

# HMB AREA 48

# NEWSLETTER



A version of this newsletter and previous editions is at:

<http://www.aahmbny.org>



### AA Principles of the Month

**Step 10** - Continued to take personal inventory and when we were wrong promptly admitted it.

**Tradition 10** – Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

**Concept 10** - Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

### **Tenth Tradition Checklist**

1. Do I ever give the impression that there really is an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Freudianism? Catholicism? Judaism? Agnosticism? Jails? Alcohol? Drinking? Psychiatrists? Other alcoholism agencies? Jungianism? Protestantism? Or. . .
2. The Federal or state government? Alcohol education? Legalizing marijuana? Vitamins? Theories of alcoholism? Detoxification centers? Missions? Research into alcohol problems? Paraldehyde? Teen-age drinking? Tax-supported alcoholism programs? Al-Anon? Alateen? The alcoholic beverage industry? Nonalcoholics?
3. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"? How?
4. What in AA history gave rise to our Tenth Tradition?
5. Have I had a similar experience in my own AA life?
6. What would AA be like if this Tradition were not in effect? Where would I be?
7. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
8. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

### **Concept X Checklist**

**Concept X:** Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

- Do we understand "authority" and "responsibility" as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?
- Why is delegation of "authority" so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of "authority?"

**HMB EVENT SCHEDULE - 2010**

October	Area Assembly	Central (4, 8, 14)	Saturday, October 16, 2010
November	HMB Area Convention	Adirondack (5, 10, 13, 19)	Fri-Sun, November 5-7,2010
November	Fellowship Day	Western (9,12)	Sunday, November 21,2010

**District 18 Halloween Party Friday October 29th (9-12 midnight)** Greenbush Reformed Church Christian Education Building, Hayes Rd., East Greenbush. Open Discussion AA Meeting at 8 p.m.

**Ongoing in Area 48 EACYPAA Bid Committee Needs You** Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48 **Contacts:** Maria (518) 441-5511; Will (419)215-2907; Tori (518)701-5070, or e-mail [saratogaecypaabid@gmail.com](mailto:saratogaecypaabid@gmail.com).

**The Meeting Schedule Committee is currently compiling data for the 2011 HMB Area Meeting Schedule. If your home group has changed time, place, or format, it is very important that you let your district records keeper know!**

## **NERAASA 2012: March 2 – March 4**

**CROWNE PLAZA**

State and Lodge Streets

Albany, NY 12207

**Hosted by Area 48 HMB**

**Hudson-Mohawk-Berkshire**

***DISTRICT AND GROUP TREASURERS—below are the addresses in which to send contributions....***

HMB AREA ASSOCIATION RTE. 30, #114 118 POLAR PLAZA AMSTERDAM, NY 12010		GENERAL SERVICE OFFICE PO BOX 459 GRAND CENTRAL STATION NEW YORK, NY 10163
---	---	---

**HMB AREA 48 FELLOWSHIP DAY**

**SUNDAY NOVEMBER 21 2010**

**9 AM TO 3 PM**

SPONSORED BY WESTERN CLUSTER DISTRICTS 9 & 12

Upstate Cerebral Palsy (UCP)

Tilton Center

1601 Armory Drive

Utica NY 13501

Directions:

From the East: Take I-90 West to exit 30 (Herkimer/Mohawk) turn left on Mohawk Street Rt 28 S, continue to follow Rt 28 S turn right on 5S W take ramp on Cluver Avenue, turn right on Armory Drive to 1601 Armory Drive.

From the West: (Rome) turn left on Erie Blvd.East Rt 56 and bear right on Erie Blvd.E. Rt 49 S take left ramp onto Rt 365 E toward Ft Stanwix-49 E/Utica Rt 69 E continue on Rt 49 s go 8.1 miles continue RT 49E for 3.8 miles take ramp onto I-790W toward downtown Utica Rt 5W RT 8 12S go 0.9 mi. continue on I 790 take ramp onto Oriskany Street (Rt 5 SE toward downtown Utica go 1.5 miles, bear right on Broad Street, turn right on Mohawk Street, turn left on Bleeker Street bear right on Albany Street bear right on Tilden Avenue, turn left on Armory Drive to 1601 Armory Drive.

