

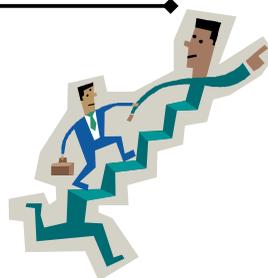
Sure, I was willing to let you help me with my drinking problem and some of the grosser character defects that you already knew about, but I guarded the dark crevices of my mind and my life and feared that if you only knew about those, you'd run and hide. By year seven, those defects that I had become acutely aware of in years two and three were now eating my lunch and I began to trust ... to ask for help. The old behaviors were no longer working for me, and I surrendered them to God, my Higher Power, unabashedly, and the walls began to crumble.

Have I worked this step perfectly? By no means. The only thing that I *have* done perfectly in my sobriety is to not take a drink or a drug one day at a time. For an alcoholic of my variety, the only solution is the spiritual one laid out in the steps of Alcoholics Anonymous. They have given me a peace that defies comprehension and a God who loves me unconditionally. *Anonymous, Beacon, NY*

of soul sickness after writing my Fourth Step, I was told I needed to share it with someone else. Oh my



The Chronicle, the District 11 newsletter, is looking for personal stories of recovery from local members of the fellowship. Each month, we highlight a different step and tradition, correlating with that particular month of the year (i.e., this month, it's Step/Tradition 6), and feature a testimony of personal experience, strength and hope, alongside. If you or anyone you know would be interested in submitting a story for publication, please contact [newsletter@dutchessaa.org](mailto:newsletter@dutchessaa.org). Thank you!



### Mark Your Calendar

#### 43rd New York State Convention

Friday, July 20 - Sunday, July 22, 2012  
189 Wolf Road, Albany, NY 12205

See attached flyer for details.

District: [dutchessaa.org](http://dutchessaa.org)

#### 2012 New York State Informational Workshop

Friday, Aug. 17 - Sunday, Aug. 19, 2012  
Anonymity: Our Spiritual Responsibility in the Digital Age; 4421 Lower River Road, Stella Niagara, NY 14144

Area: [aahmbny.org](http://aahmbny.org)



# The Chronicle

Area 48, District 11 Newsletter



June 2012

Ah June ... the month of Summer's bloom. A Rose by any other name would not smell as sweet. "In the depth of winter, I finally learned that within me there lay an invincible summer." ~Albert Camus

#### Sixth Step

Were entirely ready to have God remove all of these defects of character.



#### Sixth Tradition

An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

#### Sixth Concept

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.



### Step Six: Breaking Down Barriers

I wasn't one of those alcoholics who entered the rooms of recovery and immediately got "well." Sure, life got better — lots better. Not drinking, going to meetings, and getting involved in service brought much relief from the spiritual sickness that had bankrupted my life. Nevertheless, the *ism* of my disease had enabled me to build high walls that kept you, and the sunlight of the spirit, at bay.

## May 2012 minutes

DCM, Tim.

Tim reported to the group that he had no items to discuss, but invited anyone who had questions or concerns to talk to him after the meeting. Accepted.

Alternate DCM, Lindsey

Not Present.

District Records, George.

George passed record book around and asked GSRs to review the group information and note where changed needed to be made. Nothing more to report. Accepted.

Secretary, Serena.

Serena presented the minutes from the District's April meeting. Group discussion – minor correction made. Accepted.

Treasurer, Elaine.

- Elaine thanked the GSRs for reminding their groups of the district's need for Seventh Tradition donations. The district saw an increase in funds last month (thank you!).
- Income: \$1890.56  
Expenses: \$743.37  
Total adjusted income: \$1147.19.  
Ending balance: \$2,213.
- The Spiritual Breakfast was held, and they gave us back \$536.56. The breakfast seed money was \$700. Although the District ended up a little in the red, the event is still considered hugely successful. There were 93 tickets sold and 74 people attended. There are quite a few supplies left, which will be used for Fellowship Day.

Reminder: See Elaine for parking tickets. Reported accepted.

GSR/Group Concerns:

- Marcy. Still looking for a woman to take a standing commitment to chair a meeting at Daytop Women, Rhinebeck, the third Tuesday of every month at 6:30 p.m. If any women with one year of

sobriety or more would like to take the commitment, please come to the District meeting and let Marcy know.

Newsletter, Tracy

Tracy reported that the May Newsletter has been published and distributed to the email list. Copies were also on hand and included in the agenda packet. Tracy is working with the Webmaster, Deirdra, to post the newsletter online. Report accepted.

