

⇒ **The next District 13 meeting will be Wednesday, November 3rd.**

24 hour District 13
AA Hot-Line
518 - 793-1113

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

DISTRICT 13 NEWSLETTER ***OCTOBER 2010***

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⇒ **We ask that Group Chairs or GSR's mention items from this Newsletter at their Group Meetings.**
(If you want extra copies for use at your meetings, you may obtain them at the 11/3 District meeting.)

Need to talk to someone at District 13? See the Committee Chairs' information on page 3.

Reminder: AA District 13 meets on the First Wednesday of Every Other Month [Jan, March, May, July, Sept, Nov] - 7:00PM at the Lake George Town Center, Old Post Rd., Lake George. All AA members are welcome to attend.

⇒ **The next District Meeting will be WEDNESDAY, November 3rd at 7PM**

The District's September Newsletter reported on actions taken and reports given at the last (September 1st) District meeting. Treasurer's reports for August and September were approved at that meeting and reported in September's Newsletter. Treasurer's reports for October & November will be available for review at Nov. 3rd meeting. Complete minutes of each District meeting are provided for review and approval at the next District meeting. July minutes were approved at September meeting; September minutes will be provided at November 3rd meeting.

Since there was no October District meeting, there are no meeting results to report. **This does, however, give us a chance to share information on several other AA items of significance:**

NEW DISTRICT 13 AA MEETING LISTS are printed three times each year. **Copies of the new list, showing our 65 meetings each week, will be available at the November 3rd District meeting. All Group GSR's and members are encouraged to attend the November 3rd meeting and pick up copies of the new meeting list.**

⇒ **If your Group has not yet reported any changes in meeting location, days, times, etc., please call or e-mail our DCM Tom B, no later than Saturday, October 30th to be sure your updates are included in the new List!**

District 13 meeting lists also are regularly provided at request of other entities, for example, Glens Falls Hospital, Hudson Headwaters Health Network, North Country Ministry and several Halfway Houses, just to name a few.

AA's Hudson Mohawk Berkshire [HMB] Area 48 prints its Meeting Book Annually - available in February. That book covers over 1,500 AA meetings each week in Area 48 - which stretches from Poughkeepsie to the Canadian border and from the Vermont line west to central New York. We're pleased to report, as a result of highly competitive Requests for Proposals/Bids, **the cost of the Year 2011 Area meeting book will be 30 cents per copy as compared to 50 cents per copy in recent years.** Shipping costs also will be lower for each order.

The deadline for ordering is December 15th. An Order Form is enclosed with this Newsletter.

⇒ **All changes in Group information reported to Tom B. also will be included in the Area's 2011 meeting book.**

The Annual Area 48 AA Convention is being held this year in our own backyard Lake Placid on the weekend of **Friday, November 5th through Sunday, November 7th.** **If ever there was a time to consider participating in the special fellowship and sobriety of an AA Convention, this is the event. Alanon events also!**

There will be continuous, hourly AA Alkathon meetings, really great Big Meeting speakers, panels & workshops on important AA topics, Old-Timers' Meeting, open microphone for any AA member to share, skits, and more!

Can't stay the weekend? Why not drive up for a day - say Saturday, Nov 6th? You can register at the door.

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District 13 Visits to each AA Group have started

District Members have started visiting each Group in the District to ask how we may be of help to the Group and to provide a brief update on the many AA services the District provides – usually services beyond the ability of any one group to handle.

These services include, for example, bringing AA meetings into New York State and County correctional facilities and treatment facilities including halfway houses & Glens Falls Hospital. We provide much-needed AA literature for use by the residents in these facilities.

We also help 'bridge the gap' for folks coming home from those correctional and treatment facilities by putting them in touch with local AA members and meetings in their home town. That transition between the door of the facility and local A.A. Groups and meetings is often one of the most 'slippery' places in an individual's journey to sobriety.

We also maintain the **24-hour/7 days a week AA telephone Hotline** [518 793 1113] where any individual may call anonymously and talk with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations, days and times of the 65 AA meetings each week in District 13.

