

HMB AREA 48

NEWSLETTER



A version of this newsletter and previous editions is at:

<http://www.aahmbny.org>



Step 8 – Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition 8 – Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Concept VIII - The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their

Eighth Tradition Checklist

1. Is my own AA behavior accurately described by the Traditions? If not, what needs changing?
2. Do I know who wrote down each one of my Traditions, and why? What would AA be like without them?
3. When I chafe about any particular Tradition, do I realize how it affects the others?
4. Do I sometimes try to get *some* reward--even if not money--for my personal AA efforts?
5. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
6. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
7. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition? Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition--How It Developed*?

Concept VIII Checklist

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?

Does my home group subscribe to G.S.O.’s bimonthly newsletter Box 4-5-9? The A.A.Grapevine? Do I?

HMB EVENT SCHEDULE - 2010

September	Fellowship Day	Eastern (1,2,18)	Saturday, September 11,2010
October	Area Assembly	Central (4, 8, 14)	Saturday, October 16, 2010
November	HMB Area Convention	Adirondack (5, 10, 13, 19)	Fri-Sun, November 5-7,2010
November	Fellowship Day	Western (9,12)	Sunday, November 21,2010

Ongoing in Area 48 EACYPAA Bid Committee Needs You Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48 **Contacts:** Maria (518) 441-5511; Will (419)215-2907; Tori (518)701-5070, or e-mail saratogaecypaabid@gmail.com.

*****Important Announcement*****

CONTRIBUTIONS ONLINE is Up and Running

Dear Fellow Members,


Please pass on the information to other members and groups that you can now contribute online to the General Service Office. You can do Group Contributions, Individual Contributions and Birthday Contributions. It is very easy to use and can be done via credit card or e-check. If you go to the www.aa.org website, you will see an icon that will take you to the Contributions link.

Best regards,

Deb D.

Panel 60, Area 48 Delegate

DISTRICT AND GROUP TREASURERS—below are the addresses in which to send contributions....

HMB AREA ASSOCIATON RTE. 30, #114 118 POLAR PLAZA AMSTERDAM, NY 12010		GENERAL SERVICE OFFICE PO BOX 459 GRAND CENTRAL STATION NEW YORK, NY 10163
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Save the Date!

Saturday, September 11, 2010

HMB Area Fellowship Day

**Third Reformed Church
20 Ten Eyck Avenue
Albany, New York 12209**

9:00 am—3:00 pm

**Fellowship, food and information
Complete Agenda to Follow**

Hosted by District 1

Welcome Back to Service!

**JOIN US ON A TOUR OF
YOUR
GENERAL SERVICE OFFICE
FRIDAY, 8 OCTOBER 2010**

	TIME
Depart Albany	7:00 AM
Arrive GSO	10:30 AM
Open Meeting	11:00 AM
Lunch	12:00 PM
GSO Tour	1:15 PM
Visit Archives	2:30 PM
Depart GSO	4:00 PM
Arrive Albany	7:30 PM

For information contact: Denise (518) 438-6451 or jodenjo@gmail.com

First Come-First Served-Only 50 Seats available on the Coach

\$35.00 round trip – does not include lunch

Funds must be received no later than Friday, October 1, 2010

CHECKS PAYABLE to: GSO Tour

MAIL to: 2 Wendell Drive, Albany, NY 12205

AREA REPORTS: September 2010

Area Chair Report- September 2010

I want to start off by thanking all of those who attended and participated in this year's New York State Informational Workshop. This year's event was hosted by SENY at the Graymoor in Garrison, NY. The event was well attended, as the original 78 registrants grew to a final number of 150.

Speaking on panels for HMB Area 48 were Pat L for Public Information, Lori J for Special Needs, Bill C for Treatment, Marcy Z for Technology in AA & John D for CPC along with Deb D speaking on Money & Spirituality. Our Corrections Chair Bill G had last minute transportation problems and could not attend, so I filled him for him.

Next year our Area will host the event, so please makes plans on attending. I have asked Pat L to chair the workshop. I know with Pat's past experience in chairing HMB Area Conventions, she will do a wonderful job.

