

# DISTRICT 4 NEWSLETTER

HMB Area 48 District 4  
[D4newsletter@aahmbny.org](mailto:D4newsletter@aahmbny.org)

November 2017  
Volume 2 Issue 11

The District 4 Newsletter is published monthly and is distributed as an email in an effort to be more eco-friendly, as well as to reduce postage and printing costs. Please feel free to forward this e-mail. Hard copies are made available at all monthly District meetings.

## AA PRINCIPLES

**Step 11:** Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

**Tradition 11:** Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

**Concept 11:** The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern

**Eleventh Step Prayer:** A Prayer On Awakening:

"God please direct my thinking and keep my thoughts divorced from self – pity, dishonest or self-seeking motives. Please keep my thought life clear from wrong motives and help me employ my mental faculties, that my thought-life might be placed on a higher plane, the plane of inspiration." (86:2)

## NOVEMBER ANNIVERSARIES

\*Fran 18      \*Kentucky Tom 27      \*Nancy C. 14      \*Les 19      \*Mike V. 16  
\*Dan H. 25      \*Brad B. 15      \*Hawk 52      \*Ed H. 28      \*John S. 11(Caroga)

## CONTACTS

District 4 Committee, PMB 159, 61 Elmwood Ave., Gloversville, NY 12078

HMB District #4, P.O. Box 654, Gloversville, New York 12078

General Service Office, Box 459, Grand Central Station, New York, NY 10163

## WORKSHOPS AND OTHER EVENTS

You can find all workshops and events on : <https://aahmbny.org/a-a-area-48-hmb-hudson-mohawk-berkshire/>

### Area Events:

<p><b>HMB Fellowship Day</b> Saturday, November 11, 9am – 3pm Our Savior Lutheran Church 1640 Genessee St Utica, NY See flyer <a href="#">here</a>.</p>	
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### Young Peoples Events:

<p><b>ESCPAA IV</b> Meets every first and third Tuesday of the Month at 7:30pm St. Paul's Evangelical Lutheran Church 10 Western Ave Albany, NY 12203</p>	<p><b>Pre-Registration for ESCYPAA IV is \$10!!</b> November 9 – 12, 2017 Radisson Hotel Albany 205 Wolf Rd Albany, NY 12205</p>
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### Regional Events:

<p><b>NERAASA (Northeast Regional AA Service Assembly)</b> Hosted by Area 11 Connecticut February 23 – 25, 2018 Radisson Hotel Cromwell, CT For more information go to <a href="http://www.neraasa.org">www.neraasa.org</a> or e-mail <a href="mailto:neraasa2018@gmail.com">neraasa2018@gmail.com</a></p>	
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## DISTRICT 4 SERVICE COMMITTEE CONTACTS

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Grapevine – Open

[District4grapevine@aahmbny.org](mailto:District4grapevine@aahmbny.org)

### **Word from the Editor:**

All meetings need support. Fulton County Women's Correctional Facility is looking for volunteers. If anyone else is interested in doing service work, please contact Maryanne B. at [district4pi@aahmbny.org](mailto:district4pi@aahmbny.org). OR you can contact Maryanne B. by leaving a message on the District Phone service at **518-735-2644**.

I would like to inform all of you that beginning January 1, 2018, I will be stepping down from the Newsletter Editor position. It would sadden me to see that this not be filled. Like any service work in Alcoholics Anonymous, doing the newsletter has brought me much joy. I am actively seeking the District Secretary position, and I just cannot do both. Please if anyone could think about this, and let me know if you would like to give it a chance, please let me know. Thank you.

**Again, should anyone have any news, information or anything they would like to share, I certainly welcome this. If you change your email address, please contact me at [District4newsletter@aahmbny.org](mailto:District4newsletter@aahmbny.org)**

# **DISTRICT 4 CONTRIBUTION FORM**

Group Name: \_\_\_\_\_

General Service Number: \_\_\_\_\_

Amount of Contribution: \_\_\_\_\_

**ACKNOWLEDGEMENT Will Be In the Monthly Newsletter**

**MAIL CONTRIBUTIONS TO:  
HMB District #4  
P.O. Box 654  
Gloversville, New York 12078**