

# HMB AREA 48 NEWSLETTER



A version of this newsletter and previous editions is at:

<http://www.aahmbny.org>

### AA Principles of the Month

**Step 8** - Made a list of all persons we had harmed, and became willing to make amends to them all.

**Tradition 8** – Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

**Concept 8** - The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

### Eighth Tradition Checklist

1. Is my own AA behavior accurately described by the Traditions? If not, what needs changing?
2. Do I know who wrote down each one of my Traditions, and why? What would AA be like without them?
3. When I chafe about any particular Tradition, do I realize how it affects the others?
4. Do I sometimes try to get *some* reward--even if not money--for my personal AA efforts?
5. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
6. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
7. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
8. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition-How It Developed*?

### Concept Checklist

**Concept VIII:** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term “custodial oversight” apply to the trustees’ relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.’s bimonthly newsletter Box 4-5-9? The A.A.Grapevine? Do I?

**HMB EVENT SCHEDULE - 2009**

<i>August</i>	<i>NYS Informational Workshop</i>	<i>Area 47 Painted Post, NY</i>	<i>August 14–16, 2009</i>
<i>September</i>	<i>Area Election Assembly</i>	<i>Eastern (1,2,18)</i>	<i>Saturday 9/12/2009</i>
<i>October</i>	<i>Area Assembly</i>	<i>Central (4, 8, 14)</i>	<i>Saturday, October 17, 2009</i>
<i>November</i>	<i>HMB Convention</i>	<i>Central (4,8, 14)</i>	<i>11/06—11/08/2009</i>
<i>November</i>	<i>Fellowship Day</i>	<i>Western (9,12)</i>	<i>Sunday, November 15, 2009</i>

**DISTRICT AND GROUP TREASURERS**—below are the addresses in which to send contributions....

HMB AREA ASSOCIATION  
RTE. 30, #114  
118 POLAR PLAZA  
AMSTERDAM, NY 12010



GENERAL SERVICE OFFICE  
PO BOX 459  
GRAND CENTRAL STATION  
NEW YORK, NY 10163

**Calendar of Events**

**SATURDAY, AUGUST 1, 2009** - District 14 Unity Day, Central Park Pavilion, Schenectady, NY, 11:00 am-4:00 pm, meetings at 1:00 and 3:00. Speakers, Music, fellowship, 50/50 Raffle, and more. Please bring a dish to share. Suggested donation \$5.00.

**AUGUST 7-9, 2009** – District 14 Camping Trip at Moreau Lake State Park, Northway exit 17S. For site reservations contact: Gerry W (518) 382-8319 or Chris S (518) 377-5906.

**SATURDAY, AUGUST 8, 2009** - “**A Burning Desire**” **Sober Bonfire**, Lane’s End Farm, 246 Van Tyne Road, Accord, NY 12404 (20 minutes from NYS Thruway exit 19). BBQ/Cookout all day, Kid’s activities, Meetings at 8PM and midnight. \$5.00 suggested donation. Campers welcome. For more info call Pat D 845-943-9674 and Julie S 845-626-2296, or visit [www.hvypaa.org](http://www.hvypaa.org)

**SUNDAY, AUGUST 9, 2009** - 36th **Annual Old Timers Meeting** featuring NE Regional Trustee John K as speaker at 2 pm, Rutland Elks Club, Pleasant Street, Rutland, Vermont sponsored by Serenity House Group of AA. Buffet served, donation \$10.00.

**SATURDAY, AUGUST 15, 2009** - 3rd **Annual Sober BBQ** from noon to 5 pm at the Marina in Frankfort, NY13340. Appearance by “Defects of Character” Band, live auction with Dr. Bob S, food by “Mushroom Stew Tom” and “BBQ Turkey Karl”, with donation of \$10 to benefit books for corrections. Call John T (315) 894-4035 or e-mail [jftucker@aol.com](mailto:jftucker@aol.com) for more info.

**SUNDAY, AUGUST 30, 2009** - Annual **Capital District Central Picnic** at Snyder’s Lake, N. Greenbush, noon –4 pm, Speaker meeting at 3 pm. Suggested Donation \$5.00. Please bring a dish to share! Further info at (518) 463-0906.

**SUNDAY, AUGUST 30, 2009** - First Year Meeting Celebration of the **Women of Truth Group**, starts 6:00 pm Holy Trinity Church (upstairs) in Little Falls, NY 13365. Special guest speaker.

**FRIDAY, SEPTEMBER 25, 2009** **GSO Bus Tour**, \$35.00. Check HMB website [www.aahmbny.org](http://www.aahmbny.org) for more info

**Conventions**

**SEPTEMBER 25-27, 2009** **53rd Annual North New Jersey Area 44 Convention**, “Commitment-Gratitude in Action” at the Doubletree Hotel, 200 Atrium Drive, Somerset, NJ 008

**NOVEMBER 6-8, 2009** **46th Annual Massachusetts State AA Convention** Sheraton Framingham Hotel and Conference Center, 1657 Worcester Road, Framingham, Mass. More info/registration at [mastateconvention@aaemass.org](mailto:mastateconvention@aaemass.org).