With the Informational Workshop out of the way my attention is now focused on the next Area Event which is Fellowship Day, Saturday September 11th, hosted by Districts 1, 2 & 18. As I have mentioned in my previous reports, we have three Service Committees voting on new Chairs and Alternates. The committees are Public Information (PI), Bridging the Gap (BTG) & Grapevine (GV). Again if you are interested in any of these positions, you need to be in attendance. And if you are in a new position with your District in any of these or any other Service jobs, please attend. It's a great way to educate you on what we do for the Fellowship and the communities we live in.

Also on the Agenda that day we will have our regular Area 48 Business Meeting. The afternoon will be filled with two Service Workshops. The first will be a GSR Workshop from 1-2 pm. Following this from 2-3 pm will be a Traditions Workshop. Again if you are new or looking for more information about a given position this is a great way to obtain the information you are looking for. I look forward to seeing you there.

Please review the Area Calendar in this Newsletter to see what else is scheduled for the remainder of the year. As is custom for the Area we will be voting on the 2011 HMB Budget at the October Assembly. It is very im-

portant that you make your Group's voice heard, so please review the Proposed Budget with you Group and let the Area know what you think, remember all registered GSR's or their Alternates have a vote at the Assembly. This along with all DCM's or their Alternates, Area Committee Chairs and Area Officers and last but not least our Past Delegate's have a vote.

If anyone needs any assistance from me, my contact information is as follows; hmbareachair@hvc.rr.com. My home phone is 845-331-4213 and cell 845-242-2744. It is an honor to serve HMB Area 48 and Alcoholics Anonymous. Remember "Service is the Secret".

Keith D – Panel 60 Area 48 Chair / Alt. Delegate

Alternate Chair report—September 2010

Hi all

With summer winding down, we are looking at a full Fall schedule for our Area.

September 11 Fellowship Day: the Eastern Cluster hosts with District 1 as the location, flyer with all the details is in the newsletter

October 8 is the GSO bus tour with payment of \$35 due by October 1, 2010... flyer in the newsletter.

October 16, 2010 the Area Assembly will be in District 14 in Scotia, at this assembly we will vote on a budget for 2011.

November 5,6,7 2010 our Area Convention will be in Lake Placid NY hosted by the Adirondack Cluster; the Convention committee is now looking for volunteers for greeters, hospitality, and Alkathon. If you want to sign up..email me at latimerpat@gmail.com and I'll forward you the emails with the signup sheets.

November 21 2010 our last Fellowship Day of the year will be in Utica at the Upstate Cerebral Palsy building.

Hope to see you at all the Fall events.

In loving service

Pat L

Area Alternate Chair

A.A. MEMBERS
electronic delivery...
Tell Us What You Think

The U.S. and Canada A.A. General Service office needs your input to help determine how best to serve those interested in accessing A.A. literature or information electronically.

1. Are you interested in reading A.A. literature on your mobile device or computer? (Circle one)

Yes No Maybe Don't know

If yes/maybe, which devices would you use? (select all that apply)

- E-Reader Smartphone/Mobile Device
 - Computer/Desktop/Laptop/Netbook
 - Other *(please specify)*
-

2. Which A.A. book would you want available electronically?

3. Which A.A. pamphlet would you want available electronically?

4. What other services or information do you want your G.S.O. to provide electronically?

Submit by October 1, 2010 at hmbdelegate@aahmbny.org or

Deb D - HMB Area 48 Delegate, 385 Dewitt Mills Road, Kingston, NY 12401

Self Support—Seventh Tradition

It was recommended that the trustees' Finance Committee gather personal stories drawn from the Fellowship that humanize the impact of Seventh Tradition monies for the purpose of communicating with the Fellowship about Self-Support in new or existing literature.

Submit response by November 1, 2010 at hmbdelegate@aahmbny.org or

Deb D - HMB Area 48 Delegate, 385 Dewitt Mills Road, Kingston, NY 12401

GRAPEVINE QUESTIONNAIRE

To All A.A. Members!

Please complete this questionnaire and return it to your Area Delegate as soon as possible, but no later than **November 30, 2010**. The compiled results of this questionnaire will be sent to the General Service Office by December 31 to be included as background material for the 2011 Conference Committee on the A.A. Grapevine.

