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HMB District 1 GSR Meeting

September 13, 2010

ATTENDEES:

Officers:

Tom E – DCM

Kristine T – Alt. DCM

Pat C – Treasurer

Melissa W – Secretary

GSR Representatives

Jetta I - Albany Young People's Group

Diane G - Sunday Promises Latham

Gretchen H - Healthy Choices

Robin D - Center Square Promises

Lane F – No Free Lunch Group

Ken R – Teardrop Group

Jack G – Friends of Bill Group

Yuma B – One Day at a Time Group

Mickey K - Tuesday Nite Step

Tom E – Not Yet Group

Cindy S – Winners Circle Group

Jim D - End of the Road

Pat C – Latham High Nooners

Paul McC - Thursday Nite Gang

Kristine T - Not Yet Group

Robert N – Acceptance Group

Nancy R - Higher Power Group

Jeff B - Welcome Back Group

Ross A – New Beginning Group

Ryan M - Tri-Village

Charlie M - Sad Bad Glad

John R – Saturday AM Eye Openers Group

Fred F – A Vision For You Group

Martha F _ Vision for You

Karen C - Promises

Barb L - Pine Hills Group

Nelson S – As Bill Sees It Group

Jim L - Living Sober Group

Roxanne S – Friends of Bill W Goup

Stephen G – Gratitude Group

Chairpeople

Fred F – PI/CPC

Ed McC - Newsletter

Yuma B – Registrar

Jack G – Grapevine Rep

David F – Alkathon Chair

Liasons

Deb Domack - Delegate

Keith Domack - Area 48 Chair

James G

Agenda for GSR Meeting

September 13, 2010

1. Roll Call
2. 9th Concept & 9th Tradition Reading
3. Addition/Correction of Minutes
4. DCM Report
5. Alt. DCM Report
6. Treasurer's Report
7. Committee Reports

Bridging the Gap – Fred M, Linda D

PI/CPC – Fred F

Corrections – Women, Terry H Men, Bob S

Functions - Vacant

Grapevine – Jack G

Treatment – Jetta I

Special Needs – Robin D

Newsletter – Eddie Mac

Registrar – Yuma B

8. Group Reports

9. Alkathon Committee Report

Old Business

Question about Sales tax for books

New Business

Presentation from our Area 48 Chair and

Delegate, Keith and Deb Domack

Set date and time for next Alkathon meeting

District Chair positions, If you are unable to attend please email your written report to our Secretary, Melissa

October 8, 2010 GSO Tour. There is a waiting list for this.

October Area Assembly (4, 8, 14)

Saturday October 16, 2010

November HMB Convention Adirondack,

NY (5, 10, 13, 19) November 5th to 7th

November Fellowship Day Western (9,

12) Sunday November 21, 2010

ANNOUNCEMENTS

GSO Tour - 10/8/2010

HMB Area Assembly – 10/16/10

HMB Area Convention – Lake Placid, NY
November 5-7, 2010
November Fellowship Day Western (9, 12)
Sunday November 21, 2010

The meeting was called to order at 7:01p.m. by Tom E., DCM. Roll call was taken.

The 9th concept and 9th tradition were read.

A motion was made, seconded and carried to accept the minutes of the July 2010 GSR meeting.

DCM REPORT: Saturday was Area Fellowship Day, which went well, with 85 people in attendance. Breakfast and Lunch were served. Area minutes and Treasurers report will be made available by DCM.

ALT DCM REPORT: Alt DCM Filed a detailed report on her experiences at the 31st New York State Informational Workshop on Friday August 6th, 7th & 8th. Although she had car trouble, she attended the Money and Spirituality Panel, Corrections Panel, Public Information Panel, Special Needs Panel, Treatment Facilities Panel, Cooperation w/Professionals Panel, Technology in AA Panel, Speakers Meeting, 11th Step Meditation Meeting, Early Bird Meeting, Ask-it Basket, and Wrap-up Meeting. From her observations, she reminds us to announce at our groups to use the birthday envelopes, highlighting that we can now contribute to GSO online. She also informed us that GSRs will shortly be receiving literature about how to make meeting spaces ADA compliant. We should be mindful of the way we set up chairs, speaker, coffee, etc. to better serve the disabled recovering person. We need more handicapped accessible meetings.

Talked about how to tell if AA literature is conference approved: look for triangle in the circle logo. Reminds us that “treatment is the ambulance to AA meetings” encouraging home groups to

get involved with the treatment committee. Informs us that Social Networking breaks anonymity. highlighted the fact that AA Public Information’s mission is only to inform people about what AA is, and what AA is not. Reminds us that AA is a program of inclusiveness, not exclusiveness.

TREASURER'S REPORT: The August 2010 report states the opening balance was \$2,286.61; income, \$731.70; expenses, 0; balance, \$3,018.31. A motion was made, seconded and carried to accept this report.

COMMITTEE REPORTS

BRIDGING THE GAP:

Fred M – No Report
Linda D – No Report
CORRECTIONS: Bob S. (Men) - Reports all meetings are covered

Terry H (Women) – Needs women to commit to bringing a meeting into the Albany County Jail on Every 2nd Sunday, Call Terry at 437-9854 if interested in doing this important service.

GRAPEVINE: Jack G - No Report

REGISTRAR: October 2nd, St. Patricks Church meetings cease. working on alternate locations.

TREATMENT: Jetta I - At present we are serving four facilities :

1. Veteran’s Hospital Detox on Saturday at 7pm and Wednesday at 7pm
2. St peter’s Detox, as of present we are re-establishing new days and times due to previous service commitments that are unable to be fulfilled.

