

⇒ **The next District 13 meeting will be Wednesday, Sept. 1st**

24 hour District 13
AA Hot-Line
518 - 793-1113

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

DISTRICT 13 NEWSLETTER
AUGUST 2010

(Page 1 of 3)

Need to talk to someone at District 13? See the Committee Chairs' contact information on last page.

Reminder: AA District 13 meetings have changed from monthly to every other month 7:00PM on the first Wednesday at the Lake George Town Center, Old Post Rd., Lake George. Remaining 2010 meeting dates are: 9/1, 11/3 & JANUARY 5th 2011, All AA members are welcome to attend.

⇒ **The next District Meeting will be WEDNESDAY, Sept. 1st at 7PM**

The District's July Newsletter reported on actions taken and reports given at the last (July 7th) District meeting. Treasurer's reports for June and July were approved at that meeting and copies included in our July Newsletter. There was no August District meeting so there are no meeting results to report, **This does, however, give us a chance to share information on several AA items of significance.** August and September Treasurer's reports will be reviewed at the Sept. 1st meeting and copies printed in our September Newsletter.

NEW DISTRICT 13 AA MEETING LISTS are printed three times each year: in February; June and October. **1,800 copies of the new June 2010 meeting list have been printed and were distributed to Groups.** If your group needs copies of the June list, please contact Tom B at _____ to make arrangements to get them. 'North Country' groups may also contact John D. at _____ for copies. **Please note that the Newcomb Thursday night meetings are cancelled. Why not consider the Indian Lake 8pm Thursday meetings instead!**

Extra copies of the June meeting list should still be available at the Sept. 1st District meeting.

District 13 meeting lists also are regularly provided at request of other entities, for example, Glens Falls Hospital, Hudson Headwaters Health Network and North Country Ministry to name a few. Copies of the new June list also were mailed or hand-delivered to over 120 hotels & motels in our geographic area, in time for the tourist season.

Remember the Grapevine? That great little publication called "**AA's meeting in print.**" **Our Grapevine Chair is Alex S.** who reminds us that mailed subscriptions are available and free excerpts from the latest issue are available on-line at **www.aagrapevine.org.** **Take a look!**

District 13 is one of 18 Districts forming AA's Hudson Mohawk Berkshire [HMB] Area 48 which serves a very large portion of New York State. Both our Area 48 Chair, Keith D. and Area Delegate, Deb. D. participated in the annual New York State-wide AA Informational Workshop held this year at Graymoor on August 6th to 8th. Over 150 AA members shared their inspirational and practical experiences in doing AA service work in the fields of: treatment; corrections; bridging the gap; cooperation with professional community; public information, and more. Several District 13 members also actively participated in this AA Service Workshop. A full 'report-back' on the Workshop will be given at the next HMB Area 48 Fellowship Day being held on September 11th.

DISTRICT 13 NEWSLETTER

AUGUST 2010

(Page 2 of 3)

AA members sometimes say, **"Tell me again, just what does the District do?" That's a great question.**

AA's District 13 works hard to serve a large geographic area of the Adirondacks, including the almost 50 AA Groups and 65 AA meetings each week in our District.

This includes AA service that usually is beyond the ability of any one Group to handle - such as bringing AA meetings into New York State and Warren and Washington County correctional facilities & treatment facilities including halfway houses & Glens Falls Hospital. We provide much-needed AA literature for use by the residents in these facilities.

We also help 'bridge the gap' for folks coming home from correctional and treatment facilities by putting them in touch with local AA members & meetings in their home town. That transition between the door of the facility and local A.A. Groups and meetings is often one of the most 'slippery' places in an individual's journey to sobriety.

We also maintain the 24-hour/7 days a week AA telephone Hotline [518 793 1113] where any individual may talk anonymously with a sober alcoholic about any problem or question that individual may have about alcohol/ alcohol abuse and also find locations, days and times of the 66 AA meetings each week in our District 13 area.

As part of our Cooperation with the Professional Community, we work with schools, doctors & others to provide AA information and resources. We prepare & distribute updated [three times a year] AA meeting lists to AA Groups and others such as hotels & motels for use by their out-of-area guests looking for local AA meetings to attend.