For further information contact Tom B. (315) 895 0056 or (315) 790 1812

Brenda O. (315) 337 7746 or (315) 832 0963

**HMB AREA 48 ASSEMBLY**

**HOSTED BY HMB DISTRICT 14**

**SATURDAY OCTOBER 16, 2010**

**SCOTIA UNITED METHODIST CHURCH**

**201 NORTH TEN BROECK STREET**

**SCOTIA NEW YORK 12302**

**9:00 AM to 3:00 PM**

**AGENDA: TBD**

**DIRECTIONS:**

FROM SCHENECTADY ROUTE 5 WESTBOUND Cross the Western Gateway Bridge and proceed onto Mohawk Avenue. At No.Ten Broeck Street (traffic light at intersection- firehouse on right) proceed two blocks to the church on left.

From Route 5 Eastbound At No. Ten Broeck Street (traffic light at intersection, Stewarts Shop on left) turn left and proceed two blocks to church on left.

Contact Person: Wyatt W. 374-5121

**Area Delegate Report-October 2010**

Dear Fellow AA Members,

September has been a busy month! I have had opportunity to visit Districts 13, 19, 1, 10 and 11. What I've come to be reminded about, time after time is that the scope of discussions occurring across the Area is both amazing and well grounded in our Traditions and Concepts.

The Districts -- while unique in their own ways -- are carrying the message to those in need. Our discussion topics ranged from the issue bringing meetings into correctional facilities and the need to focus on "education and service sponsorship"; concerns over anonymity and online social networking, such as Facebook; dealing with group problems; and how hard it is to find people to volunteer their time to give service for upcoming events. What was touching was to hear the love of the Fellowship in taking actions and tackling serious issues.

As you will recall, I included in last month's edition of the newsletter a number of surveys that asked you (the Fellowship) for information. There has been a good response to the eTechnology survey and I am in the process of sending our Area's feedback to the General Service Office.

Also, if you have not had the opportunity to fill out the Grapevine survey, please print the one in this month's newsletter and send your response to me. As you might be aware, the more responses that are received will help all of us to make more informed decisions about the future of the Grapevine. Additionally, if you have any 7th Tradition Stories or suggestions for the 62nd General Service (conference theme, workshop or presentations), please submit those to me as well.

The August 2010 Quarterly Newsletter from GSO included the following information:

- Net literature sales were approximately 13% less than budget, remembering that the AAWS literature price increase was effective in July 2009 and many purchasers stocked their shelves prior to the increase;
- For the first six months of the year \$2,964,400 in contributions was received, which is \$56,200 more than budgeted and \$80,900 more than last year;

Lastly, the 2010 General Service Conference is now available. If you have not received one please contact your District Committee Member (DCM).

In love and service,

Deb D

Panel 60, Area 48 Delegate

HMBArea48Delegate@hvc.rr.com

# AREA REPORTS

## October 2010

<a href="#">HMB Area 48</a>	
Monthly Treasury Report	
August 2010	
<b>Beginning Balance</b>	<b>\$8,828.88</b>
<b>Income</b>	
Area Contribution	\$2,528.00
<b>Total Income</b>	<b>\$2,528.00</b>
<b>Expense</b>	
Chairperson	\$825.00
Alternate Chairperson	\$61.20
NYS Info Workshop	\$195.70
Insurance Costs	\$298.00
Mail Box Service	\$36.06
Newsletter Postage	\$528.00
Newsletter Printing	\$816.32
Website	\$19.00
<b>Total Expense</b>	<b>\$2,779.28</b>
<b>Net Income</b>	<b>-\$251.28</b>
<b>Balance</b>	<b>\$8,577.60</b>
Prudent Reserve	-\$7,000.00
<b>Available Funds</b>	<b>\$1,577.60</b>
Prepared by Chris S.	
<a href="mailto:treasurer@hmbny.org">treasurer@hmbny.org</a>	

**Area Chair Report – October 2010**

Dear Friends;

Fall is upon us and we are starting to wind down the year's Area Service events. I would like to start off by thanking Districts 1, 2, & 18 for hosting Fellowship Day on Saturday, September 11th. The enthusiasm was high with 85 in attendance for a full day's agenda. The morning session started with the Assembly dividing up in to Service Committees along with the DCMs meeting separately with Pat L & Deb D.

