

DISTRICT 7 SUNBEAM



District 7 Monthly Business Meetings are held at 7:30 pm on the 2nd Wednesday of the month at Christ the King Episcopal Church, 3021 State Route 213 East, Stone Ridge, NY 12484. If you're a Group Service Representative (GSR), please plan to attend and represent your group. If your home group is not represented by a GSR, why not volunteer to be GSR? Service is gratitude in action.

Mission Statement: The District 7 Newsletter is published monthly and is distributed as an e-mail in an effort to be more eco-friendly, as well as to reduce postage and printing costs. Please feel free to forward this e-mail, because we are unable to reach all our District 7 members, especially at the group level. If you want your contributions to be included in the newsletter, please e-mail us at

District7Newsletter@aahmbny.org. The District 7 Newsletter committee will do its best to make this a valuable resource for communication, and to allow the members of our District to keep in touch with each other, further strengthening the unity of our fellowship.

AA Step Four: "Made a searching and fearless moral inventory of ourselves."

AA Tradition Four: "Each group should be autonomous except in matters affecting other groups or AA as a whole."

AA Concept Four: "At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge."

This newsletter is neither approved nor endorsed by Alcoholics Anonymous World Services, Inc. It is provided solely as a public information tool for the Hudson Mohawk Berkshire (HMB) Area 48 District 7 Newsletter to display information about Alcoholics Anonymous in HMB Area 48 District 7. Some information in this newsletter was originally published by A.A. World Services, Inc., or in the A.A. Grapevine, Inc., but do not assume this implies approval by the General Services Conference for their use in this newsletter. Alcoholics Anonymous®, AA®, and The Big Book® are registered trademarks of A.A. World Services, Inc. The Grapevine® and AA Grapevine® are registered trademarks of the AA Grapevine, Inc.

April 2014

Please consider writing a short (or even long) article or poem that shares your experience, strength, and hope with the rest of the District 7 newsletter readers. This is YOUR newsletter. Send your contributions, suggestions, and requests to be added to the distribution to:

District7Newsletter@aahmbny.org

Thanks! ~ Kate S., Alcoholic/Editor



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District 7 Meeting
Minutes 04/12/14
District Meeting

they want literature and meetings brought in. Please give consideration to subscribing to the AA Grapevine. Report Accepted.

Alt DCM Report – Barbara W – Barbara noted that there was an additional planning meeting regarding Fellowship Day. Things are moving along. She reminded everyone that this event is this coming Saturday from 9am-3pm. Report Accepted.

Secretary Report – Deb D – Report accepted as written.

Treasury Report – Dan B – District Checkbook:

Beginning Balance: \$1,585.90

Income: \$100.00

Expenses: \$0.00

Ending Balance: \$1,685.90

Prudent Reserve: \$500.00

Available Funds: \$1,185.90

Detailed spreadsheet is available from the District Secretary upon request.

HMB Area 48 – District 7 Business Meeting – Minutes **** Draft, Unedited, Unapproved****
 3/12/14

Meeting called to order at 07:30pm and opened with the Serenity Prayer

25 people in attendance, 13 of which were GSRs or Alternate GSRs.

DCM Report – Mike C – Mike gave a report on NERAASA. He gave highlights of the Northeast Regional Trustee report which is available at https://www.neraasa.org/uploads/NERAASA_2014_Trustee_s_Report_-_Handout_C_.pdf

December 2013 was the largest contribution month in the entire time of AA. Discussed institutions and assisted living centers should be contacted to see if

HMB District 7 Treasurer's Report

March 12, 2014

<u>Beginning Balance</u>	<u>\$1,585.90</u>
<u>Income</u>	
Kingston Original	\$100.00
<u>Income subtotal</u>	<u>\$100.00</u>
<u>Expenses</u>	
<u>Expenses subtotal</u>	<u>\$0.00</u>
<u>Ending Balance</u>	<u>\$1,685.90</u>
<i>Prudent Reserve</i>	<i>- \$500.00</i>
<u>Available Balance</u>	<u>\$ 1,185.90</u>



Summary of New Year's Eve Dance:

Income:
 Donations at the door \$265.00
 Expenses:
 DJ \$150.00
 Refreshments/Decorations \$ 31.00
 Rent \$ 25.00
 Ending Balance \$ 59.00
 Functions Account:
 Beginning Balance: \$ 38.41
 Income: \$ 59.00 (from New Year's Eve Dance)
 Expenses: \$ 35.00 (Rent to Church and Service Charge on Acct)
 Ending Balance: \$ 62.41