# HMB AREA ELECTION ASSEMBLY

Saturday, September 12, 2009

St John's Episcopal Church

146 1<sup>st</sup> Street - *(at the corner of Liberty Street)*

Troy, NY 12180

## Tentative Agenda:

9:00am – 10:00am - Registration – Meet & Greet

10:00am – 11:00am - Service Committee Round Tables / Workshop (Topic: TBD)

11:00am – 12:00pm – Elections for Panel 60 Area Chair, Alternate Area Chair, Treasurer, Secretary

12:00pm – 1:00pm – Lunch

1:00pm – 3:00pm - Area Business Meeting

## Directions:

**From the East:** Take I-90 East toward I-87 N/ALBANY/MONTREAL (Portions toll). Merge onto I-87 N via EXIT 1N toward ALBANY INT'L AIRPORT/MONTREAL. Merge onto NY-7 E via EXIT 7 toward TROY/COHOES. Merge onto I-787 S toward ALBANY/WATERVLIET. Take the 23RD STREET exit, EXIT 8, toward WATERVLIET/GREEN ISLAND. Turn RIGHT onto 23RD ST. Turn LEFT onto 2ND AVE/NY-32. Turn LEFT onto 19TH ST/NY-2. Continue to follow NY-2. Turn SLIGHT RIGHT onto ramp. Stay STRAIGHT to go onto RIVER ST. Turn LEFT onto LIBERTY ST. Turn RIGHT onto 1ST ST.

**From the North:** I-787 South toward ALBANY/WATERVLIET. Take the 23RD STREET exit, EXIT 8, toward WATERVLIET/GREEN ISLAND. Turn RIGHT onto 23RD ST. Turn LEFT onto 2ND AVE/NY-32. Turn LEFT onto 19TH ST/NY-2. Continue to follow NY-2. Turn SLIGHT RIGHT onto ramp. Stay STRAIGHT to go onto RIVER ST. Turn LEFT onto LIBERTY ST. Turn RIGHT onto 1ST ST.

**From the South:** Take I-87 North to exit 23. Take I-787 N toward DOWNTOWN. ALBANY/RENSELAER/TROY. Take the 23RD STREET exit, EXIT 8, toward WATERVLIET/GREEN ISLAND. Turn LEFT onto 23RD ST. Turn LEFT onto 2ND AVE/NY-32. Turn LEFT onto 19TH ST/NY-2. Continue to follow NY-2. Turn SLIGHT RIGHT onto ramp. Stay STRAIGHT to go onto RIVER ST. Turn LEFT onto LIBERTY ST. Turn RIGHT onto 1ST ST.

Contacts: Rick B at (518) 301-5121 or [thebutlers23@verizon.net](mailto:thebutlers23@verizon.net)  
Gene S at (518) 479-1208 or [suzgenee@aol.com](mailto:suzgenee@aol.com)



**Please attend and participate so that a Loving God may express itself through the voice of the Group Conscience. You are needed and important!!**

# HMB AREA 48 ASSEMBLY

*Hosted by HMB District 14*

**WHEN: Saturday, October 17, 2009**

**Scotia United Methodist Church**

201 North Ten Broeck Street

Scotia, NY 12302

## **AGENDA:**

- |                            |  |
|----------------------------|--|
| <b>9:00 am – 10:00 am</b>  | <b>- Registration – Meet &amp; Greet</b>                             |
| <b>10:00 am – 10:30 am</b> | <b>- Area Chair Committee Reports</b>                                |
| <b>10:30am – Noon</b>      | <b>- Discussion &amp; Voting on Proposals/Budget</b>                 |
| <b>Noon – 1:00 pm</b>      | <b>- Lunch (provided)</b>  |
| <b>1:00 pm – 3:00 pm</b>   | <b>- Continuation of Discussion &amp; Voting on Proposals/Budget</b> |
|                            | <b>- Floor Actions (in any)</b>                                      |
|                            | <b>- Time Permitting...</b>  |
|                            | <b>Service Committee Reports, DCM Reports, etc</b>                   |

## **DIRECTIONS:**

***From Schenectady, Route 5, Westbound:*** Cross the Western Gateway Bridge and proceed onto Mohawk Avenue. - At No. Ten Broeck Street (traffic light at intersection, Firehouse on right), turn right - Proceed two blocks to the church (on left)

***From Route 5, Eastbound:*** At No. Ten Broeck Street (traffic light at intersection, Stewarts Shop on left), turn left - Proceed two blocks to the church (on left)

**CONTACT: Gerry 518-331-9729**  
or gwurtzell@yahoo.com

## AREA REPORTS

### **From the HMB Delegate**

Over 550 members attended the Northeast Regional Forum in Somerset – some counting days and others with several decades. This was the first of five Regional Forums which be held this year. My experience has been the Regional Forums, held every other year, are very exciting and informative for all A.A. members. It is an opportunity for members to better understand our general service structure, to ask questions and to meet others who have had the privilege to serve Alcoholics Anonymous.

