

THE MONTHLY REPRIEVE



HUDSON-MOWHAWK-BERSHIRE District 5 Newsletter **December 2010**

Announcements

Christmas Alkathon



- **Where:** Saint Peter's School, Broadway, Saratoga Springs, NY
- **When:** 6:00 PM Dec. 24 until 7:00 PM Dec 25.
- **Activities:** Meetings held every even hour. Great food, fellowship, and meetings bring your family and friends good times for everyone.

New Year's Alkathon



- **Where:** First Methodist Church, 5th St and Henning Av. Saratoga Springs, NY
- **When:** 6:00 PM Dec. 31 until 7:00 PM Jan. 1, 2011.
- **Activities:** Join us in celebrating the New Year with fun for all. Everyone is welcome; there will be meetings on the even hours.

The January GSR meeting will be January 6, 2012 at 7:00 PM at 1st Baptist Church, 45 Washington St. Saratoga Springs, NY.

AA Principles of the Month

Step 12 - Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

Tradition 12 – Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Concept 12 - The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

Twelfth Step Prayer

God, my spiritual awakening continues to unfold. The help I have received I shall pass on and give to others, both in and out of the Fellowship. For this opportunity I am grateful. I pray most humbly to continue walking day by day on the road of spiritual progress. I pray for the inner strength and wisdom to practice the principles of this way of life in all I do and say. I need You, my friends, and the Program every hour of every day. This is a better way to live. AMEN

Twelfth Tradition Checklist

1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
2. When I do not trust AA's current servants, who do I wish had the authority to straighten them out?
3. In my opinions of and remarks about other AAs, am I implying membership requirements other than a desire to stay sober?
4. Do I ever try to get a certain AA group to conform to my standards, not its own?
5. Have I a personal responsibility in helping an AA group fulfill its primary purpose? What is my part?
6. Does my personal behavior reflect the Sixth Tradition--or believe it?
7. Do I do all I can do to support AA financially? When is the last time I anonymously gave away a Grapevine subscription?
8. Do I complain about certain AAs' behavior--especially if they are paid to work for AA? Who made me so smart?
9. Do I fulfill all AA responsibilities in such a way as to please privately even my own conscience? Really?
10. Do my utterances always reflect the Tenth Tradition, or do I give AA critics real ammunition?
11. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA so attractive that other drunks want it?
12. What is the real importance of me among 500,000 AAs?

Concept Checklist

Concept XII: The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

- How do we guard against becoming a “seat of perilous wealth or power?”
- How do we practice prudent use of our Seventh Tradition contributions and literature revenue?
- Do we insure the spiritual liberties of all A.A. members by not placing any member in the position of absolute authority over others?

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- Do we try to reach important decisions by thorough discussion, vote and, where possible, substantial unanimity?
- As guardians of A.A.'s traditions, are we ever justified in being personally punitive?
- Are we careful to avoid public controversy?
- Do we always try to treat each other with mutual respect and love?

Treatment Meetings

Speakers are needed to bring meetings to Conifer Park Mondays 6:30 pm, Tuesdays 7:00 pm and Thursdays 6:30 pm. Contact Mike S. at 518-229-8585 to volunteer for detox or men's treatment meetings, or Colleen M. for women's treatment meetings.

Grapevines and other soft cover AA Literature donations are needed for the treatment facilities. Please contact Mike S. at 518-229-8585 to donate materials.

Great Opportunities for Service

District 5 has the following service positions open.

- Alternate Secretary.
- Special Needs and alternate.
- Alternate Treasurer.
- Alternate Records.
- Functions Committee Chair.
- Corrections Chair. (for State Facilities)
- Functions, Public Information, and CPC Committee members.

For information contact your group's GSR.

Saratoga Telephone Answering Service (STAS) has openings Sundays and Mondays 8:00 AM till Noon also Wednesdays and Saturdays Noon till 6:00 PM. Please contact Michael S. at 518-248-2020 to Volunteer.

Electronic Books will be available at AA.org Alcoholics Anonymous and the 12 and 12 December for IPOD and January for Android.



Experience Strength and Hope

We are looking for your experience, strength and hope. What it was like what happened and what it is like now. To submit an article submit it to Don W. at aadistrict5newsletter@nycap.rr.com

We are always looking for ways to improve our newsletter. Your feedback is welcome please send your comments to aadistrict5newsletter@nycap.rr.com Thank you for your cooperation.

NERAASA 2012 Registration Form

March 2-4
2012

Forms may be copied. Please use one form for each person registering.

Mail-In and On-line Registration will be processed beginning October 1, 2011.

Credit cards will be accepted for online registration only.

Hotel Registration Deadline: Friday, February 17, 2012

(Hotel prices are guaranteed until Feb 17 or until room blocks are filled.)

Event, Banquet & Meal Pre-registration Deadline: Friday, February 17, 2012

NAME: _____ AA AREA#: _____ (see front page map)

ADDRESS: _____

EMAIL: _____ PHONE # (with area code) _____

Service Commitments:

- _____ GSR or Alt GSR
- _____ DCM or Alt DCM
- _____ DCMC or Alt DCMC
- _____ District Committee
- _____ Central Office or Intergroup
- _____ Area Committee
- _____ Delegate or Alt Delegate
- _____ Panel _____
- _____ Other _____

Past Delegates:

Area # _____ Panel # _____

Conference Committee _____

_____ I would be interested in moderating a round table session.

_____ I have attended NERAASA before:

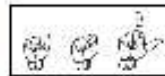
- _____ As a presenter
- _____ I would like to participate in a panel
- _____ I would like to record a round table

_____ I have special needs (please specify):

Translation request:

___ASL ___Spanish ___French ___Other _____

ASL will be provided if a need presents itself through pre-registration.



Comments, Suggestions & Requests (No guarantees, but we will take everything under consideration and do what we can to be accommodating): _____

- \$ 20.00 _____ Registration
- _____ Saturday Breakfast \$20
- _____ Saturday Lunch \$30
- _____ Saturday Night Banquet
- _____ Beef _____ Chicken
- _____ Vegetarian \$44
- _____ Sunday Breakfast \$20
- _____ Delegates Luncheon \$30 (current, past & alts only)
- \$ _____ Total Enclosed

Please indicate each individual meal desired on registration form. Full payment is required at time of registration.

Make check or money order payable to: NERAASA 2012
(Credit cards will be accepted for online registration only)

Mail completed form with full payment to:
NERAASA 2012
PO BOX 6328
Albany, NY 12208

Please complete the form and mail to:

NERAASA 2012
PO BOX 6328
ALBANY, NY 12208

Or go to:
WWW.NERAASA
2012.ORG
beginning
October 1, 2011