HMB District 7 Function's Report
New Year's Eve Dance

March 12, 2014

New Year's Eve Dance Door Donations		\$265.00
Expenses (DJ, refreshments, decorations, etc.)		\$206.00
DJ services-	\$150	
R&D	\$ 31	
Church donation	\$25	
Net income		\$59.00
Functions account beginning balance		\$38.41
Income	NYE Dance	+ \$59.00
	Subtotal	\$97.41
Expenses	Church donation	- \$25.00
		\$72.41
Imposed service charge on account for balance		- \$10.00
Less than \$100.00		
Ending functions account balance		\$62.41

Motion made to close the Functions account and to move monies to the District checking account and maintain the functions money as an item similar to the prudent reserve. Seconded.
 Discussion was had ... note, history was to have a separate account for accountability.
 Motion PASSED.

Service Committee Chair Reports

Answering Service – Matt M – No Report

Bridging the Gap – Shana has received a book from the Area Bridging the Gap Chair of contacts willing to help. It was suggested to have cards made for the BtG Chair to be able to hand out to people – this is to help facilitate making bridges to people exiting facilities and getting them to AA. Report Accepted.

Corrections - Guy indicated that there are only 3 men that are authorized to bring meetings into the jail. Here is an orientation coming up in the near future. On the women's side, there is not a lot of literature at this time. Guy is to purchase some literature to get that into the women. There were at least 4 men requesting NA assistance. Guy contacted people from NA to make them aware. Guy is suggesting that we have a yearly orientation for those that are bringing meetings into facilities. Report Accepted.

CPC/PI – William D – No Report

Functions – Jay contacted District 16 to see if they were interested in collaborating on a dance for April. There was no response. Jay will be looking to do a movie night in April at Benedictine. This would require a projector. Tentative plan is for the weekend of 4/25-26. Mike is to check out availability with Benedictine.

Grapevine – Ruth D – No Report – She will be at Fellowship Day with a display. Report Accepted.

Literature – Kate S – 75th Anniversary Big Books are available for sale – please see Kate or Deb D. Report Accepted.

Newsletter – Kate reported that everything is going well with the newsletter. All comments



and contributions are welcome. Anyone wishing to receive the newsletter via email, please contact Kate at districtn7newsletter@aahmby.org Report Accepted.

Records – Jack reported the following meeting changes:
Thursday Lomontville meeting closed.
Wed Young Peoples meeting in New Paltz - time changed to 9 pm

New meeting list to be printed the first of April and will be available at the next meeting.
Report Accepted.

Treatment – Dennis reported that things are going well. There is a need for help with Renaissance (second Wednesday of the month at 730pm) and Samaritan Village (first Sunday of the month at 3pm). There is trouble getting people to go to the Darmstadt due to the sparse attendance by clients. Dennis is still working to keep the meeting going. Dennis to also look at whether there is other alternatives for times. Report Accepted.

Website – Andrew S – No Report

Open Service Positions

- Archives
- CPC/PI
- Functions – Open starting in June
- Special Needs

GSR Reports - GSRs from the following groups reported that groups are running well.
Women’s Workshop
Living Sober
Serenity at the Center
Primary Purpose
Monday Night Women’s Group
Kingston Original – additionally reported that they now have a newsletter

Came to Believe – additionally reported that there may be a change in time for their meeting and they will report at the next meeting.

Keep It Real – additionally reported they had no meeting last week due to a conflict with the church and apologized for any inconvenience.

Women’s Living Sober – additionally reported that they are discussing buying literature for the Women’s Ulster jail meeting.

Motion was made to extend the time of the meeting which was approved.

Old Business:

1. Host District / Cluster for HMB Area Fellowship Day – March, 15 – Dan expressed gratitude for the opportunity to chair the meeting. There has been a lot of support from all the districts in the cluster. We have speakers, program, signage ready to go. Reminder that all are invited.
2. New Years Eve Dance – Financial Results – (see above)
3. Tri-Fold Brochure – Was Approved by the district for 500 copies to be printed.

New Business

1. Jack presented a proposed new Ulster County Meeting List format. The new format would double the cost of printing. It is in larger print and there is a section for the ability to write phone numbers down. It is asked that people bring this back to their home groups for discussion. This will be discussed and voted on next month.
The meeting was motioned to close at about 8:45pm.
The meeting was closed with Serenity Prayer

Thanks!



The following group has contributed to District 7 in the past month, and we give them a hearty thank you:

Kingston Original

\$100.00 last month!