1. What is the value of the Grapevine magazine to you?

2. How do you use the Grapevine magazine?

3. What would you like to change about the Grapevine magazine?

4. What do you think the purpose of the Grapevine magazine should be?

5. Please answer **one** of the following questions:

a) If you currently have a print subscription: If the GV offers digital delivery (e.g., e-mail) in addition to the print version, will you discontinue the print version? Yes ___ No ___

OR

b) If you currently do not have a print subscription: If the GV offers digital delivery (e.g., e-mail) in addition to the print version, will you begin subscribing? Yes ___ No ___ -- If Yes, and the digital and print are a bundled subscription, would you discontinue the print version? Yes ___ No ___

6. Important questions about you:

- a) How old are you? _____
- b) How long have you been sober? _____ years
- c) Are you a GSR? Yes ___ No ___
- d) What district are you in (if known): _____

Grapevine Questionnaire (cont.)

7. Do you currently subscribe to the Grapevine Magazine? Yes _____ No _____

8. If you do not currently subscribe, have you previously? Yes _____ No _____ If yes:

a) How long ago? _____ years

b) Why did you discontinue your subscription? (check all that apply)

Content

Price increase

No longer read magazines

No longer use or benefit from

Other: _____

9. If you do not subscribe, what would need to change for you to subscribe?

Content

Format (digital)

Price reduction (willing to sacrifice color, pages)

Nothing, will not subscribe

Other: _____

10. If you checked "content" as a reason you do not subscribe or as an area you would like to see change, please elaborate...what specific changes would you like to see?:

11. Do you think it is important for the Grapevine Magazine to continue? Yes _____ No _____

12. In reference to pricing: (the Grapevine currently operates in a deficit, with shortfalls being covered by General Service Board approved withdrawals from the Reserve Fund).

a) Do you think the Grapevine Magazine should be priced so that the Grapevine is self-supporting?

Yes _____ No _____ DON'T KNOW _____

b) Do you think the Grapevine Magazine should remain priced lower than the cost of production, and that the Grapevine Board and General Service Board should generate plans to subsidize operations to bring to the fellowship for consideration?

Yes _____ No _____ DON'T KNOW _____

Please mail completed questionnaire to the Area 48 Delegate:

Thank you for taking the time to complete this important questionnaire!

Submit by November 30, 2010 at hmbdelegate@aahmbny.org or

Deb D - HMB Area 48 Delegate, 385 Dewitt Mills Road, Kingston, NY 12401

Proposal for the October Assembly

Background: when the gavel falls at the end of our May Assembly in recent years, we do not meet again as an Area until the second Saturday in September, leaving a gap of 4 months between Area events. As our Area has grown in size, both geographically and in number of groups, our Area get-togethers have actually decreased. Functions scheduled to-date for the year 2011 include the January Day of Sharing/Inventory Day, March Delegate's Day, April Fellowship Day, May Assembly, September Election Assembly, October Assembly, and November Fellowship Day, effectively leaving us only two scheduled Fellowship Days which have traditionally included time for the service committees to meet with the Committee Chairs.

Propose: the addition of another Fellowship Day to be held in June beginning in 2011 to be held in a centrally-located part of our Area; in the interest of keeping costs down, this event could be held from 9 a.m. to 1 p.m., thereby eliminating the lunch break. The agenda will be at the discretion of the Area Chairperson.

Respectfully submitted:

Pat L.

Area 48 Alternate Chair/Functions Chair

Agenda Proposals need to be published in at least three Newsletters.

HMB Area Service Manual, p. 13

** Please submit articles and reports for the October 2010 issue by **September 5, 2010****

hmb48newsletter@yahoo.com

HMB AREA 48 ASSEMBLY

HOSTED BY HMB DISTRICT 14

SATURDAY OCTOBER 16, 2010

SCOTIA UNITED METHODIST CHURCH

201 NORTH TEN BROECK STREET

SCOTIA NEW YORK 12302

9:00 AM to 3:00 PM

AGENDA: TBD

DIRECTIONS:

FROM SCHENECTADY ROUTE 5 WESTBOUND Cross the Western Gateway Bridge and proceed onto Mohawk Avenue. At No.Ten Broeck Street (traffic light at intersection- firehouse on right) proceed two blocks to the church on left.

From Route 5 Eastbound At No. Ten Broeck Street (traffic light at intersection, Stewarts Shop on left) turn left and proceed two blocks to church on left.

