

**See last page for great upcoming AA Activities and Events!**

Alcoholics Anonymous - Northeast Region  
Hudson Mohawk Berkshire Area 48

24 hour District 13  
AA Hot-Line  
518 - 793-1113

## **DISTRICT 13 NEWSLETTER OCTOBER 2011**

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→ **Last District Meeting of the year is this coming Wednesday, Nov. 2<sup>nd</sup> - 7pm. Hope to see you!**

→ **We ask Group Chairs or GSR's to bring this Newsletter to their Group Meetings. Please share the information.**  
(If you want extra copies for use at your meetings, just contact the Newsletter Editor – see page 3.)

**HERE ARE SOME HOT ITEMS WORTH – AND NEEDING – YOUR ATTENTION**

→ The **FINAL** District Meeting in **2011** is **THIS WEDNESDAY, NOVEMBER 2, 2011** at **7PM**  
**at the Lake George Town Center – 20 Old Post Road**

→ Isn't taking just one hour in two months - to hear so much about AA - a good move?  
**All AA members are welcome to attend. Why not mark Nov. 2<sup>nd</sup> on your calendar?**

**Updated District 13 Meeting Lists are printed in March, July and November.**

**COPIES OF THE NEW NOVEMBER MEETING LIST ARE EXPECTED TO BE AVAILABLE  
AT THIS WEDNESDAY'S 11/2 District 13 meeting.**

**Each Group GSR or Group contact should attend to get the Group's free copies.**

**DEADLINE TO ORDER YEAR 2012 HMB AREA 48 MEETING LISTS IS DECEMBER 1<sup>st</sup>!**

Shows more than 1,300 AA meetings each week in our New York Area. Last year, 33,000 of these were printed and 'sold-out.' **Order your supply by the 12/1 deadline.**

**USE THE ENCLOSED ORDER FORM.** Cost: just 30 cents each, same as last year, plus shipping.

**District 13 Records Keeper, Paul G, reminds us of these important items:**

**We are still looking for District 13 Telephone Hotline Volunteers.** If you would like to help take calls from people seeking AA Hotline help, **please let Paul know by phone or by e-mail to [district13@nycap.rr.com](mailto:district13@nycap.rr.com).** We're doing a **complete update** so **even if you already are on the Hotline Volunteer List, please let Paul know you still want to do it.**

(Note: If you recently 'signed-up' at a Group meeting, that information is being reported to Paul.)

**Also let Paul know right away of any changes in Group meeting locations, days or times and GSR/contact information so these changes are included in District Meeting Lists and in District, Area & GSO records** and to get **free AA literature** to each Group in a timely manner.

**Folks, as we've been saying, it costs money to mail our District 13 Newsletters to you by U. S. Postal Service. Can we send the Newsletter to you by e-mail instead?**  
**Please let us know by e-mailing: [Donovanj@sprynet.com](mailto:Donovanj@sprynet.com)**

AA's Area 48 **Annual Convention** is **this weekend** Nov. 4<sup>th</sup> -6<sup>th</sup> Attend; be a part of great **AA fellowship!**  
Saturday walk-ins are encouraged. **See the enclosed Convention flyer for full details.**

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**Need to talk to someone at District 13 or want to share Group information to include in the Newsletter?**  
**See the Committee Chairs - contact information on page 3.**

Information from the last [September] District meeting was included in September's District 13 Newsletter. Secretary Kristen H's Minutes of September's meeting will be available for review and approval at Nov. 2<sup>nd</sup> meeting. Treasurer Tom B's updated Treasurer's Report also will be for available for review and approval at that meeting.

Since there was no October District meeting, there are no meeting results to report. **This does, however, give us a chance to share information on several other important AA items:**

**DCM, Lou H.** encourages each Group's GSR or contact person to attend our last District meeting of the year this Wednesday November 2<sup>nd</sup>. Lou points out important upcoming AA events and activities [see page 4] especially the **annual Area 48 AA Convention** to be held **this coming weekend November 4<sup>th</sup>-6<sup>th</sup>**. **If you remember the wonderful spirit of AA fellowship at the Lake Placid Convention, you will want to attend this year!**

⇒ **[See the enclosed Convention flyer & registration form - There's still time!]**

Lou reminds each Group that the **deadline** for ordering HMB Area 48's **Year 2012** meeting book is **December 1<sup>st</sup>**. [The Book lists over 1,300 meetings each week in Area 48 and still just costs 30 cents! [Use Order Form enclosed.]

