

HMB AREA 48 NEWSLETTER



AA Principles of the Month

Step 3 - Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition 3 – The only requirement for A.A. membership is a desire to stop drinking.

Concept 3 - To insure effective leadership, we should endow each element of A.A. - the Conference, the General Service Board and its service corporations, staffs, committees, and executives - with a traditional "Right of Decision".

Tradition Three Checklist

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I over impressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he has been to AA before? What his other problems are?

Concept Three Checklist

- Do we understand what is meant by the "Right of Decision"? Do we grant it at all levels of service or do we "instruct"?
- Do we trust our trusted servants — G.S.R., D.C.M., area delegate, the Conference itself?

DISTRICT AND GROUP TREASURERS—below are the addresses in which to send contributions....

HMB AREA ASSOCIATION
RTE. 30, #114
118 POLAR PLAZA
AMSTERDAM, NY 12010



GENERAL SERVICE OFFICE
PO BOX 459
GRAND CENTRAL STATION
NEW YORK, NY 10163

HMB EVENT SCHEDULE- 2010

<u>MONTH</u>	<u>EVENT</u>	<u>HOST CLUSTER</u>	<u>DATE</u>
March	NERD	HMB Area	March 12-14, 2010
March	Delegate's Day	Hudson Valley Cluster (3,7,11,15,16,17)	Saturday March 20, 2010
March	Corrections Connection	Area 48	Saturday March 27, 2010
April	Fellowship Day	Adirondack Cluster (5,10,13,19)	Saturday, April 10, 2010
May	HMB Area Assembly	Central (4,8,14)	Sunday, May 16, 2010
July	International Convention	San Antonio, Texas	July 1-4, 2010
August	NYS Information Workshop	SENY	August 6-8, 2010
September	Fellowship Day	Eastern TBD (1,2,18)	Saturday September 11, 2010
October	Assembly	Central (4,8,14)	Saturday October 17, 2010
November	HMB Convention	Adirondack Cluster (5,10,13,19)	Friday-Sunday November 5-7, 2010
November	Fellowship Day	Western (9,12)	Sunday November 21, 2010

- *Flyers for Area Events should be submitted 3 months in advance, if possible.*
- *Please consider those who have special needs in selecting your meeting site.*
- *Always include on the flyer a contact phone number & street address of the meeting site.*
- *Submit Biographies for Elected Positions to the Newsletter Editor by June*

DISTRICT 3
&
THE HUDSON VALLEY CLUSTER

HOSTING

DELEGATE'S DAY

MARCH 20, 2010

9AM TO 3PM

at

GALLAGHER'S HALL
513 MAIN STREET, CAIRO, NY 12413

DIRECTIONS:

From points west: Take NY-145E, which becomes NY-23E. Turn Right onto CR-85, then Left onto Main St/CR-23B. Gallagher's at 513 Main Street is on the Right.

From the north: Take the I-87/NYS Thruway South to Exit 21 toward RT-23/Catskill/Hudson/Windham/Hunter/Tannersville. Turn Left onto CR-23B. Merge onto NY-23W stay for 6.6 miles. Turn Left onto NY-32. Turn Sharp Right onto Main St/CR-23B. 513 Main St is on the Left.

From the East/RVW Bridge: Take NY-23W. Turn Left onto NY-32. Turn Sharp Right onto Main St/CR-23B. 513 Main St is on the Left.

From the South: Take the I-87/NYS Thruway North to Exit 21 toward RT-23/Catskill/Hudson/Windham/Hunter/Tannersville. Turn Left onto CR-23B. Merge onto NY-23W stay for 6.6 miles. Turn Left onto NY-32. Turn Sharp Right onto Main St/CR-23B. 513 Main St is on the Left.

Contact #: Lori J. 305-798-3540 for directions

District Calendar of Events

Events are listed here as a service to readers of the newsletter and the groups in the Area. For more complete information, please call or e-mail the contact listed for the event.

SAVE AUGUST 6-8, 2010 The New York State Informational Workshop (NYSIW) will be held on those dates, hosted by SENY Area 49. More information and registration forms will be in future Area 48 Newsletter editions.

