

HMB AREA 48 NEWSLETTER



AA Principles of the Month

Step 5- Admitted to God, to ourselves, and another human being the exact nature of our wrongs.

Tradition 5 – Each group has but one primary purpose-to carry its message to the alcoholic who still suffers

Concept 5 - Throughout our structure, traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and persons; grievances receive careful consideration.

Tradition Five Checklist

1. Do I ever cop out by saying , “ I’m not a group, so this or that Tradition doesn’t apply to me”?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to 12-Step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
6. Do I remember that AA-old timers, too, can be alcoholics who will suffer ? Do I try both to help them and to learn from them ?

Concept Five Checklist

Do we encourage the minority opinion , the “Right of Appeal”, to be heard at our home group, district committee meetings, area assemblies and the Conference?

- What does our group accept as “substantial unanimity”?
- Has our group experienced the “tyranny of the majority” or the “tyranny of the minority”?
- Does our group understand the importance of all points of view being heard before a vote is taken?

DISTRICT AND GROUP TREASURERS—below are the addresses in which to send contributions....

HMB AREA ASSOCIATION
RTE. 30, #114
118 POLAR PLAZA
AMSTERDAM, NY 12010



GENERAL SERVICE OFFICE
PO BOX 459
GRAND CENTRAL STATION
NEW YORK, NY 10163

HMB EVENT SCHEDULE- 2010

<u>MONTH</u>	<u>EVENT</u>	<u>HOST CLUSTER</u>	<u>DATE</u>
May	HMB Ares Assembly	Central (4,8,14)	Saturday May 16, 2010
July	International Convention	San Antonio, Texas	July 1-4, 2010
August	NYS Information Workshop	SENY	August 6-8, 2010
September	Fellowship Day	Eastern TBD (1,2,18)	Saturday September 11, 2010
October	Assembly	Central (4,8,14)	Saturday October 17, 2010
November	HMB Convention	Adirondack	Friday-Sunday 5-7 2010
November	Fellowship Day	Western (9,12)	Sunday 21, 2010

- *Flyers for Area Events should be submitted 3 months in advance, if possible.*
- *Please consider those who have special needs in selecting your meeting site.*
- *Always include on the flyer a contact phone number & street address of the meeting site.*
- *Submit Biographies for Elected Positions to the Newsletter Editor by June 1st to be published in the July, August & September Newsletters.*

HMB AREA ASSEMBLY

Sunday, May 16, 2010

Warner Hall SUNY Cobleskill
State Route 7
Cobleskill NY 12043

9 AM to 3 PM

AGENDA TBD

Directions

—> **From Albany** take I-88 west to Cobleskill (Exit 21). Turn right off of the exit. Turn right on Route 7. Look for sign indicating SUNY Campus. Turn right into SUNY Cobleskill Campus in about 1 mile.

—> **From Oneonta** take I-88 East to Cobleskill (Exit 21). Turn left off of the exit. Turn right on Route 7. Look for sign indicating SUNY Campus. Turn right into SUNY Cobleskill Campus in about 1 mile.

—> **From Saugerties, Kingston & Beyond**—Take I-87 to Catskill (Exit 21). Left on CR-23B East. Merge onto 23 West. Follow to State Route 145. Follow 145 (Total of 40 Miles) to Cobleskill. Bear Left (West) to stay on NY-7/NY-10. Turn left onto SUNY Campus in about 1 mile.

—> **From Utica** take I-90 to Exit 29 toward Route 10. (Canajoharie, Sharon Springs). Turn right onto 5S and left onto NY-10 for about 10.5 miles. Make a sharp left onto US-20 for 4.9 miles. Stay straight to go onto NY-145 for 7.1 miles. Turn right onto NY-7. Turn left onto SUNY Campus in about 1 mile.

When you arrive at SUNY CAMPUS, Take 1st Left and follow to Warner Hall.