Of importance this day was the fact that at the end of this calendar year we have three Committee Chairs rotating out. Those positions are Bridging the Gap, Public Information & Grapevine. I am pleased to announce that the Bridging the Gap Chair will be Erin D, the new Grapevine Chair will be Sue P and her Alternate Maria E. Returning as the Public Information Chair is Bill B. All three positions are to run January 2011 through December 2012. Congratulations to all, and in particular to our new Committee members Erin and Maria.

We ended the morning session with an Area Business Meeting and then recessed for lunch. The afternoon was filled with two Workshops. The first was a GSR Workshop with Tammy E, William T & Tad J offering their experience, strength and hope with us. The same was shared in the Traditions Workshop which was led by George B, Don S & Les B. Many thanks to the six of you for your continued service to Area 48.

Our next event is the October Assembly on Saturday the 16th in Scotia. As is usual this is when the Area votes on the next year's Budget. Along with this there will be a Proposal to vote on also. The Area will also select whom will represent HMB Area 48 at next year's Conference for the Northeast Regional Trustee to be voted on and to assume the position in June of 2011. The position carries a four year term and much responsibility with it. We have two Past Delegate's making themselves available for the position; they are Dave S (Panel 52) and Joan R (Panel 58).

Last but certainly not least the Area will select a printer for the Meeting Books for the next three years. As you can see we have much to decide

on, so please make yourself available if you are eligible to vote.

As of last week I was told by Don S this year's HMB Convention Co-Chair that there was still 8 rooms available at the Econo Lodge which is the flow over hotel for the Convention in Lake Placid. Unfortunately the Comfort Inn where the event is being held is full. If you don't mind traveling a little, about 10 miles away in Saranac Lake at the Best Western they have 23 rooms available of which 20 are non-smoking. The Convention promises to be another successful HMB Area 48 gathering. If you have not attended one of these before I highly recommend a visit to Lake Placid and see for yourself. There will be speakers, workshops, alcohons and of course dancing. Next year the Convention will be hosted by the Hudson Valley Cluster with the Convention Chair Lori W already making plans for the event.

The last event of the year will be Fellowship Day in Utica on Sunday November 21st. After that the Area will not meet until January 8, 2011 for Inventory Day. More information on the event as it becomes available. I continue to visit Districts with my latest being this last week in District 11. Many thanks to Jerry and his crew for a warm welcome and their service to AA.

Thanks to all of you allowing me to serve as your Area Chair, my gratitude grows day by day for this opportunity to serve the Fellowship of Alcoholics Anonymous. May the God of my understanding continue to bless you all. "Service Truly is the Secret".

Keith D - Panel 60 Area 48 Chair / Alt. Delegate

**Alternate Chair Report-October 2010**

It was an honor to be invited to represent our Area on the Public Information Panel at the New York State Informational Workshop held the first weekend in August at Graymoor in Garrison, New York.

As each of the panelists spoke, a common theme emerged for Public Information service work: educate our Fellowship first about PI work and about the importance of always abiding by all of the Traditions. Traditions Six, Eight, Eleven and Twelve stress that we do not affiliate, we are nonprofessional, our public relations policy is based on attraction, and we maintain anonymity at the public level.

The panelist from Area 47 (Rochester) stressed that AA is not a secret society and we carry the message to whomever we can. She also spoke about carrying the message to employers and to the media.

The panelist from Area 49 (SENY) explained the service structure in SENY which has Counties in addition to the Area and Districts. A lot of the PI work in SENY is undertaken by the Central Offices which are located in the 5 boroughs and Long Island. One of their PI activities is providing meeting lists to cab drivers throughout the New York City metropolitan area.

In Area 50 which is the Buffalo and Niagara Falls Area, most of the PI work is done by the Central Offices: reaching out to schools, employers, and participating in Health Fairs.

In our HMB Area, PI service includes providing information and speakers to colleges; providing AA meeting lists to hotels and motels; providing books to libraries; participating in EAP health fairs, and listing AA meetings in local newspapers and in Church bulletins.

Overall the NYSIW was a rewarding weekend... attendance was about 150, and the weekend was jam packed with meetings, panels, roundtables and fellowship. Our area was well represented.

Pat L.