As part of our Cooperation with the Professional Community, we work with schools, doctors and others to provide AA information and resources. As described on page 1, we prepare and distribute updated AA meeting lists to AA Groups and others such as hotels and motels for use by their guests looking for local AA meetings to attend.

Of course, we are able to do all this only through dedicated AA members who volunteer their time and efforts for the good of AA – and as part of their own journeys of recovery.

And we do it all on a fully self-supporting basis relying solely on contributions from AA members & Groups like yours. **The District prudent reserve is only \$250 - and it costs over \$150 each month just for the Hotline so individual Members and Groups financial support is really important. We earnestly ask for your help!** Addresses to mail contributions to the District, Area & AA General Service are on page 3 and in District Meeting Lists.

During each Group visit, we provide copies of a small pamphlet that summarizes these District 13 AA Services. (The pamphlets were prepared & printed at no cost to the District through the generosity of individual AA members.)

Visits so far have been to the **Chestertown, Indian Lake, Riparius & Schroon Lake** Groups. We are grateful to these Groups for giving us time to share about District services and to ask how we may be helpful to the Group. We look forward to visits with all other Groups in coming months; we will call to ask for as little as five minutes time.

More information on these Group visits will be available at the November 3rd District Meeting.

Several members at these meetings have indicated a possible willingness to help out in these service efforts and a District person will be contacting those members soon to provide additional information. **Thank You!**

Remember the Grapevine? That great little publication called "**AA's meeting in print.**" Grapevine Chair, Alex S. reminds us mailed subscriptions are available and **free excerpts are available on-line at www.aagrapevine.org.**

The Grapevine also has just published a new book called "**Spiritual Awakenings II - More Journeys of the Spirit.**" To order this or other useful Grapevine information, log on to **<http://www.aagrapevine.org>** or call 800 640-6025.

Newsletter: Newsletter Editor Larry T. has issued monthly District 13 Newsletters in a timely manner but is headed to Florida for the Winter. As agreed at our last District meeting, John D. will prepare the Newsletter in Larry's absence. We continue to USPS mail Newsletters or e-mail copies to all who request e-mail delivery. E-mail saves postage. If you want an e-mail copy or have any suggested items or upcoming AA events to include in District 13 and/or Area 48 Newsletters or any questions, please call or e-mail John D .

With the Holiday Season approaching, let us know of your upcoming Alkathons, and other AA events.

We will help make sure 'the word gets out' – in the District 13 and Area 48 Newsletters!

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Area 48 held its **Annual Assembly** on Saturday **October 16th**. With some 100 participants, AA service efforts were discussed and the Area's Year 2011 Budget was reviewed and approved. This included a report that the new low price for Area 48 Meeting Books [30 cents each vs. 50 cents] should be good for the next three years. More details on the Assembly will be available at the 7:00pm November 3rd District 13 meeting in Lake George.

AA's General Service Office is asking for **personal experiences** &/or **'stories'** about the important subject of **Self Support - The Seventh Tradition**. **A copy of the GSO request is enclosed**. Won't you please take time to fill it out and return it to our Area 48 Delegate, Deb D. by e-mail or to the postal address shown on the form.

Did you know there is a much-needed and very active **"Young People in AA"** effort underway in **Area 48** including a major Committee effort to bring the **Eastern United States Young Peoples Annual Conference [EACYPAA]** to **Saratoga Springs!** See the 'Upcoming Events' section on page 4 for more details.

We still have several vital District Committee Chair service positions open. Won't you consider one?

See the List below for positions available to help AA - and, perhaps, in gratitude for your own sobriety.