DCM'S CORNER

**District Committee Member (DCM)
Mike C.**

Fellowship Day this year, occurring on March 12th, 2014 in the Senior Auditorium at Benedictine Hospital, was an **overwhelming success**. I would like to send this note as a thank you to all those who assisted with planning, registration, donations, set-up, speaking, workshops, facilitation and clean-up, and anyone else who I may have missed. For those who overlooked the fun, 164 of our fellows were present. That is correct 164 fellow AAs attended the event with 17 of the 18 Districts in the area present! It looks like this event has set the bar a little higher for other events in the HMB Area 48.
~ Mike C. DCM District 7

I would like to ask a favor of each of you in the District that you print out the following pages, read the material presented, and answer the questions, and then give this to your Group Service Representative (GSR) so that I may receive your feedback, as is explained in the following **so I may receive these back by the April 9th, 2014 District 7 Business Meeting** to be able to form an opinion based on **YOUR** input. Thank you. ~ Mike

HMB AREA 48 64TH GENERAL SERVICE CONFERENCE AGENDA ITEMS (revision 2)

The following are issues and questions that are on the agenda for the **64th General Service Conference to be held April 26- May 3 2014**.

Please get your group's conscience on these items, at your business meeting, and return the results to your DCM in time for the Preconference Day of Sharing April 12 in Saratoga.

(In order to have an informed group conscience you will need to refer to the pamphlet "Questions and Answers on Sponsorship" to consider the following suggestions.)

CONFERENCE COMMITTEE LITERATURE Item D:

Discuss suggested changes to the pamphlet "Questions and Answers on Sponsorship". Multiple Areas, Districts and individual members requested changes to the pamphlet on Sponsorship.

First: to add to the first section What is Sponsorship? Three items:



1. The primary purpose of an AA sponsor is to guide new members through the 12 Steps of AA’s recovery program.
2. A temporary sponsor can help answer questions about AA until a newcomer decides if they wish to become a member.
3. A good way to find an AA sponsor who has had a spiritual awakening as the result of these steps, and is ready to carry the message to other alcoholics, is to find and regularly attend a Step Study or Big Book meeting or both.

These changes would be added to the section that starts on page 7 of the pamphlet.

What does your group think about these suggestions?

Second: throughout the pamphlet to replace the phrases “recovery program”, AA program, and AA recovery program with the phrase “12 Steps of AA’s Recovery program” and to make the necessary grammatical corrections accordingly. What does your group think about this suggestion?

To add to the cover page of the pamphlet, under the wording “Questions and Answers on SPONSORSHIP” the following: “A sponsor is a person who guides one through the 12 Steps of the AA program.” What does your group think

about this suggestion?

On pages 7 and 8 of the pamphlet add the word “freely” to the last sentence of the 1st paragraph on page 8; paragraph 3 page 8 delete the word “unwritten” and instead use “time-honored”. What does your group think about this change?

General Service Conference Literature Committee Agenda Item C

A change to the pamphlet “The Twelve Concepts for World Service Illustrated”

(To reach an informed group conscience it will be necessary to refer to the pamphlet)

In the pamphlet, the first paragraph of the page on Concept XII says: “This Concept consists of the General Warranties of the General Service Conference. It is cast in stone; that is although Bill leaves the door open for alterations and changes in the other Concepts and points out that the rest of the Conference Charter “can easily be amended” these General Warranties – like the Twelve Steps and Twelve Traditions- be changed only by “written consent of three quarters of all AA groups in the world!”

The proposal is to change that last sentence to say “Be changed only by written consent of three quarters of all RESPONDING AA GROUPS in the world”.



What are the thoughts of your group about this?
What is the group conscience of your group?

General Service Conference Literature
Committee Agenda Item E (in order to reach an
informed group conscience it will be necessary
to refer to the book "Living Sober")

"Many of us have come to believe that our
alcoholism is an addiction to the drug alcohol;
like addicts of any sort who want to maintain
recovery, we have to keep away from the first
dose of the drug we have become addicted to."

What does your group think about a suggestion
to remove that whole sentence?

If the group conscience is to remove that
sentence...what is the reason?

General Service Conference Literature
Committee Agenda Item G

Consider a request to create a pamphlet for
alcoholics with Mental Illness.

Does your group think this is a needed
pamphlet? Why or why not?

General Service Conference Treatment/Special
Needs Agenda Item A

A proposal to revise the pamphlet "Bridging the
Gap" to expand its scope to include information
on related corrections service activity. (in order
to reach an informed group conscience it will be
necessary to refer to the pamphlet)

(In 1991 the Trustees Committee on Treatment
felt that the focus of Bridging the Gap was solely
for AA contacts for Treatment Facilities. Since
then several requests have been made to expand
this pamphlet. No actions have been taken.)