2nd Annual HMB Corrections Connection

SAT. March 27. 2010

BLOOMINGROVE REFORMED CHURCH

Bloomingsrove Dr., Rensselaer NY 12144

9 AM– 1 PM

Coffee & Donuts

Speakers

DEPT OF CORRECTIONS REPRESENTATION

APPLICATIONS FOR SERVICE

HIGHLY EDUCATIONAL– DON'T MISS THIS ONE

FROM THE SOUTH & WEST: THRUWAY TO EXIT 24 I-90 EAST TO EXIT 8.
AT LIGHT TURN RIGHT. CHURCH WILL BE ON THE RIGHT.

FROM THE NORTH: NORTHWAY SOUTH TO I-90 EAST, EXIT 8, AT LIGHT
TURN RIGHT : CHURCH WILL BE ON THE RIGHT.

FROM THE EAST: I-90 TO EXIT 8, TURN RIGHT AT THE LIGHT; THE
CHURCH IS ON THE RIGHT.

OVERFLOW PARKING ACROSS THE STREET AT THE CDTA PARK & RIDE

FOR MORE INFO CONTACT BILL C. 518 732-1380 OR SUE P. 518 798-0386

**HMB AREA 48
FELLOWSHIP DAY**

SATURDAY APRIL 10 2010

**SACRED HEART CHURCH
Parish Hall**

**51 MOHICAN STREET
LAKE GEORGE NY 12845**

9 AM TO 3 PM

**SPONSORED BY THE ADIRONDACK CLUSTER
Districts 5, 10, 13, and 19**

HOSTED BY DISTRICT 13

Directions:

Northway Exit 21. If going North make right. if coming from North make left and go a short distance on 9N to end of road at traffic light (Routes 9 and 9N).

Make left on Route 9 (North) toward Lake George Village. Go 1.1 miles to Mohican Street and make left. Parish Hall is two blocks farther on left.

Contact person: Tom B. DCM District 13 518 331-5701

May 2010 HMB Area Assembly

The following proposals have been submitted for the May 2010 HMB Area Assembly. Please review and discuss at your home groups and district meetings. At the Area Assembly in May, we will be discussing them as an Assembly and then Voting on them. All are welcome to attend Area meetings. For the Assembly, those eligible to vote include:

- Area Delegate, Area Chair, Alternate Area Chair, Area Treasurer, Area Alternate Treasurer, Area Secretary, Alternate Area Secretary
- Area Service Committee Chairs OR their Alternate. (Include Archives, BtG, CF, CPC, GvR, SN, TF, Website)
- Past Area Delegates
- DCMs or their Alternate
- GSRs or their Alternate
- Note: Each person only has ONE vote.

PROPOSAL #1

In order to conform more appropriately to pages s46-s47 of the A.A. Service Manual, as well as Warranty 1 of Article 12 of the Conference Charter, and with established practice in the great majority of all Areas in the service structure; propose that past Delegates from the HMB Area relinquish voting rights at HMB Area Assemblies; and further refrain from taking on any Area responsibilities other than in a non-voting advisory capacity.

-Respectfully Submitted- Fred F.

PROPOSAL #2

In order to improve communication and co-operation between grassroots 12th Step efforts and the Area service structure; propose that the Capital District Central Office (CDCO) (G.S.O. service #000668800) be invited to attend any and all Area functions, and further that a CDCO representative be given voting privileges, carrying the same weight and responsibility as any GSR or other Area voting-eligible member.

-Respectfully Submitted- Fred F.

PROPOSAL #3

In order to improve communication and co-operation between grassroots 12th Step efforts and the Area service structure; propose that the Area create the service position of Intergroup Liaison; with the responsibility to attend the business meetings of the various intergroups and central offices (existing and any future) in the Area and to report at the Area Assemblies any and all concerns regarding any and all Area intergroup and central office activities.

-Respectfully Submitted- Fred F.

