

Reminder: THERE IS NO FEBRUARY DISTRICT 13 MEETING!

24 hour District 13
AA Hot-Line
518 - 793-1113

The next District 13 meeting will be Wednesday, MARCH 3rd

Alcoholics Anonymous - Northeast Region
Hudson Mohawk Berkshire Area 48

DISTRICT 13 NEWSLETTER **JANUARY 2010**

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Need to talk to someone at District 13? See the Committee Chairs' contact information on last page.

Some of the information below is from our January 6th District 13 meeting and some is new since then.

Starting in January, AA District 13 meetings changed from monthly to every other month 7:00PM on the first Wednesday at the Lake George Town Center, Old Post Rd., Lake George. Meeting dates will be: 3/3; 5/5; 7/7; 9/1 and 11/3. All AA members are welcome to attend.

THERE IS NO FEBRUARY DISTRICT 13 MEETING

The next District Meeting will be WEDNESDAY, MARCH 3rd at 7PM

Some of the information below is from the January 6th District meeting and some information is new since then.

DCM Tom B. chaired the January 6th meeting at which the following actions occurred:

Minutes: Copies of the December 2nd minutes were distributed to all present and summarized by Secretary Jack B. Tom B. motioned to accept; Silky N. seconded; all voted in favor.

Treasurer's Report: Copies of the January 6th Report were distributed to all present and summarized by Treasurer Sue P. who reported: an opening balance on December 2nd of \$316.54, total revenues of \$241.20, total expenses of \$263.32, and a January 6th ending balance of \$294.42. Sue noted the \$50 District 13 contribution for food at the Christmas Alkathon hosted by The Glens Falls Original Group was used for that purpose and that the Group had thanked the District and had just made a \$50 group contribution to District 13. Sue concluded her report stating the GF Original Group contribution brings the approximate ending balance to \$344.00 with a prudent reserve of \$250.00. Tom motioned to accept; Alex seconded; all voted in favor (Treasurer abstained).

Committee Chairs present gave brief reports on the progress of their active Committee work:

Records: Nancy C. (Chair) gave a brief update report including the meeting changes described below and asked everyone to please let her know right away of any other changes so they can be included in the February 2010 District 13 meeting list now being prepared. The following changes will be included in the new meeting list:

- **"How to Grow"** Glens Falls Tuesday & Thursday 6:30 [was 100 Maple Street] **moved** to 13 Crandall Street;
- **"Lake Luzerne"** Monday and Wednesday 8:00 pm **moved** from court house to the new Lake Luzerne Municipal Complex, 539 Lake Avenue, Route 9N Lake Luzerne
- **"Renewed Hope"** Glens Falls Friday 13 Crandall Street meeting **changed start time** from 7:30 to **7:00**

Also, we just received a New Group Form for the **new 'Serenity by the Stream Group'** starting **Thursday, February 4th 8pm** at Newcomb United Methodist Church, Route 28N, Newcomb. They welcome your participation.

NOTE: District 13 prints new meeting lists three times a year: February; June and October. The February list is being prepared and will be available for distribution in February – before the next [March 3rd] District meeting. The February list will be printed approximately February 1 and an effort will be made to get as many copies distributed to individual groups. If your group needs copies, contact Tom B. to make arrangements to get them. 'North Country' groups may also contact John D. for copies. **Extra copies also will be available at the March 3rd District meeting.**

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Bridging the Gap: Charles W. (chair) was not present but Sue gave report on substantial activities underway including that several 'bridges' were made in the past month. Recall that **'bridging'** means linking individuals coming home from correctional &/or treatment facilities to local AA members and meetings in their home town. As stated in AA's "Bridging the Gap" Pamphlet, this time of transition is "one of the more 'slippery' places in the journey to sobriety between the door of the facility and the nearest A.A. group or meeting." The District strives to **not** let those individuals 'fall through the cracks.' Want to help? It's easy! Just call Charles W.

Treatment: Kevin A. (chair) was not present but Sue reported meetings at treatment facilities were going well and a meeting is in-the-works at the Fort Hudson Rehab/Fort Hudson Nursing Home. If you would like to help in bringing AA's message into treatment facilities, just call Kevin A.

Corrections: In the absence of a Corrections Chair, former Chair Don B. has been performing major work to keep District commitments to NY State [Comstock] & Washington & Warren County correctional facilities up and running.

At the January 6th District meeting, Don thanked the AA members who volunteer their time and gave an **updated detailed written report** on these correctional facility meetings and the volunteers who help. He said Great Meadows [NY State] **maximum** security inmate attendance is way up and, if more volunteers become available, an additional meeting could be started. Don also said that, with enthusiastic support from facility supervisors and personnel, **we have started bringing in an AA meeting every other Wednesday from 7pm to 9pm** at Great Meadows [NY State] **medium** security facility. Don is covering this for now **but additional AA volunteers are needed.** If you would like to help, perhaps as little as once a month, just give Don B. a call.

CPC/PI: John D. (chair) reported he has had additional contact with staff at Hudson Headwaters Health Network, with a follow-up meeting of knowledgeable AA CPC members and HHHN medical staff likely in the Spring. Also, Queensbury High School is discussing a follow-up Alcohol Awareness event in the near future.

Newsletter: After some discussion, it was voted that, even though the District now meets every other month, the District 13 Newsletter will continue to be issued monthly and that, while Newsletter Editor Larry T. is in Florida, John D. will prepare the Newsletter. Also, e-mailing of the Newsletter to those requesting it, starts with this issue. If you want an e-mail copy or have any suggested items or upcoming AA events to include in District 13 and/or Area 48 Newsletters or any questions, please call or e-mail John D.