In light of "Bridging the Gap" in our Area, does
your group think that the pamphlet should be
revised to include information on related
corrections service activity?

General Service Conference CPC Committee
Agenda Items

Consider changes to the pamphlet "If you are a
Professional" to the section

"Referrals from Court and Treatment
Facilities" change "have the AA group
secretary sign" to "have an AA member sign".

In the same pamphlet, on page 5 under Referrals
where it says "Alcoholics Anonymous" is listed in
most phone directories, the proposed change
will say "Alcoholics Anonymous can be found on
the Internet and in most telephone directories."



Where it says "Referrals from Court and Treatment Facilities" the proposed change is "referrals from Judicial, Healthcare or other Professionals"

"Today numerous referrals come to us from Judicial programs..."

Does your group agree with these changes? Reasons why:

General Service Conference Corrections Committee Agenda Item

Consider the development of a new video to replace "It sure Beats Sitting in a Cell".

The video is over 25 years old, and in addition to replacing it, the suggestions are to update it as follows:

Reflect diversity of age, race, and gender; include a variety of correctional facilities; provide inmate sharing consistent with AA's singleness of purpose; include inmate sharing on the 12 steps, and AA literature; include references to Corrections Correspondence Services and Prerelease; provide information about AA as a source of hope for incarcerated alcoholics; revise and update the service piece that is included with the video.

Does your group think a new video should be made, and if so should it reflect any or all of the proposed updates?

Thank you ~ Mike C. DCM, District 7

Anniversary Celebrants!

We would like to start mentioning approaching anniversary announcements in the newsletter. We would eventually like to get to a two month lead time to ensure everyone will have a chance to be mentioned. But, while we are getting up and running please let Kate know at the following email address by the third week before the publishing month the following information. Thanks!

Send your anniversary celebrant first name, last initial, anniversary date and home group and date and where they are celebrating to:

district7newsletter@aahmbny.org

Welcome New GSRs!

We would like to extend a warm welcome to our new HMB Area 48 District 7 Group Service Representatives. May this be one of the richest service positions you encounter in your ESH with AA! Welcome to our fold!

Trinka W. GSR from the Women's Workshop

Anna B. GSR from Women Living Sober



Morgan S. GSR from Kingston Young People

Tom M. GSR from Tues High Falls Just for Today

Peter K. GSR from Kingston Living Sober

The HMB Area 48 Website can be found at:

<http://www.aahmbny.org/>

Have you ever wondered what your district is in relation to HMB Area 48 and all the other districts? The answer is right on the front of your current HMB Area 48 meeting booklet. The following is the map from the cover depicting all the districts in the HMB Area 48!:

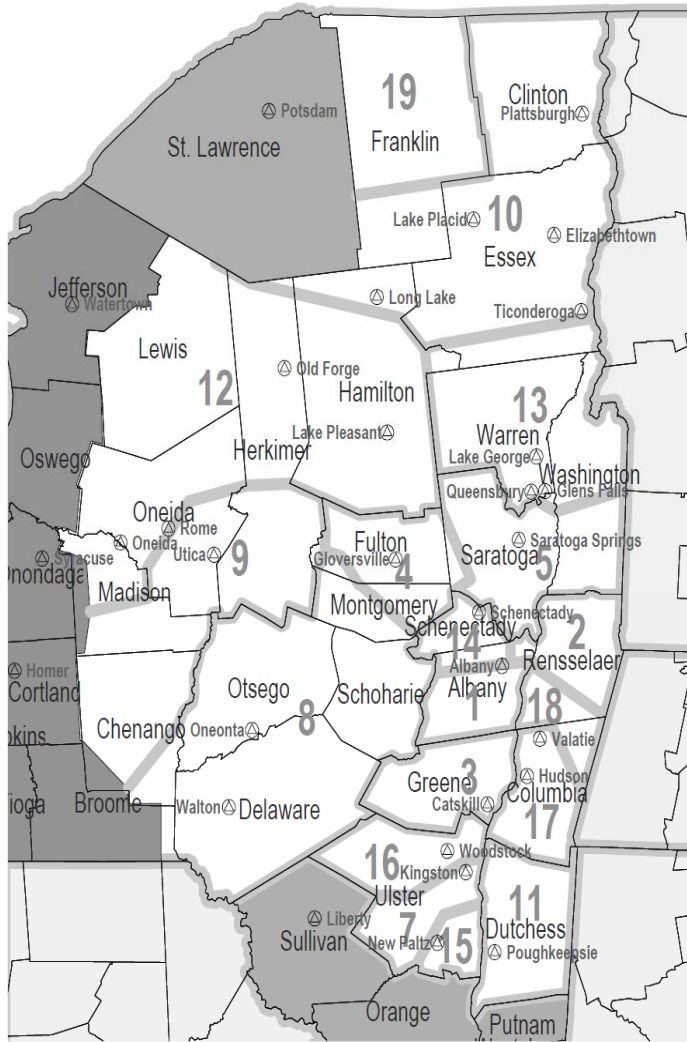
HMB Area District 7 Service Opportunities