During the weekend, there were presentations and workshops by Panel 58 delegates, the General Service Office shared the services rendered on our behalf and members, directors and trustees sharing experiences with each other. Also present and available to members were our Class A Trustee and Chairman of the General Service Board, Class B Trustees, members of the A.A. World Services Board, A.A. Grapevine Board Chair, Grapevine Executive Editor and several Past Trustees. The next Northeast Regional Forum is scheduled for the weekend of May 20 in Sturbridge, MA.

Our next service events will be the 41<sup>st</sup> NYS Convention in Grand Island the weekend of July 24 followed by the 30<sup>th</sup> Annual NYS Informational Workshop in Painted Post the weekend of August 14. Registration flyers may be downloaded from our website <http://www.aahmbny.org/nys.htm>. The G.S.O. staff rotation will take place on July 13, 2009 – contact your District Committee Member (DCM) for the assignment list.

Some news from the General Service Board, A.A. World Service, Inc. and A.A. Grapevine, Inc.:

**Final Conference Reports** – Reports in English, French, and Spanish will be mailed to me by mid-August – hope to have available by the September election.

**Agenda Items** – The Conference Coordinator encourages agenda items for Conference as soon as possible. The deadline is January 15, 2010, however, if items are received sooner, it could be considered in the October General Service Board meeting or again in January.

**G.S.O. Newsletters** – Members and friends of A.A. can subscribe via email to receive newsletters, at no charge – *About AA*, *Box 459*, *Sharing From Behind The Walls and Markings*.

**Literature** – The pamphlet “A Newcomer Asks” will add a sentence encouraging newcomers to obtain and study the Big Book, Alcoholics Anonymous. To commemorate the Big Book’s 70<sup>th</sup> anniversary, Box 459 will feature an article on the Big Book in the Fall issue.

**Local Area/District Newsletter and Minutes** – If members are sending area/district newsletter and minutes to G.S.O., please mail or email one copy to the attention of Conference Coordinator [conference@aa.org](mailto:conference@aa.org).

**Grapevine** – Stories are needed about overcoming challenges in your home group, A.A. around the world, Steps and Traditions and the special section – *What Gives You Hope?* The deadline for the December Grapevine submission is July 20 - stories can be submitted online at [www.aagrapevine.org](http://www.aagrapevine.org) or [gveditorial@aagrapevine.org](mailto:gveditorial@aagrapevine.org).

Please contact me if you would like me to visit your group or districts to give post-Conference report. It is a privilege and an honor to serve HMB and Alcoholics Anonymous!!

**With enthusiasm and gratitude,  
Joan Ramsey Panel 58 Delegate  
(518) 438-6451 Home (518) 330-2800 Cell  
[hmbdelegate@aahmbny.org](mailto:hmbdelegate@aahmbny.org)**



\*\* Please submit your articles for the **September Issue** to [hmb48newsletter@yahoo.com](mailto:hmb48newsletter@yahoo.com) by  
**August 1, 2009\*\***



## Area Chair Report

Dear Fellow Trusted Servants,

I would like to thank Districts 1 and 19 for their service and hospitality. On June 1, I attended District 1's potluck dinner, followed by their normal business meeting. I had the opportunity to talk about my service position, as well as to discuss the Seventh Tradition and give an overview of where the money goes relative to the Area and the General Service Office. Highlights of the discussion included sharing my own experience of serving in various roles; the different opportunities there are for participating in service; that the Grapevine subscription price was increasing as of July 1, 2009; and remarks about the Corrections Correspondence Program; plus a robust question and answer period.

On June 2, I attended the District 19 business meeting. While the meeting was somewhat smaller than the prior evening's meeting, the enthusiasm and dedication of those trusted servants assembled was clearly apparent. We discussed many of the same things as the prior night, but instead of a Q&A session, we had a brainstorming session on how to get others involved in service and how to keep those already in service from becoming discouraged.

One of the topics of our brainstorming included having one of the seven yearly Area events in District 10 or 19 to try to attract participation. This is something that will be discussed further as the calendar of events is developed for 2010. After the District meeting, I had the opportunity to attend an A.A. meeting; and as I took a seat, I noticed that the woman next to me had a copy of the pamphlet *A.A. for the Native North American*. This service-oriented coincidence reminded me of the cultural challenges that this particular district has with members from both the Mohawk and Seneca Tribes.

On June 11, an Alcohol Awareness Forum was hosted by NY State Assembly Members Teresa Sayward and Anthony Jordan at Glens Falls Hospital's Charles Wood Conference Center. While the forum focused mostly on prevention and law enforcement, a few present mentioned that 'AA works' for those 'with an alcohol problem.' Thank you to John D. from District 13 who staffed an AA literature table during and after the event. (The Area was happy to supply literature and meeting schedules for this event.) Of note: while there was coverage of the event in the local newspaper, the principle of anonymity was respected by the press.