Contact person Rob B. 607-4413004

May 2010 HMB Area Assembly

The following proposals have been submitted for the May 2010 HMB Area Assembly. Please review and discuss at your home groups and district meetings. At the Area Assembly in May, we will be discussing them as an Assembly and then Voting on them. All are welcome to attend Area meetings. For the Assembly, those eligible to vote include:

- Area Delegate, Area Chair, Alternate Area Chair, Area Treasurer, Area Alternate Treasurer, Area Secretary, Alternate Area Secretary
- Area Service Committee Chairs OR their Alternate. (Include Archives, BtG, CF, CPC, GvR, SN, TF, Website)
- Past Area Delegates
- DCMs or their Alternate
- GSRs or their Alternate
- Note: Each person only has ONE vote.

PROPOSAL #1

In order to conform more appropriately to pages s46-s47 of the A.A. Service Manual, as well as Warranty 1 of Article 12 of the Conference Charter, and with established practice in the great majority of all Areas in the service structure; propose that past Delegates from the HMB Area relinquish voting rights at HMB Area Assemblies; and further refrain from taking on any Area responsibilities other than in a non-voting advisory capacity.

-Respectfully Submitted- Fred F.

PROPOSAL #2

In order to improve communication and co-operation between grassroots 12th Step efforts and the Area service structure; propose that the Capital District Central Office (CDCO) (G.S.O. service #000668800) be invited to attend any and all Area functions, and further that a CDCO representative be given voting privileges, carrying the same weight and responsibility as any GSR or other Area voting-eligible member.

-Respectfully Submitted- Fred F.

PROPOSAL #3

In order to improve communication and co-operation between grassroots 12th Step efforts and the Area service structure; propose that the Area create the service position of Intergroup Liaison; with the responsibility to attend the business meetings of the various intergroups and central offices (existing and any future) in the Area and to report at the Area Assemblies any and all concerns regarding any and all Area intergroup and central office activities.

-Respectfully Submitted- Fred F.

PROPOSAL #4

I propose that at the September Election Assembly, after the area officers are elected the Area should also try to name the incoming service chairs to fill the positions, which are due to rotate out at the end of the year. Hopefully all that are interested in doing a service chair work can put their wishes into the Area newsletter like the Officers do. Should it also be known that on the years there isn't an Election Assembly, that the service chairs should try to be named at the September Fellowship Day for the following year.

All of these positions should become effective as of Jan. 1 of the next year

Love in service-Bill C

PROPOSAL #5

Proposal.

The HMB area purchases a lap top computer exclusively for the use of the serving area treasurer.

The use of a computer has become a necessity to serve as the area treasurer; in an effort to make the job available to any member who qualifies to serve, the area should supply a lap top for the use of the treasurer; ownership of a computer should not be a requirement for service.

Personal use of the computer would be discouraged.

Selection of the lap top would be made by the Finance Committee, Cost not to exceed \$750.

Submitted by

Charles C
Past Delegate.

PROPOSAL #6**<http://www.ny-aa.org> PROPOSAL
BACKGROUND:**

The "New York Meeting List" website, <http://www.ny-aa.org>, has existed for 10+ years and initially served a vital service to New York AA members... The website allows users to search for meetings across New York State AND the site enables various "Areas" and "Intergroups" in NY State to list their AA meetings online, in a searchable format, regardless of their technical skills. Over time, a few key things have changed:

1. many NY "Areas"/"Intergroups" publish their own meeting lists online
2. ny-aa.org is no longer as functional as technology would allow
3. GSO's new database, Fellowship New Vision (FNV), does not naturally interlock with the current website, <http://www.ny-aa.org>

In addition to the aforementioned challenges that <http://www.ny-aa.org> is facing, it has become increasingly challenging to update and maintain all the New York State Meeting Lists. The large geographic areas who used to send data formatted specifically for <http://www.ny-aa.org> no longer do so and all changes to <http://www.ny-aa.org> must be manually processed. Sadly, it is possible that <http://www.ny-aa.org> is doing more harm than good at this point, we regularly receive angry emails from AA members in other parts of NY saying, "Why do you have this out-of-date meeting list information published on your website? Why can't you just refer AA members to our local (Rochester, Syracuse, Buffalo, etc) meeting list website?"

