

Carrying the Message

February
2010

the District 16 Newsletter

HMB Area 48

*I am responsible.. When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there. And for that: I am responsible.*



AA answering service
(845) 943-5151

Suggested contribution 60%
HMB district 16
PO Box 471
Saugerties, NY 12477

Suggested contribution 30%
HMB area association
Ship©
118 polar plaza rt39
#114
Amsterdam, NY 12010
www.aahmbny.org

Suggested Contribution
10%
GSO
PO box 459
Grand central station
New York, NY 10064
www.AA.org

Slogan of the Month:
Keep it Simple.

District 16 GSR Meeting
3rd Tuesday of the Month
Shokan UMC Rte 28
(next to the firehouse)
ALL are welcome

DCM STATEMENT

Fun in sobriety is something that I did not think was possible when I came to the rooms of AA. Everything in my life revolved around alcohol. I'm writing this with sore leg muscles and a tired out old body. Scott K threw around the idea of getting together at Hunter and going tubing. Well he invited a bunch of people in AA and soon there were at least 20 of us from at least 3 districts having fun, watching fireworks and sliding down a hill.

The fellowship of Alcoholics Anonymous can still surprise me. Somewhere there is a group of people in AA ice fishing, somewhere else is a group playing games on the computer, some are hunting or trapping. Others watch cars run round and round a track. I've found that anything I like to do there are some in AA that say it is stupid and there are others that jump right in.

Listening to others idea's some of which I don't see the fun in, but I always enjoy listening to the fellowship that they enjoyed while doing it. The importance of Unity and fellowship seems to get a short leg of the stool once in awhile. At most AA meetings Service and the Steps get their rightful share of the limelight of recovery, but what keeps this alcoholic coming back is the fellowship.

What allows me to enjoy it?
Working the steps and doing service.

I look forward to seeing all of you that are going to NERASSA at the end of the month. It will be my first regional event and I'm quite excited.

Bob Pelton
DCM
District 16

DISTRICT REPORT

November:

Old Business:

Bob L: no news on treatment facilities issue. Put this on back burner. Bob P reported that everyone left alcathon around 11pm, the room was thoroughly cleaned!

If you have any questions about the newsletter please feel free to email us at:
district16newsletter@gmail.com

New Business

District 3 would like a donation for Delegates Day. Area gives seed money. Motion from Blair G to give them \$100, seconded, passed. Dave T said he would bring back info on Special Needs committee when formed, committee open to anyone who wants to be on it. Kim H wanted to know what format for a district-level inventory day. Bob explained how area inventory day works. Motion to proceed with district-level inventory; seconded, passed (12 ayes, none opposed.) Question raised as to whether it should be one day or multiple days. There will be an inventory day meeting next month. Bob L.

No more Thursday big book meeting in Woodstock (disbanded.)

GSR Reports:

Blue Mt. Men's (Saugerties) – Status quo, celebrants: Larry D. 3 years

By The Book (Saugerties) – celebrants: George T. 37 years, Aviva 3 years

Fifth Tradition (Shokan) – Monday night well attended, Thursday night meeting now a big book meeting (still open), celebrants: Ron F. 23, Lisa 12, Stuart 6, Jenna 5

Home Free (West Shokan) – Attendance is lower, no celebrants

Katsbaan BB Study (Katsbaan) – Well attended, celebrant: Dave G. 19 years

Main Connection (Saugerties) – Well attended; not listed as handicapped accessible, heat is now fixed! Celebrants: Dave T 4 years, Kevin 2 years

Midday Live (Saugerties) – Well attended, 30-45 members attending, 1 celebrant?

New Beginnings (Woodstock) – Good attendance, held fellowship meeting first Sunday of the month, celebrants: Dave M. 13 years

Prodigal Sons (Woodstock) – Well attended, could always use help with corrections support (need speakers)

Saugerties Beginners (Saugerties) – Lots of NEW people! Could use some attendance from people with time

Woodstock Wednesday Night (Woodstock) – Good attendance, making district donation

Woodstock Women's (Woodstock) – Very active, really crowded at step and beginners meetings
New Meeting: West Saugerties Group 7:00pm Friday at the Pinewood open discussion

HMB AREA EVENTS CALENDAR

February 2010

<i>February</i>	<i>NERASSA</i>	<i>NIAGRA FALLS</i>	<i>February 26-28, 2010</i>
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AA Principles of the Month

(Reprinted from November HMB Area 48
Newsletter)

AA Principles of the Month

Step 2 - Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition 2 – For our group purpose there is but one ultimate authority — a loving God as He may express Himself

in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept 2 - The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in world affairs.

Second Tradition Checklist

Do I criticize or do I trust and support my group officers, AA committees, and office workers?
Newcomers?

Old-timers?

Am I absolutely trustworthy, even in secret, with any AA Twelfth Step job or other AA responsibility?

Do I look for credit in my AA jobs? Praise for my AA ideas?

Do I have to save face in group discussions, or can I yield in good spirit to the group consensus and work cheerfully along with it?

Although I have been sober a few years, am I still willing to serve my turn at AA chores?

In group discussions, do I sound off about matters on which I have no experience and little knowledge?

Concept Checklist

Concept Checklist

Concept II: The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

- Do we have an understanding of the history of the General Service Conference (the “Conference”)?
- What is a Conference Advisory Action? Does our home group’s G.S.R., D.C.M., area delegate report back to the group on the highlights of the Conference and Conference Advisory Actions?
- Is our group meeting its wider Seventh Tradition responsibilities?

**Copied from HMB Area Website:
<http://www.aahmbny.org>**

Traditions Checklist: Where it comes from

These questions were originally published in the AA Grapevine in conjunction with a series on the

Twelve Traditions that began in November 1969 and ran through September 1971. While they were

originally intended primarily for individual use, many AA groups have since used them as a basis for wider discussion. Copied from AA Grapevine.org
