

→ **The next District 13 meeting will be this coming Wednesday, May 5<sup>th</sup>**

24 hour District 13  
AA Hot-Line  
518 - 793-1113

Alcoholics Anonymous - Northeast Region  
Hudson Mohawk Berkshire Area 48

***DISTRICT 13 NEWSLETTER***  
***APRIL 2010***

(Page 1 of 4)

**Need to talk to someone at District 13? See the Committee Chairs' contact information on last page.**

**Reminder: AA District 13 meetings have changed from monthly to every other month 7:00PM on the first Wednesday at the Lake George Town Center, Old Post Rd., Lake George. Meeting dates will be: 3/3; 5/5; 7/7; 9/1 and 11/3. All AA members are welcome to attend.**

→ **The next District Meeting will be this coming WEDNESDAY, MAY 5<sup>TH</sup> at 7PM**

The District's March Newsletter reported on actions taken & reports at the last [March 3<sup>rd</sup>] District meeting. There was no April District meeting so there are no meeting results to report.

**This does, however, give us a chance to share just one of the often untold stories of AA service in action. This one, from District 13 DCM, Tom B, reports on the recent AA Fellowship Day held in Lake George...**

On Saturday, April 10, 2010, HMB Area 48 held its annual Fellowship Day at Sacred Heart RC Church in Lake George, NY. The event, which was sponsored by the Adirondack Cluster (Districts 5, 10, 13 & 19), with our District 13 as the host location, was attended by more than 80 participants. As expected, and as has been the case in the past, the event seemed to be a success from a sobriety and Area business standpoint. One distinguishing aspect of this Fellowship Day was that the full day's activities were accomplished below budgeted cost to the Area and without solicitation of funds from any individual Districts. This was achieved through the following factors:

1. Generous contributions in the 7th Tradition "Cans" placed throughout the meeting rooms;
2. The creative and resourceful shopping efforts of Sue P., who obtained much of the food and refreshments at significantly discounted prices; and,
3. Contributions of baked good, salads, etc. by AA members from District 13 and the other Adirondack Cluster Districts.

In addition to volunteers from District 13, the Adirondack Cluster and other Area Districts who helped with setup, cleanup, registration, greeting, etc, we were blessed with the services of three volunteers from the 820 River Street Halfway House in Glens Falls who spent the entire day at the meeting and helped in setup, serving and cleanup. The three men expressed gratitude for the opportunity to see AA service in action.

The event was truly a representation of what is meant by "Service is the Secret" and "We are Self-Supporting."

-----

**Remember the Grapevine?** That great little publication called "**AA's meeting in print.**" Mailed subscriptions are available and free excerpts from the latest issue are available on-line at **[www.aagrapevine.org](http://www.aagrapevine.org)**. **Take a look!**

# **DISTRICT 13 NEWSLETTER**

## **APRIL 2010**

(Page 2 of 4)

AA members sometimes say, **"Tell me again, just what does the District do?" That's a great question.**

AA's District 13 works hard to serve a large geographic area of 'the Adirondacks' including the almost 50 AA Groups and 66 AA meetings each week in our District.

**This includes AA service that usually is beyond the ability of any one Group to handle** - such as bringing AA meetings into New York State and Warren and Washington County correctional facilities & treatment facilities including halfway houses & Glens Falls Hospital. We provide much-needed AA literature for use by the residents in these facilities.

We also help 'bridge the gap' for folks coming home from correctional and treatment facilities by putting them in touch with local AA members & meetings in their home town. That transition between the door of the facility and local A.A. Groups and meetings is often one of the most 'slippery' places in an individual's journey to sobriety.

**We also maintain the 24-hour/7 days a week AA telephone Hotline [518 793 1113]** where any individual may talk anonymously with a sober alcoholic about any problem or question that individual may have about alcohol/ alcohol abuse and also find locations, days and times of the 66 AA meetings each week in our District 13 area.

As part of our Cooperation with the Professional Community, we work with schools, doctors & others to provide AA information and resources. We prepare & distribute updated [three times a year] AA meeting lists to AA Groups and others such as hotels & motels for use by their out-of-area guests looking for local AA meetings to attend.

Of course, we are able to do all this through dedicated AA members who volunteer their time and efforts as part of their own journeys of recovery. And, we do this on a fully self-supporting basis relying solely on contributions from AA members and Groups like yours.