Lastly, Area 48 has a limited number of AA members participating in area service with web savvy and, given these limits, the area must determine how it wants to allocate these limited resources.

MOTION:

Transform <http://www.ny-aa.org> into a 'portal' website -- users would be presented with a map of NY State and they could click on various parts of the map, which would redirect them to the appropriate Intergroup or Area meeting list website.

Continue to provide an 'events' page on <http://www.ny-aa.org>, which would inform users of the New York State Convention, New York State Informational Workshop, North East Regional Service Assembly and other state-wide or country-wide events.

Continue to provide a 'links' page on <http://www.ny-aa.org>, which would help users find AA-related websites such as GSO, Grapevine, Al-Anon, etc.

Migrate the Area 48 meeting list content to the current Area website, <http://www.aahmbny.org>, with an updated look-and-feel that is more modern and functional; structure the new online meeting list so that it more naturally interlocks with our Fellowship New Vision (FNV) data

Assist geographic areas in New York state that do not have their own web presence (with the intention to keep things as simple as possible!)

Submitted by Marcy N.

Area Reports:**Area Chair Report**

As I have completed the first four months in my new service position and I can tell you that with each passing day I am more and more grateful for this opportunity to serve HMB Area 48 and the fellowship of Alcoholics Anonymous. We started the year off with Inventory Day which featured new Area Officers and Committee Chairs who were voted in that day. It culminated with the Inventory itself being facilitated by our Regional Trustee John K.

Several weeks later I found myself attending my 7th NERAASA and as in the past leaving Niagara Falls more energized than before. HMB Area 48 did itself proud with a rather large showing. It was great to see so many first timers there and the look of excitement in their faces vowing to return next year for more. For me personally my defining moment was during the Flag Ceremony. There are 4 Areas that comprise New York State and it is customary for the first year Delegates to carry the flag in together. Each year I have watched and cheered along with others as I have seen Steve W, Bobby F and most recently Joan proudly carry in the flag of New York State. Well this year it was my wife Deb's turn and to see the smile on her face as she proceeded in the room was priceless, I must admit there were tears in my eyes... Very Very COOL! And yes I do realize that in 2012 it will be my honor and privilege to do the same. "Service is truly the Secret".

Right after NERAASA there is the NERD (Northeast Regional Delegates) weekend. This is a yearly event and seeing that my 2nd service position is Alt. Delegate I am considered a NERD so I attended. Go ahead if you need to... With the fact that our Area was hosting the event Deb and myself were asked by Joan who led the event to be greeters. It was a great chance to meet new friends and build bonds with people I will continue to see along my journey in service and make lasting memories. The weekend is designed for 2nd year Delegates to meet and bond with 1st year ones. This along with conducting NERD business made for a very rewarding weekend.

Then a week later we had the 2nd Annual Correction Connection, my first. I thought the event was well attended and certainly it is a most important piece to the puzzle of helping others. Our Corrections Chair Anne H did a wonderful job along with Bill C who actually started this event last year. Many others helped out and I left there that day I felt more convicted in my heart about helping those behind the walls. I myself am privileged to enter a maximum security facility on a weekly basis and words cannot describe what I get from that experience.

Our next Area Event will be the May Assembly at Cobleskill College, this year we have a very full day for us. We will be voting on 6 proposals, the 2011 Proposed Budget will be presented by Tad J the Alt. Treasurer (listen only- no comment or questions). Also on the agenda Deb will give us her report for the 60th General Service Conference. Needless to say this is a very important day for our Area and we need to have the Area Conscious heard. Those qualified to vote are all Area Officers, Area Committee Chairs or their Alternates, Past Delegates, DCM's or their Alternates along with GSR's or their Alternates. If you are any of the following please make yourself available that day. Hope to see you all there on Sunday May 16th.

