

Reminder: THERE IS NO JUNE DISTRICT 13 MEETING!

24 hour District 13
AA Hot-Line
518 - 793-1113

The next District 13 meeting will be Wednesday, JULY 7TH

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

DISTRICT 13 NEWSLETTER
MAY 2010

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Need to talk to someone at District 13? See the Committee Chairs' contact information on page 3.

Reminder: AA District 13 meetings have changed from monthly to every other month 7:00PM on the first Wednesday at the Lake George Town Center, Old Post Rd., Lake George. Remaining meeting dates this year are: 7/7; 9/1 & 11/3. All AA members are welcome to attend.

The next District Meeting will be WEDNESDAY, July 7th at 7PM

Some of the information below is from our May 5th District 13 meeting and some is new since that date.

DCM Tom B. chaired the May 5th meeting at which the following actions occurred:

Minutes: Copies of the March 3rd minutes were distributed to all present and summarized by Secretary Jack B. John D. motioned to accept; Silky N. seconded; all voted in favor.

Treasurer's Report: Copies of the April & May reports were prepared by Sue P. and in her absence from the meeting were summarized by DCM Tom B. For April: opening balance of \$82.06, total revenues of \$315.00, total expenses of \$187.35, and an ending balance of \$209.71; For May: opening balance of \$209.71, total revenues of \$937.00, total expenses of \$835.58, and an ending balance of \$311.13 as compared to District \$250 prudent reserve. [Tom B pointed out that of the May amounts, \$400 expense and equal \$400 income were 'pass-through' funds advanced to District 13 by Area 48 for the April 10th Fellowship Day held in Lake George, hosted by the Adirondack Cluster and coordinated by District 13.]. Bill, motioned to accept; Alex seconded; all voted in favor (DCM abstained).

Committee Chairs present on May 5th gave brief reports on progress of their active Committee work:

Records: Nancy C (former Records Keeper) sent message to group that her term is up. Lou requested District recognition of Nancy's service, followed by applause. In meantime call DCM Tom B. with any meeting changes.

Bridging the Gap (BTG): Charles W (chair) was not present but it was reported that 'Bridges' continue to be made.

Treatment: Kevin A (chair) reported difficulty getting volunteers for day time meetings-lost chairperson running "Baywood Center for Recovery" meeting, Friday mornings. The two "Center for Recovery" meetings, in Glens Falls and Hudson Falls, have had little or no attendance. Kevin plans to speak to facility director about canceling the meetings if no one shows up, especially since these meetings were started at the Centers' request. Kevin is looking for replacement for his chair commitment due to illness in the family.

Corrections: In absence of a Chairperson, committee member Randy gave report from Don B. Volunteers needed for Warren County Tuesday meeting and Great Meadow and Washington County has a waiting list of inmates seeking AA meetings. A meeting is in the process of being set up there to accommodate this interest.

CPC/PI: John D (chair) gave report. He discussed the annual mailing of District 13 meeting lists to some 123 local hotels and motels. These establishments often keep the meeting lists at the front desk or lobby information racks. He said mailing should go out as soon as our new June meeting list is printed - in time for Summer tourist season and requested up to \$57.00 to cover postage and requested 369 June meeting lists [3 per envelope] for the mailing. Tom B motioned to accept the request as long as the request did not go into the District's prudent reserve; Alex seconded, and all voted in favor. [Whether we actually can do the hotels and motels mailing this year, therefore, depends on contributions received from AA Groups and members in the coming month.]

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Newsletter: Newsletter Editor Larry T. is back; he was greeted with applause! Some AA members receive the monthly Newsletter by e-mail rather than USPS mail [saving District postage]. Larry reminded all members they can receive e-mailed Newsletters simply by sending e-mail request to Larry at

Grapevine: New Grapevine Chair Alex S. was present and was greeted with applause! Alex's duties and suggestions for service were discussed.

Archive and Special Needs:- positions vacant – no report.

DCM Report

Tom B (DCM) gave report. Tom acknowledged all who had helped District 13 in hosting the 2010 Area 48 Fellowship Day, April 10th at Sacred Heart RC Church in Lake George, in particular Sue P's role and the three volunteers from the Glens Falls Halfway House who helped out for the entire day – including clean-up afterwards. Tom announced the Area Assembly being held in Cobleskill on May 16th. Six proposals are up for vote on 5/16 and these were briefly discussed. It was suggested the representative of each Group vote Group conscience and it was confirmed that Alternate DCM Lou H will represent District 13. [Note: Lou did represent District 13 at that Area 48 May 16th Assembly in Cobleskill. A report will be included in the June District 13 Newsletter.]

Alternate DCM Report

In addition to the Area Assembly, Lou H. also discussed volunteer work regarding the Area 48 AA website.

Additional Items discussed at the May 5th District Meeting:

It was reported that the new pamphlet describing District 13 AA services had been printed and multiple copies of the pamphlet had been mailed to every District 13 Group GSR/contact with a cover letter from DCM Tom B. These District services are usually beyond the ability of any one AA Group to handle including, for example: maintaining the 24-hour/7 days a week AA telephone Hotline [518 793 1113] where any individual may talk anonymously with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations, days and times of the 66 AA meetings each week in our District 13 area; bringing AA meetings into New York State and Warren and Washington County correctional facilities and into treatment facilities including halfway houses and Glens Falls Hospital; 'bridging the gap' for folks coming home from these correctional & treatment facilities by putting them in touch with local AA members & meetings in their home town; and, working with schools, doctors and others to provide much-needed AA resource information.

Of course, we are able to do all this through dedicated AA members who volunteer their time and efforts as part of their own journeys of recovery. And, we do this on a fully self-supporting basis relying solely on contributions from AA members and Groups like yours. DCM Tom B. pointed out, for example, that the new District 13 pamphlets & mailing/postage had been covered by members' contribution, at **no** cost to the District.

