

# HMB District 1 GSR Meeting

August 1, 2010

## ATTENDEES:

### Officers:

Tom E – DCM

Kristine T – Alt. DCM

Pat C – Treasurer

Melissa W – Secretary

### GSR Representatives

Fred F – A Vision For You Group

Maria E – Wednesday Morning Step Group

Nelson S – As Bill Sees It Group

Pat M – Slingerlands Mid Day Step Group

Roxanne S – Friends of Bill W Goup

Pat C – Latham High Nooners

Carol M – Primary Purpose Group

Fred M – New Awakening Group

Lane F – No Free Lunch Group

Jack G – Friends of Bill Group

Ken R – Teardrop Group

John R – Saturday AM Eye Openers Group

Tom E – Not Yet Group

Keith B – Lambda Group

Cindy S – Winners Circle Group

Ross A – New Beginning Group

Jeff B – New Beginning Group

Yuma B – One Day at a Time Group

Kathy R – Conscious Contact Group

David F – Seeds of Change Group

Paul F – Crypt Group

Linda D – Pot of Gold Group

Lisa McG – Women's Courage to Change Group

Stephen G – Gratitude Group

Robert N – Acceptance Group

Marianna F – Coming Back Group

Menands Sunday Night Group

Matthew H – Four Corners Group

Tim C – Welcome Back Group

### Chairpeople

Fred F – PI/CPC

Terry H – Corrections Women

Yuma B – Registrar

Fred M – Bridging the Gap

David F – Alkathon Chair

Linda D – Bridging the Gap Women

### Agenda for GSR Meeting

August 1, 2010

1. Roll Call

2. 8th Concept & 8th Tradition Reading

3. Addition/Correction of Minutes

4. DCM Report

5. Alt. DCM Report

6. Treasurer's Report

7. Committee Reports

Bridging the Gap – Fred M, Linda D

PI/CPC – Fred F

Corrections – Women, Terry H Men, Bob S

Functions - Vacant

Grapevine – Jack G

Treatment – Jetta I

Special Needs – Robin D

Newsletter – Eddie Mac

Registrar – Yuma B

8. Group Reports

9. Alkathon Committee Report

### Old Business

Question about Sales tax for books

SET DATE AND TIME FOR FIRST

ALKATHON COMMITTEE MEETING

Alkathon Committee sign-up sheet

### New Business

NYS Informational Workshop, August

6th, 7th and 8th 2010(Alt. DCM)

HMB Area Fellowship day, September

11, 2010. Please Help Me. Please! Need 5

to 6 people to give ONE HOUR of your

time. THANK YOU.

October Area Assembly Central ( 4, 8, 14)

Saturday, October 16, 2010

November HMB Convention Adirondack

NY (5, 10, 13, 19) November 5th to 7th

November Fellowship Day Western, ( 9,

12 ), Sunday, November 21, 2010

### ANNOUNCEMENTS

GSO Tour - 10/8/2010

HMB Area Assembly – 10/16/10

HMB Area Convention – Lake Placid, NY

November 5-7, 2010

The meeting was called to order at 7:00

p.m. by Tom E., DCM. Roll call was

taken.

The 8th concept and 8th tradition were read.

A motion was made, seconded and carried to accept the minutes of the July 2010 GSR meeting.

**DCM REPORT:** No Report

**ALT DCM REPORT:** No Report

**TREASURER'S REPORT:** The July 2010 report states the opening balance was \$2,261.61; income, \$25.00; expenses, 0; balance, \$2,286.61. A motion was made, seconded and carried to accept this report.

### **COMMITTEE REPORTS**

#### **BRIDGING THE GAP:**

Fred M – No Report Linda D – No Report  
**CORRECTIONS:** Bob S. (Men) - No Report.

Terry H (Women) – Needs women to commit to bringing a meeting into the Albany County Jail on Every Other 2<sup>nd</sup> Sunday, Every 4<sup>th</sup> Sunday, and Every 5<sup>th</sup> Sunday of the month. Call Terry at 437-9854 if interested in doing this important service.

**GRAPEVINE:** Ann D. Steps down at Grapevine Chair.

**REGISTRAR:** No Report.

**TREATMENT:** Jetta reports his email: [khon\\_man@yahoo.com](mailto:khon_man@yahoo.com) to volunteer to speak at one of the meetings the treatment committee brings into a treatment facility.

**SPECIAL NEEDS:** No Report.

**CPC/PI:** Fred F.

c 518.258.7308 [serene42da@gmail.com](mailto:serene42da@gmail.com)

**Adopt-a-Physician-** Informational packets are available for each GSR to either use themselves or take to their groups. The challenge from the area CPC chair to the groups is to connect with a primary care provider and let them know what A.A. has to offer, so that they may in turn suggest A.A. to any of their patients they feel may have a drinking problem. Please let me know if you need more packets!

We are also reaching out to doctors in the District through the internet. Wherever possible, I am sending e-mails to various medical offices providing similar information; such as the

A.A. Fact Sheet, as well as an invitation to attend an open A.A. meeting. An updated list of these e-mails is available for GSRs to minimize duplication of contacts.

### **Schools, Churches, Other Institutions-**

We are also now mailing to the various high schools, colleges, churches and synagogues similar information as above; to let them know what A.A. has to offer. So far, we have reached out to Siena, Albany Medical College, Hudson Valley Community College, Maria College, SUNY Albany, Russell Sage, Albany College of Pharmacy, Albany High School, Bishop McGinn, Colonie Central, the LaSalle School, and Albany Academies. A contact list for these entities is also being updated and will be provided for referrals by members. There may be opportunities for service arising from this effort; carrying the message in to these facilities.

**NEWSLETTER:** No Report

**ALKATHON COMMITTEE:** No report

#### **GROUP REPORTS:**

No Free Lunch Group Reports they are still meeting in the sanctuary of the aframe church until the meeting space floor is replaced. District 18 Halloween Dance is in the planning stages. Flyer available at next meeting.

#### **OLD BUSINESS:**

**NEW BUSINESS:** Motion was made, seconded, and carried to elect Jack G as Grapevine Rep. Group suggests Jack attend GSO Bus Tour.

A motion was made, seconded and passed to adjourn the meeting at 7:35 p.m.

**Note from the Secretary: If you see any errors or omissions on these minutes, please e-mail me at [melissa.wasilewski@gmail.com](mailto:melissa.wasilewski@gmail.com). If you need to speak with me, please call (518) 209-5579 and leave a detailed message. If you have items of new business, please notify the DCM so we can distribute a revised agenda at the meeting. Many thanks.**