

DISTRICT 4 NEWSLETTER

HMB Area 48 District 4
D4newsletter@aahmbny.org

May 2017
Volume 2 Issue 5

Mission Statement: The District 4 Newsletter is published monthly and is distributed as an email in an effort to be more eco-friendly, as well as to reduce postage and printing costs. Please feel free to forward this e-mail, because we are unable to reach all our District 4 members, especially at the group level.

AA PRINCIPLES

Step 5: "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."
<http://www.recovery.org/topics/step-5-aa/>

Tradition 5: *Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.*
<http://www.silkworth.net/aa/12traditions.html>

Continuation with the importance of Tradition 5:

Editorial by Bill W.
A.A. Grapevine, April, 1948

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose -- that of carrying its message to the alcoholic who still suffers."

Says the old proverb, "Shoemaker, stick to thy last." Trite, yes. But very true for us of A.A. How well we need to heed the principle that it is better to do one thing supremely well than many things badly.

Because it has now become plain enough that only a recovered alcoholic can do much for a sick alcoholic, a tremendous responsibility has descended upon us all, an obligation so great that it amounts to a sacred trust. For to our kind, those who suffer alcoholism, recovery is a matter of life or death. So the society of Alcoholics Anonymous cannot, it dare not ever be diverted from its primary purpose.

Temptation to do otherwise will come aplenty. Seeing fine works afoot in the field of alcohol, we shall be sorely tempted to loan out the name and credit of Alcoholics Anonymous to them; as a movement we shall be beset to finance and endorse other causes. Should our present success continue, people will commence to assert that A.A. is a brand new way of life, maybe a new religion, capable of saving the world. We shall be told it is our bounden duty to show modern society how it ought to live.

Oh, how very attractive these projects and ideas can be! How flattering to imagine that we might be chosen to demonstrate that olden mystic promise: "The first shall be last and the last shall be first." Fantastic, you say. Yet some of our well-wishers have begun to say such things.

Fortunately most of us are convinced that these are perilous speculations, alluring ingredients of that new heady wine we are now being offered, each bottle marked "Success"!

Of this subtle vintage may we never drink too deeply. May we never forget that we live by the Grace of God -- on borrowed time; that anonymity is better than acclaim; that for us as a movement poverty is better than wealth.

And may we reflect with ever deepening conviction, that we shall never be at our best except when we hew only to the primary spiritual aim of A.A. -- *"That of carrying its message to the alcoholic who still suffers alcoholism."*

Bill W.

The A.A. Grapevine, April, 1948
<http://www.barefootsworld.net/aatrad5-gv-apr48.html>

Concept V: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Fifth Step Prayer: God I thank you from the bottom of my heart that I know you better. Help me become aware of anything I have omitted discussing with another person. Help me to do what is necessary to walk a free man at last. AMEN. (p. 75 BB)

MAY ANNIVERSARIES

*Paul H 29 *Vern 30 *Preacher Tom 12 *Ellen 32 *Sarah 8 *Joe John 38 *Jim D
7 *Jim A 10 *Jo (Fonda) 9 *Peggy P. 3

WORKSHOPS AND OTHER EVENTS

You can find all workshops and events on : <https://aahmbny.org/a-a-area-48-hmb-hudson-mohawk-berkshire/>

Area Events:

HMB Spring Assembly

Sunday, May 14, 9am – 3pm
Florida Town Hall
167 Fort Hunter Road
Amsterdam, NY

Joy of Service Day

Saturday, June 10
Marbletown Community Center
3564 Main St
Stone Ridge, NY 12484

Election Assembly

Saturday, September 9
Blooming Grove Reformed Church
706 Bloominggrove Drive
Defreestville NY 12144

HMB Fall Assembly

Saturday, October 14, 9am – 3pm
St. James Episcopal Church
305 Main Street
Oneonta, NY

HMB Convention

November 3-5
Ramada Conference Center
542 Route 9
Fishkill, NY 12524
More information [here](#)

District Events:**Spiritual Breakfast**

Hosted by District 12
Saturday, May 6, 9am – noon
The Beaches
7900 Turin St
Rome, NY
See flyer [here](#)

Young Peoples Events:**ESCYPAA IV**

Meets every first and third Tuesday of the Month at 7:30pm
St. Paul's Evangelical Lutheran Church
10 Western Ave
Albany, NY 12203

Pre-Registration for ESCYPAA IV is \$10!!

November 9 – 12, 2017
Radisson Hotel Albany
205 Wolf Rd
Albany, NY 12205

Regional Events:**Central NY Delegate Report and Convention**

May 19 – 21, 2017
Watertown Ramada Inn
21000 State Route 3
Watertown, NY 13601
See event flyer [here](#)

Northeast Regional Forum (NERF)

June 2 – 4, 2017
Doubletree by Hilton Pittsburgh-Cranberry
910 Sheraton Drive
Mars, PA 16046
See the event flyer [HERE](#)

New York State Informational Workshop (NYSIW) 2017

August 4 – 6, 2017

Roberts Wesleyan College

2301 Westside Dr

Rochester, NY 14624

See flyer [here](#)

DONATIONS

Thank you to the following groups for your donations:

1. Open Arms Group
2. Tuesday Night Moving Forward Group

Also attached to this newsletter is a group donation form that people can print out when mailing in donations.