PROPOSAL #4

I propose that at the September Election Assembly, after the area officers are elected the Area should also try to name the incoming service chairs to fill the positions, which are due to rotate out at the end of the year. Hopefully all that are interested in doing a service chair work can put their wishes into the Area newsletter like the Officers do. Should it also be known that on the years there isn't an Election Assembly, that the service chairs should try to be named at the September Fellowship Day for the following year.

All of these positions should become effective as of Jan. 1 of the next year

Love in service-Bill C

PROPOSAL #5

Proposal.

The HMB area purchases a lap top computer exclusively for the use of the serving area treasurer.

The use of a computer has become a necessity to serve as the area treasurer; in an effort to make the job available to any member who qualifies to serve, the area should supply a lap top for the use of the treasurer; ownership of a computer should not be a requirement for service.

Personal use of the computer would be discouraged.

Selection of the lap top would be made by the budget committee, Cost not to exceed \$750.

Submitted by
Charles C
Past Delegate

PROPOSAL #6**<http://www.ny-aa.org> PROPOSAL****BACKGROUND:**

The "New York Meeting List" website, <http://www.ny-aa.org>, has existed for 10+ years and initially served a vital service to New York AA members... The website allows users to search for meetings across New York State AND the site enables various "Areas" and "Intergroups" in NYState to list their AA meetings online, in a searchable format, regardless of their technical skills.

Over time, a few key things have changed:

1. many NY "Areas"/"Intergroups" publish their own meeting lists online
2. ny-aa.org is no longer as functional as technology would allow
3. GSO's new database, Fellowship New Vision (FNV), does not naturally interlock with the current website, <http://www.ny-aa.org>

In addition to the aforementioned challenges that <http://www.ny-aa.org> is facing, it has become increasingly challenging to update and maintain all the New York State Meeting Lists. The large geographic areas who used to send data formatted specifically for <http://www.ny-aa.org> no longer do so and all changes to <http://www.ny-aa.org> must be manually processed. Sadly, it is possible that <http://www.ny-aa.org> is doing more harm than good at this point, we regularly receive angry emails from AA members in other parts of NY saying, "Why do you have this out-of-date meeting list information published on your website? Why can't you just refer AA members to our local (Rochester, Syracuse, Buffalo, etc) meeting list website?"

Lastly, Area 48 has a limited number of AA members participating in area service with web savvy and, given these limits, the area must determine how it wants to allocate these limited resources.

MOTION:

Transform <http://www.ny-aa.org> into a 'portal' website -- users would be presented with a map of NY State and they could click on various parts of the map, which would redirect them to the appropriate Intergroup or Area meeting list website.

Continue to provide an 'events' page on <http://www.ny-aa.org>, which would inform users of the New York State Convention, New York State Informational Workshop, North East Regional Service Assembly and other state-wide or country-wide events.

Continue to provide a 'links' page on <http://www.ny-aa.org>, which would help users find AA-related websites such as GSO, Grapevine, Al-Anon, etc.

Migrate the Area 48 meeting list content to the current Area website, <http://www.aahmbny.org>, with an updated look-and-feel that is more modern and functional; structure the new online meeting list so that it more naturally interlocks with our Fellowship New Vision (FNV) data Assist geographic areas in New York state that do not have their own web presence (with the intention to keep things as simple as possible!)

Submitted by Marcy N.

AREA REPORTS

Delegates Report -

Dear Fellow Trusted Servants,

The year is well underway, and while the thoughts of what lies ahead for each of us is filled with excitement, I know too that we each have our own Higher Power --- along with many past trusted servants and current members of our Area, who are offering their love and support as we move forward.

By the time you have read this article, NERAASA will be upon us (or maybe past), and I will have received the background material for the agenda of the 60th General Service Conference.

My plan to hear your voices is to ask DCMs and Service Committee Chairs to review various parts of the background information with their Districts and Committees *prior* to the March Day of Sharing. At the Day of Sharing, we will have breakout groups (in the morning) to have further discussion on the topics; and, in the afternoon we will hear your feedback, and possibly have additional discussions (if needed).

As a parallel to our Day of Sharing, I will distribute a questionnaire for our members to provide further comment and perspectives on selected Conference agenda items.

