

See last page for great upcoming AA Activities and Events!

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

24 hour District 13
AA Hot-Line
518 - 793-1113

DISTRICT 13 NEWSLETTER

JULY 2011

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⇒ **Want details on over 70 meetings every week in District 13? Just see the meeting list!**

⇒ **We ask Group Chairs or GSR's to bring this Newsletter to their Group Meetings. Please share the information.**
(If you want extra copies for use at your meetings, just contact the Newsletter Editor – see page 3.)

⇒ **Say, Folks, it costs money to mail our Newsletters to you by U. S. Postal Service. Can we send it to you by e-mail instead?**

Please let us know by e-mailing:

⇒ **We all offer Congratulations to the Glens Falls Original Group which celebrated its 72 Years Group Anniversary Saturday 7/23.**

We e-mailed this great news to everyone on our e-mail list on 7/11.
That's just one example of why it's good to get our AA info by e-mail.
(and, of course, our e-mail announcements are sent anonymity-protected.)

⇒ **Here's another great upcoming event:**

The Yonder Hill Group's Annual Picnic will be on Saturday August 6th, noon to 7pm - at Ushers Park on Route 9L - in Lake George.

See the last page for details on this and other wonderful AA events!

Need to talk to someone at District 13 or want to share Group information to include in the Newsletter?
See the Committee Chairs - contact information on page 4.

Reminder: District 13 meets on the First Wednesday of Every Other Month. There are **only two** meetings left in 2011: September 7th and November 2nd @ 7:00PM at the Town Center, Old Post Rd, Lake George.

The next District Meeting is WEDNESDAY, SEPTEMBER 7, 2011 at 7PM

⇒ **Isn't taking just one hour in two months - to hear so much about AA - a good move?**
All AA members are welcome to attend. Why not mark the date on your calendar.

Information on the following pages is from the July 6th District Meeting and new items since then.

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DCM, Lou H, chaired the 7/6 meeting. He welcomed all present and opened the meeting with the Serenity Prayer.

Copies of the May 4th District meeting minutes were distributed by Secretary Kristen H, reviewed and approved.

Treasurer Tom B. distributed copies of the June - July Treasurer's Report. A copy is printed in this Newsletter. It lists Groups that have made recent contributions to the District. **We are deeply grateful to these Groups** and to AA members whose support is so vital to District service work such as **the 24-hour Telephone Hotline**.

DISTRICT 13 AA MEETING LISTS are printed three times each year, now showing over 70 meetings each week.

Copies of the new July 2011 District meeting list were distributed to all present at the July 6th meeting.

If your Group needs copies of the new July list, contact Tom B or John D [see page 4 for phone & e-mail.

District 13 meeting lists also are regularly provided at request of other entities, for example, Glens Falls Hospital, Hudson Headwaters Health Network, North Country Ministry and several Halfway Houses, just to name a few.

Do you know a location that could use copies of our District 13 AA meeting list? Tell us and we'll provide them.

Records Keeper Paul G said that all information received has been reported to the Area and General Service. The District's new July meeting list reflects current information. **Paul asks all Groups** to inform him of any changes in Group meeting locations, days or times and GSR/ contact information as soon as they occur so these can be included in District, Area & GSO records - and **so AA literature gets to each Group in a timely manner**.

Paul also will be getting an update on our 24-hour 'AA Hotline' phone service and will be **updating the list of our AA members who volunteer to answer Hotline calls**. We'll have more information at next District meeting but if **you're interested in helping out, just contact Paul** [see page 4 for Paul's contact info.]

Don B has been coordinating much of our District's Corrections' efforts **AND** has been taking many meetings into the two NY State correctional facilities in Comstock. **Don informed DCM Lou H that work demands and very recent surgery mean Don has stopped bringing those AA meetings into Comstock. We thank Don** for his dedicated service over a long time and now **we have a desperate need for members to fill Don's shoes. We are grateful to Faye M. who had been covering Washington County Correctional meetings by herself but also has upcoming surgery; others are stepping up to help out but we really need volunteers. Please help even if just once a month!**

Treatment Chair, Kevin A's term has ended and we need a replacement. Multiple AA meetings are being covered in Treatment Facilities and AA literature and AA literature racks are placed in several of these locations [and refilled with AA literature because of Group contributions to the District]. **Consider this service opportunity.**

John D's term as Chair, Cooperation with the Professional Community-Public Information (CPC-PI) is ending. John reported that District 13 AA meeting lists were distributed to almost 130 hotels and motels in our area: 100 of these by mail and dozens hand-delivered by Treasurer Tom B; thank's Tom for that extra service effort.

John also reported Hudson Headwaters Health Network [HHHN] has agreed to place AA meeting lists in each of HHHN's almost 15 medical centers' waiting rooms. John asked for approval of \$40 purchase of cardboard literature holders for this and other District uses. This was approved by unanimous vote.

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Member **Jenny H.** met with the past Archives Chair, Tim C. and retrieved District 13 Archives from him for use by the new Chairperson. [The District thanks Tim for his past service as Archives Chair and thanks Jenny for her new District 13 Archives efforts.](#) Jenny may have Archives information for us at next District meeting.

Newsletter Editor, Larry T., reported that the District's monthly Newsletter continues to be issued to GSR's, contacts and members by USPS mail and an increasing number by e-mail. There was discussion about trying to increase distribution by e-mail instead of USPS to save postage costs. That's why we started this July issue of the Newsletter- right up front on page 1 – asking that members consider the e-mail version where possible. There was brief discussion on changing the Newsletter to once every other month but no action was taken on this.

