

THE MONTHLY REPRIEVE



HUDSON-MOWHAWK-BERSHIRE District 5 Newsletter **October 2011**

Please distribute this Newsletter to your groups

AA Principles of the Month

Step 10 –Continued to take personal inventory and when we were wrong promptly admitted it.

Tradition 10 - Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Concept 10 - Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

Tradition 10 Check List

1. Do I ever give the impression that there really *is* an “AA opinion” on Antabuse Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? Al-Anon? Alateen?
2. Can I honestly share my own personal experience concerning any of those without
3. giving the impression I am stating the “AA opinion”?
4. What in AA history gave rise to our Tenth Tradition?
5. Have I had a similar experience in my own AA life?
6. What would AA be without this Tradition? Where would I be?
7. Do I breach this or any of its supporting Traditions in subtle, perhaps unconscious, ways?
8. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?

Concept 10 Check List

Do we understand “authority” and “responsibility” as they relate to group conscience decisions by G.S.R.s, D.C.M.s and our area delegates?

• Why is delegation of “authority” so important to the overall effectiveness of A.A.? Do we use this concept to define the scope of “authority”?

Tenth Step Prayer

God, I pray that I continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, I humbly ask You to remove them at once. I pray that I discuss them with someone immediately and make amends quickly if I have harmed anyone. I pray that I turn my thoughts to someone I can help. I pray that love and tolerance of others be my code. I pray for a daily reprieve contingent on the maintenance of my spiritual condition. Every day is a day I must carry the vision of Your will into all of my activities. How can I best serve Thee - Thy will, not mine, be done. Amen.

Announcements

EACYPAA HMB AREA has won the bid for the 2012 conference. It will be held in Saratoga Springs, NY **March 30th through April 1st 2012 Saratoga Springs Holiday Inn.**

EACYPAA Host committee will meet **every** Wednesday at 8:40 pm after the Young people in recovery meeting at 36 Phila St. Saratoga Springs, NY (2nd floor). People are needed to fill positions and Committee members are needed, to plan and make arrangements for the conference. For more information or to volunteer send an e-mail to chair@togypod.org

Meetings that need support

- Friday night Elnora group, 8:00 PM Jonesville United Methodist Church. Service positions are also available.
- Sunday Big Book Study Meeting 6:00 PM at The Prince of Peace Church Clifton Park Rout 146.



NYCYPAA & EACYPAA X Host Halloween Masquerade

When: Saturday October 29 at 8:00 PM till Sunday October 30 at 2:00 AM

Where: New York City 320 West 21st street, New York, NY

Info: 10 Dollar suggested donation gets you entry to this event. However a 15 Dollar pre-registration for EACYPAA X purchased at this event gets you in for FREE!!!! Meeting 8-9

NERASSA 3/2 – 3/4/2012 in Albany ,NY. info at NERAASA2012@gmail.com

Public Information Committee

Public Information service is carrying the message outside of the rooms, providing information about Alcoholics Anonymous to the public. We are looking for members to help us get started on new projects.

Anyone wishing to learn about PI work is welcome to attend our committee meetings. They are held on the 3rd Tuesday of each month at 7 pm. **This month's meeting will be on October 18th, at Heidi T.'s house.** Call her at 399-4004 or email @ d5pichair@gmail.com for the address or if you'd like more info.

Groups wishing to donate money to the District or district committees may forward checks to District 5, P.O. Box 111, Saratoga Springs, NY. 12866. Make checks payable to the group the donation is slated for. i.e. District 5, STAS, District 5 functions. Donations to area 48 may be sent to HMB Area Association RTE. 30, #114, 118 Polar Plaza, Amsterdam, NY 12010. GSO to General Service Office PO BOX 459 Grand Central Station New York, NY 10163 or may now be made on line at aa.org

The November GSR meeting will be November 4, 2011 at 7:00 PM at 1st Baptist Church., 45 Washington St. Saratoga Springs, NY.

Great Opportunities for Service

Please Announce

District 5 has the following service positions open.

- **Alternate DCM.**
- Women's Treatment coordinator.
- Treasurer Alternate.
- Grapevine Alternate.
- Corrections alternate.
- Functions, Public Information, and CPC Committee members.
- **Host Committee members.**

For information contact your group's GSR.