Need to talk to someone at District 13? Committee Chairs are as follows:

<u>Committee:</u>	<u>Chairperson</u>
• DCM	Tom B.
• Alternate DCM	Lou H.
• Secretary	Jack B.
• Treasurer	Sue P.
• Records	*Vacant * [Jen W. just stepped down due to new family obligations. Can you help out?]
• Bridging the Gap	Charles W.
• Corrections	*Vacant *[in interim call Don B]
• CPC/PI	John D.
• Treatment	Kevin A.
• Newsletter Editor	Larry T. [until Larry returns in the Spring, contact John D]
• Grapevine	Alex S.
• Archives	*Vacant * [please consider this AA service opportunity]
• Special Needs	*Vacant * [please consider this AA service opportunity]

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48 118 Polar Plaza #114, Route 30, Amsterdam, NY 12010; and
General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163

→ **New information:** GSO contributions also can now be made on-line at: www.aa.org & click on 'contributions' icon.

The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate. **Thank You.**

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UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: www.aahmbny.org or at our District 13 Meetings.

AA members can receive a free copy of [Area 48's Newsletter](#) by e-mail request to: hmb48newsletter@yahoo.com .

District 13 AA members can receive a free copy of [District 13's Newsletter](#) by phone or e-mail request to District 13. (Larry T. is our Newsletter Editor, but, until he returns in the Spring, contact John D.)

11/3 [District 13 Meeting](#), 7:00pm [1 hour] **Lake George Town Center, Old Post Rd, Lake George**
(Wednesday)

11/5-11/7 [Area 48 Annual Convention](#) – this year it is **being held in our backyard - in Lake Placid!**
(Friday thru Sunday) Great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more! and a great Lake Placid hotel location. Find more information at www.aahmbny.org.

11/13 [District 9 Spiritual Dinner](#) Location: **The Roselawn**, New York Mills, NY. This very special event has over 400 attendees. There are a few tickets left; cost is \$15 per person. Contact District 9 for details.
(Saturday)

11/21 [HMB Area 48 Fellowship Day](#) - Sponsored By Western Cluster [Districts 9 & 12]. Location: Upstate Cerebral Palsy (UCP), Tilton Center, 1601 Armory Drive, Utica NY 13501.
(Sunday)

1/5/11 [District 13 Meeting](#), 7:00pm [1 hour] **Lake George Town Center, Old Post Rd, Lake George**
(Wednesday)

(Every Thursday) **NEW MEETING** **“ROAD TO HAPPY DESTINY” (An Open Big Book Meeting)**
Meetings are every Thursday evening at 7pm, at the “Quarry House” located at 138 Upper Platt St., Glens Falls NY.

(Every Wednesday) [Saratoga Young Peoples Meeting](#), 7:30pm, 36 Phila Street (2nd Floor), Saratoga Springs.
(A committee has been formed & needs your help to bring Eastern [US] Young People's Conference [\[EACYPAA\]](#) to Area 48. Committee meets each Wednesday, 8:40 pm after Young Peoples Meeting. We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48.)

If your Group is holding a [Thanksgiving](#) or [Christmas Alkathon](#) or [any other AA event](#), **please let us know.** We will be glad to list the event [in our District 13 Monthly Newsletter](#) and, given enough advance notice, we also will work to have it included [in the Area 48 Newsletter](#).

Contact John D. by telephone or by e-mail

Attachments:

- 1 – [Request for Personal Experiences or 'Stories'](#) – on [Self Support - The Seventh Tradition](#)
Please fill it out and return it to Delegate Deb D. by postal mail or e-mail. **Deadline is November 1st.**
- 2 - [Order Form](#) – for [HMB Area 48 Year 2011 Meeting Books](#) [30 cents per copy; was 50 cents last year]
[Order Form attached as a separate [Adobe](#) file]

Attachment 1 - to District 13 October 2010 Newsletter

Your willingness to take the time to offer your personal experiences or 'story' on this subject would be very helpful – and would be deeply appreciated.

Self Support—Seventh Tradition

It was recommended that the trustees' Finance Committee gather personal stories drawn from the Fellowship that humanize the impact of Seventh Tradition monies for the purpose of communicating with the Fellowship about Self-Support in new or existing literature.

Please submit by November 1, 2010 to hmbdelegate@aahmbny.org.

or to:

Deb D - HMB Area 48 Delegate