Answering Service, Marcy/Lori

- Marcy reported that she has been working with Lori, the new Answering Service Chair, to transition the responsibilities. Lori is already handling the day-to-day operations, managing the incoming logs...
- If anyone is interested in being of service by taking calls, training and packets are available. One year of sobriety is suggested.
- Marcy also reported that they are addressing some billing issues, and that there is a problem with the recorded message service, which is being investigated.
- Marcy updated the group on the status of one harassing caller (it appears the calls have stopped).
- The Answering Service Committee is considering a partnership with other Districts, which will be discussed at Fellowship Day.

Note: The committee also maintains a list of ride-givers. Anyone interested in service, should email Lori B.: [phone.rep@du\\_tchessaa.org](mailto:phone.rep@du_tchessaa.org). Report accepted.

Tim expressed his gratitude for Marcy's on-going service.

Treatment Chair, Tom.

- Tom referred to the list of treatment commitment openings included in the meeting packet. He was able to fill several with the GSRs present.
- Tom reported that he needs someone to volunteer to help him at the Booking meeting. He is still in need of a co-chair.

- Tom also reported that two health events took place this past month that were both covered through his committee. Report accepted.

CPC, Stefan.

Stefan thanked Lindsey for ordering the service-specific literature and says he's planning to go through it and become familiar with the expectations. Accepted.

Public Information, Sarah

Not Present.

Webmaster, Deirdra

Not Present.

DCM reminded committee-at-large that the Special Needs Chair remains vacant.

Archives, Dave

Not Present.

Booking, Joe

Last month's booking went smoothly. Next Booking is scheduled for June 13 at 6 p.m., St. Paul's Episcopal Church in Pleasant Valley. A listing of upcoming meetings are posted on [dutchessaa.org](http://dutchessaa.org).

LCM Reports

3, East, Amy.

Amy reported that the Back to Basics meeting in Amenia has not been meeting since August. It is currently inactive. Amy has notified the Area and GSO. Report accepted.

LCM2, City, Loren.

Nothing to report.

No other LCM reports.

DCM reported that Adeline, the LCM for the South is rotating out.

Old Business

Marcy: Area 48 Fellowship Day is slated for June 16 in Red Hook. There was some discussion

about how much of a donation should be presented to Bard College, the hosting facility. It was suggested to review notes from previous fellowship day and follow suit, accordingly. Motion passed to "approve a donation equal to the amount made last time."

No other Old Business.

New Business

- Serena reported that due to other commitments, including her school work, she will need to step down in August from her position as secretary. Some discussion as to who might be interested to fill the vacant position. Marcy indicate an interest pending discussion with her sponsor.

DCM (Tim) encouraged everyone to appeal to their groups for help in filling the following positions: Treatment, LCM South, and Special Needs.

## Carry the Message

**Service is calling. AA Members are needed to help Area 48, District 11 share the message of Recovery.**

**Open positions:**

**Special Needs Chair, Treatment Co-Chair, LCM South, Secretary**

District 11 meets, 7:15 p.m., the third Tuesday of the month at Vassar Hospital. Park in garage and ask for directions at front desk.

# HMB Area 48 June Fellowship Day

**Saturday, June 16, 2012  
9AM – 1PM**

**Hosted By District 11 and the Hudson Valley Cluster**

**Location: Bertelsmann Campus Center  
Bard College  
51 Ravine Rd.  
Red Hook, NY 12571**

**From the South:**

Take Route 9 Northbound, continue through Rhinebeck, north of the fairgrounds, at the traffic light, turn left onto Route 9G. Continue on Route 9G North for 4 miles. Turn left onto River Road. Almost immediately, you will come to a triangular intersection, turn right and right again to go North on Annandale Road. Continue on Annandale Road for approximately half a mile. Turn left onto Ravine Road. Ravine Road will make a giant turn to the left. Park in the lot at the end of the road.

**From the North or West:**

Take the NY State Thruway to Exit 19 (Kingston) and proceed from the exit to Route 209 North, which will change its name to Route 199 East. Continue on Route 199 East across the Kingston Rhinecliff Bridge. At the second traffic light, turn left onto Route 9G North. Continue on Route 9G North for 3 miles. Turn left onto River Road. Almost immediately, you will come to a triangular intersection, turn right and right again to go North on Annandale Road. Continue on Annandale Road for approximately half a mile. Turn left onto Ravine Road. Ravine Road will make a giant turn to the left. Park in the lot at the end of the road.

<http://www.bard.edu/campus/maps/pdfs/campusmap.pdf>

**Information: [althmbchair@aahmbny.org](mailto:althmbchair@aahmbny.org)**

## 2012 New York State Informational Workshop



**Anonymity: Our Spiritual  
Responsibility in the Digital Age**

**Friday, August 17, 2012**

Through

**Sunday, August 19, 2012**

**Stella Niagara  
4421 Lower River Rd, Stella Niagara,  
NY 14144**

Residence and meals available on-campus  
See reverse for details