**Area Treatment Chair Report-2010**

Not an awful lot to report this month. I went to the Informational Workshop. It was both very informative and motivational. Met a lot of old friends and made a lot of new ones, but that always happens. I am looking forward to Sept. 11 to see who the new committee chairs will be. I also like the way the Area events are being changed around. It gives a bit of a different flavor the the meetings.

I am still having a bit of difficulty getting my committee members to cooperate in giving me reports. I suppose I will stop asking (which I don't believe I should have to do) and the ones who don't want to share with the Area, I will simply put in as doing nothing.

I have called a few more places on my OASAS list, but so far none of them seem interested in starting meetings. I am waiting to hear from Dist. 2 to see if they have resolved their issues with St. Mary's Rehab. Nobody seems to want to be sure that the BTG forms are given to the right people so that the patients can have access to them. That's a shame. I told my story there a few weeks ago and three patients requested the forms. Nobody could find any. I personally e-mailed some to Priscilla who is the head person on that ward. But in all reality, the hospital is not responsible to get these to the patients, we are. If necessary, carry them in and personally hand them out. It is not against hospital nor does it conflict with HEPPA.

Love in service-Bill C.

**The Meeting Schedule Committee is currently compiling data for the 2011 HMB Area Meeting Schedule. If your home group has changed time, place, or format, it is very important that you let your district records keeper know!**

## Proposal for the October Assembly

Background: when the gavel falls at the end of our May Assembly in recent years, we do not meet again as an Area until the second Saturday in September, leaving a gap of 4 months between Area events. As our Area has grown in size, both geographically and in number of groups, our Area get-togethers have actually decreased. Functions scheduled to-date for the year 2011 include the January Day of Sharing/Inventory Day, March Delegate's Day, April Fellowship Day, May Assembly, September Election Assembly, October Assembly, and November Fellowship Day, effectively leaving us only two scheduled Fellowship Days which have traditionally included time for the service committees to meet with the Committee Chairs.

Propose: the addition of another Fellowship Day to be held in June beginning in 2011 to be held in a centrally-located part of our Area; in the interest of keeping costs down, this event could be held from 9 a.m. to 1 p.m., thereby eliminating the lunch break. The agenda will be at the discretion of the Area Chairperson.

Respectfully submitted:

Pat L.

Area 48 Alternate Chair/Functions Chair

*Agenda Proposals need to be published in at least three Newsletters.*

HMB Area Service Manual, p. 13

\*\* Please submit articles and reports for the November 2010 issue by **October 5, 2010**\*\*

[hmb48newsletter@yahoo.com](mailto:hmb48newsletter@yahoo.com)

**HMB Area 48 Area Fellowship Day**  
**Third Reformed Church, Albany, NY**  
**Saturday, September 11, 2010**  
**DRAFT MINUTES**

A total of 85 attendees signed in at the event.

Meeting called to order at 10:00 a.m. by Area Chair Keith D. He mentioned that since the last Area event on May 16, the Fellowship has lost two members who did enormous service at the Group, District and Area levels and gave a lot back to the Fellowship: Ann Huntington and Paul Latimer. Keith D. asked that we dedicate our service work to their memory. There was a moment of silence and the Serenity Prayer was recited.

At 10:05 a.m. the meeting broke into small groups for separate Service Committee meetings (Archives, BTG, CFC, CPC, Finance, Grapevine, Newsletter, PI, SN, TFC & Web Site. DCMs also met separately.

At 11:00 a.m. Keith D. called the Area Business Meeting to order. He announced that during the break-out meetings in the previous hour the following Committees selected Chairpeople, to begin service on Jan. 1, 2011: Bridging the Gap: Erin D. of District 5; Grapevine: Sue P. of District 13 (with Maria of District 18 as Alternate Chair); and Public Information: Bill B. of District 9.

**Area Officer Reports:**

Area Delegate Deb D.'s report included a plea to the group to fill out and return questionnaires from GSO on electronic delivery of AA materials, and the Grapevine (*attached*). She also distributed the Confidential Report of the 2010 General Service Conference (*attached*), and pointed out highlights on pp. 7-10, 28, 43, 57, 68, 78 and 80. Also, Deb's email of August 22, 2010 updating members on a number of topics, is *attached*.