I am reminded by those involved in our Legacy of Service that it is important in all these discussions that we always make reference to the Twelve Concepts of World Service – specifically Concept XII:

“In all its proceedings, the General Service Conference shall observe the spirit of the A.A. Tradition, taking great care that the Conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference Members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion, vote, and whenever possible, by substantial unanimity; that no Conference action ever be personally punitive or an incitement to public controversy; that though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in thought and action

On a different topic, several members from HMB has asked me what other Areas do in regards to some of the proposals that will be discussed at the May Assembly.

(Important side-note: In the interest of making this information available to all HMB Area AA members, I am opting to communicate through the newsletter -- which is available to all GSRs, other trusted servants, and all those interested in service.)

First, with regards to whether Past Delegates should have a vote: this is a topic that has been asked many years previously to Delegates of the 93 Service Areas. In general, about 40% allow past delegates to have a vote and about 60% do not, *unless they hold a particular service position*. The most common explanation here is that Areas have specific service assignments for past delegates, such as chairing conventions or particular service committees.

Second, with regards to other Areas and their relationship with Intergroups or Central Offices within their Areas - there were 53 Areas that responded (Almost 60% of our Service Areas). Here is a summary of those responses:

- Do Areas Committees have an Intergroups / Central Office Liaison Position?

3 Areas responding have no Intergroups / Central Offices

21 Areas have a Liaison in the Area to the Intergroups / Central Offices. (Of interest: some Areas fold that responsibility into existing service positions such as the Alternate Delegate, Alternate Chair, while some have a completely separate service position)

29 Areas have no liaison position.

- Do Area Committees that have an Intergroups / Central Office Liaisons, allow those liaisons to have a vote?

10 Areas do allow a vote from the person that is the liaison to the Intergroups / Central Offices

40 Areas have liaisons that do not have a vote.

- Do Intergroups / Central Offices have a vote at the Area Level?

Of the 53 Areas responding, 47 Areas do not allow a vote from the Intergroups / Central Offices, while 3 Areas do allow such a vote.

With all the responses for the above, one point was consistently made: all AA members have a voice, though not all may have a vote.

Please feel free to share all of this information with your homegroup and others interested in service. In addition, I encourage all members to participate in the process leading up to the General Service Conference -- and as importantly -- to engage in the discussions throughout the year on matters affecting AA as a whole.

In love and service,

Deb D. - Panel 60 – HMB Area 48 Delegate

HMBArea48Delegate@hvc.rr.com

Area Chair Report -

Keith D. Panel 60 HMB Area 48 Chair/ Alt. Delegate

Recently, Area 48 held the initial General Service event of the year. The HMB Inventory Day was hosted by District's 18, 1 & 2. This event was very well attended, and there were several new members eager to participate in service. The Inventory was facilitated by the Northeast Regional Trustee, John K. Because the high level of participation from the fellowship, I left the meeting with a stronger sense of my responsibility to be there for the next suffering alcoholic who asks for help. Thanks to all who attended.

Please take time to read the flyers in this edition and mark them down on your calendars. Hope to see all of you at the upcoming events, remember we need each other's support to be successful in our quest to "Pass it On".

An update on new Committee Chairs and their progress.

- First off Chris M our Alt. Sec/Registrar reports that he is making excellent progress in updating the Area's information. Continue to send Chris your information and bear in mind it is a time consuming process, and Chris is working overtime to catch up.
- As for the Website, Maryanne is working with Marcy and you we will see an updated Website in the near future. Please remember we are in need of others to participate on the Website Committee. If you have or know someone who has web development skills, please let me know. Last but certainly not least this is the first Newsletter by our new Newsletter Editor Tom B. Many thanks to Tom for taking this service on and to all those who may have helped with folding, labeling and stamping of this Newsletter.

The proposals for the May Assembly are in this Newsletter. You will note that 6 proposals were submitted. Please take time to bring these back to your districts and groups and carefully look them over. Doing some research on them would not hurt either, remember an informed group conscious works best for our fellowship.

Alternate Area Chair Report -

It is an honor to serve as your Alternate Area Chair for the next two years.