If you have any questions pertaining to the May Assembly you may contact me and I will be happy to help you in what way I can. hmbareachair@hvc.rr.com. Home phone – 845-331-4213 or my cell 845-242-2744. In love and service, Keith D

Alternate Chair Report for May Newsletter

What a great turnout at the Fellowship Day in Lake George on April 10, 2010. The Adirondack Cluster outdid themselves pulling it all together to host a full day of Unity and Service for the Area. Thank you for your service!

After a workshop on Recovery, Unity and Service put on by 3 Past Delegates, , DCMs and Alternate DCMs met for a DCM meeting/workshop, with 10 Districts represented.

One of the issues discussed was how districts handle a situation when a newly elected committee chair does not follow through with their responsibilities. Several DCMs reported that they have experienced this and similar issues, and have reached a group conscience in their district for the DCM to initiate contact with the committee chair to determine if the person will follow through. Upcoming events include the May Assembly in Cobleskill, the New York State Informational Workshop in August in Garrison N.Y., the September Fellowship Day in District 1, and the HMB

Convention in Lake Placid in November. Hope to see you at all of this year's events

Respectfully submitted

Pat L
Alternate Area Chair

**HMB Area 48 Fellowship Day
Lake George, NY
Saturday, April 10, 2010**

DRAFT MINUTES

A total of 85 attendees signed in at the event (Sign-up sheet **attached**).

10:00 a.m. – 11:00 a.m.: Meeting **called to order** at 10:03 a.m. by Area Chair Keith D, with the Serenity Prayer. Agenda **attached**. Keith made introductions, including Tom, DCM for District 13, which is hosting today's event. He thanked the host District and Cluster, and the men of River Street halfway house in Lake George, who volunteered in the kitchen and with set-up.

11:00 a.m. – 12 noon: **Workshop – The Three Legacies of AA- "A Complete Triangle"**

Keith introduced three Past Delegates, who led the workshop, each taking the following subjects of their talk: Quay H., Panel 50, Recovery; Charlie C., Panel 48, Unity; and Dave S., Panel 52, Service. **Quay H.:** Recovery as "re-education;" not only something that "recovers" a life we lost, but one that brings things to us for the first time, making us better than we have ever been, drinking or not. "I've never known the peace of mind I have today ... I am not the person who walked into these rooms." **Charlie C.:** Unity is learning to be part of the group; it's not my job to campaign against a decision by the group; if there is something really wrong and does not work, it will change; it's not up to me to force decisions. Sometimes it's the *way* we express an opinion that matters. **Dave S.:** I have to be involved (service) to make it; When I came into recovery, the winners were the ones doing service, I wanted what they had. No one person can single-handedly "screw up" A.A. Service has expanded my sobriety. Primary purpose: I want this Fellowship to continue carrying the message.

Service Commitment Roundtables; DCM meeting; HMB Area 49 Audit for 2009 Treasury

12 noon – 1:00 p.m.: **Lunch.**

1:00 p.m. – **HMB Area 48 Business Meeting**

Business meeting called to order at 1:05 p.m. by Keith D., Area Chair. The following reports were given:

AREA OFFICERS: **Area Delegate** Deb D. thanked the volunteers who put on today's Fellowship Day, and distributed A.A. Grapevines to volunteers from the Lake George halfway house. A.A.W.S.'s Group Handbook given to Rob B., raffle winner. New G.S.O. Service Manuals distributed to new GSRs. Deb thanked Area members for their comments and input, completing questionnaires for the upcoming General Service Conference, which she will attend. **Area Chair** Keith D. presented his report (**attached**). He also reminded the Assembly of the important Area Assembly on Sunday, May 16 in Cobleskill, where the Area will be considering and voting on five proposals. **Alternate Area Chair** Pat L. presented her report (**attached**). Pat briefly explained what the Alternate Chair does, including chairing the Area Functions Committee. **Area Secretary** William T. presented the draft minutes from the March 20, 2010 Area Delegate's Day (**attached**). Motion made, seconded and approved unanimously to accept the minutes as written. **Alternate Area Secretary** Chris M. absent. Keith D. reminded groups and Districts to continue to submit list changes to the Alternate Secretary.