**We are deeply grateful to each Group and to AA members** making contributions to District 13's AA efforts. That support is vital to District service work such as **the 24-hour Telephone Hotline**. District 13 sends a thank you acknowledgement letter to each Group making a contribution to this AA service work; a list of contributing Groups is included in each Treasurer's Report and the Report itself is printed in Newsletters for meeting months.

**DCM Lou H.** reminds all Groups and members of the vacant or soon to be vacant District 13 service positions [including members whose 2-year service terms have ended]. The AA **tradition of service rotation is important** so **please consider helping in one of the following vacant or soon-vacant service position to better help AA Groups and members and to help carry AA's message of hope to the still sick and suffering alcoholic:**

**Alternate DCM; Committee Chairs** for: **BTG; Treatment; Corrections; Special Needs; CPC/PI**; and the **Newsletter Editor**. [Hopefully, **Peter R.** will be filling the **Grapevine** position.]

**AA service not only helps those who really need it, it is a remarkable gift we give to our own sobriety!**

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As voted on and approved at the September District 13 meeting, AA literature specifically aimed at young people was mailed to Guidance Counselors at **thirty-six** Jr. High and High Schools in our District 13 geographic area. This mailing included: the great little pamphlet '**A Message to Teenagers;**' the booklet '**Young People and AA;**' copies of our District 13 meeting list; and, for the Counselors themselves, AA's pamphlet '**If you are a Professional!**' A cover letter described other AA services available and offered a CPC/PI member meeting with the Counselors.

Also voted on and approved at the September District 13 meeting, a Grapevine subscription is being provided to inmates - at their request - at the New York State Washington Correctional Facility. We bring AA meetings there.

By the way, **when** was the last time you read a copy of **The Grapevine - AA's meeting in Print?** **Some Groups are getting subscriptions to The Grapevine and sharing copies at Group meetings. How about your Group?**

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Other important AA service work 'to those in and out of the rooms' - made possible because of Group and member contributions to District 13 - will be reported on at our next Wednesday's 11/2 District meeting.

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There are several worthwhile items to report from recently held HMB Area 48 Budget and Elections Assemblies: The Area 48 Year 2012 Budget, printed for three months in the Area 48 Newsletter, was discussed, voted-on and approved at the October 15<sup>th</sup> Area Assembly. Leaner than last year, it fully details all that HMB Area 48 does in AA service. This 2012 Budget can be viewed on-line at the Area 48 website: [www.aahmbny.org](http://www.aahmbny.org) and extra copies will be available at the District's November 2<sup>nd</sup> meeting;

- Area 48 members elected at the September 10<sup>th</sup> Assembly to Area service positions starting on January 1<sup>st</sup> include: Keith D. [confirmed per Bi-Laws] as our new United States & Canada-wide General Service Delegate; Pat L. as Area Chairperson; Tad J. [former Alternate Secretary] as Alternate Area 48 Chair; Thea H. as Secretary; and Chris S. [continuing] as Treasurer. Also elected to full terms by their respective Area 48 Service Committees, as of January 1<sup>st</sup> are: Cooperation with the Professional Committee (CPC) Chair: John D. & Alternate CPC Chairs: Brenda O. and Mike S.; Corrections Committee Chair: Don S. & Alternate Chair: Garry; Special Needs Committee Chair: Dawn M & Alternate Chair: Tom B.; and, Treatment Committee Chair: Jetta I. & Alternate Chair: Guy K.;

Since Area 48 positions rotate on alternate years, other Committee Chairs continue in their service positions. This includes replacement **Registrar, Kevin B. who is working very hard to bring all Area 48 records up to date.** Kevin has provided a draft Confidential Directory of all members serving in Area 48 and all of its eighteen Districts. He is working with our District 13 Records Keeper, Paul G., to confirm our District 13 and Area 48 records match.

Each of these members has done extensive AA service at the Group, District &/or Area levels. Please keep them in your thoughts and prayers as they commence their important new service for the good of AA.