3. Hope House Pearl Street at 7pm on Thursdays.
4. CDPC on Tuesdays at 7pm.

The equinox House has failed to return any of my calls so I have no way to find out there current needs. In recent times we went in two times every twelve weeks.

Due to the many facilities we are servicing and I am only one man I urgently need the help of the groups in our district, please all GSR’s discuss with

your group about taking a commitment. I have sign-up sheets available but I would prefer a group to take on commitments as a whole on a rotating schedule as is done in other districts. Thank you very much for your support in advance...

Yours in Service, Jetta I. District 1 Treatment

Email khon_man@yahoo.com to volunteer to speak at one of the meetings the treatment committee brings into a treatment facility.

SPECIAL NEEDS: No Report.

PI CPC: Fred F - Adopt-a-Physician-Informational packets are available for each GSR to take to their groups. The challenge from the area CPC chair to group members is to connect with a primary care provider and let them know what A.A. has to offer, so that they may in turn suggest A.A. to any of their patients they feel may have a drinking problem. Please let me know if you need more packets!

We are also reaching out to doctors in the District through the internet. Contactees this month include Community Care Physicians, CDPHP, Adult Medicine PC, Northeast Health Primary Care, Center for Integrative Health and Healing, First Stop Medical Care, and the Albany County Medical Society.

Schools, Churches, Other Institutions- There has been no response yet from the educational institutions mentioned in last month's report. This month's contactees include Bethlehem Central, Ravena-Coeymans-Selkirk, Menands, and Berne-Knox-Westerlo.

Religious institutions contacted so far are Congregations Beth Emeth, Beth Abraham-Jacob, B'Nai Sholom Reform, Temple Israel, First Lutheran, St. Peter's Episcopal, St. Mary's RC, All Saints'

Cathedral, Immaculate Conception, First Church Albany, St. Vincent de Paul, Blessed Sacrament, St. Andrew's Episcopal, St. Sophia's, the Unitarians, 1st Presbyterian, Westminster Presbyterian, Emmanuel Baptist, Christ's Church of Capital District, Albany Church of Christ, First Congregational Church, Victory Christian Church, St. Paul's Episcopal, Unity Church, St. John's Evangelical Lutheran, Holy Family Parish RC, St. Stephen's Episcopal, St. Michael's Episcopal, and Delmar Reformed.

Albany Public Library Lunchtime Health Fair- is Thursday, September 30th; from 11 AM till 2 PM- we were invited to attend the fair; I have contacted the facilitator for this event and we are now invited to participate as a presenter. Upon hearing the magic words "lunch will be served", I naturally volunteered myself to staff our table. We could probably get away with a second staffer; so if anybody's interested, please let me know!

You and I are responsible, aren't we? Thanks to all who are serving!

Fred F. c 518.258.7308
serene42da@gmail.com

NEWSLETTER: Eddie Mac- Newsletter Filed. Encourages groups to publicize their events in the newsletter.

ALKATHON COMMITTEE: Dave F - Committee had their first meeting where members were assigned tasks. More members welcome. Next meeting October 3, 6pm at Emmaus Methodist Church, Morris and West Lawrence Streets, Albany.

GROUP REPORTS:

District 18 Halloween Dance Flyers available. Winner's Circle Group concerned about being charged for insurance, asks groups' input. Told that some meetings pay into a blanket

policy, some groups have avoided paying these fees because all visiting groups are covered as part of the Church's insurance policy, some groups move locations to avoid insurance fees, some groups buy individual policies to cover their group, and some groups buy policies for all the groups that meet in that location.

OLD BUSINESS: GSO has been ordered by New York State to charge Sales Tax on all book sales. The only way to get out of having to pay these taxes is for each group to file state forms to apply for Tax Exempt Status. Since most groups are NOT Tax Exempt, they will have to pay this tax. Groups can decide if they want to pass the cost of these taxes along to the book buyer, or to absorb the tax using group funds.

NEW BUSINESS: Deb Domack, Delegate, presented to the group. Announced that online contribution functionality is now available for use by groups or individuals wishing to contribute to GSO. Reports that the Grapevine is not self-supporting. A survey was distributed to ask members where the Grapevine should go from here. Each GSR completed the survey, and was given copies of the survey to bring back to their groups for more member input. This form was also made available via email to GSRs. She also Made available to GSRs the GSO conference Report, which is AA confidential. It states that of 750 groups in our area, only 30% contribute to GSO, and the Delegate asks GSRs to confer with their groups about why they don't contribute to GSO. To demonstrate one way GSO funds are used, She reported that GSO has translated the Big Book into 58 different languages! She then took questions from the floor.

Keith Domack - Area 48 Chair presented to the group. Reported on the Budget Assembly. Informed the group that Pat L proposes to add an area event to the annual calendar. Most area events are Business Meetings and Committee Meetings. Reported that the Area will be choosing the printer for the HMB meeting book. Bids have come in much lower

than previous years, which means the savings will be passed on to the groups that buy meeting schedules for their members.

Area is gearing up to choose the Trustee, from among interested persons from our Area, who will go on to serve as the representative for NERAASA. This person will be representing 18 areas from the Northeast at the General Service Conference and on General Service Boards. Good Luck to all those looking to serve in such an important way!

A motion was made, seconded and passed to adjourn the meeting at 8:25 p.m.

Note from the Secretary: If you see any errors or omissions on these minutes, please e-mail me at melissa.wasilewski@gmail.com. If you need to speak with me, please call (518) 209-5579 and leave a detailed message. If you have items of new business, please notify the DCM so we can distribute a revised agenda at the meeting. Many thanks.