Area Chair Keith D.'s report (*attached*) included memorials to Ann Huntington and Paul Latimer, a report on summer activities, and a rundown on upcoming events

Alternate Area Chair Pat L. reported her service activity over the summer (*attached*) and upcoming events, as well as reporting on today's meeting of the DCMs (*attached*). The DCMs discussed, among other things, on funding and hall rentals for Area events, insurance and other matters.

Area Secretary William T. presented the revised draft minutes of the Area Assembly on May 16, 2010 in Cobleskill. The reading of the minutes was waived. Motion by Les to accept the minutes as presented, seconded by Bill B., approved unanimously.

Alternate Area Secretary Chris M. was absent due to a family obligation.

Area Treasurer Chris S. presented the Treasurers Report for August 2010 (*attached*). Beginning balance 8/1/10: \$8,828.88; ending balance 8/31/10: \$8,577.60. Less prudent reserve (\$7,000) leaves an available balance of \$1,577.60. Motion by Bill B. to accept the Treasurers Report, seconded by Erin D., approved unanimously.

Area Alternate Treasurer Tad J.: Report *attached*. The ad hoc Meeting Schedule Committee (Tad J., Chriss M., Dave S., Bob F. and John D.) met over the summer, prepared a request for proposal for printing the 2011 schedule and sent it to 28 printing firms. Four returned bids, and they will be opened today. The Committee will recommend action at the October 2010 Assembly. Tad also announced he still has several hundred 2010 meeting books for sale, either by order form or by contacting him.

### Committee Chair Reports:

Archives Committee Chair Michael L. presented the Area with two publications for the Archives, brought back from the 75<sup>th</sup> Anniversary AA Convention in San Antonio in July 2010. He gave a brief history of the Area 48 Archives, described the work of the committee and the importance of maintaining artifacts that the viewer can interact with, not just view. He invited members to join the committee.

Bridging the Gap Chair Sue P. reported that the new mail drop system for Bridging the Gap is a success. Some kinks still remain to be worked out, e.g. speeding up the process, but it is otherwise working well. She reported that the Committee has received a lot of phone calls this summer.

Cooperation with the Professional Community Chair Brenda O. presented her report (*attached*). It included work bringing the message into schools and school Web sites; making yourself available to doctors who might have questions about alcoholism; and improving communication between the Area CPC committee and District CPC committees and DCMs.

Corrections, Grapevine and Newsletter Committee chairs not present.

Web Site Committee chair Maryanne N. was unable to attend the Fellowship Day because of an accident.

Public Information Chair Bill B. gave an update software improvements, and thanked the committee members for the opportunity to serve as chair.

Special Needs Chair Lori J. presented a written report. She spoke of her recent activity with workshops, literature, young people and elders in A.A., single parents, and how these groups can better be accommodated in meetings. Special needs include impairments in visual, language, auditory, physical and literacy abilities.

Treatment Chair Bill C. made a report which included his asking his committee members to make reports, so that he is better able to know what is going on in the Districts.

### Announcements:

- Joan R., Past Delegate and Chair of NERAASA 2012 in Albany, which HMB Area 48 is hosting, gave the email address: [neraasa2012@gmail.com](mailto:neraasa2012@gmail.com). Committee chairs have been chosen. Watch for more information in subsequent issues of the Area Newsletter.
- Wally M., District 5 DCM, introduced nine members of Saratoga Young People in A.A. (TOGYPA) and reported on their recent activities, specifically the Bid Committee's work to bring the Eastern Area Conference of Young People in A.A. (EACYPAA) to Saratoga in 2012. Upcoming events, which include Rollypaa on September 17, Campypaa on Sept. 24-26, and a Big Book workshop on November 20, can be seen on the group's Web site [www.togypaa.org](http://www.togypaa.org)
- Deb D., Area Delegate reminded the Assembly of NERAASA 2011, hosted by SENY in Westchester County (flyer and registration form *attached*). She also announced that HMB Area 48 will be hosting the NYS Convention in 2012 (there will be no Area convention that year). Tad J. and Deb D. are co-chairing the event and volunteers are welcome and encouraged to volunteer to work on the Host Committee.

12:15 – 1:00 p.m. LUNCH

1:00 p.m. – 2:00 p.m. Group Service Representative Workshop: Tammy E., William T., and Tad J. presenting.