**We've prepared a little pamphlet that summarizes these District services and will be mailing copies to you soon. When you get them, we ask that you make them available at your Group meetings. We would appreciate it.**

-----

The District prints new meeting lists three times a year: February; June & October so the **NEW MEETING LIST** will be prepared and **1,500 copies printed and distributed in June** not just to our Groups but also to schools, medical offices, hotels, motels and other locations. Records Keeper, Nancy C. therefore asks that you get all changed information about meeting days, times, Group GSR/Contact name and mailing address, etc. to her as soon as possible. [For example, starting in June, the Fort George Be Precise Group's Tuesday and Thursday meetings will change from an 8pm to 7pm start time.] Telling us of any changes ensures that all information on the 66 AA meetings now occurring every week in District 13 is correct and up to date in District, Area 48 and national AA records. You would be surprised at the number of AA members visiting from out-of the area, especially with Summer coming, who rely on this printed and on-line information to find AA meetings in our area.

(Note: Nancy's term of service as Records Keeper is ending and we are looking for someone to fill this necessary and rewarding AA service position.)

-----

**We are deeply grateful to the AA Groups that have responded to our recent requests for contributions to help in this District 13 service work.** [The Feb/March Treasurer reports were approved at 3/3 meeting. April/May reports will be presented at 5/5 meeting] **The need for this financial support continues to be very real so we respectfully request, if your Group hasn't helped out recently, that you please consider a much-needed early contribution to District 13 in any amount your Group conscience considers appropriate.**  
**With our gratitude, please send contributions to HMB District 13; P.O. Box 4335, Queensbury, NY 12804.**

# **DISTRICT 13 NEWSLETTER**

## **APRIL 2010**

(Page 3 of 4)

### **Need to talk to someone at District 13? Committee Chairs are as follows:**

<b><u>Committee:</u></b>	<b><u>Chairperson</u></b>
• DCM	Tom B.
• Alternate DCM	Lou H.
• Secretary	Jack B.
• Treasurer	Sue P.
• Records	Nancy C. [term ending; please consider this AA service opportunity]
• Bridging the Gap	Charles W.
• Corrections	*Vacant * [in interim call Don B.]
• CPC/PI	John D.
• Treatment	Kevin A.
• Newsletter Editor	Larry T.
• Grapevine*	*Vacant * [may be filled at 5/5 meeting]
• Archives	*Vacant * [please consider this AA service opportunity]
• Special Needs	*Vacant * [please consider this AA service opportunity]

### **District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.**

As a possible help to members and Groups, it was voted at a prior District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO. The addresses are:

District 13	P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48	Route 30 - #114, 118 Polar Plaza, Amsterdam, NY 12010; and
General Service Office	P. O. Box 459, Grand Central Station, New York, NY 10163

## **SIGNIFICANT UPCOMING AA ACTIVITIES and EVENTS**

For details, see the HMB Area 48 Newsletter [hard copy or on-line at: [www.aahmbny.org](http://www.aahmbny.org)] or at our District 13 Meetings. AA members can receive a free copy of Area 48's Newsletter by e-mail request to: [hmbareanewsletter@roadrunner.com](mailto:hmbareanewsletter@roadrunner.com). District 13 AA members can receive a copy of the District Newsletter by surface mail or by e-mail on request.

5/16 (Sunday) **Area 48 Assembly** – Cobleskill, NY. Annual **voting** on AA issues in Area 48 and hearing a report back from Area Delegate, Deb D, on the U. S.-wide General Service Conference held in April in NYC.

Did you know that each year, **upstate AA members are offered a special meeting with staff and a tour of the General Service Office in New York City - including the wonderful Archives of AA's 75 years history.** This year, it is on **Friday October 8<sup>th</sup>** with an AA-reserved bus leaving Albany 7am, arriving in time for an **11AM open AA meeting with members from around the world**, followed by lunch and staff tour beginning at 1pm and returning to Albany by about 6-pm-7pm. **A flyer is coming soon but this annual event fills up fast so call Joan R. for details and to register.**

**AA's International Convention, held only once every five years,** will be held this year [**July 1 thru July 4, 2010**] in San Antonio, Texas. **The Year 2010 is AA's 75<sup>th</sup> Anniversary.** AA's General Service Office reports **almost 30,000 AA's have already registered to attend the Convention.**

**If ever there was a time to consider participating in the remarkable sobriety of an International Convention, this is it!**

11/5-11/7 (Friday thru Sunday) **Area 48 Annual Convention** – this year it is **being held in our backyard - in Lake Placid!** Great AA [and Alanon] meetings, inspirational speakers, AA skit, dinner & dancing, and more! and a great Lake Placid hotel location - **See the enclosed flyer for details and to register.**

FINANCIAL STATEMENTS ARE NOT INCLUDED IN PUBLIC VERSION OF DISTRICT 13 NEWSLETTER

-----

The February and March District 13 Treasurer's Reports were approved at the 3/3/10 District meeting.

-----

The April and May District 13 Treasurer's Reports will be presented at the 5/5/10 District meeting.