Area Treasurer Chris S. presented the Area Monthly Financial Statement for March 2010 (**attached**). The beginning balance was \$8,809.95; total income was \$2,153.30, Total expenses were \$3,305.43, leaving a balance on March 31, 2010 of \$7,657.82. Motion made, seconded and approved unanimously to ac-

cept the Treasurers Report. **Alternate Area Treasurer** Tad J. presented his report (*attached*). Tad reminded the Assembly that the Finance Committee, which he chairs, will present its proposed 2011 budget at the May 16 Assembly in Cobleskill, and urged people to give input on suggested changes well before the final budget is voted upon in at the October 2010 Assembly.

AREA COMMITTEE CHAIRS: **Archives** (Mike L.): Report *attached*. Noting that the Area's Archive display is one of the largest in the country, Mike said there is considerable work to maintain, clean, stabilize, pack, transport and preserve the exhibit. He invited volunteers to help out, specifically to perhaps train the next Archives Chair. **Bridging the Gap** (Sue P.): Report *attached*. Sue gave updates on the new postal service, which greatly increases the efficiency of helping alcoholics coming out of institutions get hooked up with outside A.A. meetings and sponsors. She also reported on the BTG Committee's work with the Corrections Committee on the second annual Corrections connection, held recently in Defreestville, NY. **Correctional Facilities** (Ann H.): Report *attached*. Ann reported on the March 27 Corrections Connection (see above), and included an agenda in her report. **Cooperation with the Professional Community (CPC)** (Brenda O.). Report *attached*. Brenda challenged all A.A. members to bring a professional to an open A.A. meeting, to help them understand what A.A. is and what it isn't. Professional include doctors, counselors, probation/parole officers, teachers, EAP officers, nurses, elder caregivers, to name just a few. **Grapevine Committee** (Doreen A.) No report. **Newsletter Committee** (Tom B.) Report *attached*. Tom expressed gratitude to the Area for giving him the opportunity to serve. He is learning much and called the newsletter a "work in progress." He also urged *anyone* who is still getting the Area Newsletter in hard copy by US Mail, to *please* give him your email so that it may be sent electronically. This will save the Area a significant amount of dollars in printing and mailing costs. Reminder: deadline for submissions to the May 2010 issue is April 20. After that, the deadline for each newsletter will be the first of the month *before* the issue month. **Public Information** (Bill B.): Report *attached*. Bill said it is important for all A.A. members to continually ask themselves, at the group and District level, "what are we doing for PI?" **Special Needs** (Lori W.): Report *attached*. Noting that this is her first Area committee chair position, Lori said she was excited about her service commitment. Some of the highlights of the committee's outreach efforts are: Literacy, returning veterans, sign language, carrying the message in nursing homes and senior apartment complexes. **Web Site** (Maryanne N.): Report *attached*. **Treatment** (Bill C.): Bill posed the question to the group: How many of you are the product of a detox or treatment facility? He also asked that the individual District Treatment chairs give him reports, even if the District doesn't have anything going on. Area Treatment depends on the Districts to convey information about treatment facilities that the Area may not even know about. Bill also said he had had a chance to review G.S.O.'s "Hope" video, and urged others to do the same. **HMB 2010 Convention Committee** (Don Str.) Report *attached*. The Lake Placid Comfort Inn reports that 31 of its 70 rooms have already been reserved. Don urged participants to send in both their hotel reservations *and* their registrations for the HMB Convention itself.

