

# Bulletin Board

**District 4  
Hudson, Mohawk,  
Berkshire Area**

**January  
Anniversaries:**

Celebrants	Yrs
Keith S.	1
Bill S.	2
Bruno P.	2
Dawn M.	2
Irene	3
Jim	4
Tina	4
Lisa T.	5
Jim	5
Doreen A.	14
Dave E.	15
Dave P.	15
Alice S.	22
Margaret A	22
Dennis	22
Verlene	25
Doug A.	25
GE Bob	26
Bev D.	28
Johnny Val	28
Peggy M.	29
Joe O.	37
Denny	39

**District 4**  
PMB 159  
61 Elmwood Ave  
Gloversville, NY 12078

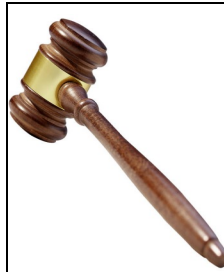
**HMB Area**  
Box 114, Route 30  
118 Polar Plaza  
Amsterdam, NY 12010

**General Service Office  
GSO**  
Box 459  
Grand Central Station  
New York, NY 10163

## A Word from Your Incoming DCM

### Ushering in the New Year!

Welcome to the year 2012! This brand new year brings new beginnings and ends old ones. I wish everyone a wonderful journey. As for the District we may be getting off to a sluggish start with so many open positions but with your help in spreading the word and getting interested people to come forward, the District will flourish as always.



**The Gavel Passes**

As in the past there are many things scheduled for our Area to keep us informed on different topics of recovery, keep us entertained, and most importantly, help us develop long lasting new friendships. I am honored to serve as the DCM for District 4 with the friends I have now and new ones yet to come as we make this a great year and a good place to get sober and stay sober.

Yours in Service  
**Debbie W.**

### Your New Trusted Servants

<b>DCM</b>	Debbie W. 518/883-4614
<b>Alt DCM</b>	William R. 518/879-5332
<b>Secretary</b>	Aggie R. 518/
<b>Treasurer</b>	Dave C. 518/842-6848
<b>Grapevine Rep</b>	Doreen A. 518/221-7334
<b>Newsletter Editor</b>	Bob B 518/842-1657
<b>Corrections</b>	Kirsten P. 518/
<b>Bridging the Gap and Answering Service</b>	Marianne B 518/863-3122

### Thank You, Outgoing Trusted Servants!

Kudos and a hearty "Thank You" to retiring Trusted Servants who, following AA's 12 Traditions, have generally serve 2 yr terms of office. Many, however, have served much longer when necessary. Today several positions remain open.

Please contact Debbie W. or your GSR if you are interested in service work.

Les B.	<i>DCM</i>
Debbie W.	<i>Alternate DCM</i>
Fran B.	<i>Secretary</i>
Dave C.	<i>Treasurer (Still Serving)</i>
Eric S.	<i>Archives</i>
Marianne B.	<i>Bridging the Gap and Phone Service</i>
Ron C.	<i>Corrections</i>
Christi C.	<i>Functions</i>
Doreen A.	<i>Grapevine Rep</i>
Mary M.	<i>Newsletter</i>
Marianne B.	<i>Phone Service</i>
Open Position	<i>Special Needs</i>
Don D.	<i>Treatment</i>

### Groups Needing Support—

If you haven't attended any of these meetings, check them out. You CAN make a difference.

<b>Tues. Night Rainbow Grp</b>	Tues 8:30 PM	Amsterdam
<b>Northville Women's Grp</b>	Wed 7:30 PM	Northville
<b>Tough Love Group</b>	Wed 7:30 PM	Galway
<b>Heart to Heart Grp (Women)</b>	Thurs 7:00 PM	Gloversville
<b>Saturday Night Speak Up</b>	Sat 7:00 PM	Amsterdam

### A Note From the Editor—

I would like to express my appreciation to Mary M., former editor of the "Bulletin Board" and many others who helped me get started on this, my first issue. This is YOUR Newsletter and I will take great pride in making it serve you best. Please share your suggestions for improvement. The deadline for submissions is the last Monday of each month. Thank you. Bob B. 842-1657.