**Remember**, proposed District 13 expenditures are only incurred if approved by vote of all Group representatives attending District meetings. **Every Group GSR or Group representative at District meetings has a vote.**

**So why not spend one hour only every two months at a District meeting – to hear all that is going on in AA and to have a voting voice in District activity. This Wednesday, November 2<sup>nd</sup> is the last meeting this year.**

District 13 keeps a very low 'Prudent Reserve' of funds - \$250, which barely covers two months of District expenses including for the 24 hour/7 days per week **Telephone Hotline**. That's why we are so grateful for your contributions.

**Need to talk to someone at District 13? Committee Chairs** [and **contact information**] are as follows:

<u>Committee:</u>	<u>Chairperson</u>
• DCM	Lou H.
• Alternate DCM	* <b>Vacant</b> * [was Lou H.]
• Secretary	Kristen H.
• Treasurer	Tom B.
• Records	Paul G.
• Bridging the Gap	* <b>Vacant</b> * [Please consider this service opportunity]
• Corrections	* <b>Vacant</b> * [Please consider this service opportunity]
• CPC/PI	* <b>Vacant</b> * [in interim contact John D.] [Please consider this service opportunity]
• Treatment	* <b>Vacant</b> * [in interim contact Kevin A.] [Please consider this service opportunity]
• Newsletter Editor	* <b>Vacant</b> * [in interim, contact John D.] [Please consider this service opportunity]
• Grapevine	* <b>Peter R.</b> * [may be filling this service position]
• Archives	* <b>Jenny H.</b> * [has filled this service position?]
• Special Needs	* <b>Vacant</b> * [Please consider this AA service opportunity]

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Remember that our District 13 maintains a [24 hours/7 days a week telephone 'hotline'](#) where any individual may call anonymously and talk with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations of the more than 70 AA meetings each week in our District 13 area. **The hotline telephone number is (518) 793-1113 Don't hesitate to give out this phone number!**

### **District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.**

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;  
HMB Area 48 118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and  
General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163

**→ New information:** GSO contributions also can now be made on-line at: [www.aa.org](http://www.aa.org) & click on 'contributions' icon.

The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate. **Thank You.**

## **UPCOMING AA ACTIVITIES and EVENTS**

For details, see the HMB Area 48 Newsletter (hard copy) or on-line at: [www.aahmbny.org](http://www.aahmbny.org) or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to [area48newsletter@gmail.com](mailto:area48newsletter@gmail.com). District 13 AA members can receive a free copy of District 13's Newsletter by request to our Newsletter Editor.

→ **Nov. 2<sup>nd</sup>** - Wednesday [District 13 Meeting 7:00pm](#) [1 hour] [Lake George Town Center, Old Post Rd, Lake George](#)  
**Final District meeting of the year! Please attend.**

→ **Nov 4<sup>th</sup>-6<sup>th</sup>** [HMB Area 48 Annual AA Convention](#) – Fishkill, NY, Great opportunity to experience  
(Friday night to Sunday) inspirational AA speakers & enjoy the bond of fellowship with hundreds of AA friends.  
→ [\[See the enclosed flyer - registration form. IT'S NOT TOO LATE!\]](#)

**Nov. 20<sup>th</sup>** - Sunday [HMB Area 48 Fellowship Day](#) - hosted by Districts 9 & 12; see Area 48 Newsletter for details

**Nov. 24<sup>th</sup>** - Thursday [Thanksgiving Alkathon – Saratoga Springs](#) – First Baptist Church, 45 Washington St.,  
9am to 7pm - AA meetings every other hour starting at 10am - last meeting 6pm; good food!  
Contributions toward the Alkathon would be appreciated. More details to follow by e-mail.

→ (If you know of any other local Thanksgiving Alkathons, please let us know  
and we'll get the word out by e-mail to everyone on our e-mail list.)

**Nov. 28<sup>th</sup>** - Monday [Original Troy Group celebrates 67 years of AA service.](#) Join in celebrating this anniversary  
at St. John's Episcopal Church, 146 1st St., Troy, NY. Food and Fellowship at 6 p.m.  
Speakers at 8 p.m. Bring dish to share. For more information, contact Eric Q

**Dec. 24<sup>th</sup>-25<sup>th</sup>** [Christmas Alkathons:](#)  
(Saturday & Sunday)

[Glens Falls Original Group](#) – again having its Christmas Alkathon. Details to follow in  
the November Newsletter

[Other Groups & Districts](#) also holding Christmas Alkathons – details to follow

→ **Want your Group event in our next District 13 & Area 48 Newsletters? Just contact the Editor [see page 3]**