2:00 p.m. – 3:00 p.m. Traditions Workshop: George B., Les B., and presenting

3:01 p.m. Meeting adjourned.

Respectfully submitted,

William T., secretary, HMB Area 48

# GRAPEVINE QUESTIONNAIRE

To All A.A. Members!

Please complete this questionnaire and return it to your Area Delegate as soon as possible, but no later than November 30, 2010. The compiled results of this questionnaire will be sent to the General Service Office by December 31 to be included as background material for the 2011 Conference Committee on the A.A. Grapevine.

1. What is the value of the Grapevine magazine to you?

---

---

2. How do you use the Grapevine magazine?

---

---

3. What would you like to change about the Grapevine magazine?

---

---

4. What do you think the purpose of the Grapevine magazine should be?

---

---

5. Please answer **one** of the following questions:

a) If you currently have a print subscription: If the GV offers digital delivery (e.g., e-mail) in addition to the print version, will you discontinue the print version? Yes \_\_\_ No \_\_\_

**OR**

b) If you currently do not have a print subscription: If the GV offers digital delivery (e.g., e-mail) in addition to the print version, will you begin subscribing? Yes \_\_\_ No \_\_\_ -- If Yes, and the digital and print are a bundled subscription, would you discontinue the print version? Yes \_\_\_ No \_\_\_

6. Important questions about you:

- a) How old are you? \_\_\_\_\_
- b) How long have you been sober? \_\_\_\_\_ years
- c) Are you a GSR? Yes \_\_\_ No \_\_\_
- d) What district are you in (if known): \_\_\_\_\_

**Grapevine Questionnaire (cont.)**

7. Do you currently subscribe to the Grapevine Magazine? Yes \_\_\_\_\_ No \_\_\_\_\_

8. If you do not currently subscribe, have you previously? Yes \_\_\_\_\_ No \_\_\_\_\_ ..... If yes:

a) How long ago? \_\_\_\_\_ years

b) Why did you discontinue your subscription? (check all that apply)

Content

Price increase

No longer read magazines

No longer use or benefit from

Other: \_\_\_\_\_

9. If you do not subscribe, what would need to change for you to subscribe?

Content

Format (digital)

Price reduction (willing to sacrifice color, pages)

Nothing, will not subscribe

Other: \_\_\_\_\_

10. If you checked "content" as a reason you do not subscribe or as an area you would like to see change, please elaborate...what specific changes would you like to see?:

11. Do you think it is important for the Grapevine Magazine to continue? Yes \_\_\_\_\_ No \_\_\_\_\_

12. In reference to pricing: (the Grapevine currently operates in a deficit, with shortfalls being covered by General Service Board approved withdrawals from the Reserve Fund).

a) Do you think the Grapevine Magazine should be priced so that the Grapevine is self-supporting?

Yes \_\_\_\_\_ No \_\_\_\_\_ DON'T KNOW \_\_\_\_\_

b) Do you think the Grapevine Magazine should remain priced lower than the cost of production, and that the Grapevine Board and General Service Board should generate plans to subsidize operations to bring to the fellowship for consideration?

Yes \_\_\_\_\_ No \_\_\_\_\_ DON'T KNOW \_\_\_\_\_

**Please mail completed questionnaire to the Area 48 Delegate:**

**Thank you for taking the time to complete this important questionnaire!**

Submit by November 30, 2010 at [hmbdelegate@aahmbny.org](mailto:hmbdelegate@aahmbny.org) or

Deb D - HMB Area 48 Delegate, 385 Dewitt Mills Road, Kingston, NY 12401

# Area 48 2011 Proposed Budget

Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Finance Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only when an accounting of the previous allocation has been made. Eligible expenses include mileage at \$0.30 per mile, tolls, postage, supplies, telephone, printing, copies and other. Receipts and mileage details are required.