The Northeast Regional Forum (NERF) was held the weekend of June 24-26. This event is held every other year and is an opportunity for our General Service Office to provide additional information to the members of our Fellowship from the Northeast Region of the United States.

On Friday evening, Ward Ewing, Class A (nonalcoholic) Trustee and General Service Board Chairman opened the event. He reminded us that there were a number of Directors, Trustees and G.S.O. staff members available to answer questions throughout the weekend.

The Trustee-at-Large from Canada, Jo-Anne L., shared about all her experiences in the last year. It was amazing to hear all the work that is being done in other countries to extend the hand of A.A. to those in need. It also reminded me of the work that our General Service Office does to help translate our literature. Currently, we have A.A. literature available in over 77 languages, including 57 translations of the Big Book. (There are additional translations in the works, so stay tuned!)

Throughout the rest of the weekend, there were presentations by various Trustees and seated Delegates, whose presentations were on wide variety of topics. On a personal level, one of the most enlightening moments of the weekend was a discussion with some of the G.S.O staff members in the hotel lobby. Their work and enthusiasm is always inspiring.

Finally, a couple of items regarding our Assembly: At our Area Assemblies, each group has the opportunity to participate by sending their GSR or Alternate GSR to represent their group and actively participate. I mention this fact as there are two more Area Assemblies this year.

As stated last month, of particular note: In September, we will have our Election Assembly where we will be voting to select our Area Chair, Alternate Area Chair, Treasurer and Secretary for Panel 60 (2010-2011). In October, we will conduct an Assembly where we will vote on the 2010 Proposed Budget (and any other proposals that may be brought forward). It is important for the continued good health of our Fellowship to have as many groups as possible participating, so that each of us can attest that a loving Higher Power has spoken to us through an *informed* group conscience.

We currently still have an available service position as Grapevine Service Committee Chair. This position is one of the links between the workings of the Grapevine to the general AA membership; this individual chairs the Service Committee for Grapevine that is comprised of the District Grapevine Chairpersons, while providing awareness of the AA Grapevine and La Vina magazines and other material such as books, CDs, and more; in addition, this person coordinates the display of Grapevine literature for sale at Area events and may be available to speak on topics that are of importance regarding the Grapevine.

Anyone interested in providing such service to our Area can contact me at [hmbareachair@hvc.rr.com](mailto:hmbareachair@hvc.rr.com) or by phone at 845-331-4213.

In love and service,

Deb D.

Panel 58 Area Chair and Alternate Delegate

### Treasurer

#### HMB AREA ASSOCIATION Treasury Report

Prepared by William Tuthill, Area Treasurer  
6/30/2009

June 2009

[williamtuthill@yahoo.com](mailto:williamtuthill@yahoo.com)

<b>Check Book Balance: 6/1/09</b>			<b>\$8,303.35</b>
Income:			
	Group Contributions	\$2,334.70	
	<u>Total Income:</u>	\$2,334.70	(+) \$2,334.70
Total Assets:			\$10,638.05
Expenses:			
	Area Chair -- 2nd Half Stipend 09	\$1,375.00	
	Bridging the Gap -- NERF	\$227.70	
	Corrections Chair -- Allocation	\$54.90	
	CPC Chair -- Allocation	\$33.66	
	Mailbox	\$20.64	
	Newsletter Editor -- Allocation	\$49.96	
	Newsletter Editor -- NERF	\$250.00	
	Newsletter postage	\$290.40	
	Newsletter printing	\$186.20	
	Treatment Chair -- Allocation	\$55.68	
	Web Site Chair -- Allocation	\$63.60	
	<u>Total Expense:</u>	\$2,607.74	(-) \$2,607.74
<b>Checkbook Balance: 6/30/09</b>			<b>\$8,030.31</b>
Prudent Reserve:			(-) \$7,000.00
<b>Total Available Cash:</b>			<b>\$1,030.31</b>

