

# Higher Ground



January 2015

## New - District 10 Webpage

Thanks to District 10 Webmaster David G., a District 10 webpage is up and running through the Area 48 website. Check it out at: <http://district10.aahmbny.org>. I'm sure that Dave would appreciate any comments or suggestions. Pass them on through your GSR or the newsletter at: [yochum@frontiernet.net](mailto:yochum@frontiernet.net).

## *Your Support is Needed*

*Our Twelfth Step – carrying the message- is the basic service that the AA Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, AA is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die. Bill W.*

Over the years, the dynamics of each group changes as new members join and others move on. Sometimes there may be an over-abundance of members willing to help out and at other times old-timers need to be called back to serve. Currently, the District seems to have reached a point where it needs to call on new comers and old-timers alike to help reenergize the District with their participation and suggestions.

Several District service positions remain unfilled including the important job of records keeper (e.g. updates District Meeting Schedules) Anyone interested in service with the District can obtain additional information from any GSR or by attending an upcoming District meeting. There are over 40 groups within District 10, yet less than a dozen actively participate in District meetings. Any AA member is welcome to attend a District meeting and offer suggestions.

If you would like to receive an electronic subscription to this newsletter send an e-mail request to: [yochum@frontiernet.net](mailto:yochum@frontiernet.net)

## Upcoming Events

### Local

Feb. 20-22 - NERAASA 2015, Somerset, NJ, See: [www.neraasa.org](http://www.neraasa.org).

### On The Road

Feb. 6-9, 2014 - 51<sup>st</sup> International Women's Conference, Palm Springs, CA. See: [www.internationalwomensconference.org](http://www.internationalwomensconference.org)

## Group Anniversaries

Jan. 1, 2004 Malone - Sunday Morning Group  
Jan. 1, 1974 Port Henry - Port Henry Group  
Feb. 1 2001 Plattsburgh - Diamonds in the Rough  
Feb. 2 2006 Plattsburgh - HOPE Group  
Feb. 8 1981 Westport - Westport Group  
Feb. 9 1976 Plattsburgh - Southend Group  
Feb.13 1996 Ausable Forks - Saturday Big Book  
Feb.22 1983 Elizabethtown - Elizabethtown Group

## This Month in AA History

*Jan 2, 1889 - Sister Ignatia born, Ballyhane Ireland.*  
*Jan 25, 1915 - Dr. Bob marries Anne Ripley.*  
*Jan 24, 1918 - Bill marries Lois Burnham in the Swedenborg Church in Brooklyn Heights.*  
*Jan 1929 - Bill W. wrote third promise in Bible to quit drinking.*  
*Jan 1946 - Readers Digest does a story on AA.*  
*Jan 8, 1938 - New York AA splits from the Oxford Group.*  
*Jan 3, 1939 - First sale of Works Publishing Co stock is recorded.*  
*Jan 5, 1939 - Dr Bob tells Ruth Hock that AA has "to get away from the Oxford Group atmosphere".*  
*End of Jan 1939 - 400 copies of manuscript of Big Book circulated for comment, evaluation and sale.*  
*Jan 10, 1940 - 1st AA meeting not in a home meets at King School, Akron, Ohio.*  
*Jan 21, 1954 - Hank P who helped Bill start NY office dies in Pennington, New Jersey.*  
*Jan 23, 1961 - Bill W sends appreciation letter to Carl Jung for his contribution to AA*  
*Jan. 24, 1971 - Bill W dies in Miami Beach, FL.*  
*Jan 26, 1971 - New York Times publishes Bill's obituary on page 1.*

## Old Timers

*Jere B. of Keene will be celebrating 41 years*

## For What It's Worth

The British Medical Journal has published a study that shows that a real person who drank as much as James Bond, more than 60 grams of alcohol per day, would be in the highest risk group for malignancies, depression, hypertension and cirrhosis and could also suffer sexual dysfunction. Early death would be likely for the spy as a result of such rampant alcohol consumption, researchers said.

Alcoholism may even be responsible for Bond's famous catchphrase "vodka martini -- shaken, not stirred." He may have suffered from an alcohol-induced tremor and perhaps Bond couldn't actually stir his drinks.

### *District Meeting Schedule*

- Jan. 13 *Plattsburgh*  
Club 12, 1 Durkee St.
- Feb. 10 *Elizabethtown*  
United Church of Christ, Fellowship Hall, Court St.
- Mar. 10 *Plattsburgh*  
Club 12, 1 Durkee St.

All meetings begin at 7:30

