

The Gateway

May 2011

District 14

HMB Area 48

New York

District 14: Altamont, Duanesburg, Guilderland, Niskayuna, Schenectady, Scotia

“Some day we hope that every alcoholic who journeys will find the Fellowship of Alcoholics Anonymous at his destination.” Big Book - page 162

Step 5

Spirituality as a cure for alcoholism



Jung's influence can sometimes be found in more unexpected quarters. For example, Jung once treated an American patient (Rowland H.) suffering from chronic alcoholism. After working with the patient for some time, and achieving no significant progress, Jung told the man that his alcoholic condition was near to hopeless, save only the possibility of a spiritual experience. Jung noted that occasionally such experiences had been known to reform alcoholics where all else had failed. Rowland took Jung's advice seriously and set about seeking a personal spiritual experience. He returned home to the United States and joined a Christian evangelical movement known as the Oxford Group. He also told other alcoholics what Jung had told him about the importance of a spiritual experience. One of the alcoholics he told was Ebby Thacher, a long-time friend and drinking buddy of Bill Wilson, later co-founder of Alcoholics Anonymous (AA). Thacher told Wilson about Jung's ideas. Wilson, who was finding it impossible to maintain sobriety, was impressed and sought out his own spiritual experience. The influence of Jung thus indirectly found its way into the formation of Alcoholics Anonymous, the original 12-step program, and from there into the whole 12-step recovery movement, although AA as a whole is not Jungian and Jung had no role in the formation of that approach or the 12 steps. The above claims are documented in the letters of Carl Jung and Bill W., excerpts of which can be found in *Pass It On*, published by Alcoholics Anonymous.[16]

Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

Tradition 5

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept 5

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Pass it on...

Share your stories of experience, strength and hope; group anniversaries; jokes; and other AA related news!



LOVE AND TOLERANCE

It is plain that a life which includes deep resentment leads only to futility and unhappiness.... But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of resentment is infinitely grave.

ALCOHOLICS ANONYMOUS, p.66

**Know God;
Know Peace.
No God;
No Peace.**

p. 144

As Bill Sees It

A.A. in Two Words

“All A.A. progress can be reckoned in terms of just two words: humility and responsibility. Our whole spiritual development can be accurately measured by our degree of adherence to these magnificent standards. “Ever deepening humility, accompanied by an ever greater willingness to accept and to act upon clear-cut obligations—these are truly our touchstones for all growth in the life of the spirit. They hold up to us the very essence of right being and right doing. It is by them that we are enabled to find and to do God’s will.”

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TALK, 1965 (printed in Grapevine, January 1966)



We are NOT a glum lot...

Really drunk

I got home from the pub last night and my wife said, “I can’t believe how intoxicated you are.” “I’m not drunk,” I said, denying it. “Yes, you are.” “No, I’m not.” “Can you tell the time?” she challenged. I walked up to the clock and said, “I’m not drunk.”

Oldies but goodies

Judge: “You’re a menace to other drivers, and pedestrians, too! I’m going to revoke your license.”

Defendant: “Your Honor, you can’t. My living depends on this!”

Judge: “So does theirs!”

Current District 14 Trusted Servants

D.C.M....(District Committee Member).....**Kathy H.**

Alternate DCM/Records.....**Tammy D.**

Treasurer**George D.**

Bridging the Gap**Gerry W.**

Cooperation with the Professional Community ..**Brian J.**

Corrections-Men's**Wilbur S.**

Corrections-Women's**Chris G .**

Functions **Fred C**

Newsletter Editor**Patti G.**

Public Information**John C.**

Special Needs**Debby W.**

Secretary.....**Alice M.**

Treatment**Mike H.**

Notes....

The Bridge Center... in Schenectady is now holding a men's speaker meeting on Wednesday evenings. If you are interested in speaking at this meeting please contact

Gerry Wurtzel at 331-9729 or gwurtzel1@yahoo.com

Schenectady County Jail *** Meetings need volunteers...

Women's Jail Meeting - Chris G.
Men's Jail Meeting - Wilber S.

New Meeting in District 14: "Young and in AA." Monday nights, 7:45-8:45 p.m. St. Joseph's Church, 600 State St., corner of State and Lafayette, use Lafayette entrance.

Contact any District 14 Committee member or your group GSR for more information.

HELP US MAKE A DIFFERENCE!

COME TO THE MEETING! OPEN TO ALL A.A. MEMBERS...

June 20, 2011 ... 7:35 PM—9 PM... Scotia United Methodist Church





HMB 2011 Convention November 4-6, 2011

"We are Responsible for A.A.'s Future
- Let it Begin With Us"

Holiday Inn Hotel & Conference Center

542 Route 9
Fishkill, NY 12524
(845) 896-6281

Http://www.holidayinn.com

Single Rooms: \$75 per night (plus taxes) / Double Rooms: \$109 per night (plus taxes)

Hotel Reservations should be made directly with the hotel.

Please use Group Code "HMB".

Hotel Reservations MUST be secured by October 4, 2011.

Friends • Fellowship • Meetings & Speakers • Panels & Workshops

Pre-Registrants
will Receive an Extra
Free Shuttle Ticket for
an Airfare Hotel!

Entertainment Friday & Saturday Night
Saturday Night Banquet
Hosted by the Hudson Valley Cluster
(Districts 3, 7, 11, 15, 16, 17)

Pre-Registrants
will Receive an Extra
Free Shuttle Ticket for
an Airfare Hotel!

For More Information: Lori W. (518)387-1923 / Deb D. (845)331-0213

Serenity of the Catskills

In the City of the Hills

Saturday, October 22, 2011

5 pm Meet & Greet

6 pm Dinner

7 pm Speaker

John K.

Northeast Regional Trustee

Holiday Inn Oneonta

5206 State Highway 23 ☼ Oneonta, NY 13820
Honesty ² Open-Mindedness ² Willingness

Registration form available

contact d14news@yahoo.com



Upcoming Events

- 5/15/2011 Area Assembly (D14 to provide breakfast only)
- 5/20-5/22/2011 NE Regional Forum – Sturbridge, MA
- **6/11/2011** **District 14 Unity Day—**
Central Park, Schenectady
- 6/18/2011 Fellowship Day Western Cluster
- 7/29-31/2011 NY State Convention SENY (Tarrytown)
- 8/19-21/2011 NYS Informational HMB (Latham)
- 9/10/2011 Election Assembly Eastern Cluster
- 10/15/2011 Area Assembly Central Cluster
- 11/4-6/2011 HMB Convention—Hudson Valley Cluster—(Fishkill)
- 11/20/2011 Fellowship Day Western (TBA)
- 2/2012 NERAASA-Crowne Plaza, Albany (we host)

Contributions to A.A. as a Whole

Tradition Seven:

"Every A.A. group ought to be fully self-supporting, declining outside contributions."

No A.A. Tradition had the labor pains this one did. Collective poverty initially a matter of necessity. Fear of exploitation. Necessity of separating the spiritual from the material. Decision to subsist on A.A. voluntary contributions only. Placing the responsibility of supporting A.A. headquarters directly upon A.A. members. Bare running expenses plus a prudent reserve is headquarters policy.

Twelve Steps and Twelve Traditions

Please remember to use your group # when sending contributions.

District 14

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HMB Area Association

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Amsterdam, NY 12010

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