HMB AREA 48 2010 PROPOSED BUDGET

Expenses:		NOTE
GSO Conference Contribution	\$ 2,000.00	
Area Delegate	\$ 4,250.00	2
Area Chairperson	\$ 3,250.00	2
	<b>\$ 9,500.00</b>	
Other Area Officer Allocations:		
Alternate Area Chairperson	\$ 550.00	3
Secretary	\$ 550.00	3
Alternate Treasurer	\$ 550.00	3
Registrar/Alt. Secretary	\$ 900.00	4
Treasurer	\$ 900.00	4
	<b>\$ 3,450.00</b>	
Committee Chairs and Others Allocations:		
TF Committee Chair	\$ 550.00	5
CF Committee Chair	\$ 550.00	5
BTG Committee Chair	\$ 550.00	5
PI Committee Chair	\$ 400.00	6
CPC Committee Chair	\$ 400.00	6
SN Committee Chair	\$ 400.00	6
Grapevine Chair	\$ 400.00	6
Archivist	\$ 400.00	6
Newsletter Editor	\$ 400.00	6
Convention Chair	\$ 300.00	7
Website Committee Chair	\$ 400.00	8
	<b>\$ 4,750.00</b>	
NERAASA 2010	\$ 6,000.00	9
NE Regional Forum	\$ -	10
NYS Informational Workshop 2010	\$ 1,750.00	11
Archivist Attendance at NYS Convention	\$ -	12
Newsletter Printing	\$ 2,500.00	13
Newsletter Postage	\$ 3,500.00	13
Area Inventory Day	\$ 400.00	14
Day of Sharing/Delegates Day	\$ 400.00	14
Area Assemblies	\$ 800.00	14
Fellowship Days	\$ 1,200.00	14
Insurance Costs	\$ 800.00	
Websites (Operational cost for two)	\$ 550.00	15
Service Manual Updates	\$ 200.00	16
Meeting Books for Committee Chairs	\$ 700.00	17
HMB Convention seed money for 2010	\$ 2,000.00	18
HMB Convention 2010 (Allocations for Committee Chair Attendance)	\$ -	19
NYS Info Workshop Seed Money 2010	\$ -	11
3000 Additional HMB Meeting Books (seed money)	\$ 1,676.00	20
HMB Corrections Connection Workshop	\$ 300.00	21
Mail Box Service	\$ 300.00	
Archive Storage Fees	\$ 800.00	
Tax Preparation	\$ 500.00	
Prior Year Expenses	\$ 500.00	
	<b>\$ 24,676.00</b>	
<b>Total Expenses:</b>		<b>\$ 42,376.00</b>
<b>Income:</b>		
WebSite Contributions to Area website <a href="http://www.ny-aa.org/">http://www.ny-aa.org/</a>	\$ 200.00	
HMB Convention (Seed Money Returned from 2009)	\$ 2,000.00	
HMB Convention (Overage from 2009)		
Projected Group Contributions	\$ 30,676.00	22
Estimated Checkbook Carryover on 1/1/09	\$ 8,000.00	
Extra Meeting Books (seed money returned from 2009)	\$ 1,500.00	20
<b>Total Income Needed:</b>		<b>\$ 42,376.00</b>
<b>Misc Information:</b>		
Prudent Reserve	\$ 7,000.00	
Mileage Rate	\$ 0.35	

Questions/Comments/Suggestions? - Contact Tad J., Finance Chair @ [hmbalttreasurer@nycap.rr.com](mailto:hmbalttreasurer@nycap.rr.com) (518) 366-5631 or any other Finance Committee member



**HMB (Hudson-Mohawk-Berkshire) AREA 48 2010 PROPOSED BUDGET NARRATIVE**

- 1. Amounts allocated are the maximum allowable expenditures for each category. Actual expenditures must be reported in writing and documented with receipts. Reports are due by April 15th, July 15th, October 15th and December 15th. The Finance Committee must review all reports past due before any payments are made. Allocated monies are disbursed when requested, and only**
2. Allocations for the Delegate and Area Chairperson include funds for expenses to all Area, State, and Regional events.  
**when an accounting of the previous allotment has been made. Eligible expenses include mileage at \$0.35 per mile, tolls, postage, supplies, telephone, printing, copies and other. Receipts and mileage details are required.**
3. Allocations for Alternate Area Chairperson, Secretary, and Alternate Treasurer are \$550 each.
4. Allocations for Treasurer and Alternate Secretary are \$900 each.
5. Allocations for the chairpersons of the Treatment Facilities (TF), Bridging the Gap (BTG), and Correctional Facilities (CF) committees are \$550 each.
6. Allocations for the Newsletter Editor, and the chairpersons of the Public Information (PI), Cooperation with Professional Community (CPC), Special Needs (SN), Grapevine (GV) and Archives committees, are \$400 each.
7. The allocation for the HMB Area Convention Chairperson is \$300 for coordinating and planning expenses.
8. The allocation for the chairperson of the Website Committee is \$400. The Website Committee oversees two websites, <http://www.aahmbny.org> and <http://www.ny-aa.org>.
9. The total amount budgeted for officers and committee chairpersons to attend the 2010 Northeast Regional A.A. Service Assembly in Niagara Falls, NY (NERAASA) is \$6,000, or \$400 per funded member. Members funded are the Alternate Area Chair, Secretary, Alternate Secretary, Treasurer, Alternate Treasurer, PI Chair, CPC Chair, TF Chair, CF Chair, SN Chair, BTG Chair, GV Chair, Archivist, Newsletter Editor and Website Committee Chair.
10. There is no Northeast Regional Forum (NERF) in 2010.
11. The total amount budgeted for committee chairpersons to attend the 2010 NYS Informational Workshop in Southeastern NY is \$1,750, or \$250 per funded member. Members funded include the chairpersons of the PI, CPC, TF, CF, SN, Website Committee, and GV.
12. There is no NYS Convention in 2010.
13. The Area will continue its efforts to move as many subscribers to the Area newsletter to e-mail only, reducing expense for printing and postage.
14. Allocations to clusters for Area functions will be \$400 per function. There are seven functions scheduled in 2010. The functions are Inventory Day, Delegates Day/Day of Sharing, three Fellowship Days and two Assemblies. Amount allocated should be sufficient to cover event costs— if clusters need assistance staying under the budgeted amount, they should contact the Alternate Area Chair (Area Events Chair) and/or seek assistance/guidance from experienced members. If the cost of the event should exceed the amount allocated by the Area, plus the 7th Tradition contributions received at the event, Districts within the Cluster hosting the event should arrange to divide costs over the allocated amount as needed. The reimbursement of expenses exceeding the allocated amount will be considered by the Finance Committee if requested (See Note 22). Any 7th Tradition monies collected in excess of the expenses shall be returned to the Area.
- receiving meeting schedules are the PI, CPC, TF, BTG15. The allocation to maintain the two Area websites (<http://www.ny-aa.org> and <http://www.aahmbny.org>) is \$550.
16. The allocation for the annual updates to the HMB Area 48 Service Manual is \$200; that is the estimated cost of printing update pages, updates are to be done once a year after the October Assembly.
17. The allocation for 2010 HMB meeting schedules for Standing Committee Chairs is \$700. Those

