

→ **The next District 13 meeting will be Wednesday, September 1st.**

24 hour District 13
AA Hot-Line
518 - 793-1113

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

DISTRICT 13 NEWSLETTER
July 2010

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Need to talk to someone at District 13? See the Committee Chairs' contact information on last page.

Reminder: AA District 13 meetings have changed from monthly to every other month 7:00PM on the first Wednesday at the Lake George Town Center, Old Post Rd., Lake George. Remaining 2010 meeting dates are: 9/1 & 11/3. All AA members are welcome to attend.

→ **The next District Meeting will be WEDNESDAY, September 1st at 7PM**

There was no June District meeting so there are no meeting results to report, **This does, however, give us a chance to share information on several AA items of significance.**

Minutes of Meeting of AA HMB District 13 held on July 7, 2010

Meeting opened with the Serenity Prayer and Introductions. The following were in attendance:

Jack B- Secretary/ John D- CPC/PI "Schroon Lake"/ Jen W- "Bay Road Literature"/ Peter F- "Monday Night Ft Edward"/ Tom B-DCM, "Ft George"/ Lou H-Alt. DCM "Daily Reflections"/ Silky N-"Courage to Change"/ Larry T-Newsletter & "Indian Lake"/ Michael A- "Abandon Any Hope of Fruition"/ Joan D- "Bolton by the Book"/ Benny H- "Any Lengths" & "Renewed Hope".

Reading Minutes: Copies of the May 5th minutes were distributed to all present and summarized by Secretary Jack B. Silky motioned to accept; John seconded; all voted in favor.

Treasurer's report: Sue P (Treasurer) was not present but prepared the report, asking Tom B to present. Copies of June and July Reports were distributed to all present and discussed by Tom B, DCM

June: Tom, DCM, reported an opening balance of \$311.13, total revenues of \$348.00, total expenses of \$201.97, and an ending balance of \$457.16.

July: Tom, DCM, reported an opening balance of \$457.16, total revenues of \$210.00, total expenses of \$365.98, and an ending balance of \$301.18.

Tom reported one outstanding bill for the Newsletter mailing. Suggestion to add prudent reserve to the treasurer's report or highlighting in some way so it would be seen in the closing balance was discussed. Tom made a motion to accept; Jennifer, seconded; all in favor (DCM/treasurer abstained).

Records: Tom (DCM) reported in absence of chair that he has a candidate for the position. Tom

reported the meeting list has been updated recently and the hotline list but the website is not up to date. Also, the Area is in the process of converting the data bases.

BTG: Charles W (chair) was not present but John D (CPI/PI) is in contact with him and discussed bridges made.

Treatment: No chairperson at this time.

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Corrections: No chairperson at this time. Silky reported she is covering the Baywood meeting and sharing this commitment with a temp. Putting vacant chairperson positions, such as Corrections chair, in the Newsletter was discussed. John D reported, Don, is working on meetings in corrections and mentioned lots of need for service in this area.

CPC/PI: John D (chair) gave report that mailings to local hotels/motels have been made and that Tom B hand delivered many.

Newsletter: Larry T (Newsletter Editor) reported about mailing and a misprint in the latest Newsletter. Putting in a piece about the International AA convention, San Antonio, Texas, Larry and John, attended, was discussed.

Grapevine: Alex (chair) not present but subscription was discussed.

Archive and Special Needs: Positions vacant. Contacting former Archive chairperson to retrieve archival artifacts was discussed.

DCM Report: Tom B (DCM) gave brief report.

Alternate DCM Report: Lou H. (Alt. DCM) discussed visit to Cobleskill on May 16th for Area Assembly Day.

Old Business

- John D reported on the group visits and a two part strategy. First, to distribute literature, which has been done, and second, group visitations with protocol for addressing the groups.
- How to address groups was discussed
- Updating of hotline volunteers list discussed and this tying into records was discussed

New Business

- Corrections volunteers discussed
- District chair vacancies discussed
- NY service workshop at Graymoor mentioned
- Area 48 November (1st week) in Lake Placid mentioned
- Hotline volunteer experience discussed
- Suggestion for district hotline volunteers to have contact numbers for each district was discussed
- Training for hotline volunteers discussed

Lou motioned to adjourn the meeting; Larry seconded, and all voted in favor. The meeting ended at 8:11 pm (approximately) with the Responsibility Declaration.

PLEASE TAKE HEADE: We have a desperate need for people to give of themselves and share some of their spare time by filling District 13's four vacant committee chair positions.

The Vacant chairs are: RECORDS, CORRECTIONS, ARCHIVES and SPECIAL NEEDS.

