



# The District “One Voice”

## Carry the Message

Editor

When announcements are asked for in meetings you sometimes hear a request to help a meeting which has been experiencing low attendance.

The District One Voice strives to call out such meetings each month.

If you are like me, you have regular meetings which fit nicely into your weekly schedule.

I often think that going to a

new and different meeting is “going out of my way”, and inconvenient.

By visiting different meetings we gain new insights and are able to hear from those with different experiences and strengths.

Just as important is our ability to provide a unique prospective to the members of the groups we visit. I always enjoy hearing someone new,

whom I’ve never heard from before.

Consider going to different meetings and carrying our “different” messages.



### Change it UP !

Check out .....

#### WELCOME BACK GROUP

St. Paul’s Episcopal Church  
21 Hackett Blvd.  
Albany, NY.

Wednesdays 6:00pm

*Closed Discussion, except last Wed.  
which is Closed Tradition Discussion*

### Get out of Bed !!!!!

Why don’t you think about attending the-

#### New Awakening Group

This group meets every Tuesday Morning at 7:30am; yes you read it right – 7:30am.

It’s a closed Discussion Group and a great preparation for the upcoming day – it gets you ready and right !!!!

St. Patrick’s School  
281 Central Avenue.  
Albany, NY

## Pot of Gold in the News

***This group will be celebrating 26 Years of carrying the message.***



**Monday  
February 22nd**

**Food & Fellowship  
5:30pm**

**Speakers’ Meeting  
6:00pm**

**Unitarian Church  
405 Washington Ave. (side door)  
Albany, NY**

## 2010 Meeting Schedule

The new HMB Area 48 Meeting Schedule is now available. Keep your eyes out for it at your meetings.

***Did you know that this is much more than just a meeting schedule. The pamphlet contains a wealth of information – such as:***

- The 12 Steps
- The 12 Traditions
- Map of the District Boundaries
- Some typical misconceptions of what A.A. is not, and does not do (very enlightening)
- Friendly reminders
- Page for Names, Numbers, & Notes

Become a GSR..... Keep your group informed.

**DISTRICT 1**  
HMB Area 48

Newsletter contact info  
(518) 772-3609  
[District1Voice@gmail.com](mailto:District1Voice@gmail.com)

Please contribute stories, notices, and announcements relevant to AA.

- DCM – Tom E.
- Alt DCM – Kristine T.
- Secretary Melissa W.
- Treasurer – Pat C.
- Bridging the Gap-  
Fred F. – Men  
Vacant - Women
- CPC/PI – Fred F.
- Corrections –  
Vacant - Men  
Vacant - Women
- Functions – Vacant
- Grapevine – Anne D.
- Special Needs – Robin D.
- Registrar – Yuma B.
- Newsletter – Eddie Mac

The 2010 International Convention of Alcoholics Anonymous will be held July 1-4 in San Antonio, Texas with the theme "A Vision for You." A.A. members and guests from around the world will celebrate A.A.'s 75th year at this event with big meetings held Friday night, Saturday night and Sunday morning in the Alamodome. Other meetings, scheduled or informal, will take place throughout the weekend in the San Antonio Convention

**New De-Tox at Stratton VA Hospital**

**Bill C. – Area 48 Treatment Chair**

.. As some of you know by now, I am now your new Treatment Chair for Area 48 HMB. I am honored to serve you and hope that I meet all expectations.

I am looking forward to going to NERRASA next month. I am sure that I will learn a lot about what other Treatment Chairs do in their Areas.

The Stratton V.A. Hospital will be opening a 25 bed

de-tox center in the near future. This effort is being coordinated by one of our members. It will be a combination alcohol and drugs, funded through an outside, for profit company.

The new center will be open to Veterans and non-Veterans alike. As area treatment chair I have committed to helping arrange A.A. meetings if welcome.

**New Area Chairpersons**

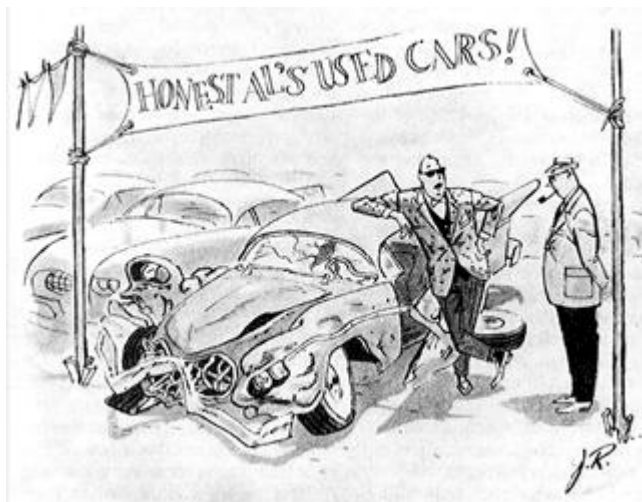
**Ann H.**, our former District 1 Secretary, has been elected to serve as our new Area 48 Corrections Chairperson.

Ann replaces Bill C. who did great job for us and has pledged to help her get started.

As you can tell from the adjacent article, **Bill C.** is now our new Area 48 treatment Chair.

**Rule #62: Don't take yourself too seriously!**

*Also known as the Fred F. Section*



"Honest! Dr. Bob himself used to pick up drunks in this very car to go to Towns Hospital!"



*Fred F. SadBadGlad Group Albany, NY*

**Hey! Don't miss.....**

**2<sup>nd</sup> Annual HMB CORRECTIONS CONNECTION**

**Saturday March 27, 2010 – 9:00am – 1:00pm** Blooming Grove Reformed Church – Blooming Grove Drive – Rensselaer, NY  
Coffee & Donuts, NYS Dept. Corrections Presentation – Applications for Service. [ Info. Bill C. 732-4380 / Sue P. 798-0386 ]