receiving meeting schedules are the PI, CPC, TF, BTG, and SN chairpersons. (In 2009, the cost was \$664 for 1,200 books at \$0.50 each, plus \$64 shipping). The final cost is subject to change.

18. \$2,000 is allocated for the 2010 HMB convention as seed money.

19. Members are not funded to attend the 2010 HMB Area Convention in 2010.

20. \$1,676.00 is allocated as seed money for additional HMB meeting books to fulfill orders received after approved deadline; books are to be stored and distributed as needed by the Alternate Area Treasurer. (HMB Area will absorb cost of shipping – \$176.00 – and should recover \$1,500 if all additional books are sold.)

21. \$300 is allocated for the HMB Corrections Connection Workshop.

22. **Should contributions exceed the budget requirements, additional items may be funded at the discretion of the Finance Committee, reviewed quarterly.**

Notes:

- Expenses vary from year to year. The funded amount for various events is based on hotel costs, registration costs, and mileage to the **2009** event (not a fixed amount). It is hoped that this method will help bring the budget closer to the actual expenses and give all those who want to serve the HMB Area an equal opportunity. **As always, those funded are asked to share expenses whenever possible.**

- NERAASA is a service assembly for GSR's, DCM's and Area Committee Members of the Northeast Region to discuss issues and concerns affecting AA as whole, as well as pertinent aspects of recovery, unity, and service common to the Northeast Region. The 2010 event will be in Niagara Falls, NY.

-The 2010 NYS Informational Workshop will be hosted by Southeastern New York (SENY).

-Exceptions: Chairpersons and Officers living within 25 miles of a funded event will be reimbursed for mileage and registration only, unless handicapped. Banquets and meal costs are not funded. Funding covers lodging, registration, mileage at \$0.35 per mile and tolls.

-There are **two** Area Assemblies in even-numbered years (May and October). There are **three** Area Assemblies in odd-number years including the Area Election Assembly held in September.

### Corrections

Hi everyone,

Well, May, June and July have come and gone, and summer is upon us. I will miss the comradeship until Sept. It was a pretty quiet month with the exception of the May assembly. Both proposals passed unanimously. A question was asked if we intended to have it every year in the Albany area. Even though that is the most central location, I think that decision should be left up to the planning committee. Any District or Cluster can certainly put in a request to host it. The maximum allowance right now for the event is \$300. Wherever it is and whoever runs the planning of it, I will gladly give all my knowledge on what to do and expect. It will definitely be overseen by both the Corrections Chair and BTG Chair. My ears are all open for any and all suggestions. Please submit them.

The next event that I will be attending will be the New York State Informational Workshop in Elmira. I am really looking forward to it. I got so much out of it last year. I will be bringing my motor home down to stay in, and then from there we will be heading for Tenn. My wife wants to see that dead guys (Elvis) house. From there I will see you all in Sept. Election Assembly. Please come. If you have voting rights and don't attend, I don't want to hear any \_\_\_\_\_. This is your Area. Be proud of it and the people who represent you. Show them your support by voting.

In love and service,

Bill C.

Area Corrections Chair



**Grapevine**

Did you know...That your group can create a GVR service position? That's a **Grapevine Rep** to promote subscriptions of the *La Vina* and *The Grapevine* for each member of your group and as gifts.

...The Grapevine is available to read on-line

... AA Grapevine does not accept group contributions for operating expenses.

... Original art and photos are needed in addition to articles from members. Details on the website.

**Special Needs**

The Northeast Regional Forum was held the weekend of June 26 to 28 2009 in Somerset New Jersey.

Members of the staff at the GSO were introduced on Friday and gave an overview and highlights of their job descriptions.

On Saturday morning the GSO presentations continued, and questions were taken from the floor. One area of focus was about the Big Book being available on Kindle, prompting one old-timer to get up and ask "what is Kindle". Considerable dialogue was initiated about Kindle, and how the Electronic age is affecting AA.