AREA DCM REPORTS: **District 19** (Don Str.): Report *attached*. District continues to grow in membership and participation. Committees are becoming more active, and engaging in the local community. The District has added three meetings in recent months. **District 17** (Tom G.): Report *attached*. The District, Columbia County, has been very busy this season. Most committee chairs are filled. The Philmont AA Way of Life Group has moved from the Courthouse to the Library, after 28 years – a welcome change. **District 16** (Bob P.): Report *attached*. Many things going on in the District. Annual Spiritual Breakfast on May 15th. Annual picnic last weekend in August. Initiated a GSR Group Sponsorship Program, to bring District information to groups not currently served by a GSR. **District 14** (Kathaleen H.): Report *attached*. Acknowledge District 14 attendees to today's event in Lake George. Attendance at monthly District meetings is very good. Finance Committee is being restructured. **District 13** (Tom B.): Report *attached*. Hotline and Meeting Lists are being kept up to date despite a drop-off in receipts due to seasonality. Most committee chairs are filled but we are still in need of volunteers for some. **District 10** (Sue W.) Report *attached*. Started rotating loca-

tion of District meeting. Meetings at Clinton County Jail continue, as well as at Adirondack Correctional Facility. Seeing increased interest in service work in District. **District 9** (Ray B.): Report *attached*. District passed 2010-11 budget on March 31. Plans moving forward for a District-wide celebration of AA's 75th anniversary, during the week of May 30. Two new groups recently started in the District. **District 8** (Rob B.): Report *attached*. Recent District inventory taken. District is also looking at holding a workshop this summer focusing on both AA service and recovery. **District 5** (Wally): Announce ICYPAA convention in NYC in August. I am also chair of the HMB Area Convention Alkathon Committee. Almost all District Committee chairs are filled. **District 4** (Les B.) Report *attached*. Thirty of 34 groups in District have a GSR. Vote coming up on first-ever District budget. Corrections Committee going well; Special Needs chair has been very active. **District 3** (Lori W.): Report *attached*. All but two (2) of our chair positions filled. CPC/PI is actively in contact with local schools. **District 1** (Tom E.): Report *attached*. Looking to fill Treatment chair position. Currently looking at two possible nominations for the chair. Christmas/New Year's Alkathon was a success.

Area meeting adjourned at 2:43 p.m.

Respectfully submitted, William T., Area Secretary

HMB Area PI Report

Hello everyone, my name is Bill B and I currently serve as the Hmb Area Public Information Chair. Spring is finally here, and as my mind turns to the yard and garden work that awaits me, it also turns to the work that this service position offers me.

AA is celebrating its 75th anniversary this year and for those not going to San Antonio Texas, there are many ways that we can celebrate here. For example, District 9 will be doing "poker runs" to different meetings, barbecues, and picnics. I will be working with District 9's CPC and PI Chairs to get information to hotels and motels along with schedules. We will also be doing an all-out campaign to include judges, family and drug court, and district attorneys to explain what AA does and doesn't do. What is your district doing?? What is your group doing?? One of my pet projects is to build an internet "real time" forum with passwords to enter so that the district pi chairs, anyone who is interested in pi work, and I can "brainstorm" ideas and concerns dealing with pi and not have to deal with the lag time between e-mails. I will try to gather a consensus from the district chairs as when would be the best times to meet on-line.

One of the hardest parts of communicating with all the district chairs at the same time is through e-mail. Most people agree that a personalized e-mail to someone stands a better chance to be opened quickly. By that I mean "your first name" appears when you receive and open it. I have at my disposal an e-mail auto-responder. What it entails is going to a page on the net (I will provide the link), entering your first name and last initial and a good e-mail address. Please, no "Hot Mail" addresses. This will enable me to mail as many people as possible at one time with-out having to BCC people. The site I use is secure and the name of the list would not suggest AA in anyway.

"Remember, each of us does PI work every day and in many ways."