The Area got off to a great start at Inventory Day held January 9, 2010.

At the DCM meeting at the Inventory Day there were 18 in attendance; 12 districts were represented by DCMs, and/or the Alter-nate DCMs.

After introductions, we had an opportunity to discuss the Area functions that will be taking place throughout this year, as well as upcoming events of interest to those in our Area.

We discussed implementing a District workbook/manual for each District, which can be passed on to the next DCM, much as the GSR workbooks are passed on now.

Our next DCM meeting will be at the Fellowship Day April 10 2010 in Lake George.

Working together we can do that which we cannot do alone.

As always it's a WE program.

Congratulations: District 4's Spiritual Breakfast was a great success, with record attendance of 232, enjoying a great meal and fellowship.

Love in service

Pat L.

Secretary -

HMB Area 48 Inventory Day

Sunday, January 9, 2010

Blooming Grove United Methodist Church, Defreestville, NY

As of 10:00 a.m. 81 attendees had signed in. (Sign-up sheet ***attached***)

Meeting **called to order** 10:02 a.m. by Area Chair Keith D., with a moment of silence followed by the Serenity Prayer.

Delegate's Report: HMB Area 48 Delegate Debra D. presented her report (***attached***). She noted the availability of pins and lanyards at the sign-in table. Noting that the theme of the 2010 General Service Conference is "Practicing A. A. Principles – the Pathway to Unity," Deb suggested that people bring this up in their groups – it will be the theme throughout 2010.

Deb also emphasized the importance that everyone participate in the Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA), to be held February 26-28 at Niagara Falls, NY.

The computer virus that had recently hampered operations at the A.A. General Service Office in New York City has been taken care of, Deb said, and everything is back online. Other news from GSO: Literature sales revenue was up 14 percent in 2009; contributions from groups were down six percent.

(Outgoing) Secretary's Report: Keith D., outgoing Area Secretary, presented a draft of the minutes from the Nov. 15, 2009 Fellowship Day. Motion made and seconded to accept the Nov. 15 minutes as written, and approved unanimously with no abstentions.

(Outgoing) Treasurer's Reports: William T., outgoing Area Treasurer, presented the treasurer's reports for both December 2009 and full-year 2009 (both reports **attached**). The Area's checkbook balance on December 31, 2009 totaled **\$15,273.58**. Motion by Ann H. to accept the treasurer's report, seconded by Bob L., approved unanimously with no abstentions.

Area Chair Report: Area Chair Keith D. circulated his Notes for Inventory Day (**attached**). Highlights include the appointment of Bill B. as the new Area Public Information Chair, to fill out the term of Lori W.; MaryAnne, Area Web Chair, is looking for a Web site developer; availability of "Service is the Secret" pins.

Pat L., Area Alternate Chair, announced the Service Committee roundtable meetings that would immediately follow, and the meeting of District Committee Members at 11:30 a.m. **Chris M., Alternate Secretary**, introduced himself, said he was excited to be in the position for 2010-2011, and said he can be contacted at hmbarearegis-trar@gmail.com for changes to Group information. **Area Treasurer Chris W.** made a similar announcement, giving his contact at hmbareatreasurer@nycap.rr.com. Chris reported that the Area's accounting transition from Microsoft Money to Intuit Quickbooks, was continuing. Alternate Treasurer Tad J., who also chairs the Area Finance Committee, presented a brief report to the assembly (**attached**).

At 10:45 a.m. the room split into **Service Committee roundtable meetings**. Also meeting were the Grapevine, Web site, Newsletter and Finance committees. At 11:30 a.m. Charlie C., past Area Delegate, chaired the **DCM meeting**, which focused on the topic of the First Tradition.

12:15 – 1:00 p.m.: Lunch served.

Keith D., Area Chair, reconvened the meeting at **1:00 p.m.** Before starting the afternoon session (Area Inventory), he made the following new Committee chair announcements: **Special Needs: Lori J; Corrections: Annie H., Bill G. (alternate); Treatment: Bill C., Don (alternate); Cooperation with the Professional Community: Brenda O., (John D., alternate); and Newsletter: Tom B.** Keith said he and Deb D., delegate, would put out an unofficial "information sheet" in place of the regular newsletter later in January, until Tom B. starts officially.