A panel on Apathy in AA touched on the issue of people coming to AA having not reached the bottom, and not having the gift of desperation, and that these folks are resistant to being involved in service.

Other topics included getting newcomers involved, greeting newcomers, and taking newcomers to service assemblies.

I attended a workshop on the importance of holding district level service workshops. The service manual describes the responsibilities of the DCM as including having workshops. Many ideas were shared about what to call the workshops, how to get people to attend, how long the workshop should be.

The final Saturday night workshop I attended was Humility and Spirituality in Service, ably moderated by our very own Panel 58 Delegate. Everyone in the room had an opportunity to share their thoughts on humility, spirituality and service.

A very fruitful weekend attended by almost 600 service-minded AA's.

Respectfully submitted

Pat L

Area Special Needs Chair

**Proposal for October 2009 Area 48 Assembly:**

Given that donations are down and expenses are up, the Assembly may wish to consider that the Area Newsletter Committee produce 10 Area Newsletters annually instead of 12, effectively saving 16% of the budgeted expenses.

This could best be facilitated by combining 2 issues, such as December/January into one Holiday issue... and June/July into one Summer issue. There would still be ample opportunity for all proposals to be in 3 issues, and flyers and announcements to be dispersed throughout the Area.

Respectfully submitted,

Pat L Area Special Needs Chair

**International Convention**

"A Vision For You" is the theme of the **International Convention of Alcoholics Anonymous** celebrating 75 years of AA. It will be held in San Antonio, Texas from July 1-4, 2010. Registration will begin in the fall and packets with info will be mailed as well. Check out [www.aa.org](http://www.aa.org) for more info.

SERVICE RESUMES

The following service resumes are provided for the consideration of the voting members of the HMB Area 48 Voting Assembly to be held on **Saturday, September 12, 2009**. They are not the only candidates eligible to stand for the offices for which they make themselves available; see guidelines on pages 3 and 4 of the HMB Area 48 Service Manual to review the qualifications. The following people have indicated their willingness to serve as trusted servants of our Area.. If you meet the qualifications, and would like to serve, please consider attending the September Area Voting Assembly and being nominated from the floor.

AREA CHAIR/ALT DELEGATE

It is an honor and privilege to make myself available as a candidate for the Panel 60, HMB Area 48 Chair/Alternate Delegate position

**GROUP AND DISTRICT ACTIVITIES**

1993 – 2004: Home Group positions included Greeter and Coffee Maker

1997 – 1998: Group Treasurer -Lakeville Group

2001: GSR Ancramdale Men's Group

2001 – 2002: District 17 Newsletter Editor

2003 – 2004: DCM District 17

2007- 2009: District 15 Answering Service Representative

**AREA 48- HMB ACTIVITIES**

2004 – Present: HMB Area 48 Finance Committee member

2005: Area Convention Committee Treasurer and Convention Registration Co-Chair

2006- 2007 HMB Area 48 Treasurer;

also, NYS Convention Treasurer and Registration Co-Chair

2008- Present: HMB Area 48 Secretary

In addition to the above-listed activities, I currently serve as a sponsor and/or service sponsor to men in the Fellowship. I am grateful for all the positions of trust in which I have served in my Home Group, my District and my Area.

I look forward to whatever opportunities in which my fellow AA members wish me to serve.

In love and service,

Keith D.

AREA SECRETARY

It is an honor and a privilege to make myself available for the position of Secretary for HMB Area 48, at the upcoming Area Elections on September 12, 2009.

**Name:** William T.

**Home Group:** Lambda Group, Albany, NY, Dist. 1 HMB

**Sobriety Date:** April 4, 1995

**Service:** Coffee maker, Slingerlands Midday Step Group, 1995-96  
Coffee maker, Lambda Group, 1996-97  
GSR, Lambda Group, 1997-99  
Dist. 1 Treatment Chair, 2000-02  
GSR, How It Works Group, 2003-05  
Interim DCM, HMB District 1, 2005-06  
DCM, HMB District 1, 2006-08  
Treasurer, HMB Area 48, 2008- present

I am grateful for having been able to serve fellow alcoholics, and look forward to whatever opportunities to serve may be in store by my Higher Power. I have always heard – and now know – that service adds a dimension to one's sobriety that is impossible to describe in words. The closest I come to describing the feeling is to continue to do service.

In love and service,

William T.

**AREA TREASURER**

I humbly make myself available for the HMB Area 48 Treasurer position.

**Group Activities**

2005 – Present: Involved in various activities for my home group, New Hope Group; including coffee maker, group conscience, meeting set up, anniversary celebrations. Also served as coffee maker for Glenville Group and Schenectady Clubhouse.

**District 14 Activities**

January 2006 – December 2007: GSR for New Hope Group

Organized District 14 Service Workshop in April 2007

January 2008 – Present (term ends December 2009): DCM, District 14

Assisted organizing District 14's 2008 and 2009 Unity Day picnics

**Area 48 Activities**

December 2008 – Present: 2009 HMB Area 48 Convention Co-Chair

As part of the Central Cluster (Districts 4, 8 and 14): Assisted hosting the 2008 and 2009 May and October Assemblies.

