845

9:00 a.m. to 1:00 p.m.

Coffee and Refreshments

### Directions:

Northway exit 21. If going North make a right; If coming from the North make a left.. Go a short distance on 9N to end of the road at traffic light (Junction of Rte. 9 and 9N). Make a left on Route 9 (North) toward Lake George Village. Go 1.1 miles to Mohican Street and make a left. Parish Hall is two blocks farther on the left. Contact Becky (District 9 Functions Chair) (315)813-0908.

**2011 Area 48 Convention – November 4, 5, 6 - Fishkill, NY**

**Speakers - Workshop topics - Alkathon**

Speakers:

- Jim C. from Kerhonkson (Friday night);
- Kathy O'S. from West Virginia (Saturday night);
- Paul McK. from NYC (Sunday morning).

We will be recruiting workshop moderators from folks in the Hudson Valley Cluster. We have requested committee members to bring a name of someone they would like to nominate as potential moderators. Names will then be drawn from a hat.

Workshop topics:

- a) Alcoholics Anonymous in a Digital Age
  - 1. Anonymity with Social Networks: Practicing our 11th and 12th Traditions
  - 2. Carrying AA's Message Online
  - 3. Restraint of Tongue, Pen, and Email
- b) An Informed Group Conscience: The Voice of A.A.
  - 1. Where Does A.A. Get its Direction?
  - 2. Humility: The Rotating Committee
  - 3. Self-support: Where Do Money and Spirituality Mix?
- c) Diversity in A.A.:
  - 1. We are People Who Normally Would Not Mix
  - 2. Are We Each at Eye Level in our Homegroup?
  - 3. The Hand of AA: Inclusive never Exclusive
- d) Sponsorship:
  - 1. Moving on from your Sponsor, or Sponsee with Love and Respect.
  - 2. Laying Out the Kit - 36 Spiritual Tools
  - 3. Walking Day By Day in the Path of Spiritual Progress

Alkathon: The time slots reserved are Friday 9:15pm – 2am; Saturday 9:30pm – 2am.

The Co-Chairs are Tim J. - Alt. DCM District 11, and Elaine B. - Treasurer, District 11

Respectfully Submitted,

Kevin B. - 2011 Convention Program Chairperson

**32<sup>nd</sup> ANNUAL NEWYORK STATE INFORMATIONAL WORKSHOP**

August 19, 20, 21, 2011  
Carondelet Hospitality Center  
385 Watervliet Shaker Road  
Latham, NY, 12110

“We are responsible for A.A.’s future: let it begin with us”

Panels, Workshops, Roundtables: P.I., CPC, Treatment, Corrections, Special Needs

Displays: Archives, Grapevine, Literature

Speaker meetings, Ask-it basket, Lots of coffee and fellowship; hospitality room

Friday August 19, 2011 4:00 PM ---- Sunday August 21, 2011 12:00

Full Weekend accommodations \$175.00. Includes 2 nights lodging and 5 meals (single occupancy only) and registration. Registration only \$15.00; no lodging or meals. Add \$8.50 for Saturday lunch. Please preregister for full weekend accommodations and registration plus Saturday lunch.

Directions: From Northway (I-87) exit 5 onto Watervliet-Shaker Road (Rt155) go east, crossing Rt. 9 and Old Loudon Rd. Continue straight about 1.3 mi.. on left is St Joseph’s Provincial House Carondelet Hospitality Center. Turn in and proceed to farthest parking lot and follow signs “HMB/NYSIW”

-----  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_  
Email \_\_\_\_\_  
Amount enclosed: \_\_\_\_\_

Registration Onsite: \$20.00 no meals  
Weekend lodging and 5 meals and registration: \$175.00  
Commuter Special: \$15 registration plus \$8.50 for Saturday lunch  
Registration cut-off: August 10, 2011

**Checks payable to NYSIW2011. Send to NYSIW, 20 Twiller St., Albany, NY, 12209.**



# HMB 2011 Convention

## November 4-6, 2011

**“We are Responsible for A.A.’s Future  
- Let it Begin With Us”**

### Ramada Conference Center Fishkill

542 Route 9  
Fishkill, NY 12524  
(845) 896-6281

*Single Rooms: \$89 per night (plus taxes) / Double Rooms: \$109 per night (plus taxes)*

*Hotel Reservations should be made directly with the hotel.*

*Please use Group Code "HMB".*

*Hotel Reservations MUST be secured by October 4, 2011.*

### Friends • Fellowship • Meetings & Speakers • Panels & Workshops

*Pre-Registrants  
will Receive an Extra  
Free Bottle Ticket for  
an Archive Item!*

**Entertainment Friday & Saturday Night**  
**Saturday Night Banquet**  
**Hosted by the Hudson Valley Cluster**  
**(Districts 3, 7, 11, 15, 16, 17)**

*Pre-Registrants  
will Receive an Extra  
Free Bottle Ticket for  
an Archive Item!*

For More Information: Lori W. (518)997-1929/ Deb D. (845)331-4213

### Convention Registration Form

*One Person Per Form*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

\_\_\_\_\_ Years in Program

\_\_\_\_\_ A. A. \_\_\_\_\_ Al Anon \_\_\_\_\_ Alatan

Special Needs? (Ex. Hearing...) \_\_\_\_\_

**Detach & Mail with Check or Money Order Payable to:**

HMB Convention 2011  
385 Dewitt Mills Rd.  
Kingston, NY 12401

**Saturday Banquet: \$30.00 per plate**  
**Includes: Salad, Beverage, & Dessert**

**Please Indicate Choice:**

\_\_\_\_\_ Chicken

\_\_\_\_\_ Pork

\_\_\_\_\_ Vegetarian

\_\_\_\_\_ Dietary needs?

**Banquet Reservations MUST be Received by:**  
**October 16, 2011**

**\$27.00 Registration Fee**

\_\_\_\_\_ Banquet

\_\_\_\_\_ Total Enclosed

**Walk In Fee for Saturday Evening Activities**  
**will be \$12.00 (excluding Banquet)**

HMB AREA ASSOCIATION

RTE 30, #114

118 POLAR PLAZA

AMSTERDAM, NY 12010