Archives: Tom C. was not present and **Special Needs** position is vacant.

Grapevine: position is vacant – no report - but a member present 1/6 said he might be interested in the position.

DCM Report: DCM Tom B. reported the **Area 48 Annual Fellowship Day** is the one annual event hosted each year by the Adirondack Cluster [Districts 5, 10, 19, and our District 13] and that under Area 48's 'rotating schedule, this year, our District 13 will take the lead in coordinating the event, scheduled for **April 10th**. Tom said the event will be held at Sacred Heart Church in Lake George and he will report further on this at the March 3rd District meeting. Several members present 'signed up' to help with this important AA event. Tom also said that, under Area 48's 'rotating schedule,' this year's [2010] Area 48 Convention will be hosted by the Adirondack Cluster but that District 19 [northernmost part of New York State including Plattsburg] will take the lead on this event possibly to be held in Saranac Lake or Lake Placid. Tom also reported that Faye M. from the Glens Falls Original Group sent a letter thanking D13 for our \$50 contribution for food for the Christmas Alkathon and included receipts showing how funds were used for the Alkathon. Lastly, Tom confirmed District 13 participation in the January 9th Area 48 Inventory Day.

Tom again reminded everyone that **AA's International Convention, held only once every five years,** will be held this year [**July 1 through July 4, 2010**] in San Antonio, Texas. **The Year 2010 is AA's 75th Anniversary.** AA's General Service Office reports **almost 30,000 AA's have already registered to attend the Convention.** If ever there was a time to consider participating in the remarkable sobriety of an International Convention, this is it!

Alternate DCM Report: Alternate DCM Lou H. was not present – no report.

Elections: No elections were held 1/6. We still have vacancies for Corrections, Special Needs and Grapevine, as well as the aforementioned continuing need for volunteers in all Committee Functions.

Volunteering not only helps those who really need it, it is a remarkable gift we give to our own sobriety!

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Remember, District 13 maintains a **24 hours/7 days a week telephone 'hotline'** where any individual may call anonymously and talk with a sober alcoholic about any problem or question that individual may have about alcohol/alcohol abuse and also find locations of the more than 60 AA meetings each week in our District 13 area. **The 'hotline' telephone number is (518) 793-1113 Don't be timid in giving out this phone number!**

District 13 is deeply grateful to the Groups and Members who have contributed to our AA service work.

As a possible help to members and Groups, it was decided at the 5/6/09 District meeting to include the addresses for mail and contributions in newsletters & meeting lists. An historical contribution share has been 60% District; 30% Area & 10% GSO.

The addresses are: District 13 P. O. Box 4335, Queensbury, NY 12804;
HMB Area 48 Route 30 - #114, 118 Polar Plaza, Amsterdam, NY 12010; and
General Service Office P. O. Box 459, Grand Central Station, New York, NY 10163

Need to talk to someone at District 13? Committee Chairs are as follows:

<u>Committee:</u>	<u>Chairperson</u>
• DCM	Tom B.
• Alternate DCM	Lou H.
• Secretary	Jack B.
• Treasurer	Sue P.
• Records	Nancy C.
• Bridging the Gap	Charles W.
• Corrections	*Vacant * in interim contact Don B.
• CPC/PI	John D.
• Treatment	Kevin A
• Newsletter Editor	Larry T.
• Grapevine*	*Vacant *
• Archives	Tim C.
• Special Needs	*Vacant *

SIGNIFICANT UPCOMING AA ACTIVITIES and EVENTS

For details, see the HMB Newsletter [hard copy or on-line at: www.aahmbny.org] or at our District 13 Meetings. AA members can receive a copy of the HMB Area 48 Newsletter by e-mail request to: hmb48newsletter@yahoo.com. District 13 AA members can receive a copy of the District 13 Newsletter by e-mail request to John D.

- ➡ **2/26 – 2/28** **NERAASA** [Northeast Regional AA Service Assembly] – Niagara Falls, NY. AA members from throughout the Northeast Region [12 States] participate in multiple AA workshops and share on ways to better provide the many AA services needed in the Northeastern United States.
(Friday thru Sunday)
- 3/20** **Annual Delegate's Day** Cairo, NY. An opportunity to inform Area 48's new Delegate, Deb D, of issues important to 'Adirondack AA' as Deb prepares for AA's April U. S. General Service Conference in NYC.
(Saturday)
- 3/27** **Annual 'Corrections Connection'** Rensselaer, NY. AA members in correctional service meeting with New York State Corrections' personnel on how better to 'bring in the AA message to inmates.'
(Saturday)
- ➡ **4/10** **Annual AA Fellowship Day, Lake George** [Sacred Heart Church] hosted each year by AA's Adirondack Cluster and **coordinated, this year, by our District 13.** See DCM Tom B's report above.
(Saturday)
- 5/16** **Area 48 Assembly** – Cobleskill, NY. Annual voting on AA issues in Area 48 and hearing a report back from Area Delegate, Deb D, on the U. S.-wide General Service Conference held in April in NYC.
(Sunday)
- 7/1-7/4** **AA's International Convention** – in San Antonio, Texas - **Held only once every five years, this Year 2010 is AA's 75th Anniversary!** Almost 30,000 AA members have already registered to attend! If ever there was a time to consider participating in the remarkable fellowship and sobriety of an International AA Convention, consider this event.
(Thursday thru Sunday)