Area Inventory: John K, Northeast Regional Trustee of the General Service Office of A.A., was introduced to facilitate the Inventory. He referred to the sheet, "HMB Area 48 Takes Its Inventory" (**attached**) as the guide for the day's proceedings. Topics discussed included the slowing growth of AA; how to get better representation of women young people and minorities; how to attract more people to service; to engage individual groups on the importance/rewards of doing service at the District and Area levels; conveying our enthusiasm and belief in the idea of "Service is the Secret;" increasing A.A. literature sales worldwide; understanding the "three-legged stool" of A.A. (Unity, Recovery, Service); Step 12 as the best way to spread the word.

Suggestions on how to increase participation included food (potluck dinners at District meetings); staying on format at meetings; not letting newly-named service position people "founder;" the importance of actively "recruiting" people for service (one-on-one) rather than waiting for volunteers; making service full of humor and full of fun (while keeping in mind that it's also very serious business); the sense of peace that comes with service.

Several speakers stressed how service has enhanced their sobriety, and how it has influenced how they function in the outside world of family, business, etc.; importance of remembering that we all work for the Groups; "Love and tolerance" as the creed of A.A.; Dispelling the image of elitism: The importance of going to groups with "How can we

serve you" instead of "Here are the answers"; checking motives for doing service: Are we expecting a pat on the back for doing service?; service is not for everyone, but "if they're interested, give them all they can eat!"; let's talk more about service sponsors; understanding anonymity – to keep egos in check.

Motion to adjourn was made and seconded at 2:45 p.m. and the Area Inventory Day closed with the Responsibility

Pledge.

Respectfully submitted,
William T
Area Secretary

Registrar -

February 6, 2010

Area Registrar

Hello, Everyone.

It has been a great first month as your Area Registrar. I was granted access to the GSO Database, *Fellowship New Visions (FNV)*, in early January and I have participated in the GSO provided training. I have received and completed many updates, both meeting and personnel, and it has been great talking with all of you.

As many of you know, we have been using *FNV*, as well as another database, Lotus Approach, to manage our Data. After working with the *FNV* database for just this short while, I am confident that it has sufficient functionality that we will be able to rely solely on *FNV* to manage our data. Moving forward, utilization of a single database will allow more time to devote to the accuracy and timeliness of the updates. It will also make the Registrar Position more rotation friendly.

To help me in my efforts, I humbly ask the following of District Records Keepers; when submitting a meeting change, please include as much info as possible. When submitting a personnel change, please be sure to include, among other things, whether the individual would like to be listed in the GSO Directory. If this is not made clear, the default will be not to list them in the GSO Directory.

Please feel free to call me with any questions, comments or suggestions. When submitting a change, however, I ask that you use email, secure fax or postal mail.

Thank you.

With Gratitude,

Chris M

845 – 629 – 4485

845 – 622 – 4700 Secure Fax

hmbarearegistrar@gmail.com

Treasurer's Report -

Treasurers Report: Hi Everyone. Well, it's been a month now and what a learning experience it has been. I have been pleasantly surprised at the generosity of the groups in our area. It shows to me that the spirit of the 7th Tradition is alive and well in Area 48.

As most of you know we are implementing a new cost accounting system this year. With help from William T., Keith and Deb D., all past treasurers, I have been diligently getting the new program up to speed but it is taking a bit longer than I anticipated. I guess it's my Higher Powers time not mine. As a result the Thank Yous are taking a little longer to get out and there are no satisfactory reports as of yet, but there will be.

Below is an abbreviated report as to the financial status of the Area as of January 31st, 2010. January is the month when most of our expenses our paid so this will reflect in the report and you will see that that has brought us close to our prudent reserve.

I'd like to thank everyone for their patience, understanding and generosity and hope to see everyone at NERAASA.

Yours in Service,
Chris S.