The funded amount for various events is based on hotel costs, registration costs, and mileage to the 2010 event and estimated costs to the 2011 event. It is hoped that this method will help bring the budget closer to the actual expenses and give all those who want to serve the HMB Area an equal opportunity. Allocations are for the specific event only and cannot be utilized for another event. **As always, those funded are asked to share expenses whenever possible.**

<u>Expenses:</u>		Position Total		Expense Allocation	NERAASA -Tarrytown	NERF-Sturbridge, MA	NYS Convention	NYSIW-HMB	HMB CONV-Hudson Valley Cluster
<b>Area Officer Allocations:</b>									
	Area Delegate	\$ 4,250.00		\$ 4,250.00	Event costs are included in allocation				
	Area Chairperson	\$ 3,250.00		\$ 3,250.00	Event costs are included in allocation				
	Alternate Area Chairperson	\$ 1,550.00		\$ 500.00	\$350.00		\$250.00	\$200.00	\$250.00
	Secretary	\$ 1,450.00		\$ 400.00	\$350.00		\$250.00	\$200.00	\$250.00
	Alternate Treasurer	\$ 1,250.00		\$ 400.00	\$350.00		\$250.00		\$250.00
	Registrar/Alt. Secretary	\$ 1,650.00		\$ 800.00	\$350.00		\$250.00		\$250.00
	Treasurer	\$ 1,850.00		\$ 800.00	\$350.00		\$250.00	\$200.00	\$250.00
<b>Committee Chairs and Others Allocations:</b>									
	TF Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	CF Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	BTG Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	PI Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	CPC Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	SN Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Grapevine Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Archivist	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Newsletter Editor	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Website Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	HMB Convention Chair	\$ 300.00		\$ 300.00					
	<b>Sub-Totals</b>	<b>\$ 32,850.00</b>		<b>\$ 15,000.00</b>	<b>\$5,250.00</b>	<b>\$2,500.00</b>	<b>\$3,750.00</b>	<b>\$2,600.00</b>	<b>\$3,750.00</b>

<b>Other Expenses</b>		
GSO Conference Contribution		\$ 2,000.00
Newsletter Printing		\$ 2,500.00
Newsletter Postage		\$ 3,500.00
Area Inventory Day		\$ 400.00
Day of Sharing/Delegates Day		\$ 400.00
Area Assemblies (3)		\$ 1,200.00
Fellowship Days (2)		\$ 800.00
Insurance Costs		\$ 400.00
Website Expenses		\$ 300.00
Grapevine Materials, AA Service Manuals	(Seed Money)	\$ 400.00
HMB Service Manual Updates		\$ 200.00
HMB Meeting Books for Committee Chairs		\$ 700.00
HMB Convention 2011	(Seed Money)	\$ 2,000.00
NYS Info Workshop 2011	(Seed Money )	\$ 1,000.00
3000 Additional HMB Meeting Schedule Books	(Seed Money)	\$ 1,700.00
HMB Corrections Connection Workshop		\$ 300.00
Mail Box Service		\$ 600.00
Archive Storage Fees		\$ 800.00
Tax Preparation		\$ 600.00
Prior Year Expenses		\$ 500.00
	<b>Sub-Total</b>	\$ 20,300.00
<b>Total Expenses:</b>		\$ 53,150.00
<b>Income:</b>		
HMB Convention (Seed Money Returned)		\$ 2,000.00
HMB Convention (Overage)		-
NYSIW (Seed Money Returned)		\$ 1,000.00
Grapevine Materials, AA Service Manuals (Seed Money Returned)		\$ 400.00
Projected Group Contributions		\$ 38,250.00
Estimated Checkbook Carryover on 1/1/11		\$ 10,000.00
Extra HMB Meeting Books (Seed Money Returned)		\$ 1,500.00
Total Income Needed:		\$ 53,150.00
<b>Misc Information:</b>		
Prudent Reserve		\$ 7,000.00
Mileage Rate		\$ 0.30

Allocations to clusters for Area functions will be \$400 per function. Amount allocated should be sufficient to cover event costs– if clusters need assistance staying within budget, they should contact the Alternate Area Chair and/or seek guidance from experienced members. If the cost of the event should exceed the amount allocated, plus the 7th Tradition contributions, Districts within the host Cluster should arrange to divide costs over the allocated amount. The reimbursement of expenses exceeding the allocated amount will be considered by the Finance Committee if requested. Any 7th Tradition donations collected in excess of the expenses shall be returned to the Area. There are two Area Assemblies in even-numbered years (May and October). There are three Area Assemblies in odd-number years including the Area Election Assembly held in September.