- **Special Needs**
 - **Archives**
 - **CPC/PI**
 - **Functions - Open**
- starting in June**



Hudson, Mohawk, Berkshire (HMB) Area 48 of AA





EVENT: HMB Area 48 May Assembly
DATE: May 18, 2014
TIME: 9 AM - 3 PM

LOCATION: 267 Fort Hunter Road, Amsterdam, NY, Florida Town Hall

Flyer can be obtained at:

DELEGATES DAY OF SHARING

SATURDAY, APRIL 12, 2014
9:00AM—3:00PM



SARATOGA SPRINGS UNITED METHODIST CHURCH
 175 FIFTH AVENUE
 (FIFTH AVE. & HENNING RD.)
 SARATOGA SPRINGS, NY 12866

Open to AA Members from HMB Area 48

Learn how Area, Districts and Groups function cooperatively within Alcoholics Anonymous

SERVICE OPPORTUNITIES ~ FELLOWSHIP ~ ROUNDTABLE DISCUSSION
BREAKFAST AND LUNCH PROVIDED

Donations of Breakfast Items and Desserts will be accepted or if you are interested in being of service at this event please contact the District & Functions Committee at DcfFunctions@gmail.com

HMB
Hos



HOSTED BY THE ADIRONDACK CLUSTER
DISTRICTS 5, 10, 13 & 19



DIRECTIONS

From the I-87 Northway, take Exit 14, and follow Route 9P towards Saratoga Springs. At the first traffic light, turn right on Henning Road, follow approximately 1 mile to Fifth Avenue. Turn left on to Fifth Avenue, and then take an immediate right into the church driveway. The church is located directly at the corner of Fifth Avenue & Henning Road.

Location:

Lunch will be

Directions-

Turn Left on
Straight on N

Left on Fort Hunter Road travel and go 0.8 mi.
Hall will be on Right

Hall is in same location as Town Highway Dept. Garage

Contact Information: district4dcm@aahmbny.org

<http://www.aahmbny.org/events/HMB-Area-48-May-Assembly-2014.pdf>

Hudson-Mohawk-Berkshire

HMB Area Events



EVENT: HMB Area 48 May Assembly
DATE: May 18, 2014
TIME: 9 AM - 3 PM

LOCATION: 267 Fort Hunter Road, Amsterdam, NY,
Florida Town Hall

LOCATION: 542 Route 9, Fishkill, NY
Ramada Inn
Please see the event flyer here!
For more info go to: <http://escypaai.org/>
Flyer can be obtained at:
<http://escypaai.org/what-is-escypaa/pre-register-for-escypaa-i/>

EVENT: Burning Desire Bonfire Put on by the
Empire State Convention of Young People in AA I
DATE: June 20th-22, 2014
TIME: go to www.registration@escypaai.org or
www.events@escypaai.org

**Other NYS
AA Events:**

EVENT: ESCYPAAI
Empire State Convention of Young People in AA
DATE: Aug 15 - 17, 2014
TIME: See flyer for details



Empire State Convention
Young People In Alcoholics Anonymous

"a new freedom and a new happiness."

ESCYPAA I AUGUST 15-17 2014 FISHKILL NY

RAMADA HOTEL 542 ROUTE 9 FISHKILL NY (845) 896-6281 \$95/night block code: gcescy

Pre-register online @ www.escypaai.org
or mail completed form below with payment to:
ESCYPAA PO Box 107 Hyde Park NY 12538

Contacts: Registration-Jeff (518)653-8351 Outreach-Danielle (518)610-0762 Chair-Martial (845)554-9188
email: registration@escypaai.org, outreach@escypaai.org, chair@escypaai.org

NAME _____
EMAIL _____
PHONE _____
ADDRESS _____
SPECIAL NEEDS _____

SOBRIETY DATE _____
PRE-REG: \$25 _____
SCHOLARSHIP(S) (x\$25) _____
TOTAL _____

ingston, NY 12402-1654
14, 118 Polar Plaza, Amsterdam, NY 12010

ESCYPAA I



a burning desire bonfire

June 20-22 Rip Van Winkle Campground

149 Blue Mountain Road Saugerties New York
ripvanwinklecampgrounds.com

\$15 Preregistration or \$20 at gate. \$14 per night to camp \$7 day pass

name _____ address _____
 city _____ state/province _____ zip _____ country _____
 email _____ phone _____ willing to be of service/outreach _____
 number of campers or passes needed _____
 preregistration: \$ _____ scholarship: \$ _____ total: \$ _____

mail completed form with payment to PO Box 107 Hyde Park NY 12538
for more info contact registration@escypaa.org or events@escypaa.org

EVENT: Sober Movie Night Sponsored by
 Districts 3 and 17, Bill W. in Cairo NY
DATE: April 12th, 2014
TIME: 6:30 pm

Young Hope, Y.E.S. and ESCYPAA Present.