CONTACTS

District 4 Committee, PMB 159, 61 Elmwood Ave., Gloversville, NY 12078

HMB Area 48, Treasurer, Box 114, Route 30, 118 Polar Plaza, Amsterdam, NY 12010

General Service Office, Box 459, Grand Central Station, New York, NY 10163

DISTRICT 4 SERVICE COMMITTEE CONTACTS

DCM – Jack S.

District4dcm@aahmbny.org

Alternate DCM – Donna D.

District4altdcm@aahmbny.org

Treasurer – Howard

District4treasurer@aahmbny.org

Cooperation With The Professional Community – Peggy P.

District4pc@aahmbny.org

Special Needs/Accessibilities – Howard W.

District4specialneeds@aahmbny.org

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District4treatment@aahmbny.org

Archives – Steve S.

District4archives@aahmbny.org

Functions – Ann R.

District4functions@aahmbny.org

Records Keeper – Cathy P.

District4records@aahmbny.org

Secretary - Open

District4secretary@aahmbny.org

Newsletter – Sherry J.

D4newsletter@aahmbny.org

Public Information – Maryanne B.

District4pi@aahmbny.org

Corrections – Maryanne B.

District4corrections@aahmbny.org

Bridging the Gap - Hawk

Althmbchair@aahmbny.org

AA Answering Service – Ed H.

District4hotline@aahmbny.org

Grapevine – Open

District4grapevine@aahmbny.org

Word from the Editor:

All meetings need support. Also, Fulton County Women's Correctional Facility is looking for volunteers. If anyone else is interested in doing service work, please contact Maryanne B. at district4pi@aahmbny.org. OR you can contact Mary Ann at 863-3122.

Also, there are 2 positions opened in the District; We are looking for a Secretary as well as someone who is willing to do service work for Treatment. If this is something that interests anyone, please contact Jack S.

Again, should anyone have any news, information or anything they would like to share, I certainly welcome this. If you change your email address, please contact me. I want this newsletter to be successful! Thanking everyone in advance!

District 4 CONTRIBUTION FORM

Group Name: _____

General Service Number: _____

Amount of Contribution: _____

ACKNOWLEDGEMENT Will Be In the Monthly Newsletter

MAIL CONTRIBUTIONS TO:

HMB District No.4

PMB 159

61 Elmwood Ave.

Gloversville NY 12078

DISTRICT 4 MEETING APRIL 10, 2017

Meeting started at seven pm. DCM, Treasurer and 12 GSR's in attendance

May Assembly moved to May 21 due to Mother's Day.

REPORTS

Minutes read by Cathy P and approved.

Treasurers Report (see full report attached)

Starting balance \$1,241.23 Ending balance 1,180.99 \$500.00 Prudent Reserve

ARCHIVES...looking for items

BRIDGING THE GAP...Sign-up sheets provided for groups where individuals who want to become a contact for someone coming out of a treatment center. Sign up via home groups. GSR can return names at next District meeting.

CORRECTIONS...any old literature bring to District meeting.

CPC/PI...if interested in sponsoring a library or health center contact Peggie at District meeting.

FUNCTIONS...Meeting on this Friday April 15 at 5:30 at clubhouse responsible for May Assembly lunch..ANYONE WILLING TO PARTICIPATE SEE PEGGIE, DEB, 424-5956, ANN 921-4613 Les is leading set ups.

NEWSLETTER..major concern to be out first of the month/minutes added/flyers. Anyone who wants to volunteer for the position is welcome.

PHONE SERVICE... 5 calls last month, calls from women have been passed on.

RECORDS..all up to date. Any changes send to district4records@aahmbny.org

ASSESSIBILITIES...one person checked in and all good

TREATMENT...no report

OLD BUSINESS...

CHANGE OF TELEPHONE SERVICE...Tim looked into tracfone...\$20.00 a month. Howard reported that Tracfone may be falling apart, service area, no roaming, phone is charged, lots of variables. Need to look into extra charges. Can use same phone number. People shared Tracfone stories. Will discuss next month. Ed will look into whether Ed wants to continue service if we change to Tracfone.

POST OFFICE BOX..expires 6/17...\$180 a year.....\$90 a month through Gloversville Post Office

Hawk made a motion to transfer end of May..Set up transfer to begin in June.... Howard seconded motion. Passed – all attendees in favor.

NEW BUSINESS

NEWSLETTERS.... New hard copies of minutes, Treasurer, Newsletter requested by members.

Hawk volunteers to make 20 copies of Newsletter to be brought to District Meeting to be picked up and passed out from GSR. Funding will come from Newsletter budget. All in favor.

An estimate was provided if mailings are needed in the future. At this point the District will provide copies at the District meeting for GSRs to pick up and bring back to group.

Meeting was adjourned.

Respectfully submitted

Cathy P.

(not secretary!!...we need a secretary!!)