Committees receiving HMB Meeting Schedules are PI, CPC, TF, BTG, and SN.

The Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is an assembly for GSR's, DCM's and Area Committee Members of the Northeast Region to discuss issues and concerns affecting AA as whole, as well as pertinent aspects of recovery, unity, and service common to the Northeast Region. The 2011 event will be held in Tarrytown, NY.

Additional items may be funded at the discretion of the HMB Finance Committee.

# HMB Area 48 2010 Meeting Schedule Order Form

## Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous 2010 HMB Meeting Schedule Book Order Form

*Limited Quantity Available*

Schedules are \$.50 ea. (Minimum order 10)			
Shipping Cost per Book:			
10-50	\$12.00	601-900	\$48.00
51-100	\$16.00	901-1200	\$64.00
101-300	\$24.00	1201-1500	\$80.00
301-600	\$32.00	1501-1800	\$96.00

**ALL ORDERS MUST BE PREPAID**

Mail Orders To: HMB Meeting Schedules  
PO Box 74  
Castleton, NY 12033

Inquiries to: [hmbalttreasurer@nycap.rr.com](mailto:hmbalttreasurer@nycap.rr.com)  
(518) 366-5631

### ORDER INFORMATION

**No Shipping to PO Boxes**

**Please Make Checks Payable To: "HMB Meeting Schedules"**

PLEASE PRINT LEGIBLY

Name: \_\_\_\_\_ Group or Organization: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Order Quantity: \_\_\_\_\_ X \$.50 = \$ \_\_\_\_\_

Shipping & Handling: \_\_\_\_\_ = \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

2010

# 2010 H.M.B. 48 Convention

November 5, 6, 7 2010

## Comfort Inn Lake Placid

2125 Saranac Ave.  
Lake Placid, NY 12946  
(518) 523-9555

[www.comfortinn.com/hotel-lake\\_placid-new\\_york-NY296?](http://www.comfortinn.com/hotel-lake_placid-new_york-NY296?)  
\$79.99 per night - Double (Ask for the H.M.B. rate)



*Additional Lodging can be made at:*

Econo Lodge Lake Placid  
5828 Cascade Rd.  
Lake Placid, NY 12946  
(518) 523-2817

[www.econolodge.com/hotel-lake\\_placid-new\\_york-NY128?](http://www.econolodge.com/hotel-lake_placid-new_york-NY128?)  
\$89.99 per night - Double

*Room Reservation needs to be made through the hotel directly*  
Hotel Accommodations **MUST** be secured by September 17, 2010

(This is a very busy weekend in Lake Placid, so the rooms will be sold quickly)

## Practicing the A.A. Principles – The Path to Unity

Friends, Fellowship, Meetings & Speakers, Panels & Workshops  
Friday Night Skit & Open Mic  
Saturday Night Banquet & Dance

Hosted by the Adirondack Service Cluster Districts 19, 10, 13 & 5

Contact Information: Don S. - 518-521-3223



-----  
Convention Registration form

**One Person per form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: (\_\_\_\_\_) \_\_\_\_\_-\_\_\_\_\_

\_\_\_\_\_ Years in the Program  
\_\_\_\_\_ A.A. \_\_\_\_\_ Al Anon

*Detach & Mail with Check or Money Order Payable to:*  
H.M.B. Area 48 Convention 2010  
P.O. Box 6  
Burke, NY 12917

Special Needs? \_\_\_\_\_

Saturday Banquet \$30.00 per plate  
Includes: Salad, Beverage & Dessert

Please Indicate Choice: \_\_\_\_\_ N.Y. Strip Steak  
\_\_\_\_\_ Cedar Plank Salmon  
\_\_\_\_\_ Chicken Cordon Bleu

*Banquet Reservations Cut Off:* October 29, 2010

\$23.00 Registration Fee (Before Sept. 17, 2010) or  
\$27.00 Registration Fee (After Sept. 17, 2010)  
\_\_\_\_\_ Banquet  
\_\_\_\_\_ Total Enclosed

*Walk in Fee for Saturday Evening activities after 4 PM will be \$12.00 (Excluding Banquet)*

**HMB AREA NEWSLETTER (6/2010)**

**17 Candy Lane**

**Hopewell Junction, NY 12533**

**RETURN SERVICE REQUESTED**