Larry also pointed out that his two-year term as Editor has ended and a replacement is needed.

DCM Lou H. recapped the vacant or soon to be vacant District 13 service positions [including for members whose 2-year terms have ended]. [Please consider helping in one of the following service positions:](#)

Alternate DCM; Committee Chairs for: [BTG](#); [Treatment](#); [Corrections](#); [Special Needs](#); [Grapevine](#); and CPC/PI.
[Please consider taking one of these?](#)

[AA service not only helps those who really need it, it is a remarkable gift we give to our own sobriety!](#)

Lou also reported on: the HMB Area 48 Assembly held on May 15th in Rotterdam and June 18th Fellowship Day held in Lake George. Lou reminded all of the upcoming, important Area 48 Election Assembly September 10th in Defreestville [east of Albany] and that **each Group's GSR or designee has a vote at that Assembly.**

Lou encouraged those who are able to consider attending the [Annual New York State-wide AA Convention being held in Tarrytown - next weekend – July 29th thru July 31st.](#) He cited the great spirit of AA fellowship so evident at this annual event, usually attended by well over 500 AA members!

District 13 keeps a very low 'Prudent Reserve' of funds - \$250, which barely covers two months of District expenses including for the 24 hour/7 days per week **Telephone Hotline.** District members discussed this again on 7/6 and further discussion will occur on the process for voting on expenditures when funds exceed \$250. This discussion also will include possible District contributions to Area 48 and the GSO - not done in quite a while.

Have you read a copy of the [Grapevine](#) recently? Known as '**AA's Meeting in print,**' [Grapevine](#) is a treasure of wonderful **personal stories** of recovery from active alcoholism - and of a sober life in AA. **Where do you think these true stories come from? From you, from me, from each of us in the Fellowship who takes a little time to share our stories in the journey of recovery.** How do you go about sharing a story with [Grapevine](#)? It's a lot easier than you think! Just go to www.aagrapevine.org/share to read more about upcoming special [Grapevine](#) topics and how to submit stories. [Grapevine](#) is accepting submissions for Oct., Nov. & Dec. issues.

If you haven't seen a copy of the [Grapevine](#) recently, maybe your Group could consider buying a subscription and passing copies around at meetings. Packages of [past issues](#) of [Grapevine](#) can also be purchased [at a special reduced price.](#) [Please consider it!](#) [Grapevine](#) also has a catalog of other [wonderful AA-related material.](#)

Did you know: Bill W. was [Grapevine's](#) most prolific contributor, writing over 150 articles, from his first in June 1944 to his last in December 1970. You can read these in a great hard-cover volume called [Language of the Heart.](#) Where can you get it? From the [Grapevine](#) office: www.aagrapevine.org or call **212 870-3018.**

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Need to talk to someone at District 13? Committee Chairs [and contact information] are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>Telephone</u>	<u>e-mail address</u> (all lower case)
• DCM	Lou H. [elected at 3/2 meeting]		
• Alternate DCM	*Vacant * [was Lou H.] [Please consider this AA service opportunity]		
• Secretary	Kristen H.		
• Treasurer	Tom B. [elected at 5/4 meeting]		
• Paul G.			
• Bridging the Gap	Charles W [*2-year term ended] [Please consider this AA service opportunity]		
• Corrections	*Vacant * [in interim call Don B] [Please consider this AA service]		
• CPC/PI	John D. [*2-year term ended]		
• Treatment	Kevin A. [*2-year term ended] [Please consider this service opportunity]		
• Newsletter Editor	Larry T. [Larry's two-year Newsletter Editor term has ended . A replacement is needed]		
• Grapevine	*Vacant * [Please consider this AA service opportunity]		
• Archives	*Jenny H.* [may be filling this position]		
• Special Needs	*Vacant * [Please consider this AA service opportunity]		

Remember that our District 13 maintains a **24 hours/7 days a week telephone 'hotline'** where any individual may call anonymously and talk with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations of the more than 70 AA meetings each week in our District 13 area.

The hotline telephone number is (518) 793-1113 Don't hesitate to give out this phone number!

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are:

District 13	P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48	118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and
General Service Office (GSO)	P. O. Box 459, Grand Central Station, New York, NY 10163

New information: GSO contributions also can now be made on-line at: www.aa.org & click on 'contributions' icon.

The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate. **Thank You.**

UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Area 48 Newsletter (hard copy) or on-line at: www.aahmbny.org or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to area48newsletter@gmail.com. District 13 AA members can receive a free copy of District 13's Newsletter by request to Editor, Larry T.

July 29-31 – Friday-Sunday - **next weekend** - **New York State-wide Annual AA Convention** – Tarrytown, NY. great opportunity to experience inspirational AA speakers & enjoy the bond of fellowship with hundreds of AA's.

August 6th – Saturday **Yonder Hill Group's Annual Picnic - noon to 7pm** - at **Ushers Park on Route 9L - in Lake George** – **pavilion closest to the Lake**. **AA meeting at 3pm. Hot dogs/hamburgers & 'bring a dish.'**

August 19th - 21st – Friday-Sunday **32nd Annual New York State Informational Workshop**.

9/7/11 (Wednesday) **District 13 Meeting**, 7:00pm [1 hour] **Lake George Town Center, Old Post Rd, Lake George**

September 10th – Saturday – **HMB Area 48 Election Assembly** – **each Group has a vote**. Plan to be there.

October 15th – Saturday - **HMB Area 48 Voting Assembly** inc'l Year 2012 Budget – **each Group has a vote**