We prepared a little pamphlet summarizing these District services and mailed copies to every Group in the District. We ask that you make them available at your Group meetings. We appreciate it and welcome any questions. Additional copies of this **pamphlet** are available by e-mail request to

Of course, we are ONLY able to do all this through dedicated AA members who volunteer their time and efforts as part of their own journeys of recovery. **And, we do this on a fully self-supporting basis relying solely on contributions from AA members and Groups like yours.**

We are deeply grateful to the AA Groups & Members who contribute and help in this District 13 service work. The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate.

With our gratitude, please send contributions to HMB District 13; P.O. Box 4335, Queensbury, NY 12804.

AA Area 48's Annual Convention is being held this year **in our own backyard - in Lake Placid** from Friday November 5th thru Sunday November 7th. There will be great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more! and a great Lake Placid hotel location. Why not consider participating? **Information flyer & registration form available in Area's August Newsletter and at 9/1 District meeting.**

Important Note about the Convention Hotel: All rooms at the Convention Hotel, Comfort Inn of Lake Placid - are currently booked **BUT additional rooms in the hotel are expected to be available on September 17th - so mark your calendar to call the hotel on 9/17 [518 523 2817] for a possible available room reservation.**

Notice: Nancy C's term of service as District 13 Records Keeper has ended and we thank her for her service. We are looking for someone to fill this necessary and rewarding AA service position. Won't you consider this?

DISTRICT 13 NEWSLETTER

AUGUST 2010

(Page 3 of 3)

Need to talk to someone at District 13? Committee Chairs [and contact information] are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>Telephone</u>	<u>e-mail address</u> (all lower case)
• DCM	Tom B.		
• Alternate DCM	Lou H.		
• Secretary	Jack B.		
• Treasurer	Sue P.		
• Records	Nancy C. [term up; need replacement]		
• Charles W.			
• Corrections	*Vacant *[in interim call Don B]		
• CPC/PI	John D.		
• Treatment	Kevin A		
• Newsletter Editor	Larry T.		
• Grapevine*	Alex S.		
• Archives	*Vacant * [please consider this AA service opportunity]		
• Special Needs	*Vacant * [please consider this AA service opportunity]		

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48 Route 30 - #114, 118 Polar Plaza, Amsterdam, NY 12010; and
General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163
→ **New information:** GSO contributions also can now be made on-line at: www.aa.org & click on 'contributions' icon.

UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: www.aahmbny.org] or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to: hmbareanewsletter@roadrunner.com. District 13 AA members can receive free copy of District 13's Newsletter by e-mail request to District 13 Newsletter Editor, Larry T. at larrytoll@frontiernet.net.

9/11 (Saturday) **Area 48 Fellowship Day** – being held at Reformed Church, 20 Ten Eck Avenue in Albany. **See information flyer in the Area 48 August Newsletter and at our 9/1 District meeting.**

10/8 (Friday) Did you know that each year, **upstate AA members are offered a special meeting with staff and a tour of the General Service Office in New York City - including the wonderful Archives of AA's 75 years history.** This year, it is on **Friday October 8th** with an AA-reserved bus leaving Albany 7am, arriving in time for an **11AM open AA meeting with members from around the world**, followed by lunch and staff tour beginning at 1pm and returning to Albany by about 6-pm-7pm. **A flyer is available in the Area's August Newsletter but this annual event fills up fast so call Joan R. at _____ for details and to register.**

10/16 (Saturday) **Area 48 Assembly** being held at United Methodist Church, in Scotia, NY. **Vote on Area's Budget. See information flyer in the Area 48 August Newsletter and at our 9/1 District meeting.**

11/5-11/7 (Friday thru Sunday) **Area 48 Annual Convention** – this year it is **being held in our backyard - in Lake Placid!** Great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more! and a great Lake Placid hotel location. **(Extra rooms may be available starting September 17th.)** **Information flyer/registration form in Area August Newsletter and at 9/1 District meeting.**