Deadline for submission of materials for inclusion in the November Newsletter is November 5, 2011.

The District newsletter is now available on the area web site at www.aahmbny.org.

Treatment Meetings

Volunteers are needed for treatment / detox meetings at Conifer Park Mondays 6:30 pm, Tuesdays 7:00 pm and Thursdays 6:30 pm. Contact Mike at 812-5411 to volunteer. **Spanish speaking AA's** are also needed for these meetings.

Speaker meetings

Would you like a speakers meeting at any time then download meetings at no cost at www.baypaa.org

EACYPAA X Traditions Study

A 3 speaker workshop covering the 12 traditions out of "The Twelve Steps and Twelve Traditions" book. This is a free, two-part workshop held at the Bethesda Parish House 41 Washington Street, Saratoga Springs, NY on October 15th and October 22nd Noon till 5PM. A light Lunch will be provided at no charge. Bring a 12 and 12 if you have one. For more information and to RSVP contact Mike at traditions@eacypaax.org

Saratoga Telephone Answering Service (STAS) Has openings on Monday 8AM to Noon, Tuesday Noon to 6PM, and Sunday 8Am to Noon. For information or to volunteer call Michael S. at 248-2020.

FALL SESSION – BACK TO BASICS – 6 PM MONDAYS

AA'S TWELVE STEPS – FOUNDING GROUPS' FORMAT

MON, OCT 24 THRU MON, NOV 14



“BACK TO BASICS” IS A PROGRAM OF ACTION TAKING THE 12 STEPS IN FOUR CONSECUTIVE WEEKS LIKE THE FOUNDING AA GROUPS DID. WE EXPLORE THESE PRINCIPLES TOGETHER, TAKE THE STEPS TOGETHER, AND RECOVER TOGETHER.

LOCATION : THE LIVING SPRINGS COMMUNITY CHURCH, WASHINGTON ST AND PINE RD, SARATOGA SPRINGS, NY

DIRECTIONS : 1.5 MILES ON WASHINGTON ST FROM STARBUCKS DOWNTOWN – ON THE LEFT AT THE FIRST LIGHT PAST WEST AVE.

ALL THOSE WISHING TO STOP DRINKING, REGARDLESS OF STEP WORK OR TIME IN RECOVERY, ARE INVITED AND ENCOURAGED TO ATTEND. PAUL 669-7210 INFO OR RIDE



ALCOHOLICS ANONYMOUS 2011

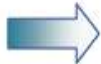
THANKSGIVING ALKATHON

DATE, TIME & LOCATION:

First Baptist Church - 45 Washington Street, Saratoga Springs, New York Thursday, November 24, 2011 Thanksgiving morning, starting at 9:00 AM AND ENDING AT 7:00 PM. AA MEETINGS HELD EVERY OTHER HOUR BEGINNING AT 10:00 AM LAST MEETING AT 6:00 PM

HMB Area 48 2012 Meeting Schedule Order Form

Hudson Mohawk Berkshire Area 48 of Alcoholics Anonymous 2012 HMB Meeting Schedule Book Order Form



Pre Order Deadline December 1, 2011



Please Make Checks Payable To: "HMB Meeting Schedules"

Schedules are \$.30 ea. (Minimum order 10)			
Shipping Cost:			
10-50	\$8.00	601-900	\$29.00
51-100	\$8.00	901-1200	\$38.00
101-300	\$10.00	1201-1500	\$47.00
301-600	\$20.00	1501-1800	\$56.00

ALL ORDERS MUST BE PREPAID



Mail Orders To:
HMB Meeting Schedules
PO Box 74
Castleton, NY 12033



Inquiries to: hmbal treasurer@nycap.rr.com
(518) 366-5631

To Be Shipped January 2012
No Shipping to PO Boxes

PLEASE PRINT LEGIBLY

Name: _____ Group or Organization: _____

Street Address: _____

City/Town: _____ State: _____ Zip: _____

Contact Person: _____ Email: _____

Phone: _____

Order Quantity: _____ X \$.30 = \$ _____

Shipping & Handling: _____ = \$ _____

Total Enclosed: \$ _____

2012

Experience, Strength, Hope

This space reserved for Your Story.

Submit your Experience, Strength and Hope to aadistrict5newsletter@nycap.rr.com