Join us at a Speaker Meeting followed by a big screen viewing of "Bill W."

April 12, 2014 at 6:30 pm

The festivities will be held at Gallagher's Banquet Hall
513 Main Street Cairo, NY

\$5.00 Suggested Donation at the Door.

Popcorn and drinks for sale!

Partial proceeds will go to District 3 and 17.



**Where to
Send mail or
Contributions:**

You can mail your suggestions, concerns or contributions to:

HMB Area 48 District 7
P.O. Box 1654
Kingston, NY 12402-1654

HMB Area 48 Association
Rt. 30, #114
118 Polar Plaza
Amsterdam, NY 12010

General Service Office (GSO)
P.O. Box 459
Grand Central Station



New York, NY 10163

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AA "Box 459" Information!

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Mail address: P.O. Box 459, Grand Central Station
New York, NY 10163

G.S.O.'s A.A. Web Site: www.aa.org

Subscriptions: Individual, \$3.50 per year; group, \$6.00 for each unit of 10 per year. Check—made payable to A.A.W.S., Inc.—should accompany order. To have issues delivered directly to your inbox, register your e-mail on the A.A. Digital Subscription Service on G.S.O.'s Web site.

Come and Celebrate A.A.'s 80th Birthday in Atlanta, Georgia

Like Gladys Knight and the legendary Pips, get ready to board that midnight train — or bus, or car, or plane —

and make your way to Atlanta, Georgia, home of the 2015 International Convention of Alcoholics Anonymous, to be held July 2–5, 2015. With a theme of "80 Years — Happy, Joyous and Free," A.A.s from around the world will be converging in Atlanta to celebrate sobriety, and share experience, strength and hope in meetings, panels and workshops at the Georgia World Congress Center, the Georgia Dome and other locations throughout this friendly city at the heart of the New South. While many already know Atlanta as home to the 1996 Olympics and headquarters for some of the most well-known corporations in America, not as many are familiar with its rolling, wooded expanse featuring magnolias, dogwoods, Southern pines and magnificent oaks, set among the foothills of the Appalachian Mountains.

With one of the largest metropolitan areas in the country — and over 1,100 A.A. meetings a week — Atlanta has become one of the best examples of the New South, a fast-paced modern city proud of its heritage, a city that began as a railroad town in the mid-1800s and has evolved into the primary transportation hub of the Southeastern United States. Fittingly, for more than a century, Atlanta's official symbol has been the mythical phoenix rising from the ashes, a nod to the city's dramatic redevelopment after it was famously burned to the ground during the Civil War — a symbol many A.A.s can readily identify with, having risen themselves out of the ashes of active alcoholism.

(Printed with Box 459 permission)

Held every five years since 1950, International Conventions have been hosted in numerous United States and Canadian cities with cultures and personalities as varied as the alcoholics who travel to them for the celebration.

In Atlanta many will celebrate not only their own sobriety and newfound lives, but also their ability to pass on this miracle — the message of recovery — to another suffering drunk. The theme of the 2015 International Convention, "80 Years — Happy, Joyous and Free," draws attention to the many benefits of sobriety and those present in Atlanta over the first weekend in July will greet one another in gratitude as carriers of hope, good news and a simple solution for their alcohol problem. Varied meeting topics will excite many A.A.s who look forward to hearing the



© 2008, Thomas Ernsford / AtlantaPhoto.com



experience of members from other locales, and as Convention-goers partake in the many meetings and workshops scheduled for the weekend, more than a few will find their imaginations fired and their enthusiasm for carrying A.A.'s message renewed.

Online Literature Sales

A.A.W.S. Offers Online Literature Sales
G.S.O. has announced that members of the Fellowship may order books, pamphlets and other A.A. literature on a recently launched Web site. The new A.A.W.S., Inc. Online Store is now live, offering all active items in the literature catalog to all consumers in the U.S. and Canada. The site is available in the three languages of our Conference structure, English, Spanish and French.