(MORE INFO TO FOLOW)

Editor's Note: PLEASE REMEMBER

WE SHOULD GIVE BACK WHAT WAS SO FREELY GIVEN

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Need to talk to someone at District 13? Committee Chairs [and contact information] are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>Telephone</u>	<u>e-mail address</u> (all lower case)
• DCM	Tom B.		
• Alternate DCM	Lou H.		
• Secretary	Jack B.		
• Treasurer	Sue P.		
• Records	Nancy C. [term up; need replacement]		
• Bridging the Gap	Charles W.		
• Corrections	*Vacant *[in interim call Don B]		
• CPC/PI	John D.		
• Treatment	Kevin A		
• Newsletter Editor	Larry T.		
• Grapevine*	Alex S.		
• Archives	*Vacant * [please consider this AA service opportunity]		
• Special Needs	*Vacant * [please consider this AA service opportunity]		

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48 Route 30 - #114, 118 Polar Plaza, Amsterdam, NY 12010; and
General Service Office (GSO) P. O. Box 459, Grand Central Station, New York, NY 10163
→ **New information:** GSO contributions also can now be made on-line at: www.aa.org & click on 'contributions' icon.

The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate. **Thank You.**

UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: www.aahmbny.org or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to: hmbareanewsletter@roadrunner.com. District 13 AA members can receive free copy of District 13's Newsletter by e-mail request to District 13 Newsletter Editor, Larry T. at

8/6-8/8 Annual New York State AA Informational Workshop (NYSIW) - held this year at **Graymoor**.
(Friday thru Sunday) This is where AA service committee's and individuals in attendance exchange information and ideas on how we can better spread the message of recovery through AA.

Did you know that each year, **upstate AA members are offered a special meeting with staff and a tour of the General Service Office in New York City - including the wonderful Archives of AA's 75 years history.** This year, it is on **Friday October 8th** with an AA-reserved bus leaving Albany 7am, arriving in time for an **11AM open AA meeting with members from around the world**, followed by lunch and staff tour beginning at 1pm and returning to Albany by about 6-pm-7pm. **A flyer is available in the Area's June Newsletter but this annual event fills up fast so call Joan R. at _____ for details and to register.**

11/5-11/7 Area 48 Annual Convention – this year it is **being held in our backyard - in Lake Placid!**
(Friday thru Sunday) Great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more! and a great Lake Placid hotel location.
Information flyer/registration form in Area's June Newsletter and at 7/7 District meeting.

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HMB EVENT SCHEDULE - 2010

August NYSIW SENY August 6-8, 2010

September Fellowship Day Eastern (1,2,18) Saturday, September 11,2010

October Area Assembly Central (4, 8, 14) Saturday, October 17, 2010

November HMB Area Convention Adirondack (5, 10, 13, 19) Fri-Sun, November 5-7,2010

November Fellowship Day Western (9,12) Sunday, November 21,2010

Calendar of Events

Friday, July 30-Sunday, August 1, 2010-District 14 hosts 2nd Annual Camping Trip at Moreau Lake State Park, Gansevoort, NY. Weekend away with AA members with hiking, swimming, relaxing and games. Fireside meeting on Saturday night. All welcome. Reservations are first come, first serve. For information contact Gerry W. at
or Chris S. at .

Friday, July 31st-Sunday, August 1st, 2010 Saratoga EACYPAA Bid Committee Presents: **2010 Campout**, North Hudson, NY, \$10 suggested donation. Visit www.togypaa.org for more information.

Sunday, August 15, 2010 District 9 4th Annual Sober BBQ Noon-5 p.m. at the Frankfort, NY Marina, ZIP 13340. Live Band! Food includes: Prime Rib, Pork Roast, Mushroom Stew, Sausage & Peppers, Burgers/dogs and all the fixings. Bring dish or dessert to share. Live Auction. Tickets-\$10.Call Tom or John or . Proceeds to benefit AA literature for jails and prisons in Dist 9. DON'T MISS THIS GREAT EVENT!!

Saturday, August 21, 2010 District 8 Workshop 9a.m.-3p.m. "The Three Legacies" Unity, Service, Recovery at St. James Episcopal Church, 305 Main Street, Oneonta, NY 13820. Coffee Breaks and Lunch will be provided. For directions and info contact Rob B. at or

Ongoing in Area 48 EACYPAA Bid Committee Needs You Meetings are held Wednesdays at 8:30 pm after the Saratoga YP meeting at 36 Phila Street (2nd Floor), Saratoga Springs, NY 12866.

We are looking for supportive people with all levels of service or for those who are interested in increasing the involvement of YPAA in Area 48

Contacts: Maria ; Will ; Tori, or
e-mail

FROM THE EDITOR:

**In San Antonio, During The 75th A.A. International Convention,
Ms. Jan Jarboe Russell of the "San Antonio Express News" Wrote....**

Tens of thousands of living miracles visit S.A.