I currently work with a service sponsor with many years of service at the District and Area levels; his guidance has given me a better understanding of the traditions and concepts of service and enhanced my own sobriety.

I am looking forward to serving HMB Area 48 in whatever direction *my Higher Power* chooses for me.

Yours in Service,

Chris S.

**ALTERNATE AREA CHAIRPERSON**

I respectfully make myself available for consideration for the position of Alternate Area Chairperson for HMB Area 48.

My sobriety date is January 8, 1981 and I have been involved in AA service since then.

At the group level, Coffee maker, Program Chair, GSR, leading to the position of DCM for District 1. Becoming DCM was pivotal to my recovery, as I became involved in Area activities.

As Area 48's first Treatment Facility Chair I traveled all over the area and made many strong friendships throughout the Area.

I have participated in 7 Area Conventions, and 2 State Conventions and was privileged to be Chairperson of 2 HMB Area Conventions.

I have carried the message into Correction facilities, Treatment facilities, Psychiatric Hospitals and any place else where AA is welcomed.

In 2006 I was privileged to be selected to serve District 1 as Special Needs Chair, and this has taken me on an unbelievable journey and opened my eyes to the challenges many alcoholics face just to get to a meeting.

In 2008 the Area gave me the opportunity to continue Special Needs 12<sup>th</sup> Step work and represent the Area at NER-ASSA, and the NYS Informational Workshops.

I sponsor women in recovery, and service sponsor women who are newly sober and learning about service.

I am truly grateful for the spiritual growth service has afforded me.

From the Big Book: "we have a daily reprieve contingent on the maintenance of our spiritual condition..."

Respectfully submitted

Pat L.

# 2009 HMB Area 48 Convention

**November 6-8 2009**

Our Commitment to Carry the AA Message:  
Enthusiasm and Gratitude in Action

## Holiday Inn Johnstown-Gloversville

308 North Comrie Ave  
Johnstown, NY 12095  
518-762-4686

www.holidayinn.com/johnstownny

**Room Reservation needs to be made through the hotel directly**

*\$78.28 per room per night (Double) – Ask for the HMB rate*

Friends new and old, Fellowship, Panels, Speakers, Karaoke,  
Saturday Night Banquet and Dance

Hosted by the Central Cluster Districts 4, 8 and 14

Registration forms and further information located at <http://www.aahmbny.org/>



### Convention Reservation (One Person per Form):

#### Registration Information

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ Years in Program

\_\_\_\_\_ AA \_\_\_\_\_ Al-Anon

#### Special Needs?

(Please specify)

\_\_\_\_\_



#### Detach & Mail Form with Check or Money Order

#### Payable to:

HMB Convention 2009  
c/o HMB District 14  
P. O. Box 494  
Schenectady, NY 12301

#### Saturday Banquet

INCLUDES SALAD, BEVERAGE, DESSERT & GRATUITY

(Please circle your choice)

Petite Prime Rib..... \$24

Chicken Cordon Bleu....\$22

Vegetarian Lasagna.....\$21

#### Banquet Reservation Cut off date: Oct. 28

\_\_ \$22 \_\_ Registration Fee

\_\_\_\_\_ Banquet (Enter \$\$ for your choice)

\_\_\_\_\_ \$ Total Enclosed

#### Walk in fee for Saturday evening activities after

**4 PM will be \$10.00. (Excluding Banquet)**



**Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous  
2009 HMB Meeting Schedule Book Order Form**

*While Supplies Last*

➔ Please Make Checks Payable To: "HMB Meeting Schedules" ➔

Schedules are \$.50 ea. (Minimum order 10)			
Shipping Cost:			
10-50	\$7.00	601-900	\$48.00
51-100	\$9.00	901-1200	\$64.00
101-300	\$16.00	1201-1500	\$80.00
301-600	\$32.00	1501-1800	\$96.00

**ALL ORDERS MUST BE PREPAID**



Mail Orders To:

HMB Meeting Schedules  
PO Box 74  
Castleton, NY 12033

Inquiries to: [hmbalttreasurer@nycap.rr.com](mailto:hmbalttreasurer@nycap.rr.com)  
(518) 366-5631



**ORDER INFORMATION**  
**No Shipping to PO Boxes**

PLEASE PRINT LEGIBLY

Name: \_\_\_\_\_ Group or Organization \_\_\_\_\_

Street Address: \_\_\_\_\_

City/Town: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Order Quantity: \_\_\_\_\_ X \$.50 = \$ \_\_\_\_\_

Shipping & Handling: \_\_\_\_\_ = \$ \_\_\_\_\_

Total Enclosed: \$ \_\_\_\_\_

Please Return Entire Page With Payment

**HMB AREA NEWSLETTER (8/2009)**

**822 Park Avenue**

**Albany, NY 12208**

**RETURN SERVICE REQUESTED**