Contact Person: Wyatt W. 374-5121

NERAASA 2012

March 2 – March 4

CROWNE PLAZA

State and Lodge Streets

Albany, NY 12207

Hosted by Area 48 HMB

Hudson-Mohawk-Berkshire

Area 48 2011 Proposed Budget

Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Finance Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only when an accounting of the previous allocation has been made. Eligible expenses include mileage at \$0.30 per mile, tolls, postage, supplies, telephone, printing, copies and other. Receipts and mileage details are required.

The funded amount for various events is based on hotel costs, registration costs, and mileage to the 2010 event and estimated costs to the 2011 event. It is hoped that this method will help bring the budget closer to the actual expenses and give all those who want to serve the HMB Area an equal opportunity. Allocations are for the specific event only and cannot be utilized for another event. **As always, those funded are asked to share expenses whenever possible.**

<u>Expenses:</u>		Position Total		Expense Allocation	NERAASA -Tarrytown	NERF-Sturbridge, MA	NYS Convention	NYSIW-HMB	HMB CONV-Hudson Valley Cluster
Area Officer Allocations:									
	Area Delegate	\$ 4,250.00		\$ 4,250.00	Event costs are included in allocation				
	Area Chairperson	\$ 3,250.00		\$ 3,250.00	Event costs are included in allocation				
	Alternate Area Chairperson	\$ 1,550.00		\$ 500.00	\$350.00		\$250.00	\$200.00	\$250.00
	Secretary	\$ 1,450.00		\$ 400.00	\$350.00		\$250.00	\$200.00	\$250.00
	Alternate Treasurer	\$ 1,250.00		\$ 400.00	\$350.00		\$250.00		\$250.00
	Registrar/Alt. Secretary	\$ 1,650.00		\$ 800.00	\$350.00		\$250.00		\$250.00
	Treasurer	\$ 1,850.00		\$ 800.00	\$350.00		\$250.00	\$200.00	\$250.00
Committee Chairs and Others Allocations:									
	TF Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	CF Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	BTG Committee Chair	\$ 1,800.00		\$ 500.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	PI Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	CPC Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	SN Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Grapevine Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Archivist	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Newsletter Editor	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	Website Committee Chair	\$ 1,700.00		\$ 400.00	\$350.00	\$250.00	\$250.00	\$200.00	\$250.00
	HMB Convention Chair	\$ 300.00		\$ 300.00					
	Sub-Totals	\$ 32,850.00		\$ 15,000.00	\$5,250.00	\$2,500.00	\$3,750.00	\$2,600.00	\$3,750.00

Other Expenses		
GSO Conference Contribution		\$ 2,000.00
Newsletter Printing		\$ 2,500.00
Newsletter Postage		\$ 3,500.00
Area Inventory Day		\$ 400.00
Day of Sharing/Delegates Day		\$ 400.00
Area Assemblies (3)		\$ 1,200.00
Fellowship Days (2)		\$ 800.00
Insurance Costs		\$ 400.00
Website Expenses		\$ 300.00
Grapevine Materials, AA Service Manuals	(Seed Money)	\$ 400.00
HMB Service Manual Updates		\$ 200.00
HMB Meeting Books for Committee Chairs		\$ 700.00
HMB Convention 2011	(Seed Money)	\$ 2,000.00
NYS Info Workshop 2011	(Seed Money)	\$ 1,000.00
3000 Additional HMB Meeting Schedule Books	(Seed Money)	\$ 1,700.00
HMB Corrections Connection Workshop		\$ 300.00
Mail Box Service		\$ 600.00
Archive Storage Fees		\$ 800.00
Tax Preparation		\$ 600.00
Prior Year Expenses		\$ 500.00
	Sub-Total	\$ 20,300.00
Total Expenses:		\$ 53,150.00
Income:		
HMB Convention (Seed Money Returned)		\$ 2,000.00
HMB Convention (Overage)		-
NYSIW (Seed Money Returned)		\$ 1,000.00
Grapevine Materials, AA Service Manuals (Seed Money Returned)		\$ 400.00
Projected Group Contributions		\$ 38,250.00
Estimated Checkbook Carryover on 1/1/11		\$ 10,000.00
Extra HMB Meeting Books (Seed Money Returned)		\$ 1,500.00
Total Income Needed:		\$ 53,150.00
Misc Information:		
Prudent Reserve		\$ 7,000.00
Mileage Rate		\$ 0.30

Allocations to clusters for Area functions will be \$400 per function. Amount allocated should be sufficient to cover event costs— if clusters need assistance staying within budget, they should contact the Alternate Area Chair and/or seek guidance from experienced members. If the cost of the event should exceed the amount allocated, plus the 7th Tradition contributions, Districts within the host Cluster should arrange to divide costs over the allocated amount. The reimbursement of expenses exceeding the allocated amount will be considered by the Finance Committee if requested. Any 7th Tradition donations collected in excess of the expenses shall be returned to the Area. There are two Area Assemblies in even-numbered years (May and October). There are three Area Assemblies in odd-number years including the Area Election Assembly held in September.