Beginning balance 1/1/2010:	\$15,273.58
Expenses:	<u>-9,906.70</u>
Subtotal:	5,366.88
Contributions & Literature sales:	<u>+2,821.80</u>
Checking Balance as of 1/31/2010	8,188.68
Prudent Reserve:	<u>-7,000.00</u>
Available Balance	\$1,188.68

Corrections -

CORRECTIONS CORNER: Welcome to the Corrections Corner. My name is Ann H. and I was elected to serve as Chairperson for HMB Area 48 Corrections at Inventory Day in January. Our past Chairperson, Bill C., did an amazing job and has graciously offered me his time and energy in passing the baton. Bill G. from District 19 in Plattsburgh will serve as Alternate Chair. Bill will represent us at NERAASA in Buffalo at the end of the month. Please seek him out and let him know about what is going on in your District. I will be reaching out to all District Chairs very shortly. We need everyone's participation at the Correction Connection Workshop on March 27, 2010, from 9:00 a.m. - 1:00 p.m. Flyers will be sent to each District and there is a flyer in the newsletter. My telephone number is 518-238-3397 and Bill can be reached at 518-563-5027. To reach me by email: menehune@dieties.net and Bill at thumper80@charter.net.

Yours in service, Ann H.

Treatment:

The Stratton V.A. Hospital will be opening a 35 bed de-tox in the near future and it is being coordinated by one of our members. It will be a combination alcohol and drugs, funded by an outside, for profit outfit. Which means that there will be people besides veterans that it will be available to. I told Mary-Ellen, the woman who is spearhead of this venture, that I would help all I could to get meetings inside, and if need be to give a talk to the people behind it including any and all staff. Also I am also in contact with AA member, John T., Office Manager, Counseling Center, EQUINOX, Albany. He is excited about having me give a presentation to his staff and investigate the possibilities of some of the facilities in the Capital District and maybe beyond. I knew God put me in this position for a reason. I think my new motto will be "One person, One life, One saved," Feedback, anyone?

Love in Service,
Bill C.

Newsletter:

I want to take this opportunity to express my gratitude to the Area for giving me the privilege to serve the HMB. It will most likely take time and patience. Like anything in AA it takes being honest, open minded, and willing. The newsletter email address is hmbareanewsletter@roadrunner.com. If you want to contribute any news or articles please submit no later than the 7th of the previous month. For instance, for the April issue, the deadline would be March 7th.

Tom B.

HMB AREA ASSEMBLY

Sunday, May 16 2010

Warner Hall Suny Cobleskill

State Route 7

Cobleskill NY 12043

9 AM to 3 PM

AGENDA TBD

Directions

—> **From Albany** take I-88 west to Cobleskill (Exit 21). Turn right off of the exit. Turn right on Route 7. Look for sign indicating SUNY Campus. Turn right into SUNY Cobleskill Campus in about 1 mile.

—> **From Oneonta** take I-88 East to Cobleskill (Exit 21). Turn left off of the exit. Turn right on Route 7. Look for sign indicating SUNY Campus. Turn right into SUNY Cobleskill Campus in about 1 mile.

—> **From Saugerties, Kingston & Beyond**—Take I-87 to Catskill (Exit 21). Left on CR-23B East. Merge onto 23 West. Follow to State Route 145. Follow 145 (Total of 40 Miles) to Cobleskill. Bear Left (West) to stay on NY-7/NY-10. Turn left onto SUNY Campus in about 1 mile.

—> **From Utica** take I-90 to Exit 29 toward Route 10. (Canajoharie, Sharon Springs). Turn right onto 5S and left onto NY-10 for about 10.5 miles. Make a sharp left onto US-20 for 4.9 miles. Stay straight to go onto NY-145 for 7.1 miles. Turn right onto NY-7. Turn left onto SUNY Campus in about 1 mile.

When you arrive at SUNY CAMPUS, Take 1st Left and follow to Warner Hall.

Contact person Rob B. 607-441-3004

HMB AREA NEWSLETTER (3/2010)

17 Candy Lane

Hopewell Junction, NY 12533

RETURN SERVICE REQUESTED