Also discussed was the sense that important documents distributed at District meetings and information in District Newsletter is not being brought back to Groups by GSR's. Please share this information at your Group meetings.

The District prints new meeting lists three times a year: February; June & October so the **NEW MEETING LIST** will be prepared and **1,500 copies printed and distributed in June** not just to our Groups but also to schools, medical offices, hotels, motels and other locations. Since Nancy C's term as Records Keeper has ended, DCM Tom B asks that you **get all change information**, e.g. meeting days, times, Group GSR/Contact name and mailing address, etc. to Tom as soon as possible at phone # or his e-mail:

[For example, starting in June, the Fort George Be Precise Group's Tuesday & Thursday meetings will change from an 8pm to 7pm start time.] Telling us of any changes ensures that all information on the 66 AA meetings now occurring every week in District 13 is correct and up to date in District, Area 48 and national AA records. You would be surprised at the number of AA members visiting from out-of the area, especially with Summer coming, who rely on this printed and on-line information to find AA meetings in our area.

(Note: Since Nancy's term of service as Records Keeper has ended, we are looking for someone to fill this necessary and rewarding AA service position. (Interested? Just call DCM Tom B. at

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Need to talk to someone at District 13? Committee Chairs [and contact information] are as follows:

<u>Committee:</u>	<u>Chairperson</u>	<u>Telephone</u>	<u>e-mail address</u> (all lower case)
• DCM	Tom B.		
• Alternate DCM	Lou H.		
• Secretary	Jack B.		
• Treasurer	Sue P.		
• Records	*Vacant *		
• Bridging the Gap	Charles W.		
• Corrections	*Vacant *		
• CPC/PI	John D.		
• Treatment	Kevin A		
• Newsletter Editor	Larry T.		
• Grapevine*	Alex S.		
• Archives	*Vacant * [please consider this AA service opportunity]		
• Special Needs	*Vacant * [please consider this AA service opportunity]		

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48 Route 30 - #114, 118 Polar Plaza, Amsterdam, NY 12010; and
General Service Office P. O. Box 459, Grand Central Station, New York, NY 10163

SIGNIFICANT UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: www.aahmbny.org] or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to: hmbareanewsletter@roadrunner.com District 13 AA members can receive a copy of the District Newsletter by e-mail request to:

(Note: We especially welcome & are glad to publish news of upcoming events of Groups in District 13)

8/6-8/8 **NYS Information Workshop** – Graymoor Center, Garrison, NY,
(Friday thru Sunday) A great opportunity to learn how others are effectively performing AA services.

AA's International Convention, held only once every five years, will be held this year [**July 1 thru July 4, 2010**] in San Antonio, Texas. **The Year 2010 is AA's 75th Anniversary.** AA's General Service Office reports **over 38,000 AA's have already registered to attend the Convention.**

If ever there was a time to consider participating in the remarkable sobriety of an International Convention, this is it!

Did you know that each year, **upstate AA members are offered a special meeting with staff and a tour of the General Service Office in New York City - including the wonderful Archives of AA's 75 years history.** This year, it is on **Friday October 8th** with an AA-reserved bus leaving Albany 7am, arriving in time for an **11AM open AA meeting with members from around the world,** followed by lunch and staff tour beginning at 1pm and returning to Albany by about 6-pm-7pm. **A flyer is coming soon but this annual event fills up fast so call Joan R. at _____ for details and to register.**

11/5-11/7 **Area 48 Annual Convention** – this year it is **being held in our backyard - in Lake Placid!**
(Friday thru Sunday) Great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more!
and a great Lake Placid hotel location - **See the enclosed flyer for details and to register.**

**HMB DISTRICT 13
TREASURER'S REPORT**

April 1st, 2010

Opening Balance as of March 3rd, 2010 \$ 82.06

Check #	Date	Group/Payee	Category	Amount
7293	Mar. 7	Alive Again Group	Contribution	90.00
151	Mar. 9	Courage to Change Group	"	75.00
531	Mar. 11	Hudson Falls Group	"	<u>150.00</u>
			Total Revenue	315.00
944	April 1	Verizon	Hot Line	23.80
945	"	Contact Communications	Hot Line	108.55
946	"	Newsletter 12/09 - 1/10	Postage	<u>55.00</u>
			Total Expenses	<u>187.35</u>

Closing Balance as of April 1st, 2010 \$209.71

SUBMITTED BY

Sue P
Dist. 13 Treasurer

Date: 4/1/10

**HMB DISTRICT 13
TREASURY REPORT**

May 5th, 2010

Opening Balance as of April 1st, 2010 \$209.71

Check #	Date	Group/Payee	Category	Amount
	April 6	Home Town Group	Contribution	75.00
	" 6	Top of The Morning	"	100.00
	" 19	F t. George Be Precise	"	142.00
	" 10	HMB Area 48 Seed Money	Fellowship Day	400.00
	" 10	7 th Tradition Basket	"	<u>220.00</u>
			Total Revenue	937.00
947	May 5	Verizon	Hot Line	23.80
948	"	Contact Communications	Hot Line	112.66
949	"	Town of Lake George	Meeting Rent	25.00
950	"	Newsletter 2/10 & 3/10	Postage	54.12
955	April 19	Tom Burn s Reimbursement	Fellowship Day	198.79
952	"	John Donovan	"	192.68
953	"	Sacred Heart Church Donation	"	100.00
956	"	HMB Area 48 Reimbursement	"	<u>128.53</u>
951/954		Voided		
			Total Expenses	<u>835.58</u>

Closing Balance as of May 5th, 2010 \$311.13

SUBMITTED BY

Sue P
Dist. 13 Treasurer

Date: 5/5/10