The Online Store Web site is designed to be easy to navigate and to place orders through a shopping cart, and shipping charges are spelled out on the site. Individual A.A. members and groups are encouraged, as always, to continue to purchase literature through their local sources, such as Intergroups and Central Offices. The www.aa.org homepage provides a link to the new consumer Online Store to order A.A.W.S. literature.



HMB Area 48 Calendar:

- 04/09/14 – Ulster County Bookers Meeting – 6:00 pm
- 04/09/14 - District 7 Business Meeting – 7:30 pm
- 04/12/14 – HMB Area Delegates Day – Hosted by Adirondack Cluster
- 05/14/14 - District 7 Business Meeting – 7:30 pm
- 05/18/14 – HMB Area Assembly – Hosted by Central Cluster
- 06/11/14 - District 7 Business Meeting – 7:30 pm
- 06/14/14 or 06/15/14 – HMB Area Fellowship Day – Hudson Valley Cluster
- 07/09/14 - 10/08/14 – Ulster County Bookers Meeting – 6:00 pm
- 07/09/14 - District 7 Business Meeting – 7:30 pm
- 08/01/14 – 08/03/14 – New York State Information Workshop – Albany, NY
- 08/13/14 - District 7 Business Meeting – 7:30 pm
- 09/10/14 - District 7 Business Meeting – 7:30 pm
- 09/13/14 or 09/14/14 – HMB Area Fellowship Day – Eastern Cluster
- 10/08/14 – Ulster County Bookers Meeting – 6:00 pm
- 10/08/14 - District 7 Business Meeting – 7:30 pm
- 10/11/14 or 10/12/14 – HMB Area Assembly – Central Cluster
- 10/31/14 – 11/02/14 – HMB Area Convention – Eastern Cluster
- 11/12/14 - District 7 Business Meeting – 7:30 pm
- 11/15/14 or 11/16/14 – HMB Area Fellowship Day – Western Cluster
- 12/10/14 - District 7 Business Meeting – 7:30 pm
- 01/14/15 – Ulster County Bookers Meeting – 6:00 pm
- 01/14/15 - District 7 Business Meeting – 7:30 pm



District 7 Business Meeting Location Details:

2nd Wednesday of Each Month
Christ the King Church
3021 Rt 213
Stone Ridge

Ulster County Bookers Meeting Location Details:

2nd Wednesday in January, April, July, October at 6:00pm prior to the District 7 Meeting

HMB Area Flyers:

<http://aahmbny.org/HMBArea48Events.htm>

Cluster Details:

Adirondack Cluster – Districts 5, 10, 13, 19
Central Cluster – Districts 4, 8, 14
Eastern Cluster – Districts 1, 2, 18
Hudson Valley Cluster – Districts 3, 7, 11, 15, 16, 17
Western Cluster – Districts 9, 12

District 7 Trusted Servants

District Committee Member (DCM)

Mike C.

Alternate DCM

Barbara W.

Secretary

Deb D. district7secretary@aahmbny.org

Treasurer

Dan B.

Literature

Kate S. district7literature@aahmbny.org

Newsletter

Kate S. district7newsletter@aahmbny.org

Treatment

Dennis M.

Corrections:

Guy K. treatment@aahmbny.org

Bridging the Gap

Shana F. Chair

Bridging the Gap

Lisa W. Alternate Chair

Grapevine

Ruth D.

Cooperation with the Professional Community/Public Information (CPC/PI)

William D.

Records

Jack S. district7records@aahmbny.org

Answering Service Liaison

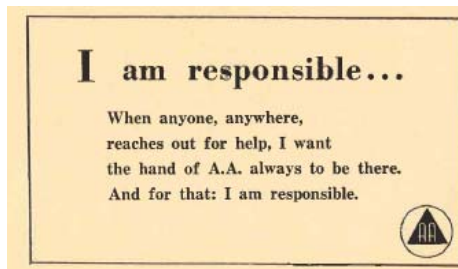
Matthew M.

Functions

Jay T.

Webmaster

Andrew



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Newsletter Submissions

EDITORS NOTE: The following submissions come to this newsletter, some from AA worldwide, and others close to home. All are printed with express permission of original copyright, and are printed with one goal in mind, to encourage you our reader with all our AA Traditions in mind...

Dear Friends in the Fellowship,

Greetings from another alcoholic living a life worth living and trudging the path...Wanted to let all you women out there know that the Highland Women's Group location has changed from the UMC in Highland to Ascension Holy Trinity Church, 21 Grand St. Highland—same times and days—Come and visit us On Mondays at 7:30 and Thursdays at 7:00. Last Thursday of March we celebrate time in sobriety—14 years for Gia and Ann's Big One...Join us!

