

HIGHER GROUND

Recovery | Unity | Service

District 10 | HMB Area 48

Upcoming Events

October 21-23 HMB Area Convention: Our Spiritual Way of Life - District 10 is looking for volunteers for our Hospitality Room.
*The Queensbury Hotel
Glens Falls, NY*

This Month In AA History

August 8, 1879 Dr. Bob was born in St. Johnsbury, VT.

August 11, 1938 Akron and New York City members start writing stories for the Big Book.

August 16, 1939 Dr. Bob and Sister Ignatia admit the first alcoholic into St Thomas Hospital in Akron.

August 28, 1954 24 Hours a Day is published



Am I Giving Back to A.A.?

Excerpt by Teresa K., Area 60 Registrar, in WESTERN PA. AREA 60, VOL. XXIX ISSUE 3

People don't like to talk about money, but we have too. Folks have complained about it for years, but we need to have these discussions. Bill W. wrote extensively about this topic; he even wrote an entire Tradition about it.

He talks about helping a hung over drunk by giving him five dollars (which was a seventh of his weekly income); but when it came to adding to the basket at the meeting that night he only threw in a

dime. Bill realized that his ego was not in check, and his priorities were not in the correct order. I need to ask myself the same question—are my priorities in order?

You always hear the words in meetings “we are self supporting through our own contributions.” For me, the key words are WE and OWN—which means all of us. So here's the big question I ask myself ... Am I giving back to AA?

District Meetings

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All meetings begin at 7:30pm
All AA members are welcome!

July 12

At Club 12
 1 Durkee Street, Plattsburgh

August 9

At the Redfield Board Room,
 Second Floor
 Adirondack Med. Ctr., Rt. 86
 Saranac Lake

September 13

At Club 12
 1 Durkee Street, Plattsburgh

District Servants

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 District Committee Member
 (DCM): *Mike R.*
 Alternate DCM: *Sharon S.*
 Treasurer: *Nancy N.*
 Secretary: *Keri M.*
 Answering Service: *Bill G.*
 Bridging the Gap: *Steven B.*
 Newsletter Editor: *Jordan C.*
 Website: *Dave G.*
 PI/CPC: *Bill G.*
 Special Needs: *Open*
 Corrections: *Open*

Anyone interested in serving in one of the foregoing positions should contact their GSR or attend the District meeting.

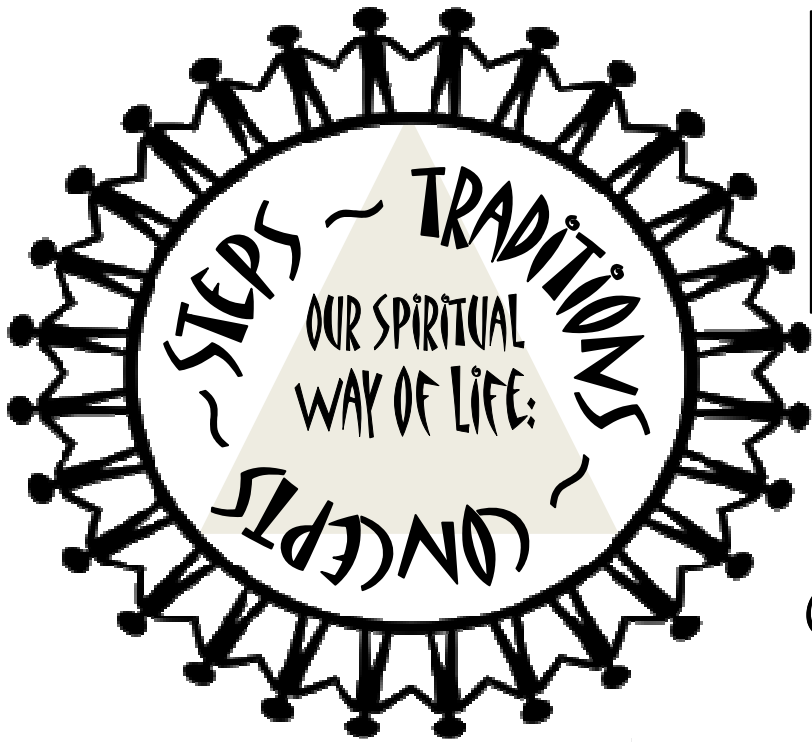
Contributions in AA mean many things. Do I contribute to the meeting that I'm at? The seventh tradition is more than just throwing a buck or two in the basket. Self support means that I carry my own weight, I pay my bills in a timely manner, I give back to a program that has freely given to me, I help other alcoholics as best as I can.

Some of the things I do are - step up to chair my home group, come early to help setup, (the meeting before the meeting), cleanup after myself, pickup ashtrays (when you could still smoke in a meeting), pickup coffee cups, push in chairs, and most importantly throw a couple of dollars in the baskets. That buck keeps that meeting I am sitting in open for the next alcoholic.

When I was newly sober I came to meetings, unemployed and unemployable — a broken person with nothing to give. I didn't have two nickels to rub together; but I had pennies, so I threw them in out of gratitude for that meeting. It was not just at my home group but every meeting. The saying "90 meeting in 90 days" meant that I contributed 90 times in 90 days...

Group Anniversaries

July 7th, 1998	Plattsburgh New Beginnings Group
August 10th, 1993	Willsboro Group
August 25th, 1994	Tupper Lake Ten O'Clock People
August 15th, 1989	Wilmington Pioneers



H.M.B. AREA CONVENTION

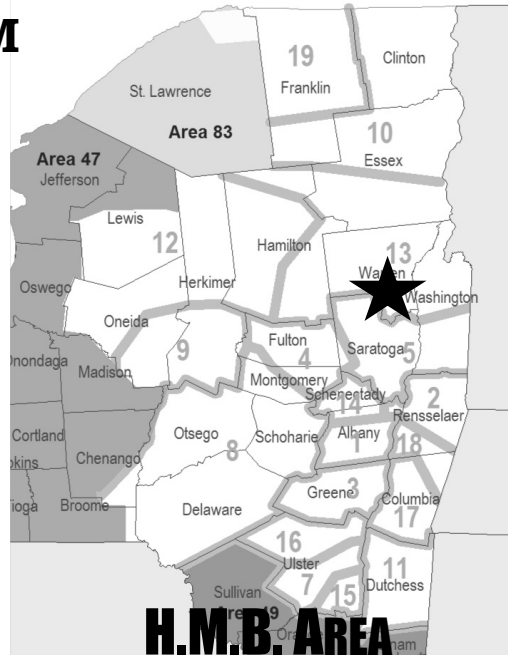
October 21-23 2016

@ THE QUEENSBURY HOTEL
Glens Falls, NY

TENTATIVE PROGRAM

INCLUDES:

- EARLY BIRD MEETING
- ENTERTAINMENT
- PANELS AND WORKSHOPS
- OLD TIMERS MEETING
- BANQUET
- SPEAKER MEETINGS
- AL-ANON PARTICIPATION
- ALCATHON MEETINGS



SAVE THE DATE

FOR MORE INFO

PLEASE EMAIL:

hmbconvention@aahmbny.org