Submitted by your twisted servant,
Bill B.
HMB Area PI Chair
hmbareapichair@yahoo.com

HMB Area 48
Monthly Transaction Report
April 2010

Income	
Area Contribution	\$2,428.50
Literature Sales	\$44.00
Monies Returned	\$128.53
Total Income	\$2,601.03
Expense	
Alt. Area Chair	\$144.27
Area Treasurer	\$63.30
Committee Allocations	\$468.89
Events	\$811.47
Newsletter	\$791.68
Operations	\$31.32
Total Expense	\$2,310.93
Net Income	\$290.10

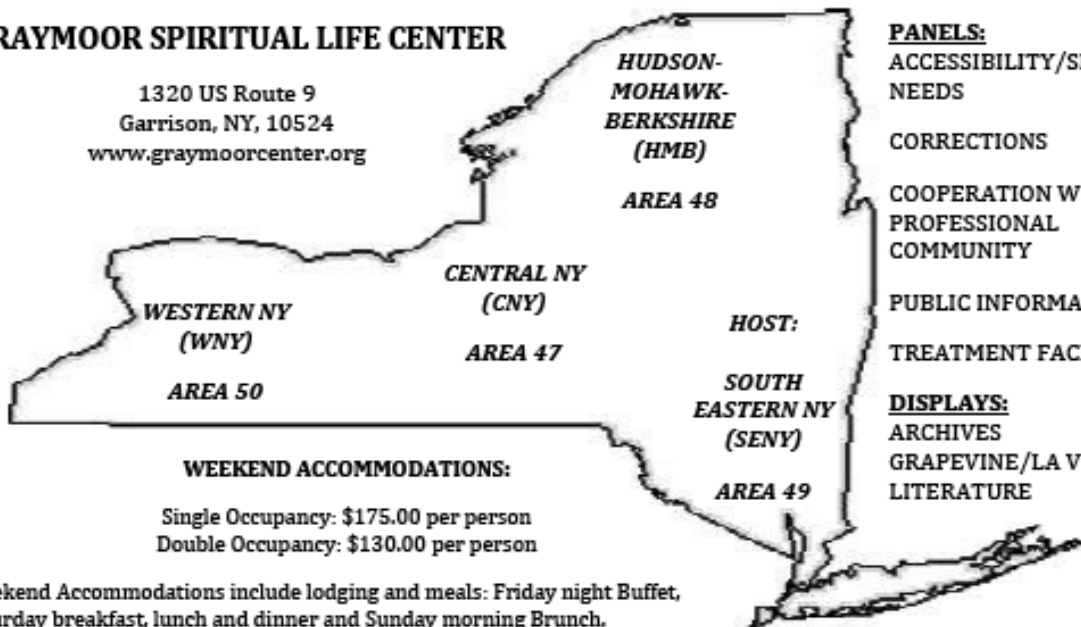
HMB Area 48
Monthly Treasury Balance Report
April 2010

OPERATING ACTIVITIES	
Net Income	\$290.10
Net cash provided by Operating Activities	\$290.10
Net cash increase for period	\$290.10
Cash at beginning of period	\$7,657.82
Cash at end of period	\$7,947.92
Prudent Reserve	-\$7,000.00
Available Funds	\$947.92

31st Annual New York State Informational Workshop August 6, 7 & 8, 2010

GRAYMOOR SPIRITUAL LIFE CENTER

1320 US Route 9
Garrison, NY, 10524
www.graymoorcenter.org



- PANELS:**
 ACCESSIBILITY/SPECIAL NEEDS
 CORRECTIONS
 COOPERATION WITH PROFESSIONAL COMMUNITY
 PUBLIC INFORMATION
 TREATMENT FACILITIES
- DISPLAYS:**
 ARCHIVES
 GRAPEVINE/LA VINA LITERATURE

WEEKEND ACCOMMODATIONS:

Single Occupancy: \$175.00 per person
 Double Occupancy: \$130.00 per person

Weekend Accommodations include lodging and meals: Friday night Buffet, Saturday breakfast, lunch and dinner and Sunday morning Brunch.