Committees receiving HMB Meeting Schedules are PI, CPC, TF, BTG, and SN.

The Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) is an assembly for GSR's, DCM's and Area Committee Members of the Northeast Region to discuss issues and concerns affecting AA as whole, as well as pertinent aspects of recovery, unity, and service common to the Northeast Region. The 2011 event will be held in Tarrytown, NY.

Additional items may be funded at the discretion of the HMB Finance Committee.

HMB Area 48 2010 Meeting Schedule Order Form

Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous 2010 HMB Meeting Schedule Book Order Form

Limited Quantity Available

Schedules are \$.50 ea. (Minimum order 10)			
Shipping Cost per Book:			
10-50	\$12.00	601-900	\$48.00
51-100	\$16.00	901-1200	\$64.00
101-300	\$24.00	1201-1500	\$80.00
301-600	\$32.00	1501-1800	\$96.00

ALL ORDERS MUST BE PREPAID

Mail Orders To: HMB Meeting Schedules
PO Box 74
Castleton, NY 12033

Inquiries to: hmbal treasurer@nycap.rr.com
(518) 366-5631

ORDER INFORMATION

No Shipping to PO Boxes

Please Make Checks Payable To: "HMB Meeting Schedules"

PLEASE PRINT LEGIBLY

Name: _____ Group or Organization: _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Contact Person: _____ Email: _____

Phone: _____

Order Quantity: _____ X \$.50 = \$ _____

Shipping & Handling: _____ = \$ _____

Total Enclosed: \$ _____

2010

2010 H.M.B. 48 Convention

November 5, 6, 7 2010

Comfort Inn Lake Placid

2125 Saranac Ave.
Lake Placid, NY 12946
(518) 523-9555

www.comfortinn.com/hotel-lake_placid-new_york-NY296?
\$79.99 per night - Double (Ask for the H.M.B. rate)



Additional Lodging can be made at:

Econo Lodge Lake Placid
5828 Cascade Rd.
Lake Placid, NY 12946
(518) 523-2817

www.econolodge.com/hotel-lake_placid-new_york-NY128?
\$89.99 per night - Double

Room Reservation needs to be made through the hotel directly
Hotel Accommodations **MUST** be secured by September 17, 2010

(This is a very busy weekend in Lake Placid, so the rooms will be sold quickly)

Practicing the A.A. Principles – The Path to Unity

Friends, Fellowship, Meetings & Speakers, Panels & Workshops
Friday Night Skit & Open Mic
Saturday Night Banquet & Dance

Hosted by the Adirondack Service Cluster Districts 19, 10, 13 & 5

Contact Information: Don S. - 518-521-3223



Convention Registration form

One Person per form

Name: _____

Address: _____

Phone #: (_____) _____-_____

_____ Years in the Program
_____ A.A. _____ Al Anon

Detach & Mail with Check or Money Order Payable to:
H.M.B. Area 48 Convention 2010
P.O. Box 6
Burke, NY 12917

Special Needs? _____

Saturday Banquet \$30.00 per plate
Includes: Salad, Beverage & Dessert

Please Indicate Choice: _____ N.Y. Strip Steak
_____ Cedar Plank Salmon
_____ Chicken Cordon Bleu

Banquet Reservations Cut Off: October 29, 2010

\$23.00 Registration Fee (Before Sept. 17, 2010) or
\$27.00 Registration Fee (After Sept. 17, 2010)
_____ Banquet
_____ Total Enclosed

Walk in Fee for Saturday Evening activities after 4 PM will be \$12.00 (Excluding Banquet)

HMB AREA NEWSLETTER (6/2010)

17 Candy Lane

Hopewell Junction, NY 12533

RETURN SERVICE REQUESTED