Also wanted to put out there that D15 does have a BTG Chair, Sue C. who is working on coordinating this service with the Volunteer Liaison at Ulster County Jail. As some of you know, we bring in a meeting now every Tuesday for those women behind the walls...some upon release would be interested in a Fellowship contact to bring them to their first meeting or be available for phone contact. **I was wondering if there would be any women who live in or around Kingston that would be interested in putting their names on a contact list.** You can let me know by email...maybe something to bring to your D7 business meeting with your BTG Chair? Anyway, thanks for the consideration...

By the way, for all those who attended the Area 48 Fellowship Day in Kingston on the 3/15—what a blast! Wow! Not in my years of attending Area events have I seen such an enthused, interested and participatory crowd! That we as an Area can keep this going to Delegate's Day (see aahmbny.org for flyer in Saratoga 4/12) to get a BIG Area conscience for our Delegate to take with her to General Service Conference in NYC in April...Hats off to D7 Host Committee for organizing such a day in honoring our Third Legacy...

That's enough out of me—I continue to be open and awake and growing in the workings and ways of Service in our Fellowship—what has been so freely given to me...another alcoholic getting this program certainly worth the sacrifice...

In Service,

Jeannie S.

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A Flower Blooms By Scott C., Home Group: Kingston Original

On that open land stands the beauty we can't replace,
Flowers Blooming in the shadow and water is all it takes,
Wind blowing on a wheat field, as you walk through,
Beneath the Sun you find on the other side the truth,
The growth makes you realize what ...you have inside,
The tragedy's make you stronger to resist the tide,



Sand shows you comfort, the water is love, what makes the beach,
 You see, this is a place below the sky, the limit can be reached,
 Emotions evolve, spin like the world when we think,
 Air surfaces from trees as another Life begins.

Modern Day Home Group By Deb W, The Turning Point

What has happened to the home group? When I came to AA, home groups were tight knit units. There was a baseball league and a bowling league amongst the local home groups. We did things together. We were there for each other through the good times and the bad. We shared each other's lives, in and outside the rooms. It was a comforting way to grow up in AA. Everyone knew what was going on in your life and it was okay; there were no secrets when it came to learning how to live this new way of life. If I didn't show up for a meeting, my Home Group members called to see if I was okay or if I was sick. They sent get well cards. If someone was in the hospital, they visited and even sent or brought flowers and cards. My Home Group members truly cared about one another's well-being and quality of sobriety. Were those the good old days? I think so.

My brother has had the same Home Group for about seven years. He is now crippled up and can't walk and his sister is too tired and busy to take him to his Home Group in the wheelchair. He has not been to his Home Group for about three months. I'm sad to say that not one of his Home Group members has called to see what is wrong or to offer a visit, a card, nor to take him to their Home Group even once. What has happened to the home group?

I tend to blame things on sponsors since this

is a "hand me down" Fellowship. People need to be taught how to act when they come to AA. I didn't know how to act, and I was told how to act in plain English. I encourage my sponsees' to call Home Group members when they don't show up for the meeting to make sure they are okay. If they are not okay, I encourage my sponsee's to offer help. I am teaching my sponsees' how to be good Home Group members; how to care about their fellows. I believe today's sponsors are laying down on the job. It is a sponsor's responsibility to guide their charges into good behavior. Part of that job is to teach them to care about others, especially their fellow Home Group members.

Have we, as sponsors, become too busy to teach our sponsees' to care about others? Do we care for others only when we have to? It makes me very sad that the home group is deteriorating. They are not what they used to be and I yearn for the times when we were close to each other. Maybe it's just a generational thing? Are we AA's too busy, tired, or uncaring to show sponsees' how we care for our Home Group members? I look forward to seeing my Home Group members every week and miss them when they don't show up...don't you? (reprinted with permission of the Akron Intergroup News)



Celebrate Grapevine 70 Grapevine Turns 70 in 2014



Written, edited, illustrated, and read by AA members, the international journals of Alcoholics Anonymous are lifelines linking one alcoholic to another.

Grapevine and La Viña communicate the experience, strength and hope of its contributors and reflect current AA experience through recovery, unity and service.

Founded in 1944, Grapevine cannot receive group contributions and is supported entirely through the sale of subscriptions and products.

A great place to start is the Grapevine Anniversary Kit, which includes a wealth of information for you to create your own events. See below for more ways to participate.

80 Plus Days until June until the birthday celebration!

Go to the following websites for more information:

<http://www.aagrapevine.org/>

<http://www.aagrapevine.org/celebrate-grapevine-70>