Late last week, I entered the dark, cavelike Roosevelt bar at the Menger Hotel, squinted and spotted only one lonely customer. Meanwhile, across the street, a comic vendor in Alamo Plaza hawked "root beer" raspas and was doing a brisk business.

Up and down the river, margaritas were an endangered species, but there were long, hungry lines at coffee and ice cream shops. While bars were as silent as churches, the sound from the restaurants was more like, "cha-ching, cha-ching."

The streets were packed with 50,000 sober alcoholics from 90 countries — here to celebrate the 75th anniversary of Alcoholics Anonymous. At street corners, convivial visitors all greeted one another warmly by first names. Many asked if I was having a good day.



**JAN JARBOE
RUSSELL**

Twenty-three million people in the United States struggle with severe alcohol or drug abuse, twice the number of Americans afflicted with cancer. No family is immune.

Mine is no exception. In November, my brother died from alcoholism. Like a majority of people who enroll in the AA program, my brother enjoyed initial but not lasting success. A proud, successful but secretly



mySA.com

Keyword: Columnists

For more of Jan Jarboe

Russell's commentary.

frightened man, my brother struggled hardest with the first step — surrendering control to God. Disempowerment was anathema to him. He was sober for a while, and then he wasn't.

As I walked through the crowds, each sober alcoholic seemed to me a living miracle. Alcoholism is a fatal disease. And yet 50,000 survivors, each cheating death one day at a time, descended like a pink cloud of hope over our city.

I kept asking people: How did you change your life, and how do you keep doing it?

Over coffee, a retired couple from Vermont, who've been sober for more than 40 years, told

me their stories. Mike started drinking as a teenager but realized he had a problem after he and Jacki, his high school sweetheart, married when they were 20. He was a schoolteacher and took part-time jobs to make more money — many of them in bars. He drank every day until he was drunk.

"I started worrying when I began to lose things — jobs, friends — and then our marriage got rough," he said.

A friend took him to his first AA meeting, and he heard people tell their stories of ruined relationships and broken dreams.

"I'd had enough," Mike said. "I left that meeting and haven't touched alcohol since."

Two years later, Jacki, who was working as a bartender, followed Mike into AA.

"I had lost control of my reality," she said. "I had two young kids — one 7 and the other 4. As a mom, I wasn't available."

I asked Jacki why AA worked for her:

"I had the desperation of the dying," she said. "That desperation was my gift. I used it to surrender."

The AA convention was the largest that San Antonio has ever hosted, and perhaps the most unusual.

For a weekend, downtown felt like a parallel universe, a fellowship of healing. I imagined seeing my brother's face in the crowd. He wasn't there, of course. But a lot of other people's brothers, sisters, fathers and mothers were there. Each one, a miracle.

jrussell@express-news.net

HMB DISTRICT 13 TREASURY REPORT JUNE 2, 2010

Opening Balance as of May 5th. 2010 311.13

<u>Check #</u>	<u>Date</u>	<u>Group/Payee</u>	<u>Category</u>	<u>Amount</u>	
	May 10	Sat Morning Ey Opener	Group Contribution	118.00	
	" 12	Into Action Group	" "	200.00	
	" 22	There is a Solution	" "	30.00	
			<u>TOTAL REVENUE</u>		<u>348.00</u>

957	MAY 05	Verizon	Hot Line	24.16	
958	"	Contact Communications	Hot Line	123.25	
959	"	John D.	News Letter Postage	27.28	
960	"	Larry T.	" " "	27.28	
			<u>TOTAL EXPENSES</u>		<u>201.97</u>

Closing Balance as of June 2nd. 2010 457.16

SUBMITTED BY SUE P. (Dist 13 Treasurer) DATE: 6/2/10

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HMB DISTRICT 13 TREASURY REPORT JULY 7, 2010

Opening Balance as of June 2nd. 2010 457.16

<u>Check #</u>	<u>Date</u>	<u>Group/Payee</u>	<u>Category</u>	<u>Amount</u>	
	June 09	Bar none Group	Group Contribution	150.00	
	" 09	12 & 12 Group	" "	60.00	
			<u>TOTAL REVENUE</u>		<u>210.00</u>

961	June 21	Verizon	Hot Line	23.80	
962	"	Contact Communications	Hot Line	118.29	
963	"	Staples	1,800 Meeting Lists	223.89	
			<u>TOTAL EXPENSES</u>		<u>365.98</u>

Closing Balance as of June 2nd. 2010 301.18

SUBMITTED BY TOM B. (Dist 13 DCM) DATE: 7/7/10