## Upcoming Events in District 4:

### District 4 Meeting (Monday, Jan 9)

Meeting begins at 7:00 PM, 3rd Floor, St. Mary's Hospital, 527 Guy Park Avenue, Amsterdam, NY.

### Day of Sharing/Inventory Day (Saturday, Jan 14)

The Eastern Cluster (Districts 1,2,& 18) are hosting a "Day of Sharing" from 9:00 am to 3:00 PM at the Third Reformed Church, 20 Ten Eyck Ave. in Albany. This is a good opportunity to learn more about AA's Concepts, the Traditions, and to evaluate the adherence of your group to these important principles. If you are interested in car-pooling to this event, call Bob B. at 842-1757.

### Spiritual Breakfast (Saturday, Jan 21)

The fourth annual Spiritual Breakfast will be held on Saturday, Jan 21 at the Johnstown Holiday Inn on Route 30. The Breakfast begins at 9:00 a.m. followed by the Guest Speaker at 10:00. Contact Dan D @ 742-6383 for more information.

### Fri Night Dysfunctional Group 47th Anniversary (Fri, Jan 27)

To commemorate its 47th Anniversary, The Dysfunctional Group will hold a Pot Luck Dinner followed by a speaker meeting. This will be an open meeting held at the Group's regular meeting place, Club 24 at 218 Kingsboro Avenue, Gloversville, NY. Festivities, fellowship, and food begin at 5:30 and the meeting will begin at 7:00 pm. Last year nearly 80 persons were in attendance. Don't miss it!

### NERASSA 2012 (Fri-Sun, March 2-4)

The Northeast Regional Alcoholics Anonymous Services Assembly, (NERASSA) will meet in Albany March 2-4 for Roundtable Sharing Sessions. The conference theme is "Anonymity: Our Spiritual Responsibility in the Digital Age. Individual sessions will focus on the following topics.

- Archives/Historians
- Area Chairs and Alternates
- Bridging the Gap
- Cooperation with Professionals
- Delegates and Alternates
- DCMs & Alternates
- Grapevine/LaVina & Literature
- GSR's and Alternates
- Newsletters
- Secretaries
- Treasurers, Special Needs
- Treatment
- Website/Information Technology
- Young People

The event will be held at the Crowne Plaza, Albany City Center, 40 Lodge Street, Albany, NY 12207. The deadline for pre-registration is Friday, February 17, 2012.

To register or get additional information, go to <http://www.neraasa2012.org>. Registration fees for each Committee Position is eligible for payment through the Group's budget with District 4. Plan to attend.

## Help The Helping Hand of AA:

**DISTRICT 4 ANSWERING SERVICE:** We provide an answering service, phone 736-2644 and respond to incoming callers seeking help with alcohol. Call Marianne B., 863-3122 to help.

**BRIDGING THE GAP:** AA'ers help persons who have been incarcerated meld back into society with rides to meetings and a solid footing in recovery. Contact Marianne B. if you'd like to help. 863-3122.

### **CORRECTIONS:**

Montgomery County Jail: Women's Meetings Contact Tina H 863-8772; Men's Meetings contact Tina.  
Fulton County Jail: Men contact Marty T. or Les B. at 842-2775.

## Treasurer's Corner:



### Donations From Groups

Johnstown Friday Night Group	\$75.00
Open Arms Group (Gloversville)	\$25.00
Ladies Night Out (Amsterdam)	\$20.00

### Donations From Celebrations - \$10.00

John N—11 yrs  
Donna D. 4 yrs  
Don—4 Yrs  
Cindy H—2 Ys

*Thank you for your contributions.  
HMB Dist 4 is very grateful for your help in carrying the AA message.*

**Dave C., Treasurer**