

THE MONTHLY REPRIEVE



HUDSON-MOWHAWK-BERSHIRE District 5 Newsletter November 2011

Please distribute this Newsletter to your groups

AA Principles of the Month

Step 11- Sought through prayer and meditation to improve our conscious contact with God, as we *understood Him*, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11- Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Concept 11- The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

Tradition 11 Check List

1. Do I sometimes promote AA so fanatically that I make it seem *unattractive*?
2. Am I always careful to keep the confidences reposed in me as an AA member?
3. Am I careful about throwing AA names around—even within the Fellowship?
4. Am I ashamed of being a recovered, or recovering, alcoholic?
5. What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
6. Is my AA sobriety attractive enough that a sick drunk would want such a quality for himself?

Concept 11 Check List

- Do we understand how the roles of non-trustee directors and non-trustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional “Right of Participation?”
- Do we practice rotation in all our service positions?

Eleventh Step Prayer

God, when I am agitated or doubtful, I ask for the right thought or action. I pray for help in letting go and stop running the show. I humbly ask for Your will, not mine, be done. I ask this to be in much less danger of excitement, fear, anger, worry, self-pity, or foolish decisions. I pray that I become much more efficient. I pray that I do not tire so easily, so that I do not burn up energy foolishly as I did when I was trying to arrange life to suit myself. *Amen.*

Announcements

ALCOHOLICS ANONYMOUS 2011 THANKSGIVING ALKATHON **DATE, TIME & LOCATION:**

First Baptist Church - 45 Washington Street, Saratoga Springs, New York
Thursday, November 24, 2011 Thanksgiving morning, starting at 9:00 AM AND ENDING AT 7:00 PM

AA MEETINGS HELD EVERY OTHER HOUR BEGINNING AT 10:00 AM LAST MEETING AT 6:00 PM.

FAMILY AND FRIENDS WELCOME

FOOD DONATIONS WELCOME!

Coffee – Tea – Cold water – Cold soda – served all day

Brunch – Snack foods served from 9:00 am till 2:00 pm

Dinner – Traditional Thanksgiving Dinner served starting at 1:00 pm and ending at 6:00 pm

DIRECTIONS:

Head north on Route 9 into City of Saratoga Springs (called Broadway)

Left onto Washington Street (a/k/a Route 29) (Starbucks is on the corner) up a block to #45

Contacts:

Dave P. - 369-2071 or email dpearson@nycap.rr.com

Faye F - 381-5646 or email fallonfaye@yahoo.com



our basic text
eacypaa host committe big book study
facilitated by
brian L (from quincy, mass)
and ian k (from greenland, nh)

saturday
november, 19th
12pm-5pm
third reformed church
20 ten eyck ave
albany, ny
(light lunch included)
free event- 7th tradition supported

EACYPAA HMB AREA has won the bid for the 2012 conference. It will be held in Saratoga Springs, NY **March 30th through April 1st 2012 Saratoga Springs Holiday Inn.**

EACYPAA Host committee will meet **every** Wednesday at 8:40 pm after the Young people in recovery meeting at 36 Phila St. Saratoga Springs, NY (2nd floor). People are needed to fill positions and Committee members are needed, to plan and make arrangements for the conference. For more information or to volunteer send an e-mail to chair@togypaa.org

Meetings that need support

- Friday night Elnora group, 8:00 PM Jonesville United Methodist Church. Service positions are also available.
- Sunday Big Book Study Meeting 6:00 PM at The Prince of Peace Church Clifton Park Rout 146.
- Thursday Big Book Meeting 8:00 PM Way Of Life Group Emmanuel United Church Park & Fourth Street

Public Information Committee

Public Information service is carrying the message outside of the rooms, providing information about Alcoholics Anonymous to the public. We are looking for members to help us get started on new projects. Anyone wishing to learn about PI work is welcome to attend our committee meetings. They are held on the 3rd Tuesday of each month at 7 pm. **This month's meeting will be on November 15th, at Heidi T.'s house.** Call her at 399-4004 or email @ dSpichair@gmail.com for the address or if you'd like more info.