Saturday Registration includes Lunch \$15.00 (No Room Reserved)

Registration, Payment and Special Needs Requests must be returned by July 1, 2010

31st Annual New York State Informational Workshop
August 6, 7 and 8, 2010
 Graymoor Spiritual Life Center, 1320 US Route 9, Garrison, NY 10524

Name _____

Saturday Registration Only (\$15.00)

Address _____

Weekend Accommodations:

City, State, Zip _____

Single (\$175.00) Double (\$130.00)

Phone _____

Roommate _____ Surprise Me!

Email _____

Accessibility/Special Needs: _____

Service Responsibility _____

Dietary Restrictions: _____

Amount Enclosed: \$ _____ (Personal Checks or Money Order only) Make Payable to: SENY-NYSIW

Send Registration to: NYSIW@SENY, PO Box 571, New York, NY, 10116-0571

Hospitality Donations may also be sent to NYSIW@SENY, PO Box 571, New York, NY, 10116-0571

2010 H.M.B. 48 Convention

November 5, 6, 7 2010

Comfort Inn Lake Placid

2125 Saranac Ave.
Lake Placid, NY 12946
(518) 523-9555

www.comfortinn.com/hotel-lake_placid-new_york-NY296?
\$79.99 per night - Double (Ask for the H.M.B. rate)



Additional Lodging can be made at:

Econo Lodge Lake Placid
5828 Cascade Rd.
Lake Placid, NY 12946
(518) 523-2817

www.econolodge.com/hotel-lake_placid-new_york-NY128?
\$89.99 per night - Double

Room Reservation needs to be made through the hotel directly
Hotel Accommodations **MUST** be secured by September
17, 2010

(This is a very busy weekend in Lake Placid, so the rooms will
be sold quickly)

Practicing the A.A. Principles – The Path to Unity

Friends, Fellowship, Meetings & Speakers, Panels & Workshops
Friday Night Skit & Open Mic
Saturday Night Banquet & Dance

Hosted by the Adirondack Service Cluster Districts 19, 10, 13 & 5

Contact Information: Don S. - 518-521-3223



Convention Registration form

One Person per form

Name: _____

Address: _____

Phone #: (_____) _____ - _____

_____ Years in the Program
_____ A.A. _____ Al Anon

Detach & Mail with Check or Money Order Payable to:
H.M.B. Area 48 Convention 2010
P.O. Box 6
Burke, NY 12917

Special Needs? _____

Saturday Banquet \$30.00 per plate
Includes: Salad, Beverage & Dessert

Please Indicate Choice: _____ N.Y. Strip Steak
_____ Cedar Plank Salmon
_____ Chicken Cordon Bleu

Banquet Reservations Cut Off: October 29, 2010

\$23.00 Registration Fee (Before Sept. 17, 2010) or

\$27.00 Registration Fee (After Sept. 17, 2010)

_____ Banquet

_____ Total Enclosed

Walk in Fee for Saturday Evening activities after
4 PM will be \$12.00 (Excluding Banquet)

HMB Area 48 2010 Meeting Schedule Order Form

Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous 2010 HMB Meeting Schedule Book Order Form

Limited Quantity Available

Schedules are \$.50 ea. (Minimum order 10)			
Shipping Cost per Book:			
10-50	\$12.00	601-900	\$48.00
51-100	\$16.00	901-1200	\$64.00
101-300	\$24.00	1201-1500	\$80.00
301-600	\$32.00	1501-1800	\$96.00

ALL ORDERS MUST BE PREPAID

Mail Orders To: HMB Meeting Schedules
PO Box 74
Castleton, NY 12033

Inquiries to: hmbal treasurer@nycap.rr.com
(518) 366-5631

ORDER INFORMATION

No Shipping to PO Boxes

Please Make Checks Payable To: "HMB Meeting Schedules"

PLEASE PRINT LEGIBLY

Name: _____ Group or Organization: _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Contact Person: _____ Email: _____

Phone: _____

Order Quantity: _____ X \$.50 =\$ _____

Shipping & Handling: _____ =\$ _____

Total Enclosed: \$ _____

2010

HMB AREA NEWSLETTER (05/2010)

17 Candy Lane

Hopewell Junction, NY 12533

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