

⇒ **Want details on over 70 meetings in District 13? Just see the meeting list!**

24 hour District 13  
AA Hot-Line  
518 - 793-1113

Alcoholics Anonymous - Northeast Region  
Hudson Mohawk Berkshire Area 48

## **DISTRICT 13 NEWSLETTER**

### **MAY 2011**

(Page 1 of 4)

*Did you know: There are over 70 AA meetings each and every week in District 13. In addition to your Home Group and 'regulars,' have you visited one of these meetings recently?*

⇒ **We ask Group Chairs or GSR's to bring this Newsletter to their Group Meetings. Please share the information.**

(If you want extra copies for use at your meetings, just contact the Newsletter Editor – see page 3.)

**Need to talk to someone at District 13? See the Committee Chairs' contact information on page 3.**

**Reminder: AA District 13 meets on the First Wednesday of Every Other Month. 2011 dates left are: July 6, Sept 7, Nov 2 - 7:00PM at the Town Center, Old Post Rd, Lake George.**

**All AA members are welcome to attend.** Please mark the dates on your calendar.

⇒ **The next District Meeting is WEDNESDAY, July 6, 2011 at 7PM**

**DISTRICT 13 AA MEETING LISTS** are printed three times each year, now showing over 70 meetings each week. If your Group still needs copies of the current [March'11] list, contact Tom B or John D [see page 3 for phone & e-mail.

**Records Keeper Paul G asks all Groups** to let him know of any changes in Group meeting locations, days or times and GSR/contact information as soon as possible so they can be included in District, Area and GSO records.

District 13 meeting lists also are regularly provided at request of other entities, for example, Glens Falls Hospital, Hudson Headwaters Health Network, North Country Ministry and several Halfway Houses, just to name a few.

**Do you know a location that could use copies of our District 13 AA meeting list? Tell us and we'll provide them.**

**The following information is from the May 4<sup>th</sup> District 13 Meeting and some new items since then:**

Our new **District 13 DCM, Lou H**, chaired the 5/4 meeting. He welcomed all present and thanked Tom B who just completed his two-year service term as District 13 DCM.

**Tom B**. wasted no time in offering continued service to our District. At the 5/4 meeting, **Tom was elected District Treasurer**. Congratulations, Tom, and thank you for your dedicated service to AA.

**Don B** has been coordinating much of our District's Corrections efforts **AND** has been taking many meetings into the two NY State correctional facilities in Comstock. **Don has just informed DCM Lou H that other serious demands on his time means Don must stop bringing those AA meetings into Comstock. We thank Don for his dedicated service over a long time and now we have a desperate need for members to fill Don's shoes. We also are grateful to Faye M. who is handling the Washington County Correctional meetings by herself!**

**See the enclosed 'Volunteers Needed' Flyer on how you can help out. It's easy. Please consider this!**

Outgoing **Treatment Chair, Kevin A**, reported on multiple meetings being covered in Treatment Facilities and that AA literature and AA literature racks are placed in several of these locations [and refilled with AA literature because of Group contributions to the District].

# **DISTRICT 13 NEWSLETTER**

## **May 2011**

(Page 2 of 4)

At the 5/4 meeting, Committee Chairs gave brief presentations on their service activities for the good of AA.

Also on 5/4:

- Minutes of the March 2<sup>nd</sup> District meeting were reviewed and approved.
- Tom B distributed copies of the May 4<sup>th</sup> Treasurer's Report. A copy of that Report is printed in this Newsletter. It lists Groups that have made recent contributions to the District. **We are deeply grateful to these Groups and AA members** whose assistance is so vital to District service work such as **the 24-hour Telephone Hotline**.
- Because of these contributions, the District was able to vote to approve this year's mailing of District meeting lists to hotels and motels at a cost of up to \$44 for postage and printing of approx. 360 extra meeting lists.
- There was discussion about the vacant, or soon to be vacant District 13 positions [members whose terms have ended]. **Please consider taking one of the following service positions:**
- **Alternate DCM**; Committee Chairs for: **BTG**; **Treatment**; **Corrections**; **Special Needs**; **Grapevine & Archives**.
- One member, Jenny H, expressed an interest in the **Archives** position at the 5/4 District meeting. We are working with the past Archives Chair, Tim C, to retrieve District 13 Archives for use by the new Chairperson.
- **Newsletter Editor, Larry T, pointed out that his two-year term also has ended and a replacement is needed. Hello out there! Who wants to be our new District 13 Newsletter Editor?**
- There was a brief 'report-back' on the successful April 16<sup>th</sup> Delegate's Day/Day of Sharing held in Saratoga. At that event, Area 48 Delegate, Deb D, received feedback on each AA service function to help prepare her for the United States & Canada-wide General Service Conference held the first week in May in New York City.
- There also was discussion about **two Proposals** for voting at the **May 15<sup>th</sup> HMB Area 48 Assembly**. One of these is for greater distribution of the Area 48 Newsletter by e-mail to cut down on USPS postage costs. This makes sense provided that those who still want to receive the Area 48 Newsletter by USPS mail can receive it. Area conscience at the May 15<sup>th</sup> meeting recognized this important consideration.
- DCM Lou H represented District 13 at the May 15<sup>th</sup> HMB Area 48 Assembly in Amsterdam. At that 5/15 event, Area 48 Delegate Deb D. gave an inspiring and thorough 'report back' on that General Service Conference. **We will have a report on the Conference's intense work and decisions at the next District meeting.**
- District 13 keeps a very low 'Prudent Reserve' of funds - \$250, which barely covers two months of District expenses including for the 24 hour/7 days per week **Telephone Hotline**. District members discussed this on 5/4 and further discussion will occur on the process for voting on expenditures when funds exceed \$250. This discussion also will include possible District contributions to Area 48 and the GSO – not done in quite a while.
- There was discussion at the 5/4 District meeting about the wonderful '**AA Meeting in print**': **The Grapevine**. Groups are asked to consider buying a subscription to the Grapevine and passing copies around at meetings. **Packages of past issues of Grapevine can also be purchased at a special reduced price. Consider it!**