NERASSA 3/2 – 3/4/2012 in Albany ,NY. Info at NERAASA2012@gmail.com

Volunteers are needed to attend AA Meetings at Mt McGregor Correctional Facility. Because of the lengthy application process for being a volunteer within NYS Prisons, we ask that you plan to attend at least 4 meetings at the prison in a year. This Application/interview process will include filling out a 5 page application. Once that is approved you will be interviewed at a location of your convenience. Upon your approval you will be set up with a gate pass to get a NYS Volunteer Photo ID and fingerprints which will be done at the Mt McGreggor Correctional Facility. The meeting is on Friday nights from 6:00 P.m. to 8:p.m. If you have interest in performing this service, contact Jeff S. at 518-812-8692.

Groups wishing to donate money to the District or district committees may forward checks to District 5, P.O. Box 111, Saratoga Springs, NY. 12866. Make checks payable to the group the donation is slated for. i.e. District 5, STAS, District 5 functions. Donations to area 48 may be sent to HMB Area Association RTE. 30, #114, 118 Polar Plaza, Amsterdam, NY 12010. GSO to General Service Office PO BOX 459 Grand Central Station New York, NY 10163 or may now be made on line at aa.org

The December GSR meeting will be December 2, 2011 at 7:00 PM at 1st Baptist Church., 45 Washington St. Saratoga Springs, NY.

Great Opportunities for Service

Please Announce

District 5 has the following service positions open.

- Women's Treatment coordinator.
- Treasurer Alternate.
- Grapevine Alternate.
- Corrections Alternate.
- Functions, Public Information, and CPC Committee members.
- **Host Committee members.**

For information contact your group's GSR.

Deadline for submission of materials for inclusion in the December Newsletter is December 4, 2011.

The District newsletter is now available on the area web site at www.aahmbny.org.

Treatment Meetings

Volunteers are needed for treatment / detox meetings at Conifer Park Mondays 6:30 pm, Tuesdays 7:00 pm and Thursdays 6:30 pm. Contact Mike at 812-5411 to volunteer. **Spanish speaking AA's** are also needed for these meetings.

Speaker meetings

Would you like a speakers meeting at any time then download meetings at no cost at www.baypaa.org

Saratoga Telephone Answering Service (STAS) Has openings on Monday 8AM to Noon, Tuesday Noon to 6PM, and Sunday 8Am to Noon. For information or to volunteer call Michael S. at 248-2020.

HMB Area 48 2012 Meeting Schedule Order Form

Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous 2012 HMB Meeting Schedule Book Order Form



Pre Order Deadline December 1, 2011



Please Make Checks Payable To: "HMB Meeting Schedules"

Schedules are \$.30 ea. (Minimum order 10)			
Shipping Cost:			
10-50	\$8.00	601-900	\$29.00
51-100	\$8.00	901-1200	\$38.00
101-300	\$10.00	1201-1500	\$47.00
301-600	\$20.00	1501-1800	\$56.00

ALL ORDERS MUST BE PREPAID



Mail Orders To:
HMB Meeting Schedules
PO Box 74
Castleton, NY 12033



Inquiries to: hmbal treasurer@nycap.rr.com
(518) 366-5631

To Be Shipped January 2012
No Shipping to PO Boxes

PLEASE PRINT LEGIBLY

Name: _____ Group or Organization: _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Contact Person: _____ Email: _____

Phone: _____

Order Quantity: _____ X \$.30 = \$ _____

Shipping & Handling: _____ = \$ _____

Total Enclosed: \$ _____

2012

Experience, Strength, Hope

This space reserved for Your Story.

Submit your Experience, Strength and Hope to aadistrict5newsletter@nycap.rr.com