-----

**And we did all of this in one-hour! Don't you think a District 13 Meeting is a great opportunity to hear a lot about AA?! In just one hour? Will we see you at the next District Meeting on Wednesday, July 6<sup>th</sup>?**

# DISTRICT 13 NEWSLETTER

May 2011

(Page 3 of 4)

**In our lives, we sometimes hear another Question: “What does it take to get a little help around here?”**

Well, Folks, you probably know how important that same question is in AA! Specifically, for example, we bring AA meetings into two NY State and two Counties’ correctional facilities located in District 13’s geographic area, but **some of the meetings we were bringing in have stopped! Sad? Yes, very sad that the hand of AA is not there. Why? Because we just don’t have enough AA members willing to help out – even as little as once a month!**

**Won’t you please consider an AA correctional commitment? It’s a lot easier to get started than you think.**

**We also bring meetings into treatment, half-way house and hospital facilities. We need your help; it’s easy.**

**Why not contact the Correction or Treatment person listed below and pass around the enclosed flyer?**

**AA service not only helps those who really need it, it is a remarkable gift we give to our own sobriety!**

-----

**Need to talk to someone at District 13? Committee Chairs are as follows:**

<u>Committee:</u>	<u>Chairperson</u>
• DCM	Lou H. [elected at 3/2 meeting]
• Alternate DCM	*Vacant * [was Lou H.] [Please consider this AA service opportunity]
• Secretary	Kristen H.
• Treasurer	Tom B. [elected at 5/4 meeting]
• Records	Paul G.
• Bridging the Gap	Charles W [*2-year term ended] [Please consider this AA service opportunity]
• Corrections	*Vacant * [in interim call Don B]
• CPC/PI	John D.
• Treatment	Kevin A. [*2-year term ended] [Please consider this service opportunity]
• Newsletter Editor	Larry T. [Larry’s two-year Newsletter term has ended. A replacement is needed]
• Grapevine	*Vacant * [Please consider this AA service opportunity]
• Archives	*Vacant * [Please consider this AA service opportunity]
• Special Needs	*Vacant * [Please consider this AA service opportunity]

Remember that our District 13 maintains a **24 hours/7 days a week telephone ‘hotline’** where any individual may call anonymously and talk with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations of the more than 70 AA meetings each week in our District 13 area.

**The hotline telephone number is (518) 793-1113 Don’t hesitate to give out this phone number!**

# **DISTRICT 13 NEWSLETTER**

## **MAY 2011**

(Page 4 of 4)

Shown below is the District 13 May 4<sup>th</sup> Treasurer's Report. It costs money to keep these AA services going. **Groups and members continued support and contributions to the District make this all possible.**

**(NOTE: COPY OF THE DISTRICT 13 TREASURER'S REPORT  
IS DISTRIBUTED TO ALL DISTRICT 13 MEMBERS  
BUT IS NOT INCLUDED IN THIS ON-LINE PUBLIC VERSION  
OF THE DISTRICT 13 NEWSLETTER.)**

### **District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.**

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;  
HMB Area 48 118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and  
General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163  
→ **New information:** GSO contributions also can now be made on-line at: [www.aa.org](http://www.aa.org) & click on 'contributions' icon.

The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate. ***Thank You.***

## **UPCOMING AA ACTIVITIES and EVENTS**

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: [www.aahmbny.org](http://www.aahmbny.org) or at our District 13 Meetings.

AA members can receive a free copy of Area 48's Newsletter by e-mail request to [area48newsletter@gmail.com](mailto:area48newsletter@gmail.com).

District 13 AA members can receive a free copy of District 13's Newsletter by request to Editor, Larry T.

**7/6/11** **District 13 Meeting**, 7:00pm [1 hour] **Lake George Town Center, Old Post Rd, Lake George**  
(Wednesday) -----